Bangle Bracelet Size Guide

1) Hold your hand as if you were putting on a bangle. Bring all of your fingers together with your thumb and little finger touching.
2) Measure around the hand at the widest point with a tape measure or a strip of paper. Be sure to pull the paper or tape measure snug against your skin. Mark the paper with a pen and measure it with a ruler. This measurement is the circumference of your hand.

Use the following chart to determine the diameter of your hand, based on the circumference. After determining the diameter, choose a bangle that's at least $1 / 4$ inch larger in diameter than the diameter measurement of your hand,


## Convert Hand Circumference to Diameter

Small
$7-1 / 2$ inches equals approximately $2-3 / 8$ inches in diameter

## Medium

8 - $1 / 4$ inches equals approximately $2-58$ inches in diameter

Large
8-5/8 inches equals approximately 2-3/4 inches in diameter

