



THE CONDOM PROBLEM

THE BEST THINGS YOU WILL EVER READ ABOUT YOUR PENIS

Dr. Raymond Youngblood, Jr.

For My Miners, Farmers, And Society





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The Condom Problem

The Best Things You Will Ever Read About Your Penis

Written Out of Concern For People

By: Dr. Raymond Youngblood, Jr.
For My Miners, Farmers And Society

Special Guest

Dr. Annie M. Chibesakunda, Neonatologist (Pediatrician)

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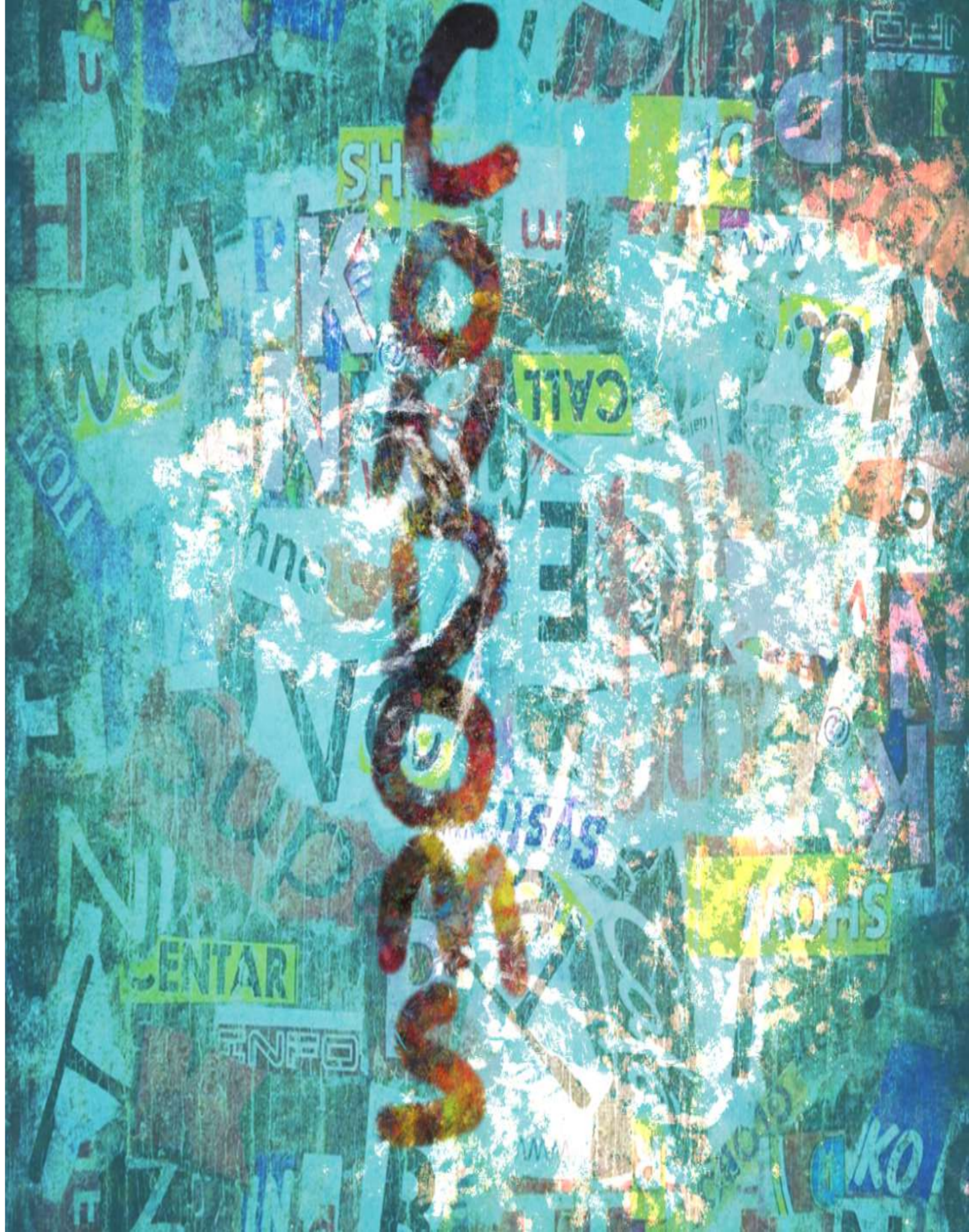
THE CONDOM PROBLEM

**The Best Things You Will Ever
Read About Your Penis**

NOT YOUR USUAL INTRODUCTION

As she struggled to pay bills, my mother handed me my first box of condoms and said, these were your dads.
Dr. Raymond Youngblood, Jr.

How do you know when to put your penis in a condom before it goes into a vagina? It's a guarantee that if that question bothers you, reading the remainder of this document is not recommended.



This document wasn't written with the slightest concern for censorship. The task is simple for men. I got a big penis, not so big penis, fat penis, long penis, thick or thin penis, circumcised or uncircumcised penis. I want to stick it in something. That something can be awake, sleep, dying, sick, ugly, beautiful, hairy, bare, not moving or on the move. For some men, it doesn't even have to be human. Even if men have to force it in, they will. If it's too big, they still sticking. If you see it deeper than that, you have a lot to learn about penises. For centuries there have been too many problems associated with no one fixing the penis problem. From one vagina to the next, the penis carries love, attention, caring, lust, concern, happiness, pleasures, babies, feel-good, infections, bacteria, fungus, and viruses. So in the absence of sexual abstinence,

also known as continence, celibacy, or monogamy, only one partner at a time, rather than multiple partners or faithfulness or whatever else, is not realistic or entirely possible. The only real solution to the penis problem is the condom problem.

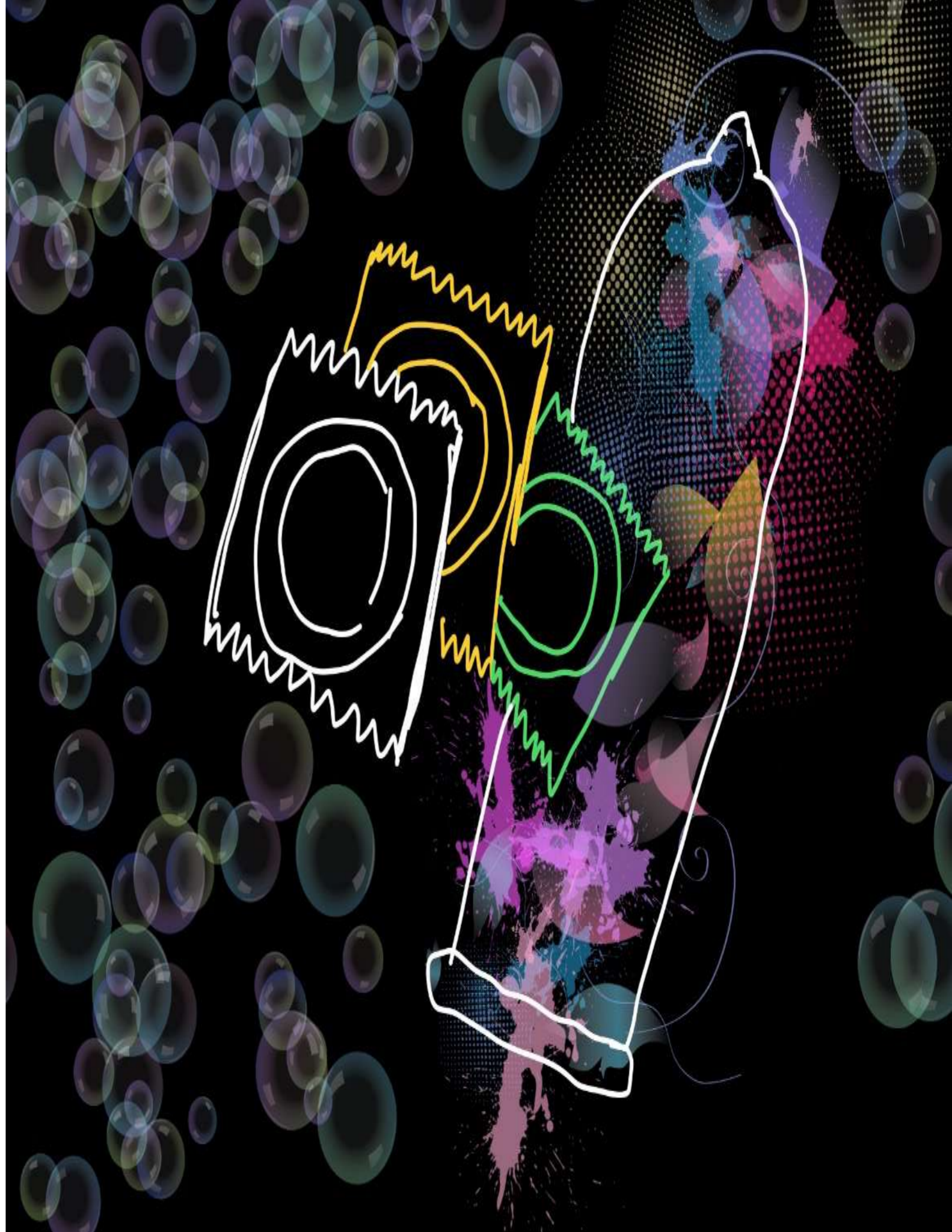
Just for respect to parents and caretakers, I want to get it out that way. All penis problems don't come from parents to embarrass, naïve, lazy, or dumb to teach their boys. Even though the parent's ignorance starts the problem, it is really your son's problem. And now a global problem.

TAKE A DEEP BREATHE, HERE WE GO

“It needs to become as easy to get hold of a condom in a poor country as Coca-Cola.”

Clare Short

Below is the written address to, “The Condom Problem.” No matter if you are a man or a woman, a parent with a teenage boy or girl, regardless if you are gay, straight, or still confused, no matter if you still have it, cut it, or tucked it, this is an excellent read about your penis, your son's penis, or the penis you sleeping with. The word vagina is used more as the entry point for the penis, but the mouth or anus (butt) is also the entrance point the condom should be used for.



Big penis or not, a big penis needs a condom on it. Condoms are for the best sex possible to prevent contracting or transmitting diseases and help prevent unnecessary or unwanted pregnancy while giving mental peace and physical pleasures. I sat around one evening listening to a group of women discuss some scientific research concerning men. Every time they quoted something from a long list of the things men like, I could not help but wonder who these men are. No guy I knew would say, "add that to the index for men." Then I realized they were grouping individual pet peeves men were having with individual women into the global men's list. So, when my good friend Annie Chibesakunda, M.D. (specialty in Neonatology / Pediatrician) talked to me about the men in her country and the issues they

were having with condoms. I decided to write this dialogue and do a video link on [YouTube](#) to discuss what men should do. As I listened to the science of Dr. Annie I could also hear the woman in her. She would give me some insight into her and her friends' suggestions towards men. The list she gave was too long. For the record, ladies, there are no 100 things a woman can do to please her man. The list you have may have 100 items but the men's list is more concise. The first thing on every man's list has nothing to do with our penis, as you may think. As a matter of fact, if you want our penis, and I mean good penis, do the first thing on our list and you will get your top three things on what a man can do to please his lady. The number one thing on every Black, White, Brown, Tan, color Creme or Mixed man's list is (1) whatever we agree on, no matter what it is, that's the plan.

No matter what your girlfriends need, your mama needs, the kids, your hair and nails, or anything else. What we agree on is the plan. If two weeks or months later, that plan doesn't fit your narrative, so what. Don't change the plan, with any whining or luring conversation.. You give us that number item on the list, you get the first three items on your list (whatever they are). This is a topic for another dialogue and video, but it's important to say. I/men don't give a damn about how you feel, what you think, what "they" whoever they are told you, and to some degree the scientific research. I am about to say why we men have "The Condom Problem."

Men don't like condoms because condoms don't feel as good as going raw (no condom). Who doesn't want the best feeling possible?

Some men like to orgasm inside women to mark their territory, a sense of control. More so, even at the risk of her with an unnecessary or unwanted pregnancy.

Some men are unaware of our proper condom size; therefore, the too tight, too loose, too short, too thick, or too long condom is a significant issue with keeping an erection. The taboos, traditions, cultures, embarrassment, or poor education from whoever (parents, friends, and schools) adds to the issues. Your sons should have learned about condoms before becoming grown men. This is not the same as ladies not knowing their bra size; this is our dick, the beginning of the creation of life. If it is not protected, it can take a life. Yeah, I said it! Men who feel that the condom can stunt their erection, growth, or performance will find a way to remove it

even at the expense of themselves, the women, or their sexual partner. In a man's mind, "I'd rather chance to catch a disease than let you go out of here to tell people I couldn't perform sexually." I'd rather you say I broke your back than I couldn't get it up or keep it up (maintaining an erection).

Men will size up potential sexual partners based on their professional and social status. The more you are out of his league if he somehow manages to bed you, the likelihood he will go raw (no condom). It's the same as if the male peasant/villager gets the opportunity to have sex with the Queen or princess; he will not likely use a condom.

I took a Human Sexuality class in college. We spent four classes discussing the male reproductive system and the entire semester

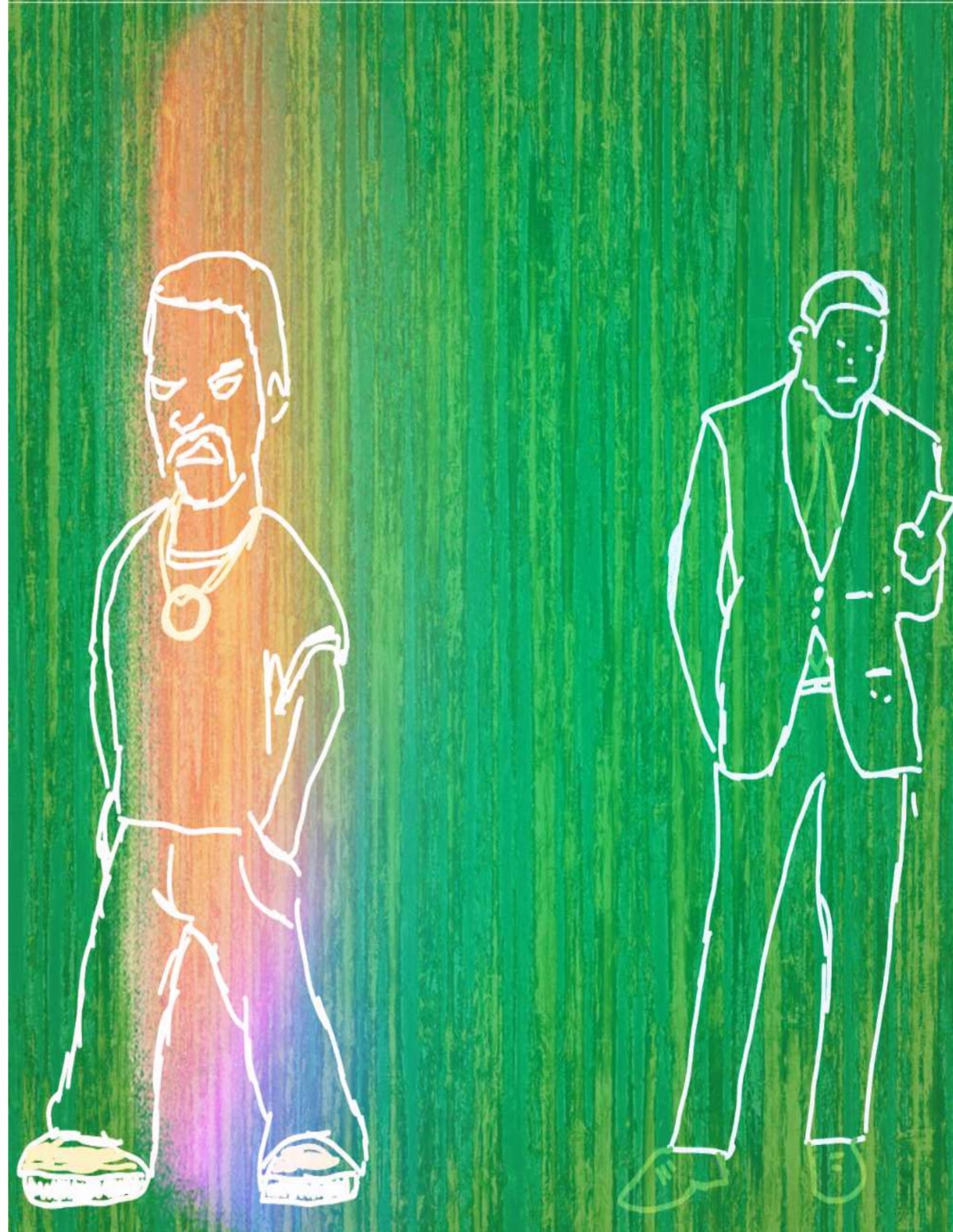
on females. Undoubtedly the female system is very complex. The simplicity of the male system is so frustrating when something doesn't work properly. If the man is struggling for an erection because of diet, stress, and heritability (from the parents), why would we add trouble (condom) to further complicate the matter? Men simply won't do it! Stop blaming male egos. It's simpler than that. He wants to cum (orgasm) because first, it feels good, second, it pleases you, and the third blank space _____ is anything else you want to write in.

A CONVERSATION WITH MY FRIEND ABOUT THUGS AND PROFESSIONALS

If you're going to have sex, use a condom.

Dennis Rodman

The Condom Problem started with my good friend Dr. Annie, and I had a conversation one evening about global diseases that are transmitted sexually. She explained some severe issues and statistics about the issue in her country. She comes from a family of medical doctors and lawyers, and such. One can imagine what conversations they have at the dinner table.



She asked, “Why do guys wear condoms?” My response was to prevent pregnancy and disease. She felt differently. Dr. Annie felt men do it mainly to avoid pregnancy. She feels men are not that concerned with contracting or transmitting diseases. I explained that many guys will not wear a condom if they think the woman has a certain status, such as an educated working-class professional. In the man’s mind, a woman executive in a powerful company has to be clean and trustworthy. A school teacher or college professor must be safe as she teaches kids all day. A nurse or medical is for sure safe. These kinds of women are the safest; at least, this is what many men believe. The men are not considering the sexual lifestyle of the women may be different than their professional lifestyle. The same goes for women. Women see professional men

as safe, at least safer than, say, a thug or a none traditional professional. Professional men can get away with not wearing a condom. I call this “Looking at the status and not the lifestyle.” The person and their lifestyles are one and the same. Just because someone is a medical doctor doesn’t mean they are disease-free. I know medical doctors and many other men who would stick their penis in anything breathing as long as it has a heartbeat. At the same time, I know low-level ghetto drug dealers who are faithful and unwilling to cheat. Professional status means nothing to disease; the virus or bacteria will enter anyone’s system. Whether the person is a university graduate or a middle school dropout, the condom will protect your penis the same way.

DAMN! \$9 FOR THREE

I'm the type to have a bullet-proof condom and still gotta pull out.

Big Sean

The conversation discussed that purchasing three good condoms made of the best materials costs approximately \$9 United States Dollars in her country. Immediately, I said shit! I see why the men are not wearing condoms. That's not an excuse, fellas. The average salary in Dr. Annie's country is around \$600 per month. The cost of sex per week is more than \$9 for the condoms, as the entire cost of dating should be conducted. Men and women are taking chances with their life for roughly \$468 per year. This is a year's supply of condoms for sex twice per week, with a spare condom. Anticipating there is no issue with the condom bursting, start and stop without an organism, and other issues.



If you are wondering, a pack of 12 condoms in the U.S. is roughly \$7. In the U.S., men get three times more condoms for \$2 less.

Good Condom Best Materials

I asked Dr. Annie why she had to say, “good condoms made of the best materials.” I asked, “Are the condoms not good?” She said, “Most of the condoms that are shipped in are of low quality. Most of the condoms are not properly fitting, is the compliment I hear from most men. Some women demand that men wear a condom, but it falls on deaf ears, and then there are the other issues.” I said the issues we both understand are related to cultural and traditional hindrances that do not demand

that men use condoms. The phone was silent as I inherently knew that meant, Yes. Then she said, “We have medical doctors that will not use a condom, and no one is more aware of the circumstances than a medical professional.” I said, “Damn!”

Pulling Out

In some cases, the culture is a driving force to limit medical professionals for controlling community infections. She said something funny as the conversation shifted. “Pregnancy is another problem as the women complain about the side effects of oral contraception. Also, African men are horrible at withdrawing (pulling out) before an organism.” I said, “It's not just African men, many women in many

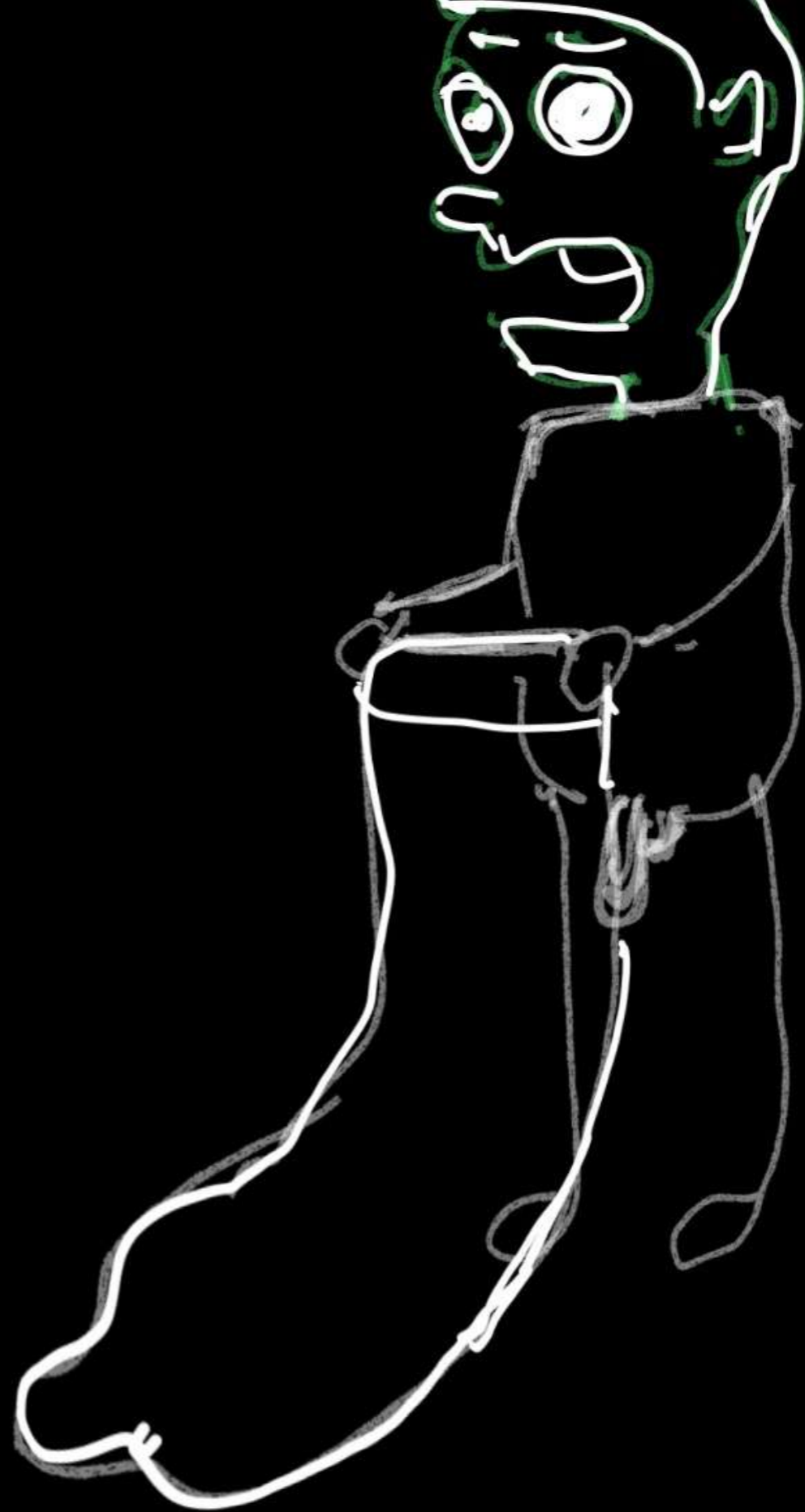
races with unwanted pregnancies will tell you that no man wants to pull out.” I would often tell my younger brothers and cousins either spend 18 seconds putting their load in a condom or on the bed or 18 years raising what should have been inside the condom (the sperm).

CRISIS, TOO BIG

There's a new medical crisis. Doctors are reporting that many men are having allergic reactions to latex condoms. They say they cause severe swelling. So what's the problem?

Dustin Hoffman

The conversation led from one point to another, and then she said something that caught my attention that I had experienced with my workers. She said, "There are men in my country that complain the condoms are too big." This is an unusual statement as most people perceive that all the big condoms belong to Black men, even though science has disputed these myths.



The more disturbing thing she said was not the condoms are too big, even though Black men would consider being too small for a condom to be the real crisis and not the disease. She went on to discuss how the young adults were contracting HIV. How the transmitting was growing in some areas. The transmission of HIV was finding its way back through the population as some young people were feeling the pressure of shame, resentment, and embarrassment to share they are HIV positive. Others are feeling the pressure of the stigma that society can place on people with HIV, so they don't share they are positive. Then some young people just don't care to share that they are positive. They have sex anyway. I asked where the condoms were coming from. She said, "We get free condoms from West Africa." I asked, "Have

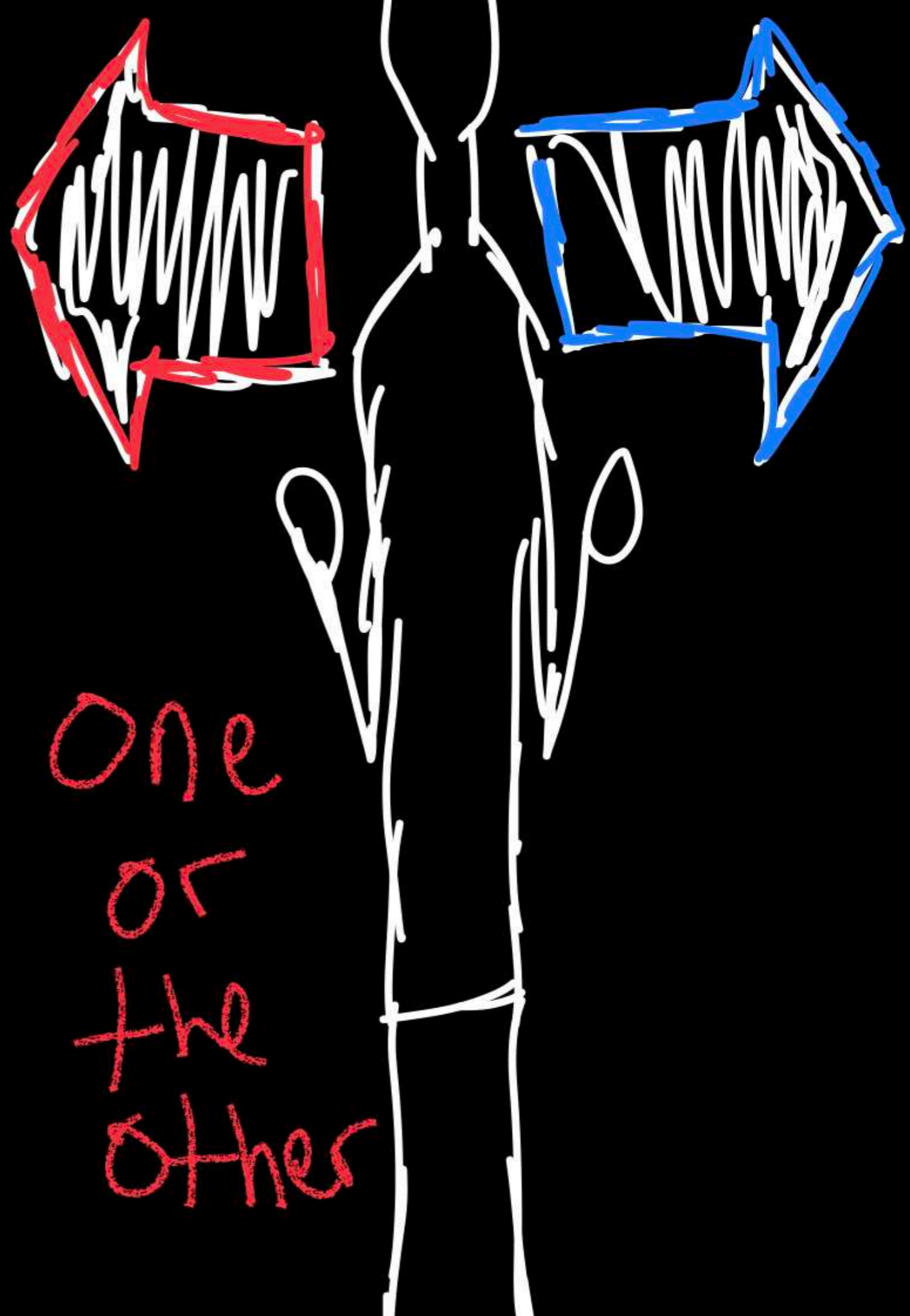
you considered that few HIV people are angry and want to inflict the pain of the stigma through the disease onto others?" It's a serious thought, not as assertive of a gunman who shoots people for no reason. The gunman wants to inflict pain. I started thinking if HIV is growing mainly through sexual lifestyle as the behavior, why isn't the same stigma put on people with diabetes or some forms of cancer as some experts believe these diseases or caused by lifestyle behaviors. The stigmatizing does not seem fair for the folks who contract HIV from rape, overly trusting a partner, blood transfusion, etc. Why are only sexually transmitted diseases associated with the worst stigmas of society? It seems unfair because no human being is on earth without sex. Sex is our only way of life until the mad scientists fully figure out cloning.

"I'D RATHER HAVE HIV THAN..."

The condom has saved so many lives and it'll save so many more lives. We really owe a great deal to the rubber tree.

Mechai Viravaidya

This reminded me of a written article I read back in 2015. A U.K. medical doctor talked about a large epidemiological study for people diagnosed with HIV. Life expectancy is similar to a person who does not have the virus. This is the second most profound statement I had ever heard anyone in the medical industry make about HIV.



This doctor went on to explain that the medical profession considers HIV a chronic disease similar to type 2 diabetes. WHAT!!! My thoughts were, did anyone living with HIV know that they should be living to live and not be concerned about those people stuck in blaming people for the disease. They irrationally place stigma and are content with shaming people. The same people who would act a fool on Friday and Saturday nights, then tell us that we were going to hell because God didn't like something we did. They then forced us to go to church on Sunday, only so they could do the same stupidity the following Saturday. The first most profound thing I had ever heard a medical professional say about HIV is, This same doctor said, "... medically speaking, I'd rather have HIV than diabetes...." The first time I read this as a

scientist, I was shocked that someone would be able to speak up. By this time, I had lost several family members to diabetes. This doctor explained, "...while this might sound shocking or surprising, the facts speak for themselves: the prognosis for those with type 2 diabetes is much worse than for those with HIV. The risk of stroke in newly treated type 2 diabetes is more than double that of the general population. People with diabetes are four times more likely to have cardiovascular disease than someone without diabetes." According to this doctor, HIV is not diabetes because the results of diabetes are worse. While that soaks in for a second, I will continue.

Horns, Dick, And Balls

Dr. Annie mentioned that she wishes more could be done about the men wearing condoms. I said, Doc. (I thought of the issues I had with my miners and farmers.) All the things of science and statistics you are relaying to me. Some or a lot of this is what I call The Condom Problem. I have dealt with this before. It is not an easy problem to fix. The only way to address it is, like the old saying goes, "To take / grab the bull by the horns." Don't delay; you must deal with a difficult situation directly or confidently. The condom problem is no ordinary bull (difficult situation). This bull (problem) needs to be grabbed by the horns, dick, and balls. I am about to explain how I went about grabbing the bull.

THIN SKIN CAN'T SOLVE PROBLEMS

I guess I had it made. My mother gave me advice - she taught me that women like to be looked in the eye - and my grandmother gave me condoms.

Usher

By this time, I had learned that African men wear their feelings outside their skin. It's safe to say that about all people of African descent, but that's another conversation. To fix the community of its sexually transmitted diseases problem. I need to get the penises of my miners and farmers under control. This was going to have to be addressed directly. My traditional and cultural respect was limited to solving the problems. At this time, I had not been bestowed as a Paramount Chief.



So my traditional powers were limited. To give me an edge, I did the next best thing. Though these miners and farmers were locals, they were my workers. It will not matter how much gold is in the ground or how many hectares (acres) of land need to be cultivated. I need complete control of my people and the community spreading STDs back and forth. (STD sexually transmitted disease and STI sexually transmitted infection is used interchangeable in this document.) Otherwise, this community is going to be decimated entirely (destroyed). Before addressing my people, I went to the local Paramount Chiefs and the Ministers (Government Department Heads). I asked, "Let me explain the issues and the solutions straightforwardly." And I did. I explained, and I explained. I knew something that they all knew. They knew it

was a problem before I went with them to the Palava hut or offices. They knew it because their nieces, daughters, aunts, sisters, mothers, and female friends were all affected. It is a community, so it must be somebody's daughter and son. The Chiefs and Ministers knew because they also had sex without using condoms. But nobody was brave enough to point it out or tell them face-to-face that you are contracting and helping to transmit. It is a taboo, in some cases, a break from cultural respect, a traditional no-no, and in few circumstances, a death sentence to tell the Paramount Chief or some Government Leaders that they are adding to the problem. Who am I? The foreigner traveling from another country into their lands to tell them about this and in this way. But I will, and I did. When I finished telling them, only a few pretended to be outraged and appalled.

Several of them retorted, "Don't worry about us. Fix the problems you got in America first." I replied. I am not in America today. Today I am here living and working alongside you. I will tell you, gentlemen, the only way to truly heal a problem in a democracy is for some people to die and others to go to prison." Everyone looked at me in shock. In this case, I said the wrong people are dying. Getting angry with me will not stop people from catching infectious viruses, bacteria, fungus, etc. You can expel me from the country, but I can help you fix the problem. No matter what you do to me, if you don't fix this problem, you'll be doing me a favor by kicking me out of this community. I point blank said, "I don't want my penis sick, and I am sure some of you don't want yours sick, and a few of you don't want yours sick again. Here we have an

issue: most of you are honorable, and some are vulnerable. I understand that it is something that the community is not willing to discuss. But that doesn't stop the infections; as a matter of fact, it promotes the conditions." I gave the analogy that putting your head underneath the covers doesn't make the monster go away if there's a monster underneath the bed. One of the Chiefs said his granddaughter told him the same thing. "Papa, the blanket can't stop the monster; it's still going to get me," I said, "Smart girl. I know, and you know there are some orphan kids in this community because of this infectious problem. This is not anything that any of us should be ashamed of. I am more ashamed I'm not addressing the issue than letting the problem prolong. All of us are men and women of power. Let's do something as decision-makers. I'm asking you to let me

assist in fixing this issue. The first place I will start is with my workers, contractors, and so on. When they cry to you about how and what I am doing, send them away with the same message. Many of the men are using their hierarchy to bully the situation. I know the bullying happens because I've had to address it in my mining and camp." Before I could finish, one of the Chiefs said, "No worries, they want." Eventually, all the Chiefs and Ministers agreed. Who would have thought that it took so much convincing of leaders to stop the spread of diseases. Even when people are dying, everyone wants to do their own agenda.

Stupid Is...

Stupidity is doing the same things over and over but expecting a new outcome. The world has tried everything before; trillions spent by taxpayers, plenty of websites, and scientific data about what needs to happen. Sometimes you have to not give a shit about tradition and culture in the middle of a crisis. Ironically, the word culture is a noun that means the ideas, customs, and social behavior of a particular people or society but as a verb meaning maintaining tissue cells, bacteria, etc., in conditions suitable for growth. As the infections spread, I said. Tradition means the transmission of customs or beliefs from generation to generation, which is passed on in this way. Representing the old way of doing something. Existing in or as part of a tradition; long-established. Traditionally representing

living in or as part of a tradition; long-established, conventional, customary, established, long-established, accepted, fixed, routine, old-fashioned, habitually done the same. All these meanings are another way to say or respect some outdated and harmful ways; people still pass it on to be detrimental to the next generation. The words that are opposite of tradition are unconventional and modern. I told the Chiefs that if their forefathers and foremothers created the tradition, it is honorable and respectful that today's Chiefs and villagers should continue to honor those traditions, but they must not forget they will one day be forefathers and foremothers. If the practice of democracy is to get everyone's vote or to pray before bad times, votes and prayer are significant in traditional situations with no threats. I gave the Chief the analogy that if the building is

filling up with water, you have three choices: 1. pray and vote you don't drown, 2. find a way out before you drown, or 3. drink all that water before you drown. Because in every situation, you face being drowned.

IT'S HER FAULT

Condoms aren't completely safe. A friend of mine was wearing one and got hit by a bus.

Robert Rubin

So, I had returned from the Ministers and Chiefs meetings. I took some time to reflect. I didn't return to my miners and farmers with an iron first ruling mentality. Though I could have had success with this method, I did not want to expel that kind of energy. Instead, I went back with two open ears. A lot of preparations to listen and take notes. I also returned ready to teach and train the miners and farmers "how-to, when to, where to, why to, and what to." I was even prepared to teach grown men and women how to have sex. It was a weird feeling, but I created the company, the camp, and the town. I was responsible for ensuring they knew how to live without unnecessary death.



No matter what they said, I would agree with them on everything. I explained it better if they said something that didn't make sense, even if they disagreed with the scientific facts. If they disagreed with science, I gave the science through relatable examples they could relate to. If they said, the gravitational pull from the moon was causing them not to wear condoms, I agreed. I also reminded them that I was aware they don't like to wear condoms. At one point, I got annoyed. They could see people dying and becoming sick around them, but they still refused to do what was preventable. I stop trying to understand why. Once I did that, it became clear why. I just want to know why not? They have several complaints, some concerning science and others tradition and culture. They stated that if the woman asked them to wear a condom,

she did not trust them. If the woman doesn't ask them to take the condom off if they want to wear one, she likely sleeps with many men. Asking them to remove the condom means she does not have sex with many men. If the woman is or is not promiscuous doesn't matter. There is some type of reason my miners and farmers had to not wear a condom. They were all legitimate because it's what they believed. Facts and truth are the most critical parts of a situation. As long as the parties agree on the facts and truth.

The only way to control an outcome based on facts and truth is to have absolute power. Absolute power is only over one's self. No human being truly has 100% power over another human being. This is the advantage and disadvantage of the conscious and

subconscious mind. I noticed one central consistency. It all seems not to be their fault. It was always her fault, culture or tradition. When I asked my female miners and farmers, the women took a reverse role and told me, "If the men wore a condom, that meant they didn't trust her." The conversation about STD's, HIV / AIDS, etc., never comes up. I explained to Dr. Anna that in all the years I lived and worked in Africa, I attended more than a thousand funerals. Not once has anyone died from HIV / AIDS, even though I know some people did. This was not something anyone was willing to put on a Death Certificate. To even discuss HIV / AIDS is taboo. Dr. Anna asked, "Are your miners ever concerned with getting an STD or having an unwanted pregnancy?" My response: No! The miners never bring that up, even though

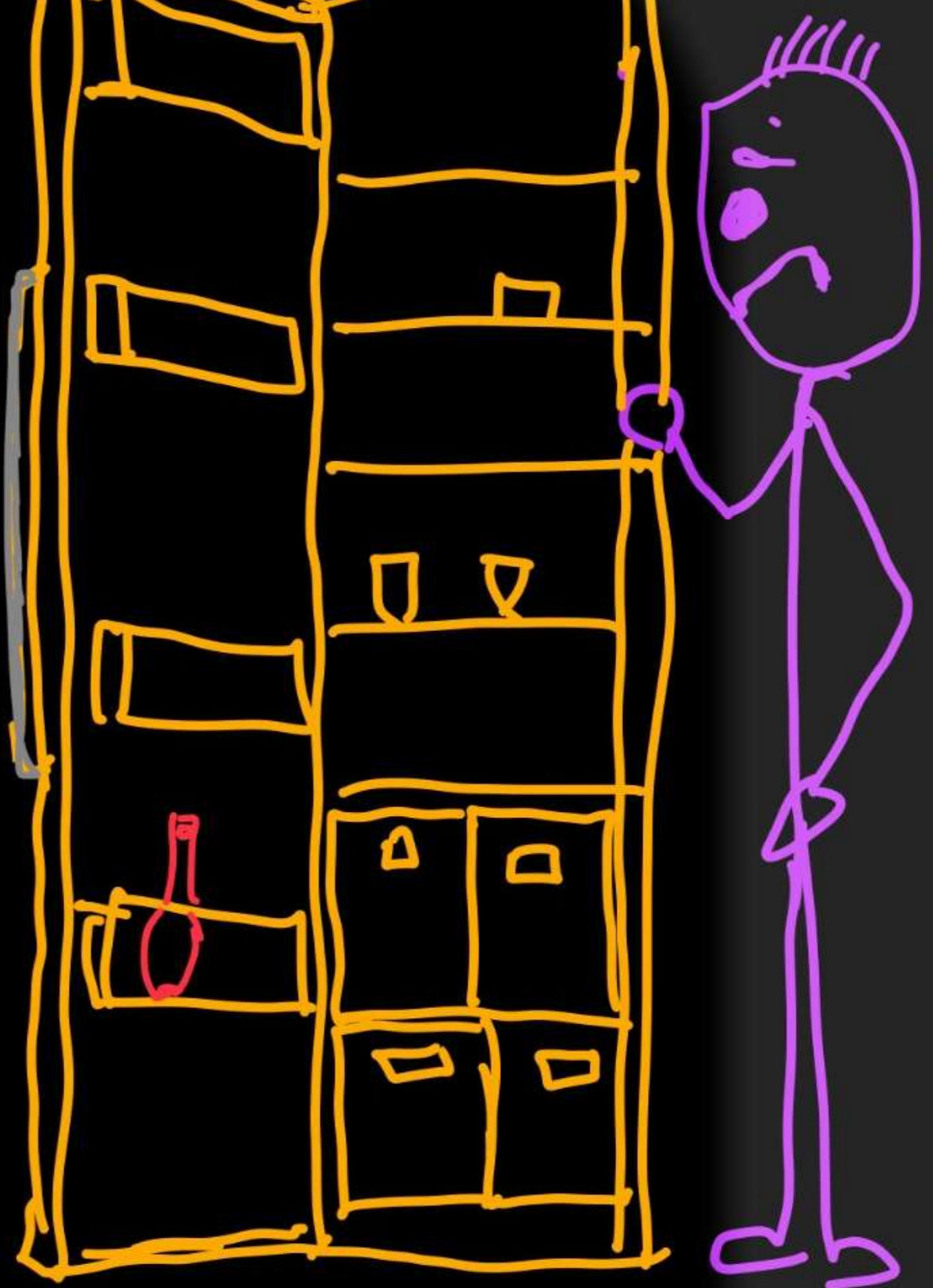
diseases can spread in a mining camp just as fast in an urban area.

HUNGRY MEN WON'T WEAR CONDOMS

But certainly...people don't really talk about sex and certainly religious leaders - some of them - up to now have been very unwilling to accept, for instance, the promotion of condom use.

Emma Thompson

Just like Black Americans, Africans are more sensitive to certain subjects. Years of slavery and forced servitude sort of hardened Black Americans and gave White Americans a sense of hardness as well. But not Africans, as the most minor things can be considered disrespectful. When I first got on the continent, it happened so often that I considered not living there.



My straightforwardness was considered disrespectful. So what I did was the opposite of expectations. No more apologies, no more trying to understand, and I doubled and quadrupled down on my approaches. I realized the same things from my own home state of Louisiana. The closer you are to poverty, the easier it is to hurt your feelings. This is why people with lots of money appear to be jerks when they are not. I forced the people around me to rise in standard and expectations. It was more difficult, but more wealth poured in for everyone. I learned that a hungry man will listen, but he will not learn. How can we work in such a harsh environment, and you all be so sensitive? Everything I said to them hurts their feelings. This is what happens to some of the women. Many of them want to tell the men to wear a

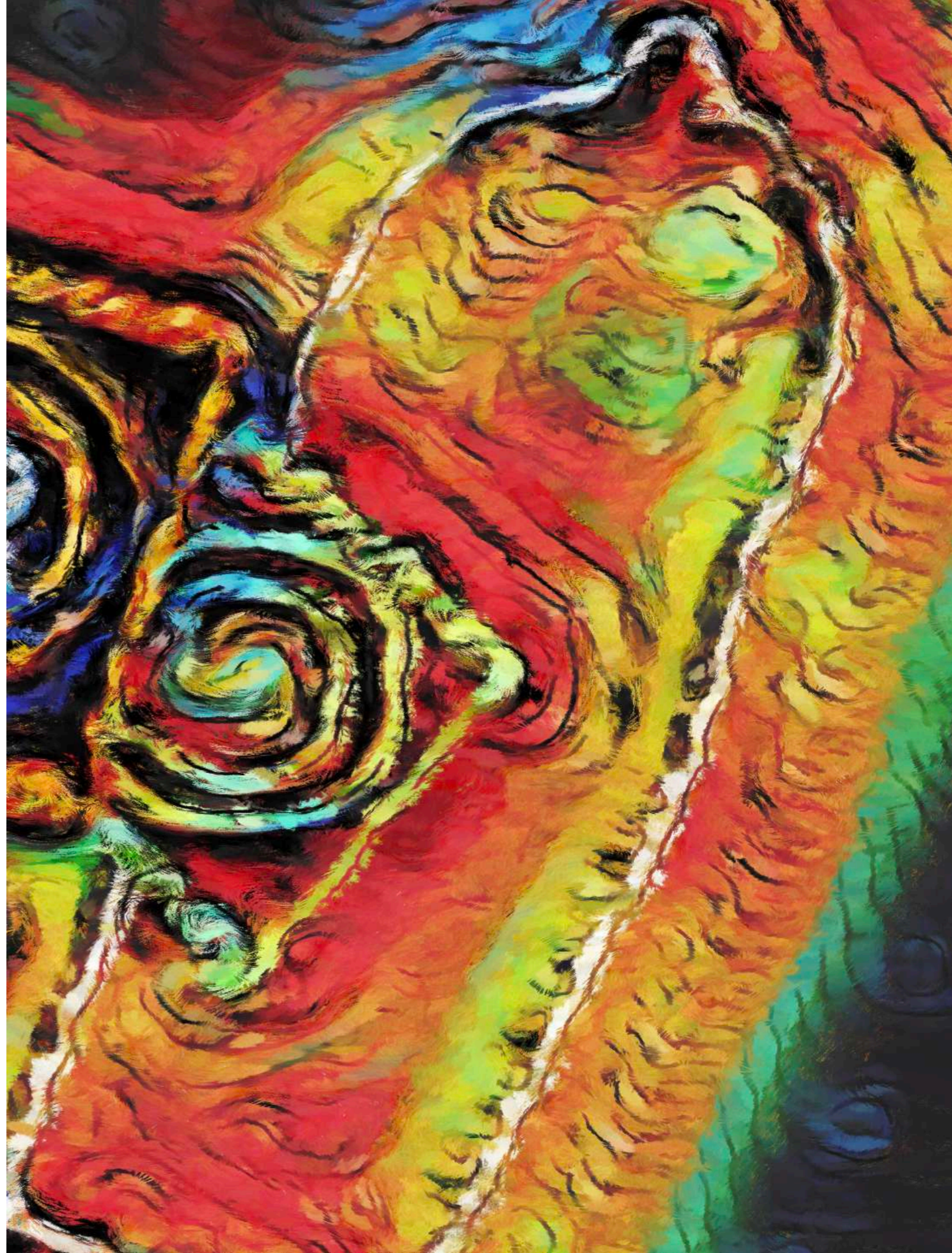
condom, but if the man hints at hurt feelings, or dishonored, then the woman backs off. The situation for some women is so stressful that they accept the chance of contracting diseases. This is why Dr. Anna and I were having this conversation. The condom is too big, the man said. How many men are willing to tell you, “you gave us free condoms we can't fit.” The condom is too big for my big penis.

MY FIRST CONDOM | I KNEW MY PENIS

but I don't want to wear a condom because I don't feel anything," and she says calmly... glaring at me, "If you don't use one you're not going to feel anything anyway.

Bret Easton Ellis

For my first condom, I had no clue. When I first wore a condom, I wasn't aware that condoms came in different sizes. The first was in a blue box (Lifestyle) with three condoms inside. I screwed up the first one because I unrolled it and then tried to put it on. My lady friend didn't know what to do either, even though she wasn't a virgin. I pulled and stretched that condom until it popped. It looked like leftover balloons from a party. I can still feel the ring choking my penis.



With the second condom, I realized I needed to roll it onto my penis. I semi-unrolled it and realized halfway through it would be easier to roll it on. This was actually in the instructions that I never took the time to read. I was about to have sex; I didn't give a damn about instructions. Most males don't know that inside the packaging box are the instructions. I was so happy To be having sex I didn't pay attention that the condom was choking my penis. About a fifth time I was having sex is when I realize this tight condom is going to be a problem. So I decided to buy a different condom.

The second brand of condom was even worse; it also choked me. I realized I had to get this right. The condom was causing

irritation and soreness. I hated to even shower sometimes because of it. I would fight to keep my erections with the ring of the condom squeezing me like a hand on a tube of toothpaste. I was enjoying the sex but not the condoms. So I started taking chances by not wearing it. This did make me focus on having sex with fewer women as I had a fear of diseases. There wasn't anyone I didn't trust, but they could unknowingly transmit a disease. As the old saying goes, mama's baby is a daddy's maybe. Finally after a year or so of suffering it dawned on me that condoms come in different sizes. Even when I mentioned it to my friends no one suggested that condoms come in different sizes. We all had the same dumb knowledge. And we were passing all that dumb knowledge on to each other. This is prior to the Internet being popular. I decided that I was going to go to

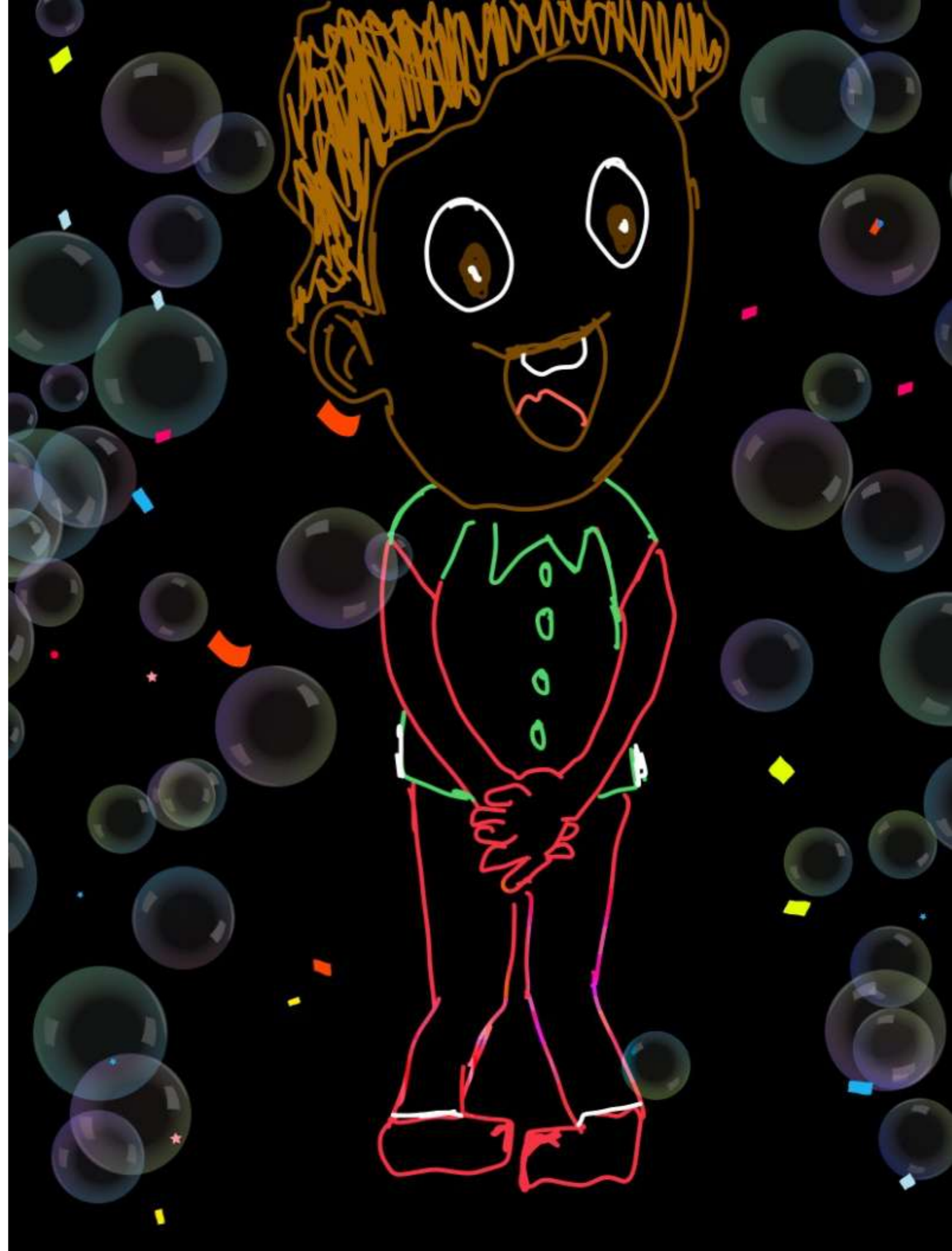
the pharmacy and take my time to pick a condom. I wasn't going to look at prices first. This was when I noticed all of the size differences. It was like I had found a new religion. Yep, I just said that. I went through three brands before finding what was suitable for me and my penis. I remember thinking this is similar to finding the right pair of sneakers or dress shoes. You have so many different styles and cuts to find what's right for your feet. Or, after a day of walking, you will be suffering. Then one day, it came to me in a series of thoughts, I've been taking care of my feet, my car, and my clothes better than I've been taking care of my penis. That's not smart.

KNOW THY PENIS

“If we only said safe sex, use a condom, we won't stop the spread of AIDS in this country.”

Thabo Mbeki

Now with the miners, I also realized they were afraid of condoms. They had heard many horror stories about the condom. The condom to most of them was the penis pinching, head twisting, balls grabbing Boogie Man. So instead of demanding, I did something the opposite of an iron fist, as I mentioned. I began training them on what a condom did, how it did it, who to do it with, and how to do it. I had learned that they believed it was the woman's fault or tradition, but the reality was they knew very little about the condom.



When I traveled from the U.S. back to my mining camps, I would ship a 40-foot high cube container loaded with different things, and this time a lot of different size and style condoms. This meeting was going to be weirder than the meeting we have titled, "Dr. Youngblood Can Die." Yes, we have a meeting titled Dr. Youngblood can die, but that's another story. I asked the miners and farmers if any of them masturbated or jerked off. Let me be honest and say this is not a typical conversation between this many blue-collar Black guys. When I was in college, especially around my White teammates, this was not a usual conversation. My White friends had a game where they walked around campus, similar to tag, hitting each other in the balls. I know I am one of those people who believe there are not many differences in the races,

but truth be told, there are when it comes to playing with each other's genitalia in public. There are some things that Black dudes don't do. One of them is opening, talking about jerking off, and the other is hitting each other in the balls. We crack jokes about it but do not have full-scale meetings. I told my guys they would have to practice with these condoms by jerking off. They all gave me a look. I knew they had to become familiar with the condoms. If not, they would not be consistent with a sexual partner. This was the funniest moment ever as no one wanted to admit giving themselves a hand job (jerk off). Most of them lied and said they let the women do it. I called them out on it. When I tell you Black skin can blush, it can. Just imagine I had to teach my guys how to put sheets on the bed. I taught some of them how to use a toothbrush. Some of them had never even

seen a condom. I had to take my time and remove some uncomfortable feelings. To make it worse, it was their boss doing it. You can't remove all the awkward situations, but you have to start somewhere. I said let us learn the essential three areas of the penis. This was the most uncomfortable moment. I took out dry erase board and drew out a penis, which was awkward, and some balls, which was more embarrassing. I said these are your three areas.

- The base
- The shaft
- The head

They were not smiling, laughing, or smirking. I realized this was most of the guy's first time hearing these terms. I gave them an example of how a tree grows.

PRACTICING WITH CONDOMS DON'T MAKE PERFECT

I didn't lose my virginity until I was 18 The first time was a nightmare. Who shows you how to use a condom?

Adam Ant

So, I have an old saying, practice doesn't make perfect; perfect practice makes perfect. A week or two before, I announced what the meeting was about and gave specific instructions on the consequences of not attending. I knew who would jump ship, and I knew who would encourage others to not attend. The guys did exactly what I expected. They started gossiping amongst each other, spreading rumors, and becoming cliquish. When people don't want to do something, they will rebel.



They encourage others to rebel when they don't wish for cultural or social changes. Some people will get an entire community to do unfortunate things that only benefit the few. Wearing condoms is both cultural and social change. They will even lie, spread rumors and intimidate if their lies and rumor mill tactics fail. The sabotaging is relentless. Some of these guys were underlings their whole childhood and young adult life. Having to follow and do as told by the older men. Now it was their turn to be Chiefs among the younger people who were culturally and theoretically supposed to do what they say. I saw this similar to sports hazing of rookies. The veterans would haze and mistreat the rookies. Making the rookies fetch things in the middle of the night or early mornings. Making the rookies carry their bags and pick

up laundry. Similar to right of passage, similar to the behavior of a fraternity or sorority.

The condom problem is on a grander scale. I knew who was who and what was what. I also knew it was a personal challenge to me from some of the older guys. Those that were quiet but envious. Those that were explicitly tactful with their defiance. Those that appeared to be honorable but really wicked. It was a society no different than living in New York, London, Shreveport, Tokyo, or Accra. One thing you can depend on is that the sun will rise somewhere, and people will be people around other people.

You have to ask yourself why would people fight so hard when all we want to do is

protect them.

The movie Marshall stars the late Chadwick Boseman as Thurgood Marshall. There is a scene where he is in a bar after a long, difficult day in court. He is approached by a white woman named Jen, who is trying to pick him up. He gets into a fight with White thugs trying to intimidate him for his lawyering of a rape trial of a Black man and White woman. The Black bartender pulls a gun on the thugs after Thurgood has more than adequately dealt with the situation. The thugs are kicked out of the bar by gunpoint. Jen comes back to help Thurgood mend his bruised fist. And she says, "Listen, men are men, and women are women, right." This line from Jen broke open the entire case to help Thurgood realize that a "Black" man and a

"White" woman are smaller than the natural relationship between just a man and just a woman. I am not naive to think I would get every miner, farmer, or community member to use condoms. I also believe that some women are promoting the none use of a condom-like the men. I am not that gullible. I had had enough sex to know that the feeling could be more powerful than common sense. My mission was to separate the independent minds from the defiant ones. My second mission was to educate those 100% willing to use a condom away from the peer pressure of those resisting. My final mission was to identify who was going to be the biggest problem. Some younger people completely adhere to the cultural norms even to their future demise. It's safe to say they were brainwashed, but that's the entire mission of a cultural norm.

Some levels and tactics of brainwashing can benefit individuals and communities, such as washing hands, standing in a queue respectfully, and following highway safety laws. On the other hand, some brainwashing through cultural practices is only carried out long-term through tradition to benefit the few. We all know that some sons or daughters of a Chief, King, or family of power might not be suitable to lead. But tradition dictates that they rein even if they have the intelligence of a rotten apple. This is why I talked to the Chiefs and Ministers. To remind them they will one day be forefathers and foremothers. What traditions and cultural norms did they continue and protect from previous generations? Today, what cultural practices did they create that will continue and protect the current and new generations. I also know

the nature of the jungle and desert miners and farmers. They are not fearful by nature. You can't scare them to do things based on fear. Any man or woman willing to do these dangerous and harsh jobs can't be frightened into submission. To control the outcome of this kind of person, you have to do so by separating the mindsets. They have to believe in your leadership. They have to know you do what you preach. You have to separate the rule followers from the rule-breakers. Some of these guys had become masters at pushing the boundaries to disobey and constantly challenge rules. They will use these skills to not only manipulate but gain control. Wearing a condom can not be a rule; it's a preference. If there is a word that causes resistance, backlash, fights, deal-breakers, or disagreements, it's the word "preference." It means a greater liking for one alternative over

another or other.

Basically, what you prefer. Ugh! If you give a child the choice of candy vs. spinach. Do I need to say more? I also know that tradition and culture are survival models as well as weapons against change. What good are traditions and culture if everyone is dead? I told the Chiefs. You have some people that resist any level of authority. Some of these guys have waited long for their chance to tell young people what to do. The same things that happened to them during their younger years. You would say this is a mining camp, not their neighbor. The mining camp is the same as the neighborhood. As a matter of fact, it's the beginning development of a town to a city to a country. Over the centuries, many mining camps progressed to become larger

societies. We all living and working together. It's the perfect opportunity. So you have to separate these mindsets. Governmental programs have the same issues in countries' urban / inner cities. You have those people that feel every program government has is against the people. Some of this has truth to it. This little truth can be used against everything the government wishes to implement. Governmental officials are constantly politicking, lying, misleading, nepotism, favoritism, and propaganda. In a crisis, the government can struggle with the severe issues of community trust, health, race relations, economics, or security. This can happen in large companies. Some companies are so large they have to behave like small cities. I know my situation is similar. In my mining communities, I don't do politics, I won't lie, I don't do propaganda; I've always

been straightforward. I depend on this relationship to have a successful outcome when I roll out a necessary program. This does not mean I am free of misbehavior. But it has an advantage as the rebellion will be intentional and not justified. There are 115 people in my mining camp. 50 of my people have contracted and likely transmitted diseases associated with sexual intercourse. There are several thousand people in the local village, with hundreds infected with sexually transmitted diseases. There's a shortage of medical professionals. The health community can't keep up as fast as the diseases spread. We are a long way from an urban community to getting the proper supply of pharmaceutical drugs. I have some guys who want to rebel and encourage others not to use condoms. Even though we are in the middle of a health crisis. This is what I mean about

not justified rebellion. This also makes it easier if I have to remove someone. I will not threaten my workers and families with the use of their salaries. I will remind them that disease transmission and contracting will ultimately affect the work. By their own doing, this will affect their salaries. A sick worker cannot perform. They can also infect others. To get a disease by accident is not their fault. Knowing the facts but continuing to have reckless behavior in the middle of a health crisis is totally different. It is not safe and fair to the rest of us. We have a tool available to not contract a disease. It's called a condom. It's tested and proven. I have and am using it myself. We can try the alternative. For those of you who have wives, girlfriends, husbands, and boyfriends, you could be 100% faithful and not sleep around. But! I know, and you know, and the local and international

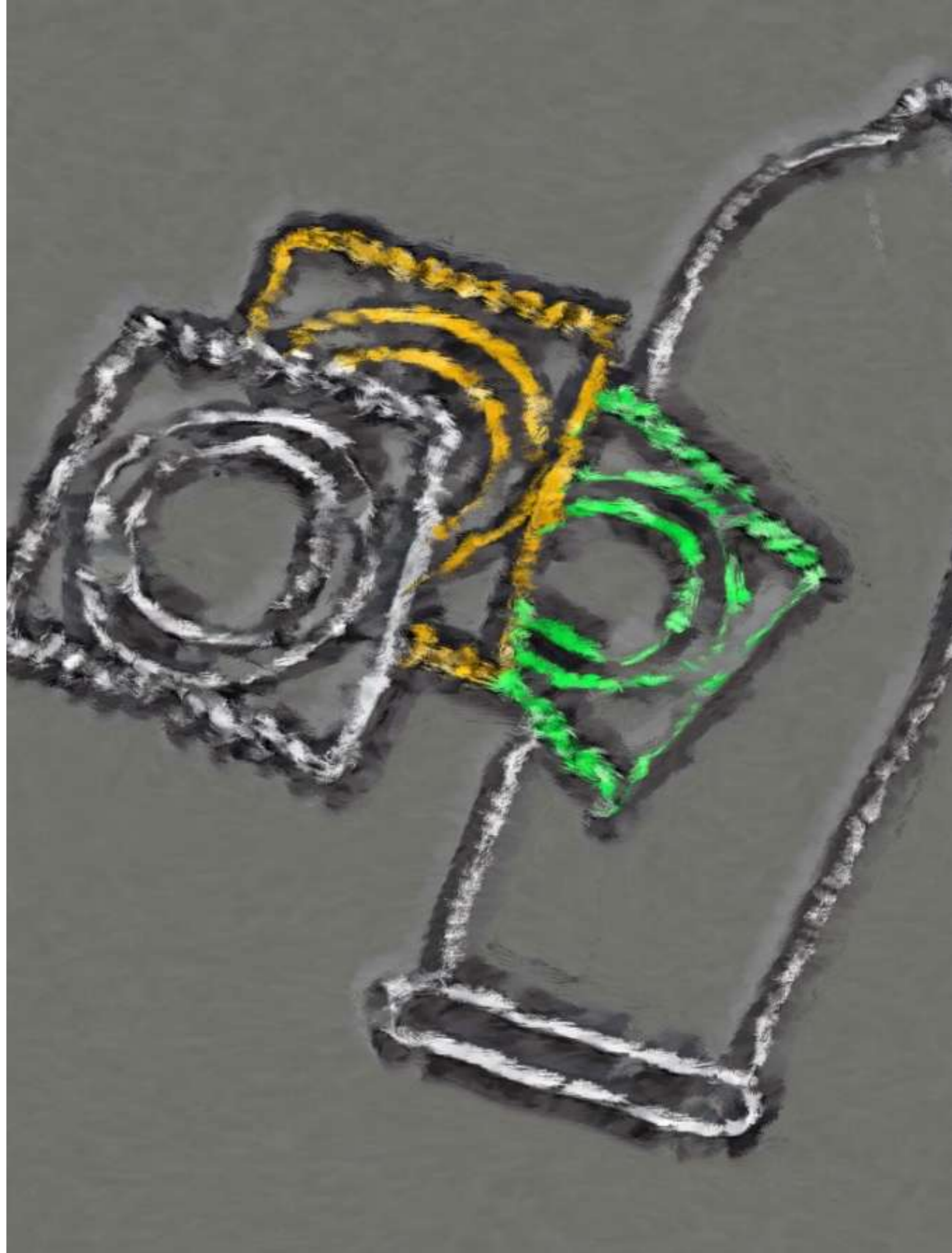
community knows you're not going to do that. Even at gunpoint, which has happened to some of you, you're still not going to do that. The other alternative is abstinence. And, I don't think anybody in this entire community over 16 years old is practicing abstinence. Let's be real with one another. The hiding behind culture, tradition, shame, selfishness, and embarrassment is wreaking havoc. The community need to be addressed in this manner.

MASTURBATE (JERKING OFF)

The condom broke. I know how stupid that sounds. It's the reproductive version of the dog ate my homework.

Jennifer Weiner

If there is one thing men are more sensitive about than their penis size is a bad performance with a woman. This is likely the case with any sexual partner. I knew that this would be a problem. It is a part of every man, including myself. Women have certain expectations from a man. Hell, any sexual partner has expectations. So what was I to do? I needed these guys to be familiar with a condom before introducing it into their sex life. This would expose those guys with wives and girlfriends who were cheating.



Women trying to get their husbands or boyfriends to use a condom will expose them to cheating on both sides. The faithful people are caught up in the middle. We have diseases spreading, not everyone is willing to be faithful, and single people are doing what single people do; I have a real clusterfuck on my hands. So what is the only other way to give somebody an experience with a condom without exposing they are having sex? At the beginning of the first meeting, I took the first box of condoms. I open the very anticipated meeting with a single stinger of a one-liner. **"YOU ARE GOING TO HAVE TO PRACTICE WITH THESE CONDOMS BY JERKING OFF! OTHERWISE, YOU WILL CONTINUE TO GET SICK, GET OTHERS SICK, AND SOME OF YOU WILL HAVE A MISERABLE EXISTENCE, AND SOME OF**

YOU WILL SOON DIE!" I stayed silent to watch facial behavior in body language to get a read on who was going to be some of the biggest problems. What happened was, for the first time, some of the bravest people I know looked scared. I didn't want to continue with a fearful message. So, I immediately gave them a solution. I said, Don't worry; I got enough condoms for the real thing and the jerking off practices you will do in the privacy of your own time. The look on their faces shocked. Now was the time for some comic relief. I said, I know some of y'all 'jerking your thangs' as I did the jerking off hand motion because the cleaners told me they hate washing some of the clothes and sheets because they are stuck together. Everyone started laughing. I waited, and I made sure to laugh, but I made sure to follow up with a serious face. In uncomfortable situations, laughter means one

two things: 1. nervousness or 2. comfort. I was ok with either one. I pulled out a box of 12 condoms. I monitored how they followed my every move when I demonstrated how to open the box. I intentionally took out the entire pack of condoms. They are individually wrapped but still connected together. I aggressively ripped one package away from the perforated line. This tore open two packages. This was to demonstrate to them, not to that. I took the third condom and tore it open with my mouth. I intentionally ripped it. I showed that the condom had a small hole in it. I poured some water into the condom, and they watched it leak. I explain to them this will happen with your semen, other liquids from your body, or the woman's vagina or butt penetrating the condom. Some liquids leak in and leak out. I gave them examples of how we seal pinhole gas leaks in fuel lines

and the holes that naturally form in water pump hoses. They got it immediately with those examples. You have to relate to what they can quickly comprehend. I said we all know the dangers of gasoline. One of the miners said, "It's death!" I held up that condom and said this is a possible death with a leak, so what do you think is going to happen without it. A farmer said, "Certain death." This will likely make its way through to the head of your penis, where the pee and cum come out. I said even some diseases will cause a problem on your penis skin. In the same way, water can get into the fuel lines. We don't always know how the water got in. We just know it's a big problem when it's in. I said, you should see the condom the same way you see the fuel tank. See, the inside of your penis is the fuel you need to protect. Once it's contaminated, it stops working.

You don't want this to happen. I immediately noticed the guys shaking their heads in agreement as some verbally mumbled yes. Even some of those that were going to be troublemakers, I could see it in their faces; they knew they were up for a challenge to be rebellious. It is one thing to control another man's mind, you are not likely going to control his penis. I said, just like the contaminated fuel, you will contract a disease if you don't use a condom to prevent the water from forming. I asked them whether they could see the hole. No! They said. I said just because you can't see it doesn't mean it's not there. You see the water leaking, so it must be a hole, correct. Almost all agreed. I passed the condom around and made another joke. I said, no worries, I have not used this one, as I handed it to be passed around. Everyone started laughing. I said millions of virus cells

can fit through that tiny hole. If the semen leaks out through a hole, this is how the woman can also contract a disease or get pregnant. Jokingly I said, most of you have too many girlfriends for them to have children. Everybody started laughing. Now we are making progress. But this one day is only the beginning. Creating a cultural change that will turn into a tradition will take months, if not years. Also, condoms must be readily available. This was my only fear. I thought not to worry about that now, as I have plenty of condoms. I would have to figure out how to address that later. I took the fourth condom and showed them where you tear it on the package. I handed each of them a condom. The first thing they did was sniff it. I wanted to crack a sexual joke, but I refrained. If you find yourself in this position, try refraining from embarrassing jokes. I have no

clue why we as humans like to sniff things. I guess we associate smells with safety or deliciousness. That's a joke! How easily it tore open. I took it out of the package slowly. I made sure each of them tore it open slowly. I said take your time; she's not going anywhere. They all laughed. The fear of handling the condom started to disappear. I showed them my mistakes when I first tried to put on a condom. How I unrolled it first was a big mistake. I demonstrated using a paper towel holder. I displayed how to roll it on. I displayed how to roll it on with one hand pretending to be mounted over a woman. I showed them multiple ways and little tricks they could use to put on a condom while doing foreplay. They thought this was hilarious. I gave each of them a cheap box of 12 condoms and told them they should find time to try the condoms on. I made sure to use

the word condom a lot. This was to get them familiar with the word. This was to remove some embarrassment and shyness associated with the word condom. I ask each to display the roll techniques on the paper towel holders. A miner asked me if I should do it right now for real. At the same time, we all yelled, Hell naw! Everyone laughed. As I watched them practice with cheap condoms, I could also see the embarrassment on their faces. It is this embarrassment that's a leading cause of the condom problem. If you don't address the embarrassments, you can never address the problem. I work in a very harsh and hostile industry. I am asking other people to work alongside me. As a foreigner often working in other countries, I learn to pay attention to the significance of a word's meaning. The word embarrass means to cause (someone) to feel awkward, self-conscious, or ashamed.

To hamper or impede a person or action. This is not something that should be overlooked when you ask people to do certain things. Being shame is a gigantic human emotion. Shame is a painful feeling of humiliation or distress caused by the consciousness of wrong or foolish behavior. A loss of respect or esteem; dishonor. This is worse as one can bring shame onto themselves. I wanted to address being embarrassed and shame as topics, not situations. This is how we begin to solve our condom problem. I reminded them they should use the cheap box to practice. I also gave some science to support jerking off. I made jokes about famous people they knew, jerking off. I wanted them to know it was ok. I told them I would give them the new box of condoms when they completed one more step to improve their sexual abilities. I intentionally said, 'sexual abilities.' I was

going to tie everything positive I could to the condoms. I said your final step, you guys will have to learn how to measure your penis. The look of shock returned. I immediately said hold on, don't get excited yet. We will have these meetings a lot, so I will introduce a lot of things to you that will be awesome and unfamiliar at the same time. I said there is a difference between you feeling embarrassed and feeling unfamiliar. Something that you have never been introduced to before you should not feel embarrassed or shame about it. It's just not familiar to you. I have multiple sizes of condoms here. Size doesn't mean better it just means size. I don't know your sizes. And I don't care to know. No one else needs to know. So for privacy, I gave each of them a sewing tape measure. I had already labeled each box of condom sizes with a permanent marker. And then, I begin to show

them how to measure. Over the next weeks, I expect each of you to come and take your size from the box on this table. Only after you complete your masturbation practice. I know the more you use a word like 'jerking off' or 'masturbation,' the less power that word has to embarrass. I will check the box on this table every day. If your size is not there, do not take any other size. Write your size on this sticky pad. Put it in my personal mailbox with everything else you put there for me. I will check it twice a day. You don't have to write your name. I will restock the table every evening until you get a box. I want you to write down your size or save it on your phone. There are 12 condoms in each box. Some boxes of 3 are taped together, with 3 in each box. The total is 12 condoms. Any questions you have that you feel should only be from me to you, write them on a sticky

note or text me. Twenty minutes after the meeting, my text messages blew up. Every question or personal concern that anyone had, I turned it into a meeting topic. I never associated a topic with an individual so as not to embarrass anyone.

Just assume that any problem or concern that one person has, multiple people will have the same issue. Sometimes they don't know how to ask or may not think about asking. Some people are not good at expressing themselves. Consider the role of a teacher, and the objective is to ensure they feel comfortable. If they feel comfortable they will learn. I made sure not to hold meetings during their free time or close to time to eat. I wanted their undivided attention. I had about 15% of the sessions for the few women in camp.

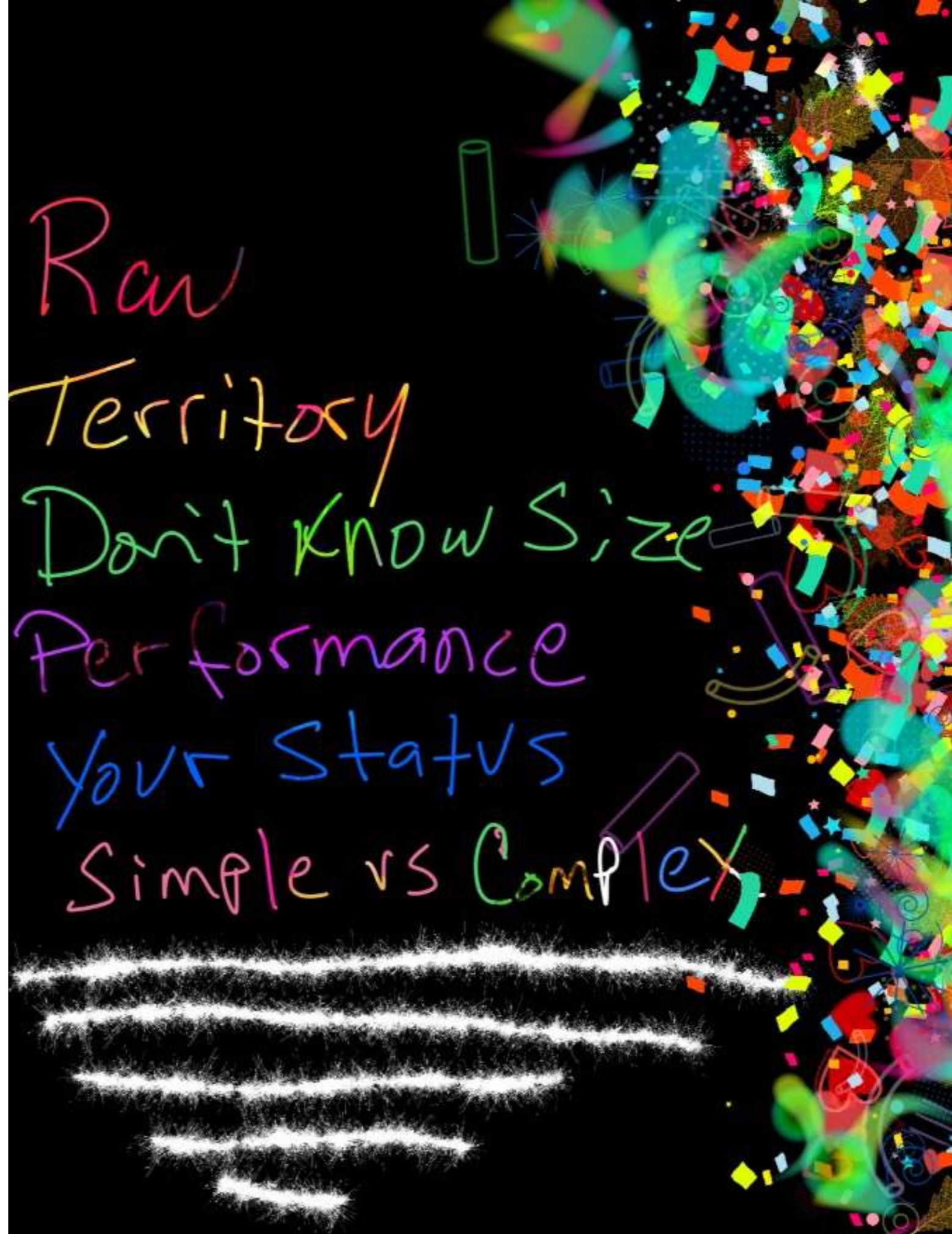
The topics range from how to do oral sex with a condom to the tricks that guys could do to remove the condom. I ensured my ladies knew and understood that if the guy didn't use a condom they did not have to proceed with the sex. I don't care what tradition or culture dictates. They were not back in the village; they were in this camp and under my protection. Anybody who attempted to make them do so without their consent, whether they used a condom or not, please tell me. I was fortunate that no lady ever came to me about this issue. But I am 100% certain this was not the case for the entire community.

FOLLOW-UPS IS NECESSARY

In Minnesota it's so cold some nights you have to wear two condoms.

Bruce Lansky

Over the next few months, I would hold short specific sessions. I would ensure to go back over something from a previous session. I made sure to overuse the words like condom, orgasm, jerking off, sex, and many others. I wanted to normalize terms that were demonized in the community. If they did contract an STD, I would find out how and do better training on condom use. Some of the time, it came from not using the condom correctly. Most of the time, it was not using the condom, or they removed it. So we often went over taking measurements.



We held meetings about:

- How to take it off when you have an organism (cum)
- How to clean your penis
- What to do if it pops/burst
- What to do if you lose it inside the woman
- How to use it for oral sex
- Careful with your hands as they too can...
- What to do if the condom is causing issues
- Remember to take more than one condom
- How to dispose of it properly
- How to tie and take it
- Multiple sexual partners at the same time
- And many other topics

I made sure to answer every text message that was sent to me and added it to the list of topics. Anyone that had personal questions could ask me privately. I responded to questions about the bands holding the condom on the base of the penis to how it establishes how comfortable the condom will feel and fit. If that band is too tight, it's a problem. If that band is to lose, it's a problem. I had to address guys who thought they had huge penises to guys who never asked or said a word. The biggest issue was mainly with the band having perfect tightness. As a young man, I figured this out years later. I never asked anyone. I was not ashamed as most men can be. It was simpler than that. I was just ignorant about condoms. I have more than 1,000 family members; it was apparent my family is not a big investor in condoms. That's a joke.

WHY TAKE THE TIME TO WRITE THIS MATERIAL ABOUT THE PENIS

You know you're in love when you wear condoms while having sex with other women.

Owen Wilson

I take precautions when looking for minerals such as gold and diamonds. I make sure to have all the proper equipment and tools. I make sure to have all of my safety equipment and gear. Small-scale farmers and small-scale miners wear rubber boots to protect their feet from sharp stones, thorns, and things that live in the water.



Some of us even carry weapons to fight off people who may try to steal our gold or diamonds. Farmers carry guns to protect themselves against wildlife. Most men will take the time to wash and clean their cars and motorcycles. They will take an extended time to wax the paint for extra protection against the sun, weather, and other elements like bird droppings. Some men even buy the most expensive shoes to cover their feet. Men who love barbecuing cover their grills to protect them from weather elements. So why would men spend all this time, energy, and money to cover all these external materialistic things but not cover and protect their penis, which is permanently affixed to their body? Most of the miners that work with me knew how to put on a condom. Some of them made the same mistakes I made when I was young. I

tried to put on an unrolled condom. Is he in on his mistake, but for some people, it can be tremendously embarrassing.

Why am I explaining all this? Because several countries are having issues with condoms. Poor men do not want to wear condoms. Rich men do not want to wear condoms. Professional men like medical doctors and government officials find reasons not to wear condoms. Science says that most people who get STI's/HIV get it through anal or vaginal sex or by sharing needles, syringes, or other drug-injection equipment. The more powerful tool to help prevent contracting and transmitting sexual diseases is abstinence, followed by faithfulness. Let me be honest and say what everyone thinks, but most people will not admit it. It's not realistic for

humans to fully commit to abstinence. Faithfulness is possible for most but not likely for all. Overall, some major STD's statistically decreasing; it is rising among teens. I wonder if these teens have the same issues I had as a teen.

Do they need a specific size condom? The answer is yes. In most poverty-stricken countries, are the donated condoms fit? Not likely. Donations are a great jester, but a greater jester does not stop a sore penis. I want the donor countries to consider taking a step further. Let's fit the men for the correct size and the right feel for condoms. I have done it before. It's not easy, but by fixing the condom problem, we fixed the disease-spreading problem. A proper fitting suit gets compliments, a great feeling pair of shoes get

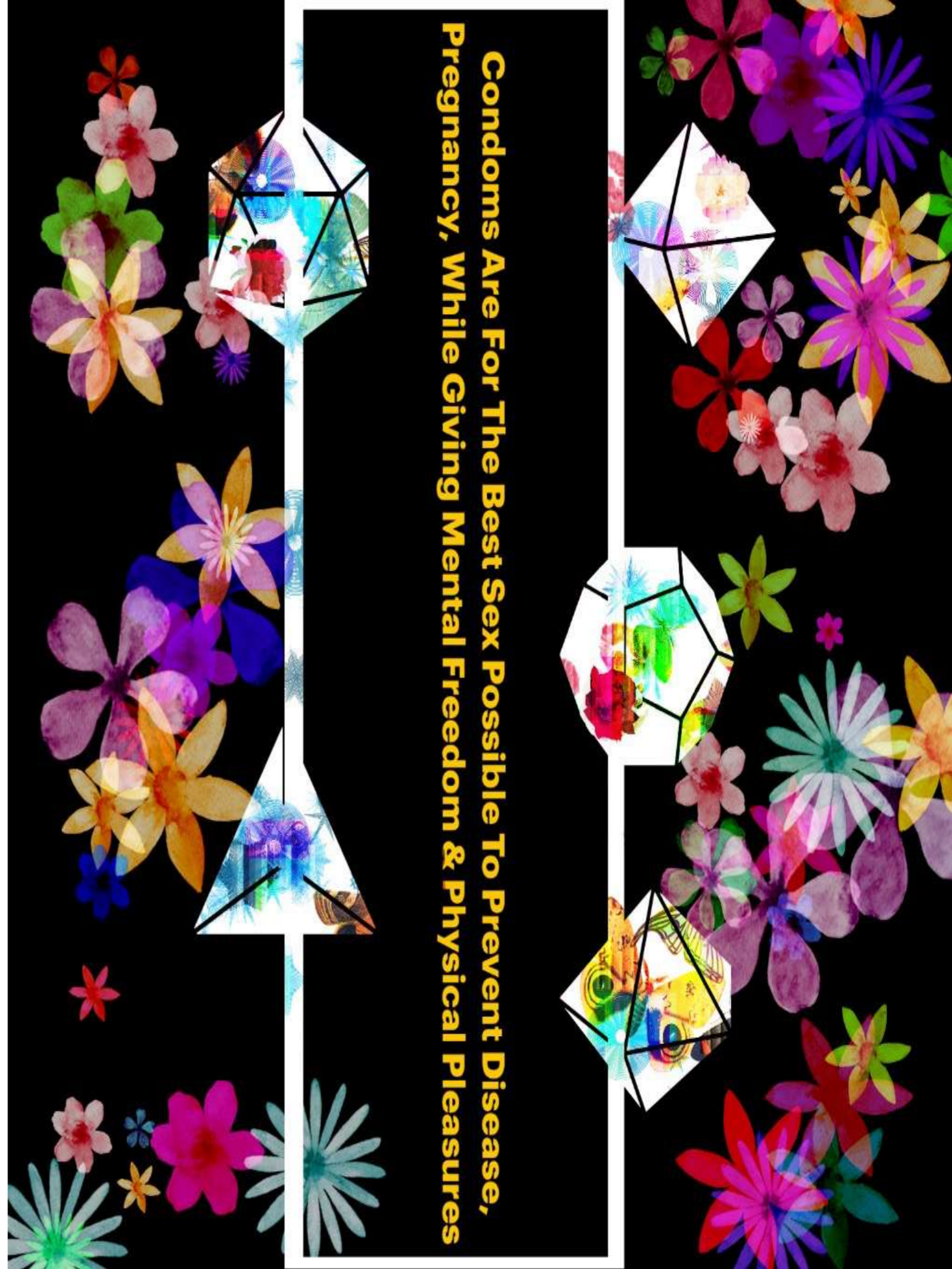
worn, and an awesome feeling condom stays on. A condom need not be good enough to prevent disease or pregnancy. The world population growth and health concerns have already told us this. A condom must prevent disease and pregnancy while feeling 'f-ing' awesome. It starts with a proper fit.

TIGHT CONDOMS HOLD ERECTIONS

Nope, to tight condoms kills erections.

Men

Tight condoms do not hold an erection. Let me repeat that tight condoms do not hold erections. As a matter of fact, a tight condom can make a man lose interest in continuing his strokes. Somehow, Dr. Anna and I got on the subject that a tight condom can hold an erection longer because it traps the blood that swells the penis. It sounds like a grand theory. Kinda like cryptocurrency will replace everything. Let us be realistic. You can't save real money with a made up money. That is like trying to hold a real erection with a tight condom. Men that can hold their erection withou help don't like tight. If anything had to be tight, men prefer it be the vagina.



**Condoms Are For The Best Sex Possible To Prevent Disease,
Pregnancy, While Giving Mental Freedom & Physical Pleasures**

Scientifically from sexual arousal, nerve messages stimulate the penis. The brain tells local nerves and muscles to relax, allowing blood flow in to fill the open spaces. The pressure from the blood expands the penis creating an erection. That's scientifically how a man gets an erection, but that's not how we keep it. Don't forget there are three types of men, 1. The Shower (the penis that is the same size, erect or not), 2. The Growers (the penis that grows when the man is aroused and shrinks when he is not), and 3. The In-between (the penis that relaxes between the Grower and Shower when aroused grows or stays between hardness and not hard. The type of penises has nothing to do with the sizes. Each one of these types can come in different sizes. They can also have curves, dips, ridges, slopes, crooks, etc. Some are

thick, rounded, slim, sort of flat, husky, etc. Some have wide heads with smaller shafts and thick bases, some are the same size from base to shafts to head, some are broad shafts with small heads, some are thick bases with thin shafts and big ole head, this goes on, and one, you get my point. Some men have penis heads the shape of a 1920's American football helmet, some heads the shape of the Darth Vader helmet, some construction helmets, others bicycle helmets, etc. Some have more sensitive shafts than their penis heads, and others vice versa. The penis is extremely sensitive to how the condom feels. The penis staying aroused is sensitive to the smells the man is exposed to, regardless of whether it's sweet-smelling perfumes or natural body odor. Too much perfume or too strong of a body odor can make a man gain or lose an erection. Every man has different sensitivities.

to gain and maintain an arousal. In most cases, strong scents from perfume, oils, lotions, and the body can result in a weak erection.

Sometimes this happens during sex. More often, men will not blame the woman. We often make excuses blaming stress, thinking about other things, not feeling well, etc. How many times men have said, "...this has never happened before, I don't know what's wrong..."

Many women understand that many men are sensitive to their penis size. Ladies, men are also sensitive to the fact that women are uncomfortable. We don't want you to stop having sex with us, so we hide things, just as

women do. Ladies, I know you want me to bring up smelly balls, and I will work on that with the next material I write; now, I only want to address issues associated with the condom problem. Some men don't understand that body or vagina odor is natural and subject to many things. These things range from hygiene to diet to medication to hereditary. This is not a one-country problem or cultural situation; this is a real global problem. If the man sees the woman getting undressed and he sees something he doesn't like, it can make him lose his erection. I know men who can have sex with women while on their period (menstrual cycle). There are others who can't even think about that. Some men can't have oral sex with women if they know they just got off their period. Some men have no problem with any of these things.

The point I am making is that a tight condom does not hold an erection more than losing sexual excitement. It takes a few things for men to maintain an erection.

Consider that the band of the condom rarely stays all the way to the base. Fluids from the woman and man cause it to slip and slide and often need adjustments. The small condom can also dig in, squeezing the penis. This is why some women think it can hold the erection. In fact, it's irritating, annoying, bothersome, and sometimes painful. Men who use condoms often know that the friction from that condom will cause soreness and chafing later. Ladies, if the condom is not perfect, some men will intentionally let it slip off inside a woman or use a few "man tricks" to

pull it off. (The old pretending to adjust the condom trick to take it off while making sure you're not looking, the old penis slipping out the vagina trick, and several others.) A man can slip a condom off and inside you before you finish saying, "put it back in." If the woman is not paying attention, many guys will pull it down towards the head of the penis, knowing it will come off. What often makes a man do this is irritation, pain, or wanting more pleasurable sensations that the condom is blocking. The man is not totally at fault. Sometimes women can know that the condom has come off or the man did intentionally remove the condom, but she is caught up in the pleasurable moments. Once aroused, the man and woman lose some sense of rational control. Ladies, for a man, once aroused, he will stick his penis in a bee hive if it gives him an orgasm. This is why it is so

important to have properly fitted condoms.
Some men will tell you that some STDs feel
exactly like sticking your penis in a beehive.

THE CHIEF SAYS IT'S OKAY

If condoms and potentially microbicides can prevent millions of deaths [from AIDS], they should be made more widely available. I know that there are those who, out of sincere religious conviction, oppose such measures. And with these folks, I must respectfully but unequivocally disagree.

Barack Obama

For too long, we have lived under the shame, embarrassment, and selfishness of blaming ourselves as well as others blaming you. A condom is not wrong, harmful, or the devil; it allows us to be more pleasurable. A condom is not an act of witchcraft, juju against the penis, or traditional disrespect. That's not its intention for anyone who takes a condom as disrespect. For anyone of a traditional culture reading this as a Paramount Chief, I am telling you the condom was designed to prevent problems.



Think about who had ever held you down to put a condom on your penis before you engaged in sex. How often have you engaged in sex without a condom, contracted or transmitted disease, or had an unwanted or unnecessary pregnancy? Men, it's not juju making your penis "go down" or causing irritation; it's just that the condom is not your fit or deeper health concern. Why waste juju or magic spells on your penis instead of using magic to create money or better living conditions. When you wear boots (cleats) to play football (soccer) or sneakers to play basketball or golf shoes, you need the right size to perform at your best. This is the same for your penis. You need the right size condom to go in and stay in without the condom coming off, squeezing, and popping.

This is important for the ladies as well. If you want her to always be willing to let you perform and do your best work, you need to ensure the condom is right for you and her. It's a 50/50 for your pleasure, organisms, and health. Fella's, you can do more for her if it fits. For me, I like to make sure she is happy the majority of the time. I will admit, as a man, as the Chief, I get a little selfish or over-excited, and I go for mine. That can't always happen. It needs to be more 50/50. Some ladies can be the same way, but if we men adjust that, she will likely modify it too. I will not lie and tell you that I have never looked at a person's personal appearance and didn't say to myself they look safe or clean or trustworthy. I have done this before, especially in my younger days. I will be the first to tell you that we can no longer do this

as men or women. The person can be a wonderful human being that takes care of themselves and their body. This doesn't mean that they are disease-free. They could have been in a long relationship, and the partner did something to cause the problem. Maybe they had a blood transfusion back when our medical system was not as systematic as it is today. A disease does not look at a person's personal appearance. A virus or bacteria has no judgment or concern about the person's status in life. It doesn't matter if I am the Chief or the Villager; the disease only wants inside our body. So we must stop looking at people's physical appearance or status in life. The condom also doesn't judge who is beautiful, who is safe, who is ugly, who is built bad, or who is fine as wine. It will protect against all. Let us be honest. We don't need the facts of science to tell us that we are dying from

preventable diseases. The power is not the disease or the condom. The emphasis is you willing to do what it takes to protect and grow your sexual health. To get the minerals (gold), we miners use the pneumatic drill, pick-axe, shovel, and bulldozer as a tool to get the job done. To grow the crops, we farmers use the hoe, tractor, fertilizer, and water as tools to get the job done. If I want a pleasurable organism with more certainty that I will not catch a disease and stay safe during sex, my tool, and your tool, is the condom. A condom is a tool meant to give you an extended life.

OUCH! THE CONDOM DON'T FIT

Buy a condom, ribbed for her pleasure. Turn it inside out, now it's ribbed for your pleasure.

Katt Williams

Don't see the condom the same way you see the vagina. If the vagina is too tight or too loose, you are still going in. The condom needs to be a perfect fit or damn near perfect fit. Your penis is something that won't likely change like your weight or IQ can change. I really meant to say IQ with many of the dumb things men are doing globally. Anyway, see your penis more like your feet.



Once you find the proper fit, it will be the condom you use until your body composition changes later in life. Men's body sizes shrink as we get older, so it's likely your penis will also shrink, but until that time comes, you have years to use the same size condom. I have friends who swear as they /be gotten older, their penises have gotten bigger or smaller, only to realize they were using the wrong size condom. So you must find the right fit from the beginning of your sexual lifestyle. If you already having sex without a condom, let's add the condom today, now, immediately, as soon as possible, pronto. Just as important as finding the proper fit, it is healthy, smart, and beyond the understanding of cultural and traditional norms for the woman to help her man find the appropriate fit. Ladies, I am a modern and classic man. If a

woman can bare your kids, she can take your penis in her hands to help measure it. Fella's who feel some kind of way about their size never want to know their Measurements. I am a Paramount Cheif. I am telling all traditional women it's ok to protect their man by helping him find the correct fitting condom for him and you. This is good for you and him. He may be stubborn initially, but if he wants more pleasure during sex, he will understand this is important. If you are a woman that has multiple sex partners, you must keep multiple-size condoms available. Ladies, look at a man's penis the same way you do our bank accounts, our clothes and shoes, and our impact on you. The penis is the same. Some men have big feet with a not-so-big penis, and others can be okay. Here are the most critical points, ladies. If that condom does not fit him properly, he will likely remove it, or it will be

uncomfortable for you too. If you or he knowingly or unknowingly have a disease, it becomes a problem for two people, not just one. This then affects your entire life, your mental health, and your physical health. Once it affects you, it automatically affects your social, family, and professional life. Anything that causes you or your sexual partner non-pleasure, irritation, is annoying, or pain you can't reach an organism. If the man cannot maintain an erection, it might not be the right condom. The condom should fit in a way that you and the partner do not notice. This does not mean from time to time, you should not adjust the condom. Be realistic. You are not going to stroke for one hour straight and never look down. These adjustments to the condom should happen when you notice the condom is not positioned properly or when changing sexual position.

The too-tight condom. When the condom is tight, it squeezes the penis. It can make it, so the man doesn't feel anything. It doesn't matter how wonderful, wet, and juicy the woman thinks she feels. A tight condom chokes out all the feelings. The only thing men feel is a ring or the shaft tube pressure. This can sometimes be the case for the head of the penis. The tight condom also increases the opportunities to pop, split, or break.

TOO LONG CONDOM | TOO SHORT CONDOM

You must always remember, the most important fashion accessory is the condom.

Lady Gaga

The too-tight condom. When the condom is tight, it squeezes the penis. It can make it, so the man doesn't feel anything. It doesn't matter how wonderful, wet, and juicy the woman thinks she feels. A tight condom chokes out all the feelings. The only thing men feel is a ring or the shaft tube pressure. This can sometimes be the case for the head of the penis. The tight condom also increases the opportunities to pop, split, or break.



The Too-Loose Condom

When the condom is too big and sags on the penis. It's similar to you wearing a medium size shirt, but all that's available is an extra-large. Another issue is the condom that gets loose during sex. This means that the condom was not likely a good fit for the beginning. You must constantly pull up your shirt sleeves for a shirt too big to use your hands. After a few strokes of the penis inside the vagina or oral sex, the man must stop and pull it back on. Sometimes if the woman's vagina is tight or not as wet (friction), the condom will stay inside her. If the man or woman is not paying attention, the man will slip completely out the condom, and unintentionally when he goes back inside the woman, he will push the entire condom inside her vagina. Sometimes

the whole condom can come off inside the woman, and neither realizes it.

The Too-Big Condom

When the condom is too big, it can hang over the tip of the penis as well as not adhere to the shaft. It can be several inches / centimeters of the condom just hanging there like a shoe too big for your foot. The entire penis does not get as the ring, and the shaft is too big. This can cause the man to pull it towards the base until it bunches up, looking like the skin from the Pei dog. This condom will surely come off or snag. Men can sometimes try holding it on, using the two fingers technique. If he can't orgasm or it's not pleasurable, it is likely the bunching up of the condom is not making him

feel the walls of the vagina.

The Too-Tight Band Condom

The band is the area of the condom that holds it onto the penis. It's the part that rolls towards the base. The shaft of the condom can range in sizes for different men. Some men have wider or smaller shafts than their heads or base. This tight band is an issue when the condom is too small or fits the shaft but not the base. Remember, blood has to flow into the penis to keep it erect. If this band squeezes, it can cut off circulation and become irritable or numb. If the man is a grower that can expand during sex, this band can start off as a great fit but becomes tight as he grows in excitement.

The Too-Loose Band Condom

The band is the area of the condom that holds it onto the penis. It starts in the roll and becomes exposed when you roll from the head tip to the base. The shaft of the condom can range in sizes for different men. Some men have wider shafts than their heads or base. This loose band is an issue when the condom is too big or fits the shaft but does not grip the base. Even when you are fully erect. If it does not grip the base, the condom will slide or come off.

The Too-Short Condom

When the condom is too short to cover the entire penis, it only covers up to a certain

point. This means it will not cover part of the shaft and base of the penis. It looks like “a fat man in a little coat.” This condom can/ not have a tight band but exposes part of the shaft. With vigorous strokes, the condom will likely come off if the woman becomes increasingly wet. This condom can also easily break. If the band is not on the base of the penis, the ridge around the band can cause friction on the shaft and inside the vagina. This is not a pleasurable feeling for the vagina or the penis.

to take time to pull or roll back the condom to free the foreskin caught in the condom. You may have to pop the tip of the condom and slowly tear it apart. Usually, you can pull the condom on tighter, and it will untangle on its own, then roll it down. The condom needs to be untangled before you try to remove it. It makes for an irritating sexual experience

The Too-Tangled Condom

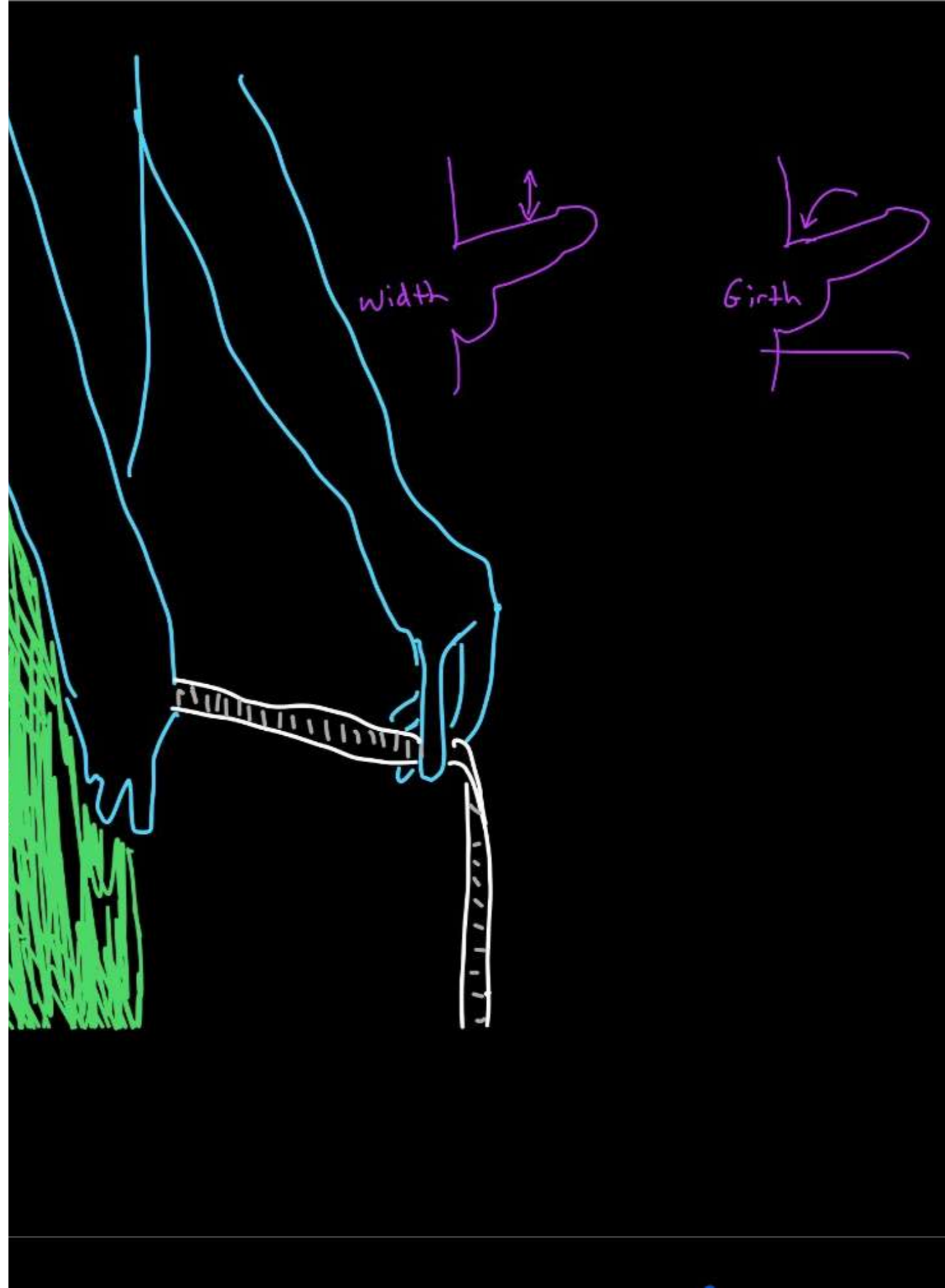
When the tip of the condom does not fit appropriately, especially an uncircumcised penis can get entangled. The man would have

WIDTH | GIRTH

Do you happen to have another Condom? I think I've discovered the cure for headaches.

Stephen King

The width of your penis is measured from side to side. The girth of your penis is measured around. You should measure the penis in the primary three areas: head, shaft, and base. If traveling along your shaft has different sizes, measure the bigger area. The girth of the condom is just as important as the length.



One great thing about a condom; it can fit you how you like. Some men prefer to have it fully unrolled when it reaches the base. Some men will like to not fully unroll. If you are new to condoms, try both ways. Switch it up if you want. If you can stay erect and feel good to yourself and your partner, that's how you like it. I am a fully unrolled man myself. But please try both ways over time or during sexual sessions to know for sure. Take your time and get it right. An hour of figuring it out will give years and years of fantastic sex. Make sure the partner is involved. Don't be afraid to ask them, "How does it feel? Do you like this way or the other way better?" The not fully unrolled condom can sometimes annoy the woman as the unrolled portion feels like a bump going in and out of her. Take a few sex sessions to not worry about the romance and

get it right. When I educated my miners and farmers, I suggested they try it during masturbation (jerking off) or when receiving fellatio (a blow job).

For men who prefer the extra unrolled condom at the base, it's important that the ring is not too loose to come off or slide or too tight to keep your erection. If you fully unroll the condom and have not reached the base, the condom is not long enough. If everything else fits and feels perfect, then all you need is a longer length; the width or girth is okay. Remember, there is no one-size condom that fits all. The condom stretching around your penis should not feel uncomfortable as you roll the condom on. Don't confuse a new feeling with too tight or loose. It's like trying a fizzy drink for the first time. It's not bad, it's

just unusual. It should fit like part of your skin.

Not too tight and not too loose. Just like you know your shoe size, you should know your penis size. It is your penis; it's the only one you got, so learn everything about it. Know it like you know your favorite sports car or your favorite sports team. All those guys you admire on tv got the same thing you got. They also have the same problem as most men, we don't know our penis size, but we should. You should know your penis size better than your shoe size because you can't just wipe out your penis to measure it in a store like you can your feet. Well, you can, but I would not advise it. How often will you buy a pair of shoes? Not as often as having sex, so, fellas, let's know our penis size.

KNOW THY PENIS SIZE

Condoms should be marked in 3 sizes: jumbo, colossal and super colossal, so that men do not have to go in and ask for the small.

Barbara Seaman

This is one of the few times you ever heard me say don't listen to your partner about your size. What do I mean? If your partner is screaming and yelling that you're doing too much during sex, that does not determine your size. Some sexual partners are naturally animated. Remember, a woman can birth an 8-pound (3.6 kg), 20 inches (50.8 cm) baby. It does not matter if you are not so big or not so small; you are not likely the size of a baby.



If your partner is streaming like you killing them, “You too big,” “Big daddy,” “I can’t take it,” “Wait-wait-wait,” and blah, blah, blah and another blah, this does not determine your size. Your penis size is determined by measurements with some type of ruler. Not the streaming of your partner. Let me reiterate how important that you understand the condom needs to be measured to your penis, not to your partner’s squealing, screaming, yelling, or begging during sexual moments. I say this because this is how some guys judge their penis size. They purchase condoms bigger than what they are, which causes other problems?! Let’s stop being egotistical and take actual centimeters or inches measurements of your penis. Let me tell you what I did a long time ago. I was wearing the wrong size condoms often. Some would

squeeze too tight; others were not long enough, blah, blah, blah, you get the point. I was measuring my condoms based on what I could afford at the time. This was not smart. More so, this was very stupid. In my mind, I thought something was better than nothing. Regardless this is not how to fit your penis into the proper pleasurable condom. I would often pop (tear) the condom or remove it. I also did some of the things you do now. I took significant risks. I was lucky. Some of you will not be so lucky. Don’t let a few seconds of pleasure (when you cum) give you a lifetime of diseases. So, I found a measuring tape. The carpenter pocket kind that slides out and recoils in. I took this and a string to find my proper measurements. Also, don’t use a metal tape to take your measurements unless you are looking for a visit to the emergency room.

(Personal Note From One Man To Another:

Nothing is embarrassing or shameful to take a ruler, a tape measure, or whatever you have to measure your penis size. You first want to make sure that you take the size when you are fully erect. If you have to use your sexual partner to help you do that. If you have to use a sex magazine or a porno from the Internet, do whatever it takes to get you fully ready to take your measurements.

Anything to do with your sexual preparedness is nothing to be ashamed about, nothing or no one should be allowed to shame you about your body, and no one has the power to do that unless you give them your power. Take your measurement with pride and take it very, very, very seriously. Take it as seriously as you've ever taken anything seriously in your life. Take it as seriously as dying or continuing to live.)

First, understand your penis. Let me give you a little bit of science. The penis has three external areas. The base is against your body. Look at the base as the ground; your body is the earth. The base starts with roots, like a tree that starts as a seed that sprouts with roots. Then there is the shaft. See, the shaft is like the tree trunk (the tree's body). As the roots get water flow, that grows the tree. The more blood flows to your penis, the more it's likely to grow. The more sunlight a tree gets, the taller (longer) it grows. The more excited you get, the longer you grow. The head is like the entire top of the tree, spreading out wide like an oak tree or narrow like a pine tree. The three areas may not be the same size. As men, we have at least three combinations that can make up the penis. {It can get more complicated than this, but I am only helping

understand.}

The formula for combinations is $nCr = n! / r! * (n - r)!$, where n represents the number of items (base, shaft, head.), and r represents the number of items (Your particular penis) being chosen at a time. Another simple way is $3 \times 3 \times 3 = 27$ different combinations of penis. This makes the ladies happy, I am sure. But men, you only have one set of combinations. You can't change your penis in 27 combinations, so focus on what you got. This is not a big problem because condom companies make different sizes. They make sizes where the head is bigger than the shaft, the base is smaller than the head, and the shaft, head, and base are the same. Just know your size. Ok, let me finish how to use the metal tape measure, ruler, meter stick, or yardstick. You

need something soft like yarn, thread, or shoe string. Preferably nothing that stretches or elastic but that is difficult with household items. You will use the soft string against your penis and not the metal tape measure or ruler. Once you use the string to measure your penis, you will then use the string against the metal tape measure or ruler. (**Warning:** The metal tape measure can cut your penis.)

If you have the sewing tape measure that seamstresses and tailors use to measure clothes, perfect. It is soft enough to put against your penis, but if you were like me and didn't have a sewing tape lying around, use what you have with a soft string.

MEASURING THE LENGTH AND GIRTH (WIDTH)

What is it that you think about just before you get a condom? Sex!

Amy Lockwood

Taking measurements can be done in millimeters, centimeters, or inches. I will be the first to admit that every company using different standards of measuring is for selfish use because it confuses the hell out of us as consumers. I work in standard (imperial) and metric every day, and I still get confused from time to time. As a matter of fact, we convert everything to metric because that's the world standard, and guess what, my miners and farmers are making fewer mistakes.



When it comes to your penis, if your condoms come from the USA, Liberia, or Myanmar, then use inches. If they come from anywhere else in the world, use the metric system of centimeters or millimeters. Most condom companies do the measurement in centimeters and inches. Getting your correct size will help you choose the best-fitting condom. The best fit prevents the condom from slipping off or feeling too tight. Condom companies focus their size on the average penis size in your country or area. Condom companies are basing their designs on the averages, not specifics. Truth is, let's hope our penises fall within these sizes.

Let's be honest this option is still better than contracting a fatal or incurable disease or unnecessary pregnancy. Every condom company has a measuring chart that explains its brand's length, width, girth, materials, and thickness. This is another issue, just like clothes. Two please men's penis ego's the condom companies use their own names for the measurement. For example, one company means "regular" and another company "standard." Standard and regular, maybe the same size or the middle size condom for their brand. Because people have become fatter, the clothing companies changed the dimensions of clothes to people's feelings. My once (XL) extra large shirt is now regular large.

No one told me. I only found out when I went to buy new shirts from a brand I like. So, men, let me give you this tip. Only pay attention to those size ranges of XXL (2X Large), XL (1X Extra Large), Regular/Standard, Small/Snug when you know your actual personal measurements and dimensions. I was going to put a chart here, but it will have 5 columns and more than 100 rows. Too many companies or saying the same thing but with too many terms. I am also very aware that many of the essentials in African and South American countries are not easy to come by. It can be the same for the rural USA, like where I am from. If we want the latest and best, we often travel great distances to get it. For that reason, I will not put the companies and their brands because I have no

idea what you can get in your area, but you still need to know your penis size.

So let us get to measuring.

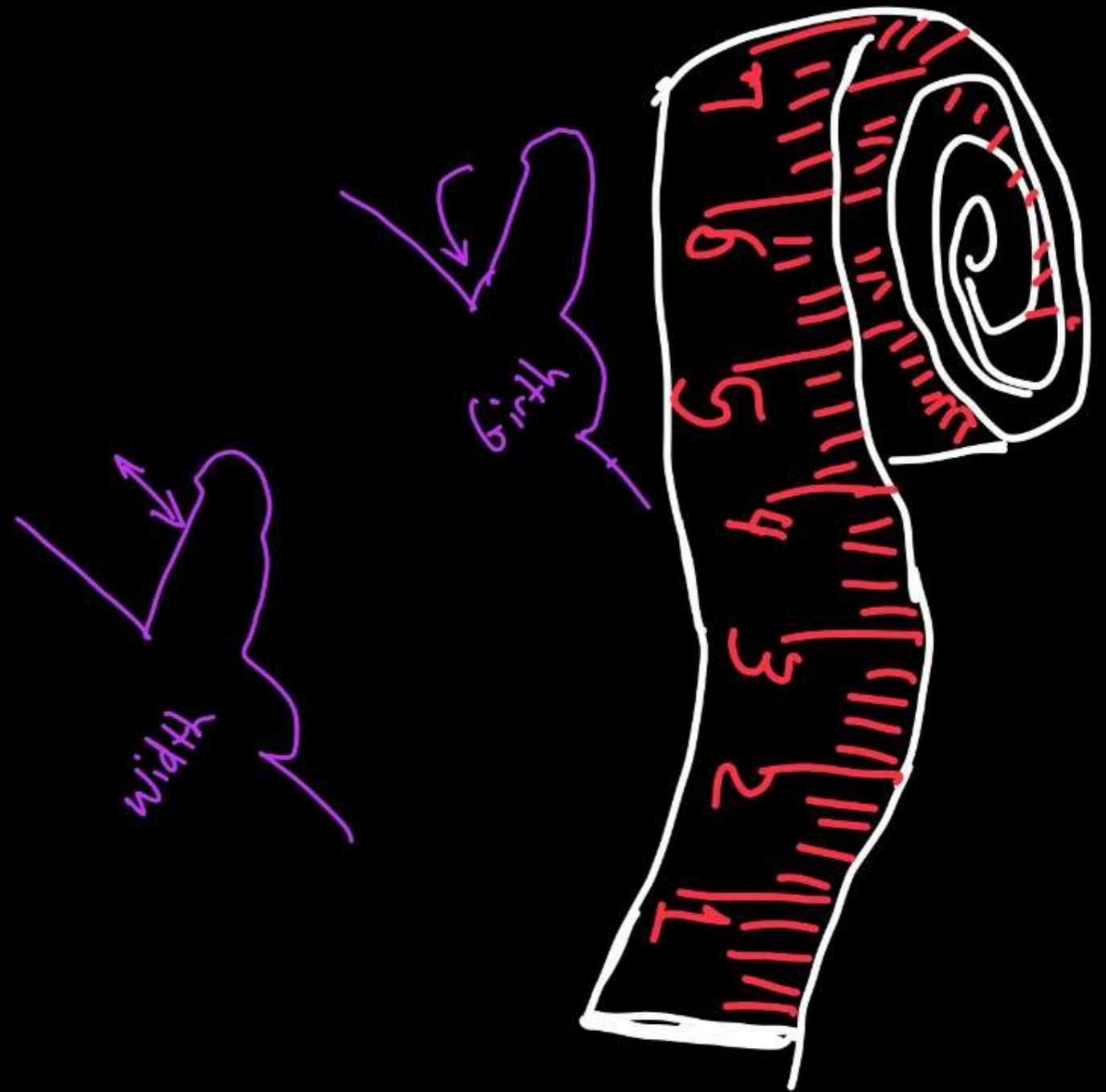
Note: *If you are using thread or yarn (yarn is elastic), tie a small knot at the beginning of the string to be used as the starting point. Using a shoestring, the starting point is where the hard plastic meets the cloth. Wrap the string around, don't pull on the string too firmly (strong) as it may have an elastic tension. Make sure you can feel it wrap all the way around without pulling tight. The entire string should be pressed against your penis skin but not digging into your skin.*

TAKE STEPS TO MEASURE YOUR PENIS

Oh yeah, this was so comforting. Like a porcupine in a condom factory.' (Danger)

Sherrilyn Kenyon

If you are using thread or yarn (yarn is elastic), tie a small knot at the beginning of the string to be used as the starting point. Using a shoestring, the starting point is where the hard plastic meets the cloth. Wrap the string around, don't pull on the string too firmly (strong) as it may have an elastic tension. Make sure you can feel it wrap all the way around without pulling tight. The entire string should be pressed against your penis skin but not digging into your skin.



Steps To Measure Your Penis.

Step 1: Get the tape measure or ruler and lay it flat, pen, piece of paper, and the soft string (make sure the string is longer than your penis). Lock the recoiling tape and measure a few inches past where you think is your length. If you have a sewing tape, you only need paper and a pen.

Step 2: You need to be fully erect; I mean, I am about to do some damage. Not the morning I got to pee erect. I mean business erect. If you have to get your partner to help you, then do that. If you have to use sexual pictures or Internet porn, do that. Make sure you feel like you are entirely erect. This is for your personal condom fitting.

Step 3: Once fully erect. You are going to measure around the Base of your penis. It's going to resemble a circle (girth). Start in the Base center and hold the string as you wrap. Wrap the string around once, don't pull on the string too firmly (strong) as it may have an elastic tension. Make sure you can feel it wrap all the way around without pulling tight. The entire string should be pressed against your penis skin but not digging into your skin.

Step 4: When the wrapped portion of the string meets the starting point, that completes your Base girth (circumference). Use your fingernail to hold that mark. Don't use your entire finger as your finger's width may add a few centimeters to your measurement. That looks good on paper, but it's not the correct measurement.

Step 5: Quickly measure that string without pulling it against the tape measure. The same tension against your penis is the same as against the tape measure. Lay it flat. Make sure there are no waves or curves in the string. Immediately write the word "Base" and then the measurement on the paper. Take your time to do the measurements but quickly write them down. You are trying to maintain an erection.

Step 6: Hopefully, you are still fully erect. If not, do what you need to do to become erect. You are going to measure around the biggest part of the Shaft. It's going to resemble a circle (girth).

Step 7: You are going to measure around the biggest area of the Shaft towards the middle of your penis. It's going to resemble a circle

(girth). Start in the center of the Shaft's biggest area. Hold the string as you wrap. Wrap the string around once, don't pull on the string too firmly (strong) as it may have an elastic tension. Make sure you can feel it wrap all the way around without pulling tight. The entire string should be pressed against your penis skin but not digging into your skin.

Step 8: Quickly measure that string without pulling it against the tape measure. The same tension against your penis is the same as against the tape measure. Lay it flat. Make sure there are no waves or curves in the string. Immediately write down the measurement on the piece of paper. Write the word "Shaft" and then the measurements. Take your time to do the measurements but quickly write them down. You are trying to maintain the erection.

Step 9: Use the exact string to measure the Length. Take the starting point of the string and place it in the center of your Base. Press slightly against the penis base and your body. (If there is an overhang of skin above your penis base, measure underneath the overhang). Run the string down the center of your Shaft. If you have any dips, curves, or ridges that occur along the Shaft, follow those all the way to the end. At the very end of your penis, over the ridge of the Head (where the Head begins), to the tip of the Head are the final measurements. At this point, imagine a sexual encounter to pulsate your penis to grow a little bigger. You men know what I'm talking about. This is to ensure that you are fully erect. Mark the end of the string with your fingernail.

Step 10: Quickly measure that string without pulling it against the tape measure. Lay it flat. Immediately write down the measurement on the piece of paper. Write the word "Length" and then the measurement. Write quickly, you are trying to maintain an erection.

Step 11: Use the exact string to measure the Head. You are going to measure around the biggest area of the Head. It's going to resemble a circle (girth). At this point, imagine a sexual encounter to pulsate your penis head to grow a little bigger. Start in the Head's center and hold the string as you wrap. Wrap the string around once, don't pull on the string too firmly (strong) as it may have an elastic tension. Make sure you can feel it wrap all the way around without pulling tight. The entire string should be pressed against your penis skin but not digging into

into your skin. (The Head can be a little tricky to measure, just make sure it covers the biggest width / girth.)

Step 12: Measure that string without pulling it against the tape measure. Lay it flat. Immediately write down the measurement on the piece of paper. Write the word "Head" and then the measurement.

Your Penis Size

The four measurements are your penis size. Do it several times to be more accurate. I know some people may ask why not mention taking the width measurement. I believe the girth gives you a more accurate penis size. Some men have a wider penis vertically (up to

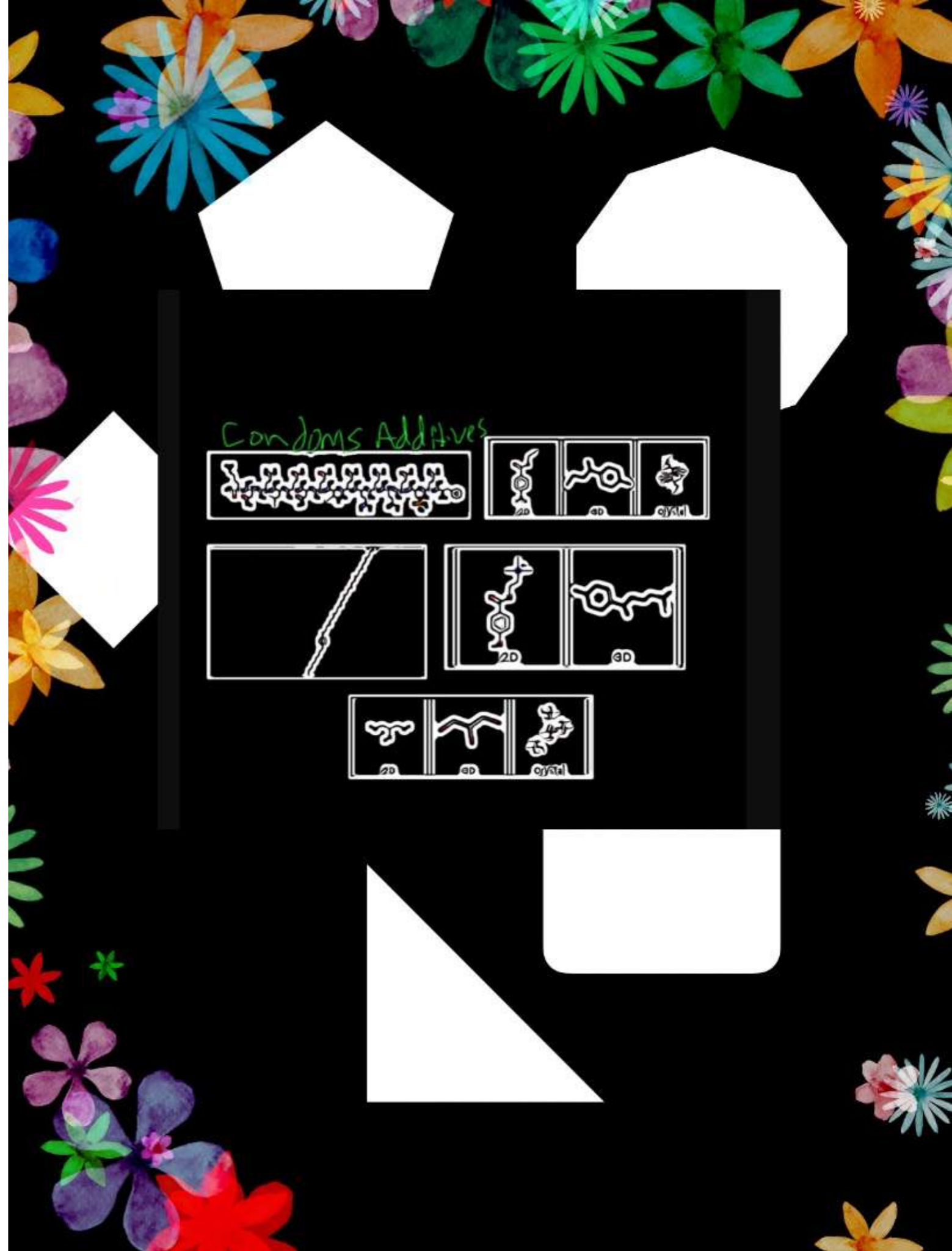
down) and others horizontally (side to side). Let's keep it simple and accurate, fella's.

KNOW YOUR CONDOM ADDITIVES

18 seconds putting it on or 18 years raising it. As he speaks to the miners and farmers...

Dr. Raymond Youngblood, Jr.

The materials condom is made from is there to protect you, but just like some foods, the additives can bother you. This should not be a problem as most condom companies have a variety of selections of the same size. Male condoms are made from polyurethane (a type of plastic), some from natural materials like lambskin, some latex, and others synthetic materials such as AT-10 resin and polyisoprene. Remember, once you find your perfect one or two brands of condoms, try to stick with them. These additives will be written on the condom packaging.



To read the fine print, you may take a picture of the packaging using your phone, then size up the image to read the content.

Additive 1: Casein is a milk protein in latex condoms, making them feel smoother. It takes a vegan (no animal meat materials) approach.

Additive 2: Benzocaine is a topical anesthetic used to decrease sensitivity and increase comfort.

Additive 3: Nonoxynol-9 is a spermicidal detergent designed to help prevent pregnancy.

Additive 4: Parabens are used as a type of preservative and lubricant. It supposes to prevent bacterial growth.

Additive 5: Glycerin is a preservative classified as sugar alcohol. It is used as a flavored lubricant for oral sex.

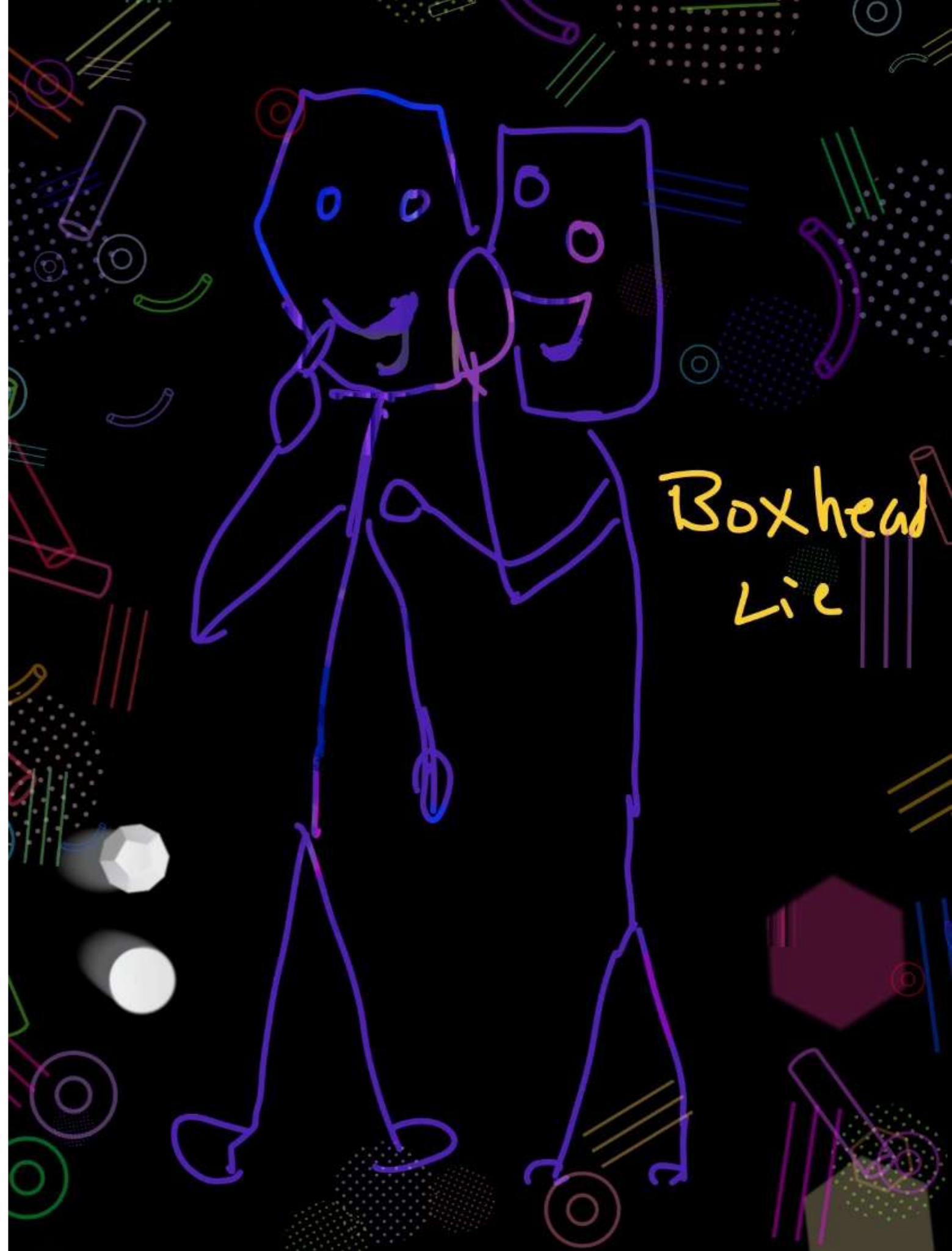
Even though people think certain lotions and creams are safe to use, be careful as the penis, vaginal and rectal walls are sensitive to flavorings, foods, aloe vera, L-arginine, and oils. Not all condoms or the ingredients are regulated.

THE TRUTH ON YOUR PENIS SIZE | STOP BELIEVING OTHER MEN LIES

Having sex without a condom is like riding a roller coaster with diarrhea. You can't just throw your hands up and enjoy it.

Adam Carolla

I know for many men, their penis size has an impact on their confidence. Many scientific reports are concluding on penis size. Other than sexual performance and money, men are concerned with their penis size. I waited until the very end to put this information. Your shoe size and your penis are not linked. Your shoe size is your shoe size. After reviewing many different studies, I concluded:



- Africa's, on average, is 6.82 inches
- South America's, on average, is 6.36
- North America's, on average, is 5.35 inches
- Asia's, on average, is 3.8 inches
- 2.75 to 3 % of men globally are over 8 inches
- 5.5. to 6 % of men globally need extra large condoms.

FYI as so many men in the USA and a few other places like to boast their size, the U.S. is ranked 60th in the world of erect penises (5.12 inches) Ecuador and the Democratic Republic of the Congo is at the top.

FINAL MESSAGE | FLY

The best advice I got from my dad? Wear a condom.

Richard Branson

There is the story of the little bird flying south for the Winter. The little bird was trying hard to keep up with the flock. The longer they flew, the little bird struggled. The little bird had a bigger problem. It was so cold that the flock's draft caused the little bird's wings to freeze. Once frozen, it fell to the ground on a farm. While lying there in pain and squeaking and flopping around, it didn't realize it was under the ass of a cow. With more bad luck, the little bird got shitted (dung) on. The cow dropped a huge amount of dung on the little bird. As the frozen little bird lay there covered in a massive pile of cow dung, it realized something. It realized how warm the dung was, thawing it out and warming its entire body. The little bird didn't even mind the smell anymore.



It lay there warm, happy, excited that it could flap its wings again. So happy that the little bird started to sing the most beautiful, joyous song. The warmer it got, the louder it sang. So loud that this drew the attention of a passing farm cat. The cat stopped to pick up where the sound was coming from. Slowly, the cat followed the sound, and the closer the cat got, the more beautiful the little bird sang. The cat sat there for a moment to enjoy the sounds of the bird. The bird realized it had an audience, and it sang louder. The cat slowly walked over to the bird and pulled it out of the dung. The bird still singing as the cat used its paws to clean the bird. The little bird felt happy it was warm and being cleaned. The cat held the bird up towards the sky, and before the little bird's final note, the cat promptly ate the little bird.

The moral to this story:

- Not everyone who shits on you is the enemy.
- Not everyone who gets you out of shit is your friend.
- And for certainty, when you're in deep shit, sometimes it's best to keep your mouth shut.

We must protect ourselves and our sexual partners. Life is too short for us to live in agony or shame. Please take this message with the best intentions. Condoms are for the best sex possible while preventing disease and unwanted and unnecessary pregnancy; while giving you the greatest mental peace and most joyous physical pleasures of sex.



Dr. Annie



Dr. Youngblood



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Finding The Right Size Condom Should Be Like Your Bank Account. Don't Worry About What's In The Other Man's Pocket Focus On What You Got.