



## GEMSTONE HEALING PROPERTIES

AMAZONITE	Represents prosperity, calms the nerves, soothes anxiety, and releases blockages while balancing energy, stone of courage. An empowering stone that assists the user to see & accept the truth.
AMETHYST	Purifies & dispels negativity. Used extensively in meditation. Assists with courage, intuition, clarity, balance, self-esteem, peaceful deep sleep, strong will-power, creativity & memory.
ANGELITE	One of the best stones for improving spirituality & spiritual awareness. Helps to heighten your awareness & give protection to your entire body. It can attract love & wealth into your life.
AQUAMARINE	It is calming, soothing & cleansing, & inspires truth, trust & letting go. It brings good luck, fearlessness & protection.
AUTUMN JASPER	A Powerful healing stone that grounds & centers the wearer, providing support while inspiring tranquility. Dispels negative energy. It helps us move beyond just surviving to making us glad to be alive. Life is good.
AVENTURINE	Aids in releasing anxiety & fear. A soft soothing stone for general healing, universal love, truth & prosperity. Stone of Optimism, good for creativity, motivation, leadership, decision making & speed. It assists in releasing old patterns.
AZURITE-MALACHITE	Refreshes the user's outlook on life, as well as dissolving egocentric characteristics; dispelling conceit, arrogance & vanity; calming anxiety & enhancing flexibility in motion and thought.
BLACKIMPERIAL JASPER	As a healing stone, imperial jasper is said to reduce insecurities and fears while providing protection.
BLOODSTONE	Is a powerful healing stone often used to purify & detoxify the body. Great at grounding negative energy & cleansing the body. It brings love into any situation & helps ground the negative energies.
BLUE CHALCEDONY	Excellent crystal for public speakers and those who speak for a living. A stone of peace & peace-making. Beneficial for daily journeys to work, or stressful trips involving children.
BLUE GOLDSTONE	Is a favorite of actors, performers & media types to gain that "big break" to fame. It is a helpful aide for children who are afraid of the dark. Goldstone, like diamond, is a good deflector of unwanted energies, and is highly regarded in the spirit realm as a protection mineral.
BLUE LACE AGATE	Is a stone of communication, helping those who have difficulty being heard by others, or who need confidence and articulation to share their truths. It is a Stone of encouragement & support.
BLUE OBSIDIAN	An excellent grounding, protection & transmutation stone. It helps stimulates visioning during meditation & communication. It also aids divination, psychometric and psychic development pursuits.
BOTSWANA GREY AGATE	Sometimes mentioned as the "Stone of Change", Botswana Agate is an incredible stone mainly used as a protection against evil things. This protective & comforting stone soothes those who are lonely, hurt, & broken. Supports love, and inculcates strength.
BOTSWANA AGATE – RED/YELLOW	A comfort stone, beneficial in overcoming depression & strengthening during a grieving process. It helps alleviate obsessive thoughts & destructive mental patterns. Assists in overcoming fears, such as agoraphobia and panic attacks in crowded places.

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BROWN GOLDSTONE	Is actually a man-made stone. Its sparkle is due to flecks of copper in gold Goldstone. A gently uplifting stone, promotes vitality. Helps to reduce stomach tension.
BUTTER JADE (AFRICAN JADE)	Promotes grounding earth energy, brings hope, healing, steadfast persistence and stability. It is considered a symbol for purity and serenity.
CARNELIAN	Known as a stone of motivation and endurance, leadership and courage. Builds confidence, boldness, initiative, assertiveness. As an energy enhancer it helps remove lethargy. Carnelians have protected and inspired throughout history.
CHAKRA BRACELET	The 7 Chakras are the energy centres in our body in which energy flows through. Red Jade, Carnelian, Tiger Eye, Aventurine, Turquoise, Lapis Lazuli, Amethyst. Black onyx being the main part of the bracelet.
CHARCOAL JASPER	
CHERRY QUARTZ	Helps you to self-reflect in an honest, pure way. It helps heal grief & sadness, as the colour pink carries with it no negative emotions, making it a great partner when healing.
CITRINE	Its radiant yellow & gold energy activates opens & energizes, directing personal power, creativity & intelligent decisiveness to enhance the physical body. Increases mental & emotional clarity, memory, willpower, optimism, confidence & self-discipline. Reduces anxiety, fear & depression. Its foremost energy is to aid in manifestation.
CLEAR CRYSTAL QUARTZ	Known as the Master Healer, it will amplify energy & thought. It represents power, energy & clarity.
DALMATIAN JASPER	Reconnects us with our playful nature, helps Yin/Yang, overcome depression, nightmares, negative thinking, feeling stuck in life. Helps you move forward in life with composure.
FANCY JASPER	Nurtures bringing comfort and peace to your situation.
FIRE AGATE – BROWN/BLACK	It is a grounding stone. Brown crystals promote security and stability. The red flashes within Fire Agate bring a self-confidence built on fearlessness. It reflects the color of passion, energy, and life.
FLOWER JASPER	Is a feel good stone that instantly uplifts you. It is also good for mending a broken heart. Eases tension.
FLUORITE– BLUE	Supports spirituality and thought, focus and concentration, and balance in all aspects of one's life. Uplifting, Invigorating, Calming, Create, Soothing, Rebuilding, Higher Awareness, Communicate.
FLUORITE –PURPLE, GREEN, CLEAR	Grounds excess energy. Helps one to grasp higher ideals & advances the mind. Purifying and cleansing. Is a stone of protection, thought to become more protective the longer it is used & is an ideal "Dream Crystal," defending one from evil spirits & bad dreams. It radiates a marvelous energy throughout the light body relieving stress, spiritual discomfort, and physical blockages.
GARNET	A spiritual stone of higher thinking & self-empowerment, it is also a stone of strength & safety. It is a stone of prosperity & abundance, encouraging gratitude & service to others.

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GREEN SPOTTEDJADE	It increases love & nurturing. A protective stone, Jade keeps the wearer from harm & brings harmony. Jade attracts good luck and friendship.
HEMATITE	One of the most grounding stones. Increases resistance to stress. Promotes original thinking. It helps to absorb negative energy & calms in times of stress or worry. It is a very protective stone.
HOWLITE	Reduce anxiety, tensions & stress. It can be used to facilitate awareness, encourage emotional expression & assist in the elimination of pain, stress and/or frustration. Used for positive thinking.
INDIAN AGATE	Its energy vibrations and contribute to transmit serenity and patience. Also known as an "anti-stress" stone giving you confidence, physical strength, and emotional security. Very good protection stone and meditation tool.
JAPAMALA - SANDLEWOOD	Sandalwood is especially sought for after magnetizing mantras, this means to draw in protection, teachings, love, etc. It is regarded as one of the purest substances & valued for its cooling properties & medicinal value. Promotes tranquility in meditation.
KAMBABA JASPER	A stone of peace & tranquility. Comforts & protects, calms & relaxes, soothing troubled minds. Helps one to focus, release negative thoughts & feelings, encourages self-love & to others.
KIWI JASPER	Nourishes and sustains us in times of stress, brings peace and wholeness, it unites all aspects of your life, brings the chakras in line and absorbs negative energy.
KOREAN JADE	Jade signifies wisdom gathered in tranquility. It increases love & nurturing. A protective stone: keeps the wearer from harm & brings harmony. Jade attracts good luck & friendship. It brings prosperity to your life.
LABRADORITE	A stone of transformation. It is a useful companion through change, imparting strength and perseverance. It balances & protects the aura, raises consciousness & grounds spiritual energies. Excellent for strengthening intuition - promoting psychic abilities.
LAPIS LAZULI	The stone of wisdom. Encourages self-awareness, allows self-expression and reveals inner truth, providing qualities of honesty, compassion and morality to the personality. Stimulates objectivity, clarity and encourages creativity.
LAVA ROCK	Lava Stone is a grounding stone that strengthens one's connection to Mother Earth. It gives us strength & courage, allowing us stability through times of change. It provides guidance & understanding in situations where we may need to "bounce back". A calming stone, it is very useful in dissipating anger.
LEOPARD SKIN JASPER	Leopard skin Jasper (also called Jaguar Stone) is a great stone to utilize when connecting/communicating with the animal kingdom, in both the physical and spiritual planes. In general, Jasper is known as the "supreme nurturer". It sustains and supports during times of stress, and brings tranquility and wholeness.
LIGHT BLUE AGATE	Calming, uplifting, encouraging energy. This stone has a soothing energy that lifts one's spirit with its positive, supportive vibrations. Provides security in new situations and also brings forth inner beauty.
LIZARD STONEJASPER	Great support in times of change. Promotes healing on all levels, allowing the body to reject the cause of the disease. It also assists with disorders of the skin & bloating. It alleviates headaches and provides emotional stability.

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LIZARDITE	Clears energy blockages within the charkras, makes for an exceptional meditation stone, boost concentration and clears the mind during meditation, used to clear energy blocks within the meridians, motivates one to explore and connect with nature, assists in communication with the Delvic Realm, balances mood swings, stimulates a peaceful mind to aid solving conflicts.
LODALITE	An awesome companion stone for those who are studying shamanic way, assists deep emotional healing related to past life attachment, stimulates spiritual growth in areas of perception, helps release fear, aids one through all forms of transformation in one's life, brings energies to effect manifestation of one's desires, enhances communication with beings on the spiritual plane, brings knowledge from past lives, heightens one's spiritual energies, radiates loving energy and energy of gentle strength, great assistant to help one with getting into the meditative state and influences one to get in touch with their emotions.
MAGNESITE	EMF protection, emotional connection & r awakening to higher truth. Also assists in exploring conscious & unconscious emotional instability to dissolve all unhealed blockages within the emotional body. This will aid one in reaching a more emotional balanced state.
MAHOGANY OBSIDIAN	It is also said to strengthen the aura, protecting against repeated problems. Wonderful at providing both grounding & protection, encourages strength in time of need. It eliminates energetic blockages, relieves tension & helps to stimulate growth on all levels.
MALACHITE	It is a stone of balance, abundance, manifestation & intention. It absorbs energy & draws emotions to the surface. It reduces stress & tension. Vitalizes & balances body & mind.
MOOKAITE JASPER	It carries an invigorating frequency of strength & vitality, & increases Life Force within the physical body. Flexibility, good as an emotional protector and acceptance of change.
MOONSTONE	Enhances intuition. Relieves anxiety & helps reduce tendency to overreact emotionally.
MOSS AGATE	Personal Growth & Development, Balance, stability, wellness. Healing, letting go of past, supports positive habits.
MOTHER OF PEARL	A protection stone that brings the gentle healing power of the sea. It is a stress relieving stone; relaxing, soothing & calming to the emotions. It helps our emotions become more balanced.
MULTI-COLORED AGATE	Protects, brings good luck, and balances the body, mind and spirit. Brings harmony to all aspects of the being, physical, spiritual & emotional. Using agate during times of unbalance, when it feels as if the yin / yang within you are operating out of proportion.
MULTI-COLORED TOURMALINE	It helps sooth & calm promoting a healthy mood. Helps detoxify, support fat loss, reduce water retention & improves circulation.
NEPHRITE JADE	Once used for courage, wisdom & justice. Increases longevity & fertility. Peaceful, steady & nurturing. Emotional balance & stability, very protective stone, beneficial effect on all love relationships. It has energetic clearing properties.
NEVEDA LAPIS	A stone of protection and courage. Helps to lift burdens, headaches, back problems and depression.
OBSIDIAN - BLACK	Black Obsidian Stone is a powerful cleanser of psychic smog created within your aura, and is a strong psychic protection stone. This stone has powerful metaphysical properties

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	that will help to shield you against negativity.
OBSIDIAN – GOLD SHEEN BLACK	Obsidian's energy creates a protective shield that deflects negativity and repels attempts of others to assert power over us. It helps us to uncover our unique skills and hidden talents whilst releasing blockages to our spiritual and personal growth.
OCEAN JASPER	An excellent healing stones that encourage a feeling of joy & elevates mood. It helps you to release negative feelings. It is an excellent stone to help you if you need a lift.
ONYX - BLACK	Releases negative emotions such as sorrow & grief, & therefore brings good fortune & helps in recognizing personal strength. Black onyx is thought to increase regeneration, happiness, intuition and instincts.
OPALITE	Highly energetic, ideal for meditation, improves communication on all levels, removes energy blocks, and helps with success in business.
ORBICULAR DENIM JASPER	Is a nurturing, protective stone, which can help encourage patience, release emotional blockages and rid us of pent-up anger.
OWYHEE JASPER	A stone of communications. Communicate with confidence & clarity. Grounding, improves inner & outer self, lifts spirit, and balances energy centers.
PERIDOT	Protects against negative emotions and forces, psychic attacks and acts as a shield of protection for the body. It stimulates happiness, prosperity, balance, confidence, innocence, abundance, assertiveness, optimism, self-appreciation, forgiveness, manifestation, patience, self-Expression, spiritual energies, clarity of thought, compassion, well-being, emotional healing, psychic gifts, clairvoyance, love and good health.
PERIWINKLE BLUE FIRE AGATE	Beneficial for grounding, bringing about an emotional physical and intellectual balance. They aid in centering and stabilizing physical energy
PICTURE JASPER	Picture jasper is a landscape stone that's believed to help us find our place in the world. When we've stepped off the path or gone down a path we never intended, picture jasper is thought to give the time and space alone to sort through things. This stone is also thought to aid inner silence and strengthen the recall of early memories, so they can be understood and processed. Among practitioners of gemstone healing, picture jasper is a powerful grounding stone that promotes connection to the earth.
PINK OPAL	Has a gentle frequency that helps to calm & soothe your emotional body, clearing & calming the heart to bring a sense of love, peace & hope. It encourages the release of fear, worry or anxiety.
POPPY JASPER	Brings joy into your life. It also has the qualities of relaxation, and a sense of wholeness. It aligns the chakras and is a stone of protection
POWER BRACELET	Triple protection! Made with hematite, tiger eye, obsidian. <b>(TIGER EYE – GOLD:</b> Self-discipline, power, courage, love, protection, grounding, peacefulness, clarity, intuition, financial stability, calmness, prosperity, personal power, good luck. <b>OBSIDIAN:</b> Black Obsidian Stone is a powerful cleanser of psychic smog created within your aura, and is a strong psychic protection stone. This stone has powerful metaphysical properties that will help to shield you against negativity. <b>HEMATITE:</b> It helps to absorb negative energy & calms in times of stress or worry. It is a very protective stone & is great to carry to help you stay grounded in many situations.)

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PURPLE AGATE	It is good for people who need to keep good performance constantly. Purple Agate has a meaning and properties of strengthening mental power and enhances owner's creativity. It promotes inner stability, composure, and maturity. It's warm, protective properties encourage security and self-confidence.
PYRITE	A very protective stone, shielding the user from negative energy of all kinds blocking energy leaks. It protects you from both environmental pollution & physical danger like EMF. It also promotes good physical health & emotional well-being.
RAINBOW JADE	It gives inner light, prosperity and attracts love. For the philosophy of the new era, it strengthens communication, honesty and self-control.
RED AGATE	Red Agate is a protection stone. This stone shields the wearer from negative energies and helps get rid of fear and anxiety. This gemstone is very calming; it helps balance the Muladhara (root) chakra and allows you to stay grounded during stressful or emotional times.
RED AVENTURINE	Is a stone of manifestation through action. It draws upon the elements of Earth & Fire to increase the flow of life force, in re-vitalizing the physical body & focusing its energy to get things done.
RED JADE	Is the chi stone, bringing forward the energy of the warrior. It is a talisman of individual power & will, dispelling the fear, worry & doubt that holds one back, & Urges one to take action. It is a stone of physical vitality, strength and passion, stimulating the Life-Force energy.
RED JASPER	For energy, strength, stamina, spiritual grounding. It gives deep insight into personal difficulties and gives you a strong sense of stability. Night protection.
RHODONITE	Compassion, forgiveness & release of fear. It brings emotional healing and releases energy blocks from heart chakra. It helps w/relationship matters.
ROSE QUARTZ	Love of all kinds including self-love, peace, happiness & gentleness. Heals emotional wounds, depression and helps on reach ideal weight. It removes negativity. Good for forgiveness & emotional balance.
SERPENTINE(NEW JADE)	Helps release your fear of change & hardship so you are able to look ahead to the future w/ expectation & excitement. Feel more self-confident & independent. It balances mood swings, calms nervousness & stress. It protects you from negative effects.
SHUNGITE	Assists in evolving spiritually, restores emotional balance, Powerful protective stone - shields the wearer from negative energies of all kinds, including psychic protection & removes negative energies & thoughts.
SMOKEY QUARTZ	Amplifies stores, transmits and conducts energy. Is an excellent grounding stone. It gently neutralizes negative vibrations and is detoxifying on all levels, prompting elimination of the digestive system and protecting against radiation and electromagnetic smog. Is excellent for soothing pain, both emotional and physical.
SNOWFLAKE OBSIDIAN	A stone of purity, Snowflake Obsidian brings about a balance to body, mind and spirit. It can remove negativity from a space or person with ease. Volcanic in origin, Snowflake Obsidian helps to draw emotions to the surface and to examine harmful thought patterns.
SODALITE	Protects from external negative energy, promotes calmness, clears the mind, enhances communication, and ends arguments. It also assists with creativity, public speaking,

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	confidence, self-esteem, harmony & balance.
TEAL IMPERIAL JASPER	Is known as a spiritual and healing stone. Like other types of jasper, it a strong healing, power, and protective stone.
TIGER EYE - BLUE	A very soothing stone as it aids in reducing stress, increasing calm & easing anxiety, brings a "go with the flow" attitude, aiding in relief from fears, phobias & hot tempers
TIGER EYE - GOLD	Self-discipline, power, courage, love, protection, grounding, peacefulness, clarity, intuition, financial stability, calmness, prosperity, personal power, good luck.
TIGER EYE - MULTI-COLORED	Aids in promoting protection, clear thinking, good luck, willpower, grounding, power, courage, stress relief, healing, balance, and self-confidence.
TIGER EYE - RED	Is a stimulating stone & can support motivation and a more active sex drive. Use Red Tiger Eye to resolve sexual issues that are causing problems in a relationship.
TOURMALINATED QUARTZ	Tourmalinated Quartz has the combined properties and unique energy vibrations of both Clear Quartz and Black Tourmaline. Clear Quartz amplifies vibratory energies and intentions. Black Tourmaline's cleansing and grounding influence keeps the Quartz Crystal clear of any negativity.
TREE AGATE	A stone of inner peace. Calms nerves, and can be combined with Clear Quartz to deepen meditation & prayer. A healer of geopathic stress; by emitting its calming & centering energies into the environment.
TURQUOISE HOWLITE	Is a great stone to reduce anxiety, tensions, stress and anger, it is gentle, soothing and calms the energy around you.
TURQUOISE	It is a stone of protection, strong and opaque, yet soothing to the touch. It can benefit the whole body. Self-forgiveness, self-acceptance and the release of useless regrets. Shields the wearer from harmful influences, attracts friendship.
UNAKITE	Heals the heart & mind. Resonates with the frequency of love, compassion, kindness, & is a stone dedicated to balancing the emotional body. It brings together the abundant nurturing energy.
WHITE CORAL	It is used to improve general debility, anxiety, fear of the unknown and provides strength. It brings communication power and evokes self-confidence.
WHITE JADE	Calms, grounds & protects the wearer from negative energies. It brings peace, harmony and luck.
YELLOW JADE	Is believed to aid a poor digestion. It is thought to provide protection from one's enemies & can be used to protect one on long journeys. It also helps to attract good luck.
YELLOW JASPER	It holds a deep connection to the Earth and is a marvelous aid for grounding and insight in spiritual work, mind travel or deep meditations. Yellow Jasper stimulates the Solar Plexus Chakra and amplifies self-confidence and courage, bringing energy and enthusiasm to one's life and relationships.
YELLOW TURQUOISE	Is said to be helpful for enhancing communication, intuition, & creativity. It is also used as a protection stone that brings an increase of personal power and energy by protecting the same.

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