



## DETOX. RECOVER. PERFORM.

Best Served Chilled

RESQWATER Proactive Recovery is an enhanced recovery drink made from premium ingredients to help flush toxins from the body allowing for ultimate recovery.



Drink during or after exercise.

← OCCASION →



Drink during and after celebration.



### DETOX

Helps protect your body against muscle soreness from exercise.



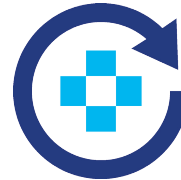
Helps cleanse your body of toxins benefiting proper liver function.



### RECOVER



Helps replenish & reduce fatigue, inflammation & muscle soreness.



### PERFORM



Physical Recovery

Supports endurance & helps reduce fatigue during exercise.

Helps you feel better after celebrating.



Cognitive Recovery

RESQWATER PROACTIVE RECOVERY DRINK  
CONTAINS NATURAL AND ORGANIC  
INGREDIENTS, N-ACETYL CYSTEINE (NAC),  
NO STIMULANTS AND IS CERTIFIED KOSHER,  
GLUTEN FREE AND VEGAN.



NAC offers protection against Oxidative Stress which can occur during exercise causing muscle soreness and imbalance in your body.



NAC binds with Acetaldehyde which is the toxic compound produced by your body when its working overtime during celebration.



HOW IT WORKS



N-ACETYL CYSTEINE



As a powerful antioxidant and free radical scavenger, the amino acid N-Acetyl Cysteine (NAC) provides potent nutritional support to every cell in the body. Supplementing with NAC provides the body, the liver and all cells with increased glutathione and the antioxidant protection they need to better perform their functions. When taken orally, NAC is well absorbed and utilized by the body.



Milk Thistle

Milk Thistle contains silymarin, which acts as an antioxidant and can help reduce swelling.

FIGHTS



Free Radicals

Silymarin in milk thistle combats free radicals and may protect your primary body functions.



Prickly Pear Extract

Protects proteins and lipids from damage when your body breaks down alcohol.

COMBATS



Nausea

Prickly Pear Extract may reduce the severity of symptoms like nausea.



Sucrose

Organic Cane Sugar helps replenish your sugar levels.

REDUCES



Fatigue

Reduces fatigue and weakness that you feel during a recovery.



Water

Your body uses more water during exertion from exercise and celebration.

ALLEVIATES



Dehydration

Water helps prevent the side effects of dehydration caused by body water loss.



B Vitamins

B vitamin intake may prevent the depletion of glutathione.

REPLACE



Antioxidants

Glutathione is an antioxidant that can help protect you from oxidative stress.



Vitamin C

Recovery from exercising and celebrating may deplete your vitamin C levels.

PREVENTS



Oxidative Stress

Vitamin C can help protect your primary organs by acting as an antioxidant.



Electrolytes

Exercising and celebrating deplete your body of electrolytes.

REPLENISH



Lost Electrolytes

Electrolytes are needed to keep your muscular and nervous systems in shape.

