

Salt Dough Hand Prints Cast



You will need...

- 500g plain flour
- 250g of salt
- 250ml of water
- Paint



Step by Step Instructions

- Mix your 500g of plain flour and 250g of salt.
- Add the water.
- Mix into a dough.
- Roll out the dough on a flat surface into your desired shape about 1 to 1.5cm thick.
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- Top tip: Sprinkle some flour to stop it sticking to the surface!
- Put the dough onto a baking tray.
- Get each person in your household to place their hands firmly onto the dough.
- There should be a clear imprint.
- Put the salt dough in the oven on the lowest heat and bake for three to four hours until it is completely solid on the top and bottom. Top tip: If you don't fancy using the oven, leave the dough to air dry for 2-3 days in a cool, dry place.
- Paint with your choice of paints, focusing on the handprints!
- The final step is to use varnish/sealer to preserve the cast. PVA and water mixed will do the trick if you don't have varnish!