

## Living Light Essences / Luminesce News February 2024

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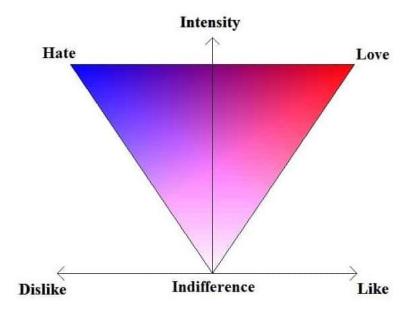
#### Essence Friends,

Love is the anthesis of hate. Hate requires having an opinion often based on our perspective and understanding of a situation, and strong emotions. Hate often colours our choices, our judgement, and makes us do things we normally would question and avoid. The current situation in Israel and Palestine is an example. Sides have been drawn up by various religious and secular organisations. Some of this taking of sides has been extremely intense. Both require 'doing', and in the 'doing', we often have **choice.** 

The past pandemic and the agenda of the World Economic Forum (WEF) have polarised society in ways never seen before. It seems on some level that we are being divided and pitted against each other, creating fear amongst us where there was often coexistence and even love. A case in example can be found in India, where Hindu extremists have taken over the city of Ayodhya, the supposed birthplace of the Hindu god Ram. Muslims and Hindus lived in relative harmony for decades until extremists decided that a Muslim mosque was built on top of an ancient Hindu temple, although no such structure was ever found. This past month, the Indian government made a big show of creating a lavish new temple over the razed Muslim mosque, thousands of Hindu pilgrims flocked to the city, and Muslim's feared for their lives. Those who were once friends and the love they had for each other was replaced by uncertainty and fear.

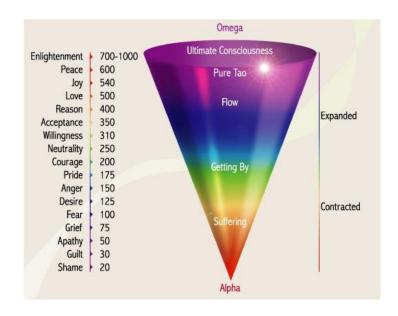
A third choice that many of us evoke is 'indifference'... doing nothing. It's a bit like the frog in the pot, who doesn't react to the increase in the temperature of the water as it is gradually turned up and ends its existence. How many times

do we engage in indifference because we are lazy, overwhelmed, too busy, too fearful, or unsure how to take action. Fortunately, we will always have a choice as to whether we live in love, hate or indifference. {Read more...]



Retrieved from: <a href="https://movemequotes.com/opposite-of-love/">https://movemequotes.com/opposite-of-love/</a>

So, what can we do with so much fear, hate and indifference swirling around us? Basically, fit seems that what is left us is to focus on ourselves, and how we react. What we decide determines our level of consciousness. According to David. R. Hawkins, M.D. PhD. <u>Power Versus Force: The Hidden Determinants of Human Behaviour</u>, (Hay House, 1995) every emotion has a frequency, with Love being a 500, and emotions such as hate, anger and fear only being in the hundreds.



We can shift our consciousness and those around us by what we focus on. The song, "What the world needs now is love, sweet love." first sung in 1966 by Dionne Warwick, brings an important message, and, with it **choice**.

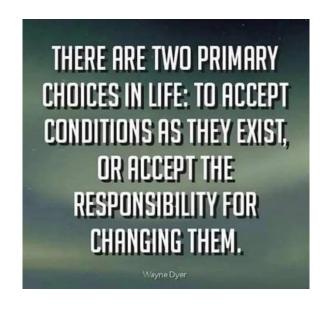
#### "What The World Needs Now Is Love"

(originally by Jackie DeShannon)

What the world needs now is love sweet love It's the only thing that there's just too little of What the world needs now is love sweet love No not just for some but for everyone

Lord we don't need another mountain
There are mountains and hillsides enough to climb
There are oceans and rivers enough to cross
Enough to last 'til the end of time...

Years ago, I was going through rather a dark time. I was resentful and angry regarding some of the things that had happened in my life. As I walked the halls of the school where I worked, very few children smiled or even spoke to me. However, when I finally managed to get rid of my anger and resentment, I was startled to find that the children started smiling at me, saying hello, and using my name. It was a complete sift. The children were sensitive to my energy field and the thought forms I had created around myself and reacted accordingly. I doubt that any or only a small number would have been able to 'see' my energy fields, but despite that they could 'sense' them. When I shifted to a higher level of consciousness, they responded in turn.



Essences help us shift consciousness at times when we need that extra boost or help. They resonate with higher levels of consciousness and when we use them they help us make those sometimes difficult shifts. So, this month, our Featured Items for our Valentines Sale are all essences that at some level have to do with enhancing Love consciousness.

# Living Light Essences ~ Valentine's Sale - 25% off Featured Items ~



<u>Circulating Love / Rose Quartz</u> - gently opens the self to love and be loved - giving and receiving without need or expectation. Enhances your ability to appreciate, accept, and love yourself.

<u>Loving Patience / Archangel Chamuel</u> - opens the heart and nurtures the qualities of loving patience and compassion, allowing deep inner healing, freeing you to gently and lovingly make allowances for yourself and others.

<u>Unconditional Love / Third Divine Flame</u> - pens the heart and mind to lovingly embrace and accept all aspects of the self and the Love that resides within. Love is intelligent and alive, warming and nurturing the soul. True Love is unconditional, limitless and totally accepting.

<u>Creative Expression / Holy Spirit</u> - This active, yet nurturing Feminine Creative Presence helps you get into the Flow so that you can express the Gifts of the Spirit and your own inner creativity with greater passion, fluidity and grace. It also enhances the Higher Feminine aspects within the self.

For more information about how to choose and use the <u>Living Light Essences</u>, click here...

## **Rainbow Essences**

## ~ Valentine's Sale - 25% off Featured Items ~



A New Awareness of Love/ Pink / Quartz \* Amethyst - lovingly and brightly assists in burning off the cords of fear that are holding and hindering you from manifesting joyfully and abundantly on all levels of being. Helps bring you to a new awareness of Love, the Source which created you.

Being Love / White / Apophyllite & Stilbite - helps in freeing you to recognize and connect with the unexpected Joy and Love within random moments and experiences that come your way so that you can come to a place where you may swiftly evolve from an awareness of Love toward your evolutionary potential where Love is a state of Being.

For more information about how to choose and use the <u>Living Light Rainbow</u> <u>Essences</u>, <u>click here...</u>



# Bloesem Remedies Nederland ~ Valentine's Sale - 25% off Featured Items ~



The following essences were listed as essences dealing with LOVE as it pertains to different aspects of our lives.

### 4 Elements - For joy and being loved.

Be open and warm towards others, while remaining yourself. Gives you a feeling of freedom, joy and openness, because you take your own space. Gives a clear purpose of your soul.

### **Borage - Courage. Adversity**

Borage essence strengthens the heart in difficult circumstances and brings gladness and joy. Not losing heart despite adversity. Borage has proved effective for those trying for a pregnancy, helping to connect with the soul of the child.

<u>California Poppy</u> - when you forget the love for yourself and when the other, the environment is more important

**Evening Primrose** - love for your own beauty.

<u>Field Scabious</u> – **Grounding. Receiving love.** to receive love and support

Brings grounding and support. Quiets the thinking and purifies unnecessary energies and thoughts. Positive thinking. To receive the love and care from family and friends. Hold 2 drops in the aura of the client to cleanse and ground.

**Foxglove** - find deeper sources of love inside yourself.

<u>Greater Celendine</u> – integration of love in the male and female.

**Ground Elder** - work for the higher from out of love.

<u>Love</u> - to love yourself.

Money Plant - when you love the material and the personal ego too much.

**Red Poppy** - for your inner female power.

Yellow Star Tulip - gentle, loving warmth for yourself.

### Bloesem's New Times Essences and NEW Soul Essences...

Divine Love - Universal Love.

Live in light and love and know that you are present, having a choice to live your life as pure as can be without making any adjustments. Growth, development, and manifestation as key words of your existence. To become aware of your shadow side. For acceptance and release of negativity in yourself. Feeling connected with the human spiritual family and feeling that the earth is your home.

<u>Soul's Joy</u> - Soul Joy assists in bringing you back in touch with who you really are and allows you to return to oneness within yourself. It fills you with joy and makes you whole.

For more information about how to choose and use the **Bloesem Essences**, click here...

# Spirit-in-Nature Essences ~ 50% off all SiNE Essences while stock lasts ~



For more information about how to choose and use the **Spirit-in-Nature Essences**, **click here...** 

#### RACHEL FINNEY

Co-creator Living Light & Rainbow Essences



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~ Luminesce.

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