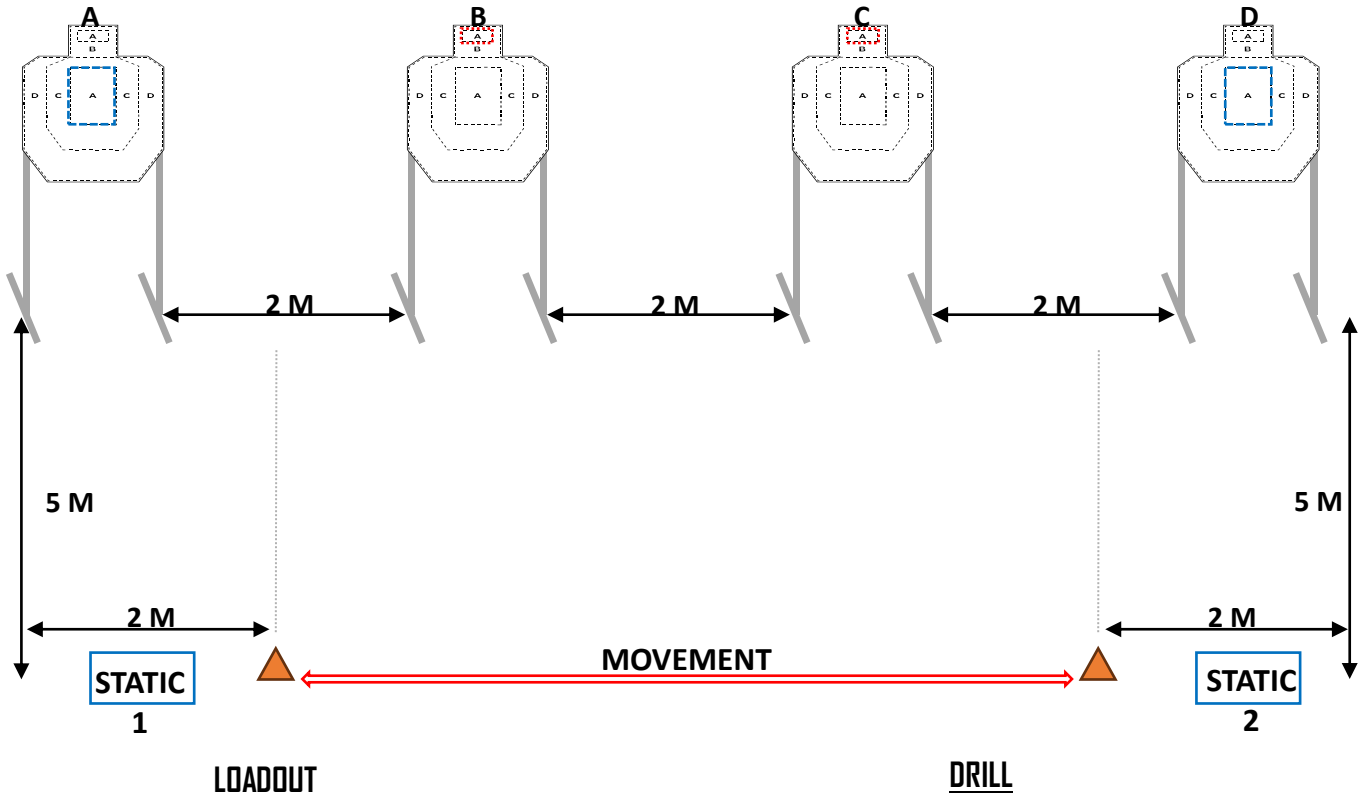




SUBSECOND

COLD START



RIFLE - 1 X MAG OF 14

PISTOL - 1 X MAG OF 9 (1ST MAG)
1 X MAG OF 5 (2ND MAG)

NOTES

- DRILL IS DESIGNED TO BE SHOT COLD IN FULL BATTLE RATTLE (EVERYTHING YOU WOULD CARRY ON MISSION). LOAD MAGS, TURN OPTICS ON AND SEND IT.
- IF STARTING FROM STATIC POSITION 2 SHOOT TARGETS IN REVERSE ORDER.

START IN STATIC POSITION 1 FACING UP RANGE WITH RIFLE SLUNG AND HANDS **OFF** OF RIFLE.

1. ON THE BEEP TURN AND ENGAGE TARGET **A** WITH 5 ROUNDS TO THE A ZONE.
2. ENGAGE TARGETS **B** AND **C** WHILE MOVING BETWEEN CONES WITH 2 ROUNDS EACH IN THE HEAD BOX.
3. ENGAGE TARGET **D** WITH 5 ROUNDS TO THE A ZONE FROM STATIC POSITION 2. MUST BE STATIC BEFORE ENGAGING TARGET.
4. TRANSITION FROM RIFLE TO PISTOL AND ENGAGE TARGET **D** WITH 5 ROUNDS TO THE A ZONE FROM STATIC POSITION 2.
5. ENGAGE TARGETS **C** AND **B** WHILE MOVING BETWEEN CONES WITH 2 ROUNDS EACH IN THE HEAD BOX.
6. CONDUCT A SLIDE LOCK RELOAD AND ENGAGE TARGET **A** WITH 5 ROUNDS IN THE A ZONE FROM STATIC POSITION 1. MUST BE STATIC BEFORE ENGAGING TARGET.

RAW TIME	C ZONE + 1 SECOND	MISSES + 5 SECONDS	TOTAL TIME
BOOT - 28 SEC +	SHOOTER - 27.9 TO 25	OPERATOR - 24.9 TO 22	ASSAULTER - 21.9 TO 17.36
			DAF - 17.35 OR LESS



SUBSECOND



COLD START

The purpose of the Subsecond cold start drill is to change the way people start their range days. Gone are the days of starting with slow fire pistol for a warm up. This is a tactical shooting drill designed to give you a true base line of your abilities.

THE PURSUIT OF EXCELLENCE

RIFLE				PISTOL			
SHOT #	TIME	SPLITS	PAR TIME	SHOT #	TIME	SPLITS	PAR TIME
STATIC			PAR TIME	STATIC			PAR TIME
1.			1.5 (1 ST RD)	15.			1.75
2.			.2	2.			.25
3.			.2	3.			.25
4.			.2	4.			.25
5.			.2	5.			.25
MOVING				MOVING			
6.			1.25	6.			1.25
7.			.5	7.			.75
8.			1.0	8.			1.0
9.			.5	9.			.75
STATIC				STATIC/ RELOAD			
10.			1.25	10.			2.25
11.			.2	11.			.25
12.			.2	12.			.25
13.			.2	13.			.25
14.			.2	14.			.25
TRANSITION				TOTAL TIME			17.35