

Interview with Bram Zaalberg at his garden in the Netherlands



Kaleidoscope met Bram Zaalberg



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YouTube Video: <https://www.youtube.com/watch?v=U-MKBZNX4aE&t=38s>

Welcome at Healing Sound Movement television

My name is John Consemulder, and I'm your presenter, producer and interviewer for this program.

What do we do?

Very special shows with i.e. special people in the field of spirituality, conscience, sustainability, health.

Who is involved?

Erin Pearl, David Eick, Limot Teckit, Bramond Moody, Desiree Reuve, Jannes Koetsier, Janos, Janet Ossebaarse, Bert Janssen, you name it, all authorities in their field, we are going to broadcast these interviews the next few months on a weekly basis.

Take a look at www.healingsoundmovement.com

And also have a look at Sustainable 24.TV for the programs of my colleague presenters.



Welcome, my name is [Bram Zaalberg](#) and since 1978 I am involved in flower remedies. It has touched me in such a way that I actually never was able to quit.

It's not only a passion, but mostly a call from the soul. The last 26 years I wasn't only involved in working with the remedies, but also the development of flower remedies.

That involves fine tuning, listen, make contact and learn about the plants and flowers, learn about the divas. What is a diva, what is a plant, where do they consist of and why was I so touched by it?

This is the yard where we do this now for 21 years. In here we let the plants be, let Mother Nature rule.

Partially of course, because some plants are a bit dominant, we allow them to grow, but in a confined space, led by freedom, love and we do our best to take care of them.

We often have very special species, which find their way in this environment towards the human being, on its path to healing of the conscience.

Flower remedy is not only by any means something to heal or restore, it provides you with the insight in what you need in understanding the reason why you got this problem.

Now, if we have a look at this species in front of us when we enter this garden, the impatience is the eye catcher.



[Impatience](#) is known from the flower remedies of Dr. Bach and why is it called Impatience? It means being impatient and when you look closely at this plant, you'll see it grows very fast. It starts in April-May, early spring and now at this point in August, it has overgrown a big part of this area in the garden to almost 2-3 meters tall. Is he patient? No, it wants to grow fast, develop fast, it needs space.

And when are you able to grow? What do you need to grow? Water!

Water helps in developing the spiritual shape, when Impatience is deprived from water it will collapse.

So, if somebody is very impatient and he doesn't get enough water, he collapses, he will break down, experience stress, will feel tense.

And on the other hand, if you look at the development of the seeds in their buds, the moment you touch them they pop out of their shell and spread to all directions. That also is the theme that this plant has to deal with.

One has emotions that he is not able to deal with, suppresses them, holds them inside and is not able to release these feelings and emotions.

When somebody is being asked repeatedly, over and over again and he is not responding, he can easily flare up in anger if pushed and only 1 little trigger can cause a severe reaction. The suppressed emotions explode; it is not a reasonable reaction anymore.

The Impatience will help you to create space, space for your emotions, to let them flow in a natural way, help with your development.

Every flower has its own quality, its own remedy.

For us its sort of an assignment to find this quality, how to find this quality in the plants structure.

It is like starting a relationship.

Do you understand your partner, how long do you need to increase your understanding of this person, this relationship?

Is that a week, a year or is that 30 years? Or even 50 years was not enough to come to understand this relationship.

Often, we come to the conclusion that even after 40 years we still don't understand the bits and pieces of this relationship, because we don't know and understand ourselves.

I once wrote in my book: **'Mirroring with flower remedies'**, mirrors are the reflections of the problems we encounter in ourselves. Everybody mirrors a part of you. The male partner mirrors your inner male side and the female partner mirrors your inner female side. How do you handle these mirrors?

The plant mirrors a part of your consciousness. So, your task is to discover your inner being, your essence of being.

The first question is: Why did I come in contact with this plant? Why do I like this plant? What attracts me to this plant?

Of course, flowers are nice, we love them, but why? Why do we like them so much?

And then it dawned on me, it's because I'm missing something. I don't like the flower because I already developed that part in me.

I was not able yet to manifest that quality the flower or plant represents in my inner self. That relationship you still have to start.

Why do you start a relationship?

The other person has something you lack; you want to be with that person all day if you fall in love with him or her.

Question:

Is it always an addition because of a missing factor, or can it also be a recognition of something beautiful you encounter and want to accumulate in yourself?

It's an addition of what we are missing ourselves.

The connection to that part of our higher self is missing. There is a disconnection between your higher self and your consciousness. You were not able to integrate that part. If you already integrated it is of no interest to you anymore.

You want to be with that person, you want to be with that plant and this person or that plant is going to help you with the process of developing that missing part.

For instance: look at a nice painting or listen to a nice piece of music. You listen to it once, but that doesn't make it a real part of you.

Once you have heard it a hundred times, then you start to understand bits and pieces of the writer, the composer. Then it starts to touch your soul.

So, a flower remedy is a song, a melody, it's a painting that helps you to integrate with a certain quality you are still missing. You already possess that quality, but you were not able to integrate it in your being, it helps making a connection. You were not able yet to materialize it in your being.

This tells us a lot about how we actually look at beauty? It's a challenge for us to start this process.

Exactly; that's one of the reasons why we have all these fights and misunderstandings in relationships. If we only blame the other person in a relationship, then we don't learn anything ourselves.

.....So that's why I'm going to start a relationship with this beautiful creature that also wants a connection with this beautiful flower.....

It is very attempting for insects to crawl into these little shelters. Often at night you see the bees hide in the flowers it self, the flowers protect the insects during the night.

But in the process of developing our consciousness, we have of course the beauty part; that is the add-on. But every plant has certain qualities. Not only medicinal plants provide us with remedies, all plants do that in a certain way. All plants provide us with a certain quality we are missing.

The trick is to discover that specific quality that we are missing.

So, if there would exist a healing remedy, it is not always supposed to be a physical remedy the plants will give us? It might also be a healing remedy for our consciousness?

It always starts with our consciousness. We start with information.

The development of a flower remedy is not from the physical part of the plant or flower. There is no pressing or squeezing involved, nothing will be extracted. Only the living energy of the plant, the developing energy, before the stage of manifestation is used.

A plant exists of energy that has not manifested yet. The shape is the plant.

But the part we use in flower remedies is not the physical part of the plant, not the outer shape but the esoteric energy of the plant, the developing energies, our creations and creative powers.

Would you call it the transfer of esoteric information or does it even go beyond that?

No, it's even more. It's hard to explain. It's vibration, it's music, it's learning, connecting with. It's resonance, the tuning-fork.

It is a supplement to a certain quality and depending on each specific plant the energy will be higher or lower. But it also depends on the creator of the remedy.

If the creator is not able to see certain things in a plant, it will never connect and be part of the conscious.

Could you tell me more about the principle of mutuality? I can imagine that the average watcher of this TV program maybe understands this subject or natural healing itself or watch another program we broadcast: Pure Nature.

Of course, there are also people, who know and understand this matter, but there might be someone who thinks it's all nice and dandy, nature is beautiful, I can feel it, but are you telling me that plants can communicate in the same way animals and humans do? That we have to treat them with the same respect, do they have their own language and do they talk to each other, is that noticeable to us?

If someone would have that question, what would be your answer?

It is noticeable. For us it is recognizable and visible, but it is a very sensitive and refined energy, it's a refined and thin vibration. The more refined, the harder it is to "catch" that feeling, that same vibration. For this to feel you need to have the same frequency to start with.

In the beginning you can start with holding your hands around the flower of the plant. You might be able to feel some vibration or a tickling in your fingers, feel your breathing change. If you watch your breathing sometimes you can tell something is changing, one can establish contact. Your breath is your soul, this way you start to connect with your soul.

You experience silence within.

When you have a very restless personality, you need to ask yourself: what do I need, what is out of balance? What remedy do I need to make that transformation?

And then there is the other polarity of the healing remedies.

What happens if you don't like a certain flower? Why does a certain flower not appeal to you, why do you have that aversion?

Also, the dislike of a certain flower tells you something about yourself. Why do you dislike it? This lesson is even more important. This mirror will give you the opportunity to learn even more.

For this reason, I designed a poster with all the pictures I made from the remedies we developed, so people can make a choice.

There are so many plants, where do you start when you want to find out which one you like or dislike.

So, start in the outer layer, which one do you like and which one do you really dislike. The ones you dislike will tell you what is dominant in your behaviour.

So, when you are really over active in your head, you're thinking a lot, and someone enters the room with that same over active behaviour. What do you think will happen? Well after 5 minutes you'll tell that person: can you please move somewhere else? It clashes. The disharmony, which is present in the room, is also the disharmony in your inner self. It reflects the outside, plus and plus will disturb.

And what happens when a very quiet person enters this room and seats himself beside another quiet person.

That might be reasonable, there is a resonance may be? You're on the same level?

Even that is boring and you really dislike that after an hour. There is no interaction, no excitement. The dynamics between plus and minus, that is the dynamics. This is our activator from where we start to move forward.

This motivates us to work on our cause.

What is the reason why we are here on this earth?

Only to empty this world in every aspect, or is there another reason?

Well, I hope there is more!!

The reason we are here is to connect our spirit with the physical body, materialize our dreams. What's the dream you're dreaming, what is your conscious?

In fact, we dreamt ourselves. Look at the bigger picture.....

We are a conscious being that detects opposites, we work with it and from there we learn from it. What is my dream and can I realize, materialize this dream?

And what is it that the plants and flowers try to teach us?

A question on your website Bloesem-remedies.com, where you mention devas, which made me think about the elemental creatures, is it your opinion that these esoteric creatures communicate through and with plants, the animal kingdom, trees but also with us human beings, or is it the way the plant expresses itself.

Maybe it is a difficult question, but what I mean to say is: are they complementary beings and communicate with us as an intermediate, or is it the plant's soul itself that communicates directly to us?

Before I can answer this, another question should be in place here first?

Can we exist without trees and plants?

The answer is NO, we cannot exist without the plant kingdom, because in essence we are connected to the plant kingdom through our breathing system.

We are one.

Ultimately, we ARE the manifestation of that world. See it as the plant and specifically the flower, is the highest manifestation of certain characteristics, a structure, a certain fundamental law.

Plants and flowers are the lawful manifestations of living energies, which are all together called the living energies of devas or conscious beings and ultimately from whom we learn.

The world we live in is a “learning planet”, we learn certain things and we learn to integrate. When we leave this planet, we cannot take that car with us or all that gold. We can only take with us what we learned.

.....suddenly a very serious question pops up in my mind, but I'm going to ask it anyway!

When you say: this is a “learning planet”, suddenly another question pops up in my mind: which planet is then after all our “Time Planet”?

Well, there are several. I'll explain it to you.



I started in 1986 with a tiny mushroom. From this mushroom I made my first “flower remedy” or actually my first “[mushroom remedy](#)”.

And now at this point we are more involved in making remedies of energetic, planetary structures.

Universal structures connect with energies which are linked to a structure that represents consciousness, which act as a vortex.

Through that we get information now and then on why we are on this planet, and the earth is a planet where we can make the connection between the all our experiences which are not integrated yet.

You called it constellations, didn't you?

Yes, we are not bound just by planet earth. If you want to take a closer look at it, The Earth is a planet where we can bring together a whole lot of knowledge and where we can accomplish a connection.

Just imagine, you have a dream and your dream is to make a table. Well, that might be a very simple table which makes it very easy to realize your dream and built this table.

But on the other hand, try to make a more difficult table. What does your dream look like now? When you start working on your consciousness, my first question is always: What does your dream look like here on this earth? What are you doing here on this Earth?

Do you want to focus on detail and make a very difficult masterpiece or does your dream look less complicated?

Depending on your dream it will be easy or difficult to realize what you desire to accomplish and our friends and helpers in this process are the animals, human beings, but also the plants and other creatures that surround us.

How do they communicate actually?

I can imagine that viewers of our program think: OK, I understand, I get all this, it's very beautiful and special, but the most important part in all this is healing, that we might need these plants for transformation of certain aspects in ourselves, but are there may be different aspects involved, which are not related to healing or awareness? Could they be part of an overall bigger picture, are there different lessons to be learned?

It's the total package, yes. It's as much as awareness as anything else. The moment you are aware, you come to realize, that is the first step.

First of all, they help you with the awareness in the search of your lesson. And what do we as human beings nowadays do with a problem? What do we do when we realize we have a problem?

The first thing we try is to eliminate it as fast as we can, isn't it?
So we pick up the fight, we are going to fight against this problem.

This means we start taking all kinds of pills and medications, to reduce all the symptoms as fast as we can.

So-called: treatment of the symptoms?

Look at the world right now. What do we see? With every fight we start a war.

So what you actually do is starting a war in your consciousness, because you are fighting something. But why did it get there? Why has that problem manifested? Why is this problem coming to the surface?

It comes to the surface because it wants to be seen. The only problem is we don't know anymore why we have this problem; we have forgotten about it.

So, the reason we started with Flower Remedies and also with cell minerals (Cell salts from Dr. Schüssler) on the physical level, these flower remedies are helping us, not in fighting the problem, but in complementing the issue.

So, let's take a closer look at a simple example: anxiety!

Anxiety is not fear in its simplest form. Just fear by itself does not exist.

Anxiety is the absence of the opposite which is courage for example or space or quality.

What we exist of is a universal energy, trinity energy. And at which level are we thinking? Just as a unity? We just think of fear and that fear takes us away in our existence.

Look at the Impatience as a species. We only see that our life is dominated by impatience.



The [Goldenrod](#), which represents the inability to be part of group. One side is manifesting itself, but it wants to be noticed in being manifested from the opposite side.

So, the only pressure that comes around the corner is: how can we find directions in adding the opposite quality in this process of awareness?

So, let's take a petal or a piece of paper, it's a very simple example that I also use in my workshops.

(There is some confusion about the cameraman.....)

This petal has a front and a back side, isn't it?

So now, can you separate the front and the back and have only the front in your hands?

It's not possible to separate this petal; either you have a piece of paper or this petal; you cannot separate the two sides and end up with just a front and back part.

This is the same way your conscious works, like a trinity.

Just imagine, fear is located on the backside and at the front we have courage.

So, the way a flower remedy acts, is not by suppressing the fear, no. Not like we use all kinds of medications as Valium, Temesta, Librium, Prozac and so on. That is that whole layer with which we cover it up. But still you didn't learn anything.

The only thing you learn is that you want more of those medications, because your cap is gaining pressure.

Actually, it feels like Ying-Yang, polarity, complementary behaviour, it's very holistic thinking. Actually, you're going to change between that whole dynamic, organic principle, there where changes are needed.

Yes, there where supplementation is needed; it's an addition.

Yes, the cell minerals from Dr. Schüssler are also very important, I think. I will get back to you on this subject later on. That too is the principle of supplementation. If you lack certain elements, yes then it can be very difficult for the healing process to start, it might be triggered, but nothing will happen.

No, nothing will happen.

It functions as a real supplement for something that is missing.

What happens next is you start in the cell, Dr. Schüssler said: with a shortness of nutrition in the cell.....

When you don't provide a plant with the right nutrition it will not function properly.

So if there is a shortness of nutrition in human cells, they cannot function properly either.

But there is of course a reason why there is shortness.

If the spirit has a specific theme and it doesn't know what to do here on this earth, it doesn't like it at all on this earth, those same structures start to manifest in that body as well and the body acts accordingly, like: I don't want to be here on this earth, which reflects in shortness of minerals in the body and the spirit is therefore not able to fully descend in the body.

Well, these are all very thoughtful causes and co-factors.

**I almost would like to scientifically argue that this is very hard to research and study.
But my question is: is it true that there is actually no need for. That with the law of attraction
and resonance of Mother Nature it will be presented automatically and in a natural way.**

That's what we actually do all day. As a human being you eat when you're hungry. When you
ate too much, you don't want any more.

We constantly polarise, movement alternates rest, sleep alternates activity. Physically we
constantly search for balance.

After a 6 or 8-hour walk, what do you think will happen after those 8 hours?

Not again another hike!

Oh lovely, I want to relax!

And what do you experience when you sit down?

That I relax?

Something special will happen after a hike of 6 to 8 hours and sit down and relax. What is it that
you will experience?

You exhale and lay back.

Yes, it's called: Enjoy!

Do you know what that is?

That's Trinity!

It's the connection of the 2 polarities. The moment you have experienced activity and you
switch to relaxation; the third polarity is added and you experience a tremendous feeling of
enjoyment.

It really feels like you needed this. The body recognizes this it self.

Indeed, but the moment you think: Eureka, I found it, that AHA Experience, what then?

Then you want to do something else again.

Well imagine, sit down for 8 hours. How does it feel after those 8 hours?

Hmmm, please let me do something, can I go for a walk?

We are forced to a constant move in a forward direction and what is so unique when working with the plant kingdom?

Of course, we use them on a daily basis, for parties, funerals, telling somebody you love him, we always used them.

They were used for healing 3000 years ago by the Aboriginals and in Egypt.

The Aboriginals used to dig a hole in the ground, fill it with the necessary plants one would need and he then had to sit down in it for 24 hours to heal, this was the supplementation for what a person lacked.

I can imagine that an Aboriginal in Australia, with his beautiful Didgeridoo and an Egyptian healer in an ancient Healing school was more aware of fine-tuning with Mother Nature and The Unity in the Cosmos.

But what could the Western Human Being, the stressed human being actually learn in addition to communication with the Plant and Animal Kingdom?

Silence.

Being quiet, connect with your inner self.

But we don't have time for that anymore!

What's so unique in Flower Remedies? They are practically available and we can use them to find that balance in our inner self.

However, they have to be developed in coherence with your consciousness, you need some insight.

When you think you can develop a new remedy during lunchtime, while stirring your tea, you will get a remedy that's more equivalent to tea than it will be a healing remedy.

It's all about awareness; make sure while making the remedy you incorporate silence and making connections during this whole process, dig deep into it, find and meet the devas and other beings.

For your information: that other creature over there is not a hidden deva, but she is my wife Renske and second camera woman just in case we need second shooter.

So, where are we now? What kind of information can you provide us with?



What we see here is the California Poppy, which we also use in our business logo:

Those are the little orange flowers, next to the Nasturtium.

Can we get a little closer?

As you can see, at this point it's still a tiny flower because of the cold temperatures in the last weeks.

If you take a look at the flower, which is related to the Opiate Red Poppy and in the family of Opiates it's an important one that stands for integration of Light.

Take a closer look and you will see that it's actually a tiny bowland this shape gives us an impression of its vibration.



It you want to get to know a plant, you need to understand it. You need to understand its structure, shape. So, if you want to increase your knowledge of plants a good start i.e. is drawing that plant, sit next to it, try to make that connection and feel the plant. How did we determine the plants, why did we come up with those names?



Well, the names were given by people who just observed the plants, how many petals do I see, what are the characteristics of this particular plant. So just by observing the whole plant, people came up with names like i.e.

Impatience.

In other words, to make that connection you start a relationship. Of course, you don't start with touching the plant, you start with observation, what's the shape, what kind of energy do I feel and so on.

And why did we choose this flower in our business logo?

Because the flower represents the Outer Gold.

When you are only looking for Gold and you seek a fast enlightenment, go for a short workshop in which you expect to find instant enlightenment, instant learning and this flower will tell you: NO.

There's only one way, and that is development of the Gold through the Heart.
It's the inner road, listening to your heart and soul.

It's the inner alchemy.

Yes, the inner alchemy, not the outer shell.
That's why it's used in The Flag of the State of California

Look at California, all these people who are looking for the outer gold, look at Los Angeles and artists in theatres, standing on stage in the limelight. As long as they are in the middle of all the attention, they are ecstatic. You see this expression?

But when you turn off the light you see the opposite, you see this movement and that is gravitation.

So, gravity forces you to your inner side and light will accomplish the opposite, when the sun shines you spread your arms and the energy spreads out.

And this is exactly what you see in this little bowl. You see that contractive movement at the bottom? But at the top the petals are spreading out, they open up.

In all the shapes of existing flowers we recognize these polarities; gravity and enlightenment.

Add to this the colour Yellow or Gold to reach the inner heart for enlightenment.

That's why it was so important for us to choose this flower, not for the outer Gold but for the inner Gold. Always try to find that inner road of development.

This is also a very important remedy at this time and age, for all the children with AD-HD, the over-active kids.

Our results with this remedy are very promising, it's for all the kids who are over-active in the outer world, computers, games etc.

Did I get this right? Did you mention earlier that you developed a special remedy for children? Is this the one?

No, there is another one but we often use the [California Poppy](#) together with the [Red Poppy](#) and [Impatience](#), which is also specifically working for children, their fast pace, hurry up, everything has to happen NOW. Add with that the outer energy, so you can image how a child might behave!

They are only focussed on the outside, only attention for computers, games. There is hardly any connection with nature; they don't play outside anymore.

And this flower remedy shows the child the opposite energy, go back to the silence of the heart, back to the trust in your heart. Make sure that through trust you can make that connection again.

Just as a reminder for myself: looking at our program Healing Sound Movement TV, which is more likely to be Talk to Talk program as I may say, but we also broadcast a program called World Peace Child which connects children. It would be fantastic and I really would like to hear more about this and I think our viewers as well, especially children and their problem of labeling, which in my opinion is completely unfair, to provide our viewers with a natural insight and natural ways of healing.

Usually we work with a combination of 4 remedies, these are the [California Poppy](#), sister of the [Red Poppy](#) and maybe we can have a closer look at them at a later stage, even though it's late in the season, we still might be able to catch a glimpse of them. And the red Poppy also tells us something about our female side, come on, back to mother Earth, it provides sleep; it makes sure you connect again with Mother Earth.



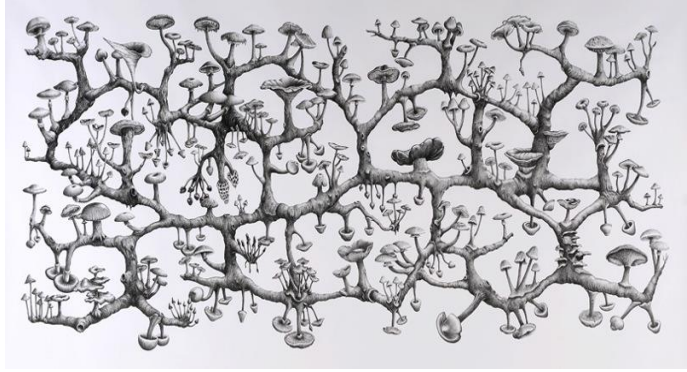
During the Middle Ages the fathers used to make a porridge of the [Red Poppy](#) for their children when they couldn't sleep.

The first remedy I developed was made of a mushroom: the [Mycena](#), which represents that network on the earth.

Yes, to interrupt you for a moment: the camera woman missed this in an earlier stage, but I find this fascinating also for our viewers. I once saw an example of such a network, which had by the way a totally different meaning of explaining the difference between the network of mushrooms on the outside and the very complicated and ugly network below the surface.

Am I right that such a little tiny mushroom builds a network underneath the surface of miles and miles?

They are the biggest creatures on earth. The Honey Fungus (Armillaria) might have a network underneath the surface of 10 square kilometers. The size varies, it might also be 4 or 5 kilometers.



Sometimes our students focus energetically on these networks. While training to learn this, they focus on certain energies. They are guided by other students, get blind folded and walk through our garden.

All of a sudden, they become aware of something underneath the surface. They come across a mushroom, which of course is not visible for the student and they describe it as if they are growing roots themselves, yards and yards around them. They could actually feel that network of mushrooms.

The whole network, unbelievable!

So, getting back to our remedy for children: the mushroom as well as the Impatience are part of that remedy. Those 4 flower remedies are combined in 1 remedy especially for those over-active children with AD-HD.

How do you think did it happen, that that first knowledge was picked up by people? Shamans I suppose, because we as human beings probably learned and heard about this through books, storytelling.

Once upon a time there was somebody, who was able to see, became aware of certain plants with healing powers. Is this in fact the intuitive knowledge that is shared amongst other human beings or was there another source involved?

It is the source from the heart, your sensitivity. In those times you didn't need to know the how and the why, you just knew, it was there, it was available inside of you. This is used for that. Look at the Animal kingdom: when an animal doesn't feel well it automatically will search for certain species to eat so it is able to empty its stomach i.e. to do a cleansing.

Splendid.....It's very wishful!

With all our complex mind settings these days we don't need a mechanism that explains everything, the most important part of course is that it works.

What we do in working with flower remedies, you lift that unconsciousness to a higher level. When you observe nature you go back and connect with life, with vibration, you become aware again.

But how does science look at this? Well, science picks a plant and starts with taking it apart into tiny bits and pieces; it analyses the chemical part of the plant. Then it will copy the chemical structure in its laboratories, based on crude oil.

Chamomile that's fabricated through a chemical process will never have that healing energy. You have to take that living plant in consideration.

For instance, let's take a look at a book. From a scientific point of view the book consists of ink on paper, so they will analyse the ink. Then they'll analyse the paper, because that's what the book consists of.

But does science understand anything the book is telling us? No.

So, you will never understand anything from this book, unless you will read it. And reading this book is the same as connecting with nature, go for a walk, learn to feel the flow of energy, become aware of energy, sit down next to a plant, listen, make connections, let that book become alive, vivid.

Not sooner than that you'll become to understand the writer.

Another example I once heard and maybe nice to use as an analogy:

An alien that is supposed to understand a CD. He will take a look at the grooves, the colour, geometry, but is unable to get any music out of it.

You have to understand the holistic and coding/decoding process.

That is where we actually need to start. Look at Nature as a whole. This is the world of flower remedies too. What does that specific flower represent? It is not just a species that grows and blooms.

It is not only a Darwinist element, survival of the fittest. No, it leaves an impression; it gives us value as a stepping stone to manifest itself on Earth.

When you feel sad the cat or dog wants to sit on your lap and they will complement you with what you lack. This happens the same way in the Plant Kingdom.

Sometimes when you go to the store to buy flowers, you come home with something totally different than what you had in mind, because who makes that choice.....?

I want to take you to another spot here and make a shot from a different side.....

A question pops up that might be of interest for you.....

Earlier you mentioned geometry, the shape of the plant.

I told you in a previous meeting about a lecture I gave in which the transfer of information was mentioned.



What I saw was the plant **Fennel** in water and at the point of transferring, I believe in this case it was used for Aromatherapy, you could still see the geometry of that shape. So how important is that shape, physical or maybe even ethereal, perhaps field information for what is supposed to be shared or explained, one could call it maybe communication. How important do you think is the structure of the plant, the shape?

The shape is in essence, the expression of the creature, the soul. It is the materialisation of the creature, the most compressed form of that being.

In the thinner layers, the unshaped form, that's the moment before the shape starts to materialise.



Through this materialised shape you can explain the size, how wide is its energetic field? Or is it just a slender appearance, reaching in a vertical motion?

If you look at the shape of an **Iris**, they grow straight up into the sky, only at the top the flower will open and the rest of the plant is a slender stem.

So, the shape is very important in understanding that creature.

Shape is also very important in relationships, when you meet somebody for the first time. What does the person look like; the first impression? And connected to this impression, can you feel emotions with this person? Of course, there is more than just an impression.

You want to feel something in connection to this person, in connection to this plant.

You are on the road of discovery. That shows you the structure, the shape. What species is it? Each plant has its own quality. Some plants will help you with fear; others will help you in relation to group building. The ego which is supported by sunflowers. The sunflower which stands for the Solar Plexus.



The biggest specie in the Plant Kingdom is the family of the Asteraceae or Compositae ([Sunflower](#) family). It is a composition of a small circle surrounded by little tiny petals. Compare it with our humans: you in the centre surrounded by the world and how do you handle this. Can you manifest yourself.

This way everybody has its own unique shape, vibration, structure.

We have a few mushrooms over here, so follow me.

Yes, talking about moving.....I will follow you with all our gear!



Oh, this is just another species: it's called [Borage](#).

Talking about shape: look at it, 5 petals.

4 stands for earth connection, 5 represent the human being in the cosmos.

Blue represents space; so how do you feel in connection to your surroundings?

The [Borage](#) also forces us downwards, come on, connect with Mother Earth.

It drops its head, so every flower that does this, forces us to let go.



Look at the [Snowdrop](#); this was one of the first ones we created in this connection.

Instead of picking the flowers as we used to do, we left them as they were and we bended the flower into the bowl with water. Dr. Bach taught us to pick the flowers one by one and put them in a bowl. At that moment you make a connection from the plant to the bowl. That's why your consciousness is so important. Imagine you're picking that flower and transferring it in the sun towards the bowl. What you actually

do is you make energetic "light" connections from your consciousness towards that bowl.

And when the bowl is filled with all those flowers you leave it there for about 3 to 4 hours. What happens is that that energetic being slides over all those Light Lines into the bowl and integrates into the water.

Why did we start this different procedure?

Once we had to make a remedy from an orchid and it was so difficult for me to pick this flower, it felt so wrong to do this.

So, guess what the plant said: well, that's your problem!

OK, thanks! That will help.....

So, it sits in you sub consciousness, you start to look for different ways and after 2 years I came to the conclusion: how stupid! What withholds me of bending the flower into the bowl?

So, the first flower remedy we made this way was the [Snowdrop](#). It dropped it's head down into the bowl, lead by our attention and consciousness.

Once the remedy was finished, we started to test it and the reactions were overwhelming. Some people started to cry immediately, because it represents old grief.

A lot of people are suffering from pain in their neck, which is caused by old grief that got stuck there. And from its origin [Snowdrop](#) has that structure, that movement of letting go; warm you heart, which is frozen in the bitter cold of the long winter. Spring is coming.

So, what is the vibration of the flower? Is it spring or summer, does it still sit in the bitter cold of the winter? And see, the snowdrops are grouped together. They like that, they want to stick together.

It represents you and the other human being. What has happened to you? What made your heart freeze caused by that other person?

So, Snowdrop tells you to let go, gain trust from those who surround you. Let your frozen heart thaw, warm it up with the help from those who love you.

So, letting go and trust are two essential qualities?

Yes.

And this one also connects to your heart; look at the center: is has a darker dot right there. That dark spot pushes you forward.

In your surroundings you will experience confrontations, but no hesitations or holding back! You need to keep going. Don't hold it in your head, make sure you let go. In other words, it pushes you under difficult circumstances to let go and not to hold on to those difficulties. You have to keep going.

And after the remedy was made, we got over 20 reactions from therapists, telling us that so many women who experienced difficulties getting pregnant, all of a sudden conceived.

So really persistent.

Well, I was flabbergasted. I hadn't seen the connection with pregnancy before. But when we had to remake the remedy after it was sold out, I received a meditation from the plant in which he guided me to the birth connection in the spirit.

So, we have a meeting point in our spirit and when we don't make that conceiving connection with children in the spirit, no children will be born.

So, this plant leads you to that connection point where the soul meets the light, which makes you also stronger to be able to handle that force.

So, this is kind of a holistic fertilisation?

Yes, first there has to be a connection before the spirit can descend into the body.

So, this one gives you the possibility of connecting.

I always describe it as: the courage of letting go of your thoughts and to trust your heart. Come on, keep going.

Talking about children: We had a girl here who she was seeing an orthodontist.

She had trouble with her front teeth and was trying for 2 years already to move her front teeth more forward.

So, she started this remedy and almost instantly her teeth moved forward.

But what actually happened was: this girl was bullied at school and by taking this remedy for a week, for the first time she felt stronger, she dared to react and hit someone. And at that moment her teeth started to move forward, she dared to let go through her mouth and within a week it changed.

This shows us, the moment the spirit can make that connection; the body can release its tension and from there the healing can take place.

It really reminds me, without becoming too scientifically, because I love the way you describe this, of the principle of morphogenetic field (morphic resonance) of Rupert Sheldrake. If the so-called holistic insertion is not there, the spirit, the field, the information, materialisation can never take place. This is only possible when that specific "fertilisation" has taken place.

In fact, every flower remedy is a sort of fertilisation surrounded by a field, a morphic resonance, awareness is vibration. You are pushed on that road of vibration to take the next step.

Resonance and entrainment. Resonance recognizes equality, the vibration is the same; with entrainment one wave is taken by another wave.

Yes, and flower remedies are also entrainment, but sometimes it's very difficult to pinpoint, because you are already surrounded by that negative field, in that theme. You don't know where to look for it, we don't know where our mistake starts and we never know exactly where the disharmony is.

You can't go to your neighbor and ask him: well let's have a look at our fear today? There is no reference frame. Unique in all this is that you create a reference frame in which you can start to make that balance.

I will always enjoy the plant kingdom, how they support us and guide us to the next level and actually when you take a closer look; those are of course parts of yourself, because we consist of this unity.

Talking about being part of yourself: you give workshops here for many years I read. I can imagine that the content not only consists of the product line, but also explains things, about nature and making connections. Do you teach your students to make those connections as well, learn to feel energy, make contact?

Yes, the workshop lasts 10 days. You start the road of transformation. We start with colours, shapes, where am I, how do I accomplish balance is one of the questions.

We consist of a left and right side. How does that reflect your inner side? The left side is your feminine side, the side of your heart and the right side is the male side and there your liver is located.

But what happened with your past (your back) and what about your future, the front.

When you have a test, where do you feel the knob? In the front, do you?

We have lost that feeling, that connection a little bit. We resonate in different fields.

I usually work with 7 fields, 4 are around us, this represents you and your surroundings and the other 3 are the ones that move from top to bottom. So how are you connected to the earth, which represents your mother, so how is the relationship with your mother? If you take a closer look at the relationship with your mother, you instantly know how your connection is with the Earth. Do you love your mother or not? You now know if you love Mother Earth and if your mother loves you.

And how is the relationship with your father? Is he present or not? If he is not there you want to go and search for him. That means that you will search for spirituality. The father represents spirituality.

By integrating those 2 you will find Trinity; the cooperation between the Spirit and the Mother, which represent the mirrors in that deeper layer, the 3 lines from top to bottom and their integration.

In other words: how do you connect your spirit with the earth, or how can you make your father love your mother and vice versa? How do you connect the two?

And when you observe your family patterns, you see those mirrors, the vibration of your soul and what you try to accomplish here on earth.

You mean the family constellations?

Yes.

I have often mentioned it in my programs: like macro, like micro, like outside, like inside. This is a true reflection of it.

We have forgotten where that mirror is, we have lost it.

During those workshops students will learn in 10 steps to re-discover that balance and also learn how to help another person in his next step, because the other of course is also part of you.

And you come to realize that every plant brings you a little piece of awareness.

We have universal themes, for instance fear. We see it all over the world. But is fear not also a creature? We often forget that they are universal creatures which try to connect with us.

So, imagine: it knocks on your door and says: Hello, here I am.

OK, well, I'm a macho, fear doesn't interest me, I close the door.

3 weeks later, a louder bang on the door, which results in more protection in front of your door, because you don't want to be confronted with that emotion.

Oh well, it doesn't bother me, or we deny it or we don't have time.....I'm too busy, we have to keep going. A thousand reasons why we don't acknowledge that issue.

But that creature wants to be seen, it wants to live and become part of me, through me it wants to become a unity. And how can that fear become a unity? Only when you add courage.

The moment you add courage, that creature will say: Thank you and it will disconnect, free itself and go on to its road of unity.

But when you keep on resisting and you die, that creature will say: I'll wait a moment.

You will be born again and as a 7-year-old boy all of a sudden you will be confronted again with that fear and you ask yourself: now, where does that come from?

It was waiting for you; it doesn't know what "time" is.

It was part of a cosmic contract and if you refused to deal with it the first time it will wait for the next opportunity.

Well, this is interesting. You sometimes hear about Turpus, demons from your own spiritual power. You also hear: face your own demons, but this is actually more positive. You could call the demons but they are actually challenges to transform.

Exactly, it's only a challenge for transformation. It sounds so dramatic and it makes it hard to start. On top of that a demon is something outside of yourself, you can't do anything with it. The moment you can see it as part of yourself, it gives you the opportunity to get in charge of your life, you decide what will happen in your life, all the rest is only mirrors.

I always give the following example:

it you discover a pimple in your face, where do you apply your cream?

On the mirror?

Oh, well fine!

You won't see the pimple anymore...

That is going to be a very white mirror over the next few weeks.....

No, you change position, the pimple becomes visible again and you have to apply new cream.

So, in a relationship you encounter a certain problem. You end that relationship, it bothers you, you don't want the confrontation and fear is also kind of relationship which you don't like. But the mirror keeps coming back until you face reality; now you dare to apply the cream on your skin and then the problem will be solved, through your inner self.

In these modern times we use Tipp-ex on our computer screen.....and we take away the mirror!

Or we move, we constantly try to avoid those issues.

This creates layers on layers. I suppose you're familiar with the theme of the onion?



We consist of layers, we are our past and what you see now, who you are today, is the outer layer of that onion. The moment you start to clean up, oh lovely, that's refreshing. You discovered the flower remedy LOVE and finally you found some love for yourself. Fine, I'm clean, I'm done!

You are in top condition; you have that feeling of conquering the world.

The next day your entire world collapses. All of a sudden you feel overwhelmed by stress. You have no clue where that comes from.

You fall into a black hole.

Yes, but what happened is that black hole was just a layer of that onion, it was hiding. It was waiting for you to remove that first layer.

And after that the next layer has to be removed. Layer after layer.

Ultimately you encounter more and more old layers, your black holes become deeper, the problems increase but the supporting energy to handle all this also increases.

Only the amount of problems you can handle will surface? Otherwise you wouldn't have the power and energy to handle those situations on that level.

Indeed, look at a magnet. It will only pick up so much iron that it is able to lift.

You will never be able to awaken more than what you can handle.

So we have to trust our consciousness in accepting that we can handle more than what we expected we could.

So, the master appears when the student is ready!

So the same is true for the law of Nature?

Yes, for everything, for our awareness.

So, we reached this beautiful point of.....can we walk to another spot in the meantime?

We can go over there; there is still a nice mushroom.....

Ok, I'll follow you.

That does not sound as a Master: I follow your path.....

Today you have to act as my guiding light.....



Here we see Motherwort, which is also a beauty.

Ok, let's zoom in a bit.....

These flowers bloom very early, they start already in April and they lift you up, higher and higher.

But if you look at the seeds, they look like cactus pins, they are that sharp.

So, they manifest their selves by pinching your fingers and if you look closer at this little flower, it looks like an alien.

Can you show me again? Can you tough a pin? I will zoom in.....

Here you see a flower and they make a circle, like little aliens, thinking: Oh my God what am I doing here?

The camera tries to close in but has a hard time to do so.....

I'll try to make a better close-up.....focus on the centre.....

We discovered this plant and we found this a very special one.

But we were not allowed to make the remedy yet. Sometimes it takes years before you have a total understanding of the plant, so first I need to understand the totality of the plant before it is ready and wants to be made.

That was so amazing to me.

I want to come to the point of insight; otherwise I'll forget what my insight was a little bit earlier.

And that could lead to insight.....as a conclusion?

But I read on your website that you first have to make a connection with a certain plant, before you can start conception. And you mentioned that it sometimes can take years, as if one needs permission, this is how it felt for me, it wasn't written down in so many words but I interpreted this way, before the plant gives permission to fulfill that task. Is that right?

Yes, you're right, it is a co-creation.

What we did so far in this world is emptying which will lead to deserts.

But what we try to do is cooperate with the plant, it is as much his or her decision to pick the right moment. He or she knows better than I do what the right time is. And they use me as medium for them to manifest.

I understand that you have a vast number of children in this world, but not only in the human world, a big family, that's clear.



When we made the [Red Poppy](#), it woke me up early morning at 6 am, come on, get out of your bed.

Ok, get downstairs, now move to the garden. So, I was in the garden and the next order came: I want to be created and please a bit early too.

So, the plant forces you to come along and be part of the whole process. It is not only my process, it's co-creation, working together.

Unbelievable....

Just imagine you are in love with someone. Your mind is been taken over by this. The plant takes possession of you, is part of you, walks with you, it takes you to places the plant wants.

The plant too opens its heart for you, if I may say so, it communicates with you as well.

Sometimes, when I experience difficulties, when I make that connection..... I once had the experience that the [Red Poppy](#) embraced me completely, it happened at a congress where some problems arose.

You don't want that to happen with a carnivorous plant of course, that's a totally different story.....

I want to recap this, it's grabbing me; the outer appearance, geometry, that is important, that's where we're talking about here, but the expression goes: You can't judge the book by its cover. Does that count for certain plants as well? Are they misleading? Do they have a deceiving alternative motive? That there might be a hidden secret energy or purpose?



Many plants will have a multipurpose, various layers, so one needs to seek the meaning of the various layers. The **Rose** is a good example; everybody will notice the beauty of it. But don't forget the **Blackberry**, that's a **Rose** too, but it has long and sharp thorns and if you don't pay attention, they can penetrate your leg about 2 centimeters. So, there you have the 2 opposite sides.

Another nice example is **Burdock**.

Ah, my wife got tangled up in it, we have to shoot this. This is nice proof! It's very clear now.....

Burdock easily sticks to you. But on the other hand, you have this person who imprisons himself in his total being and is not able to open up to his soul.

There are also people who behave almost like stalkers and they are depending on others. There are always 2 different vibrations present in a plant. Primarily you look at its beauty as you see here, look at this beautiful flower. But secondary it has that awful sharp thorn.

And now referring to the developing part of the flower remedy of which we spoke earlier: the plant that allows us to create that remedy. You did notice something. Well, sometimes the plant is not ready yet. The total picture has to be present when making a flower remedy. What is its essence, where does it stand for?



I was only allowed to make the remedy after I discovered that it was a family. This entire group of **Motherwort** is family, has group behaviour. Not any sooner was I allowed making that remedy.

I might have a strange question:

Does it ever happen that a plant has the desire us taking the initiative? Even though we treat them with respect and we make that connection,

we are still the one who is in need of this plant; is there ever a request from the Plant Kingdom asking us to do something for them?

That is what happens in the process of making the remedy, when the **Red Poppy** for instance forces you to get started.

I'm often busy as I am, flower remedy's is fun and the process of making is fun. But it's also a big project. You have to establish that connection, dig deep. Sometimes it takes me 9 years before I really understand the plant and I'm not always in the mood to do that.

Some species put themselves in the spotlight.



As an example: we recently made a new remedy, an energetic [Vortex for children](#) in which we also used gemstones.

And what this vortex did was forcing itself in the spotlight, telling us: look at me, here I am.

Even other people come to visit our gardens and ask us: isn't it time to focus on this or that?

So, it presented itself and said: come on, get started. Whether you like it or not, I don't care if you're busy, something has to happen here.

Yes, something has to happen right here, right now, you have to drop everything that you're working on and you are being forced to get started.

And you are part of that entire process; it takes you along on the path of development. It's the path of awareness, getting to know yourself or that specific subject.

Did you ever have the experience of ignoring the cosmic command; Oops, go with the flow would have been better or easier maybe? All of a sudden you experience obstructions?

Well, I finished the first 48 remedies and thought: Oh, lovely, I'm done, I had the feeling of completion, it was done and nothing had to be added anymore.

I thought, well for now nothing else anymore. I'm done, this is it and I've had enough, no desire to do anymore. Don't forget, every time it takes you to a deeper level. It doesn't matter what you get on your plate, if it's voodoo or whatever.....you need to experience everything before you're able to make that remedy.

It took me that far..... I was sitting on my chair and all of a sudden, I became very dizzy and I fell off the chair. I thought, what is this for God sake?

But I ignored it and went on with what I was doing. But it happened again and again, 3 times in a week.

So, I thought: let's write this down and being in that process of writing I received information from a plant that told me: The [Pear](#) in your garden is ready to be made.



Hilarious, you received an order.

Yes, we had to start the remedy of the [Pear](#) and also 2 series of 7 remedies of the New Era had to be made. The plant told me its English name and directed me to the computer. OK, you have to look it up, search for page 10 and there you will find all the necessary information, including the botanical name and pictures.

So accurate was the description?

Yes, that accurate. When I started writing it just hit me and I fell to the floor, that powerful. That was the way this series forced itself to the foreground.

So now you know future wise: it's smarter to obey, otherwise you will be confronted again with gravity.....

Yes, then I'm in trouble.....

Luminesce stocks all of the [Bloesem essences](#), and they are available here on our site, including the new '[Essences for New Times](#)'. Please [Click Here](#) to browse our selection.