

BLUEBERRY MUFFIN

flour blend(white rice flour, **potato starch**, tapioca flour, brown rice flour), evaporated cane sugar, **sour cream**(Grade A pasteurized cultured cream(**milk**), whey, food starch-modified sodium phosphate, guar gum, carrageenan, carob bean gum), blueberry, safflower oil, **egg**, lemon juice, baking powder(xanthan gum, cream of tartar, baking soda), imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), baking soda, lemon zest, sea salt, xanthan gum.

CONTAINS-potato, dairy(milk), egg

CHEDDAR CHIVE BISCUIT

flour blend(white rice flour, **potato starch**, tapioca flour, brown rice flour), **buttermilk**(cultured reduced fat **milk**, salt), **cheddar**(cultured **milk**, salt, enzymes), **butter**, organic palm shortening, millet flour, baking powder(xanthan gum, cream of tartar, baking soda), chives, sea salt, baking soda, xanthan gum, onion powder, garlic powder

CONTAINS-potato, dairy(milk, butter)

CHOCOLATE CHUNK COOKIE

flour blend(white rice flour, **potato starch**, tapioca starch, brown rice flour), chocolate chunk(sugar, unsweetened chocolate, cocoa butter, unsweetened chocolate processed with alkali, **soy lecithin**, salt), brown sugar(evaporated cane sugar, molasses), evaporated cane sugar, **egg**, **butter**, organic palm shortening, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), baking soda, baking powder(xanthan gum, cream of tartar, baking soda), xanthan gum, sea salt

CONTAINS-potato, soy lecithin, egg, dairy(butter)

CHOCOLATE ORANGE SCONE

flour blend(white rice flour, **potato starch**, tapioca starch, brown rice flour), **heavy cream**, chocolate chunk(sugar, unsweetened chocolate, cocoa butter, unsweetened chocolate processed with alkali, **soy lecithin**, salt), evaporated cane sugar, **butter**, baking powder(xanthan gum, cream of tartar, baking soda), orange zest, sea salt, xanthan gum

Glaze: powdered sugar(cane sugar, tapioca starch), **whole milk**(whole milk with vitamin A palmitate and vitamin D3), vanilla extract(water, alcohol, sugar, vanilla bean extractives), orange zest.

CONTAINS-potato, dairy(milk, butter), soy lecithin

CINNAMON ROLL

egg, butter, brown rice flour, tapioca flour, xanthan gum, evaporated cane sugar, sea salt, whole milk(whole milk with vitamin A palmitate and vitamin D3), yeast, amylase, cinnamon

Glaze: powdered sugar(cane sugar, tapioca starch), whole milk(whole milk with vitamin A palmitate and vitamin D3), vanilla extract(water, alcohol, sugar, vanilla bean extractives)

To prevent sticking: *Vegalene* non-GMO oil(sunflower oil, sunflower lecithin, natural flavor and propellant)

CONTAINS-egg, dairy(milk, butter)

COFFEE CAKE MUFFIN (no oats)

flour blend(white rice flour, potato starch, tapioca flour, brown rice flour), brown sugar(evaporated cane sugar, molasses), sour cream(Grade A pasteurized cultured cream (milk), whey, food starch-modified sodium phosphate, guar gum, carrageenan, carob bean gum), butter, egg, baking powder(xanthan gum, cream of tartar, baking soda), xanthan gum, baking soda, sea salt, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), evaporated cane sugar, organic palm shortening, liquid glucose(glucose syrup, preservative sulphate E223), cinnamon, Earth Balance(canola oil, palm oil, water, salt, natural flavor, sunflower lecithin, olive oil, lactic acid, annatto extract)

Glaze: powdered sugar(cane sugar, tapioca starch), whole milk(whole milk with vitamin A palmitate and vitamin D3), vanilla extract(water, alcohol, sugar, vanilla bean extractives)

CONTAINS-potato, dairy(milk, butter), egg

DOUBLE CHOCOLATE BAR DOUGHNUT WITH FINISHING SALT SPRING SEASONAL FLAVOR APRIL-JUNE

***Fried in organic rainforest certified palm oil.**

egg, butter, brown rice flour, tapioca starch, xanthan gum, evaporated cane sugar, cocoa powder, sea salt, whole milk(whole milk with vitamin A palmitate and vitamin D3), yeast, amylase

Glaze: powdered sugar(cane sugar, tapioca starch), whole milk(whole milk with vitamin A palmitate and vitamin D3), cocoa powder, ground espresso beans

To prevent sticking: *Vegalene* non-GMO oil(sunflower oil, sunflower lecithin, natural flavor and propellant)

CONTAINS-egg, dairy(butter, milk)

GINGER PEACH CUPCAKE:

SPRING SEASONAL APRIL-JUNE

WALK-IN AVAILABILITY FRIDAYS-SUNDAYS IN STORE

CAN ALSO PLACE PRE-ORDERS ONLINE WITH 4 DAY NOTICE

Cake: flour blend(white rice flour, **potato starch**, tapioca flour, brown rice flour), baking powder(xanthan gum, cream of tartar, baking soda), xanthan gum, sea salt, **egg**, evaporated cane sugar, safflower oil, **whole milk**(whole milk with vitamin A palmitate and vitamin D3), imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), fresh grated ginger. Peach Jam Filling: peach puree(white peach, cane sugar, citric acid, natural flavor, fruit and vegetable juice for color, ascorbic acid), lemon juice, cane sugar. Vanilla Buttercream: **egg whites**, evaporated cane sugar, **butter**, vanilla extract(water, alcohol, sugar, vanilla bean extractives). Decoration: crystalized ginger chips(ginger, cane sugar)

CONTAINS- potato, egg, dairy(milk, butter)

MAPLE BAR DOUGHNUT

***Fried in organic rainforest certified palm oil.**

egg, **butter**, brown rice flour, tapioca flour, xanthan gum, evaporated cane sugar, sea salt, **whole milk**(whole milk with vitamin A palmitate and vitamin D3), yeast, amylase

Glaze: powdered sugar(cane sugar, tapioca starch), **whole milk**(whole milk with vitamin A palmitate and vitamin D3), imitation maple flavor(water, caramel color, alcohol, vanilla extract(vanilla bean extractives in water, alcohol), molasses solids, **corn syrup solids**, natural and artificial flavor, sugar, sulfiting agents)

To prevent sticking: *Vegalene* non-GMO oil(sunflower oil, sunflower lecithin, natural flavor and propellant)

CONTAINS-egg, dairy(butter, milk), corn

PEANUT BUTTER CREAM CHEESE BROWNIE:

FRIDAY, SATURDAY, SUNDAY ONLY

butter, semi-sweet chocolate chips(cane sugar, chocolate liquor, cocoa butter, **milkfat**, **soy lecithin**), evaporated cane sugar, brown sugar(evaporated cane sugar, molasses), **egg**, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), flour blend(white rice flour, **potato starch**, tapioca flour, brown rice flour), cocoa powder, baking powder(xanthan gum, cream of tartar, baking soda), sea salt, xanthan gum, **cream cheese**(pasteurized cultured **milk and cream**, salt, stabilizers(guar gum and carob bean gum), powdered sugar(cane sugar, tapioca starch), **sour cream**(Grade A pasteurized cultured cream (**milk**), whey, food starch-modified sodium phosphate, guar gum, carrageenan, carob bean gum), **egg**, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), **peanut butter**(dry roasted peanuts)

CONTAINS-dairy(butter, milk), soy lecithin, egg, potato, peanut

PLANT-BASED DOUGHNUT WITH LEMON CURD FILLING

***Fried in organic rainforest certified palm oil.**

***shared fryer as our standard doughnuts (potential for cross-contamination of butter, milk, and egg)**

brown rice flour, rice milk(water, organic brown rice(partially milled), organic expeller pressed canola oil and/or organic safflower oil and/or organic sunflower oil, tricalcium phosphate, sea salt, vitamin D2, vitamin A palmitate, vitamin B12), Earth Balance(canola oil, palm oil, water, salt, natural flavor, sunflower lecithin, olive oil, lactic acid, annatto extract), water, tapioca starch, egg replacer(**potato starch**, tapioca flour, baking soda, psyllium husk), evaporated cane sugar, yeast, sea salt, xanthan gum, lemon curd filling(Earth Balance(canola oil, palm oil, water, salt, natural flavor, sunflower lecithin, olive oil, lactic acid, annatto extract)), lemon juice, lemon zest, evaporated cane sugar, cornstarch, water, coconut cream), powdered sugar(cane sugar, tapioca starch)

To prevent sticking: *Vegalene* non-GMO oil(sunflower oil, sunflower lecithin, natural flavor and propellant)

CONTAINS-potato, corn, coconut

TAKE & BAKE CINNAMON ROLL 5PACK (frozen)

egg, butter, brown rice flour, tapioca flour, xanthan gum, evaporated cane sugar, sea salt, whole milk(whole milk with vitamin A palmitate and vitamin D3), yeast, amylase, cinnamon

Glaze: powdered sugar(cane sugar, tapioca starch), whole milk(whole milk with vitamin A palmitate and vitamin D3), vanilla extract(water, alcohol, sugar, vanilla bean extractives)

To prevent sticking: *Vegalene* non-GMO oil(sunflower oil, sunflower lecithin, natural flavor and propellant)

CONTAINS-egg, dairy(milk, butter)

TAKE & BAKE DRY MIX PIZZA CRUST

potato starch, tapioca flour, millet flour, xanthan gum, sugar, salt, yeast

CONTAINS- potato

TAKE & BAKE PIE SHELL 2PACK (frozen)

butter, brown rice flour, tapioca flour, water, evaporated cane sugar, xanthan gum, sea salt

CONTAINS-butter

TAKE & BAKE PIZZA DOUGH

Water, potato starch, tapioca flour, millet flour, extra virgin olive oil, xanthan gum, sugar, salt, yeast, white wine, enzymes

CONTAINS- potato

TAKE & BAKE VEGAN CHOCOLATE CHIP COOKIE DOUGH

chocolate chips(organic cane sugar, organic cocoa liquor, organic cocoa butter), flour blend(white rice flour, potato starch, tapioca starch, brown rice flour), brown sugar(evaporated cane sugar, molasses), Earth Balance(canola oil, palm oil, water, salt, natural flavor, sunflower lecithin, olive oil, lactic acid, annatto extract),

coconut milk(water, coconut cream, cane sugar, contains 1% or less of carrageenan, gellan gum, natural flavors, potassium citrate, sea salt, sodium citrate, xanthan gum), sea salt, xanthan gum, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), baking powder(xanthan gum, cream of tartar, baking soda)

CONTAINS- potato, coconut

VEGAN CHERRY CHOCOLATE CUPCAKE:
SPRING SEASONAL APRIL-JUNE

Cake: flour blend(white rice flour, **potato starch**, tapioca flour, brown rice flour), baking soda, sea salt, xanthan gum, evaporated cane sugar, cocoa powder, rice milk(water, organic brown rice(partially milled), organic expeller pressed canola oil and/or organic safflower oil and/or organic sunflower oil, tricalcium phosphate, sea salt, vitamin D2, vitamin A palmitate, vitamin B12), safflower oil, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), apple cider vinegar(apples). Cherry Jam Filling: cherry puree(cherry puree concentrate, filtered water, cane sugar, fruit and vegetable juice for color, fruit pectin), cane sugar, lemon juice. Vanilla Frosting: Earth Balance(canola oil, palm oil, water, salt, natural flavor, sunflower lecithin, olive oil, lactic acid, annatto extract), organic palm oil shortening, powdered sugar(cane sugar, tapioca flour), rice milk(water, organic brown rice(partially milled), organic expeller pressed canola oil and/or organic safflower oil and/or organic sunflower oil, tricalcium phosphate, sea salt, vitamin D2, vitamin A palmitate, vitamin B12), vanilla extract(water, alcohol, sugar, vanilla bean extractives). Decoration: cherry puree drizzle(cherry puree concentrate, filtered water, cane sugar, fruit and vegetable juice for color, fruit pectin).

CONTAINS- **potato**



VEGAN CHOCOLATE CHIP COOKIE

AVAILABLE FOR PRE-ORDER ONLY ONLINE WITH 4 DAY NOTICE

chocolate chips(organic cane sugar, organic cocoa liquor, organic cocoa butter), flour blend(white rice flour, **potato starch**, tapioca starch, brown rice flour), brown sugar(evaporated cane sugar, molasses), Earth Balance(canola oil, palm oil, water, salt, natural flavor, sunflower lecithin, olive oil, lactic acid, annatto extract), **coconut milk**(water, coconut cream, cane sugar, contains 1% or less of carrageenan, gellan gum, natural flavors, potassium citrate, sea salt, sodium citrate, xanthan gum), sea salt, xanthan gum, imitation vanilla extract(water, alcohol (13%), vanillin and other artificial flavorings, citric acid), baking powder(xanthan gum, cream of tartar, baking soda)

CONTAINS- **potato, coconut**

VEGAN OAT MUFFIN

INGREDIENTS

flour blend(white rice flour, **potato starch**, tapioca flour, brown rice flour), unsweetened applesauce, brown sugar(evaporated cane sugar, molasses), safflower oil, GF rolled oats, rice milk(water, organic brown rice(partially milled), organic expeller pressed canola oil and/or organic safflower oil and/or organic sunflower oil, tricalcium phosphate, sea salt, vitamin D2, vitamin A palmitate, vitamin B12), baking powder(xanthan gum, cream of tartar, baking soda), baking soda, sea salt, cinnamon, xanthan gum

CONTAINS- **potato**