

# Parent Services & Workplace Lactation

## In times like these experience matters

Nobody knows what the workplace will look like in the coming months but one thing is certain: employees will be having babies, wanting to breastfeed, and dealing with the challenges of balancing work and their new lives.

For over 30 years, Limerick's signature Workplace Lactation and Parent Service programs have been helping HR professionals and Benefit specialists support employees and their spouse/partners make this life changing experience as seamless as possible.





### 94.2% Retention

Data shows that breastfeeding moms miss less work, effectively lowering both their health care costs and yours. In fact, there's a 94.2% retention rate for female employees when workplace lactation and parent support programs are in place.\*



Online Portal



Lunchtime Webinars



Video Conferencing



Resource Library



24/7 Phone Support

### Working for everyone

Engaging Limerick as a new parent benefit partner can help you recruit higher quality applicants and retain your quality employees, while reducing turnover and increasing loyalty and culture.

Our fully customizable and individualized programs are specifically designed to fit both you and your employees' needs.



#### **Parent Services**

Our proprietary Parent Services program offers everything from prenatal parental education, coaching, and support, to postpartum evaluations and treatment referrals in order to make these life transitions as seamless as possible.

- Parental Coaching
- Postpartum Depression Screening
- Online Portal
- Lunchtime Webinars
- Video Conferencing
- 24/7 Online Resource Library
- 24/7 Phone Support

### **Workplace Lactation**

A number of Limerick Workplace Lactation partners can be found on the Fortune 500 and Fortune 100 Best Places to Work lists.

- Prenatal Breastfeeding Education
- Breastfeeding Support
- Limerick Breast Pumps with ComforTouch™ Technology
- Return to Work Consultation
- Milk Shipping
- Induced Lactation Consulting
- Lactation Room Compliance
- Lactation Room Scheduler



\* J. Ortiz, K. McGilligan, P. Kelly, Pediatric Nursing, "Duration of breast milk expression among working mothers enrolled in an employee-sponsored lactation program," 2004 Call +1818-566-3060

Or email info@LimerickInc.com for more information or to schedule a one-on-one consultation



### Milk Shipping

When mom travels for work, Limerick helps make sure that her baby will get the perfect nutrition they need even when mom is called away for one or many days at a time. Our state-of-the-art milk shipping service, with guaranteed overnight delivery and four shipping sizes to choose from, can be activated online for short-term needs and long-term planning.

Limerick helps make the complicated balance of work and motherhood as simple and stress-free as possible with consultants who are ready to help your employees make their milk shipping arrangements.

The milk shipping service is just one part of a suite of solutions that support families in their choice to provide breast milk to their infants when mom makes the transition back to work.



### **Deluxe EX Travel Kit**

One-push easy activation lid makes preparing mom's shipping proccess quick and hassle free.

1 day

2 day

3 day

Milk storage bags, return label, tamper proof stickers included.

### **EX Travel Kit**

Economic solution for short trips requires time to freeze ice packs.

1 day

Ice packs, milk storage bottles, return label, tamper proof stickers included.

### **Travel Tote**

Adding a tote makes it easy for mom to take her milk with her while traveling.



TSA Friendly

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### Limerick Breast Pumps





Joy

#### Portable. Powerful. Hospital Grade.

Limerick's most advanced electric breast pump, Joy is compact, lightweight, and portable, with the same powerful features and functions as our most preferred hospital breast pumps.

Joy also comes with an easy-to-read digital display to help manage pump settings, track the length of sessions, see encouraging messages, and get troubleshooting prompts.

### Technology that works for you and your baby.

PJ's Comfort

PJ's Comfort is Limerick's signature, industry leading, hospital-grade breast pump. A technological breakthrough, it was the first pump to mimic a baby's nursing pattern through the natural rhythms of compression and vacuum—exclusively available on Limerick breast pumps.

Along with groundbreaking compression and vacuum technology, PJ's Comfort is easy to use with mom intuitive, knob controls.

### **Additional Features**

- Vacuum Sensor continually monitors the vacuum level so that the chosen setting will remain constant and true throughout every pumping session.
- ComforTouch™ silicone breast cups naturally form around a mother's breasts truly one size fits all.
- Dry Mode automatically gets rid of any condensation in the tubing in just a few simple steps.

- Closed system 1-micron filter blocks bacteria viruses and fluid from entering the pump—ensures the purity of expressed milk.
- Snap in BOTTLE HOLDER slips easily into place—a quick and convenient way to secure bottles wherever you are.
- Weighing just 1.5 lbs., PJ's Comfort and Joy fit into any room or lifestyle.

#### Love

### Technology on the go.

The new Love portable hand pump features the same compression and vacuum technology as PJ's Comfort and Joy. It's convenient and easy to use with a locking handle for safe storage.

Includes ComforTouch™ silicone breast cup, BPA free bottle, silicone gasket, and convenient stand.

Ask about our Free Love promotion.



## Comfort, Freedom, and Peace of Mind

Limerick was started by a mother and daughter looking to help working moms meet their breastfeeding goals while easing their transition back to work. That commitment led to the development of a complete line of ComforTouch™ enabled breast pumps for mothers at home, at work, and on the go.

While other pumps use an older push-pull motion, the flagship PJ's Comfort and innovative Joy electric breast pumps, along with the Love hand pump, also utilize patented compression and vacuum technology to mimic your baby's natural nursing pattern.

In addition to being comfortable, intuitive, and effective, all Limerick products adhere to the strictest FDA standards for health and safety.



All Limerick electric breast pumps are offered with selected accessory package options—all at a substantial discount for our Workplace Lactation Program partners.

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