

bottles & burps



LEBW6001

Lebenswert Stage 1 Organic Infant Milk Formula + DHA (500g)



Age: From Birth Onward

Yield: Approximately 128oz of Formula

This is the newly released version of Lebenswert 1. This updated version of the product is recognizable by the fact that the packaging is now pink (stage 1 only). Besides minor changes to the packaging, this new formulation has been improved to better conform with the EU Baby Formula Directive that went into effect in February 2020; hence, you will now see added DHA and improved vitamin/mineral content.

Lebenswert Stage 1 is suitable for feeding from birth onward (0-6 months) or if you are transitioning your little one from breastfeeding. It is gentle on baby's digestive tract as the only carbohydrate utilized is lactose, which quite easy to process. Starting at 6 months, you should transition your baby to Lebenswert Stage 2, which is better aligned with the nutritional requirements for babies between 6 and 10 months.

The milk used in Lebenswert formula is sourced exclusively from organic dairy farmers that follow the strict requirements of the Bioland Association. The Bioland organic certification requirements go well beyond the requirements for the EU organic certification, making Bioland one of the most robust organic certifications in the world. As one example, Bioland certified products must contain 100% organic ingredients, whereas the EU organic certification may contain up to 5% non-organic ingredients. Farmers and manufacturers adhering to Bioland standards are regularly subjected to nationally recognized inspection bodies.



- ✓ Only Bioland Certified Dairy Farms
- ✓ Vitamins A, C, D and E for baby's immune system
- ✓ EU Certified Organic
- ✓ No corn-based sweeteners
- ✓ No gluten
- ✓ No GMOs
- ✓ Now includes DHA



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INSTRUCTIONS



Preparation for all powdered formulas (also consistent with US FDA guidelines):

1. Boil water freshly for each of baby's meals and allow to cool down to 120 degrees Fahrenheit (50 °C) before mixing with formula powder.
2. Pour in ½ of the necessary amount of boiled water into a clean and sterilized bottle.
3. Using the scoop provided with your box of formula (note that spoon sizes vary by brand and even lot), add the correct number of leveled scoops of powder.
4. Close the bottle with the nipple and cap and vigorously shake.
5. Add the remaining half of the water to the bottle and shake again.
6. Cool to drinking temperature (approximately 98 degrees Fahrenheit or ~ 37 °C) and **ALWAYS test the temperature of the milk before feeding to avoid scalding or burning your little one.**

There are many parents that simply mix bottled water at room temperature with the formula powder, apparently with no negative consequences. We cannot recommend this approach. [Watch this video for more insight into this topic.](#)

MIXING AND FEEDING INSTRUCTIONS (LEBENSWERT STAGE 1)

AGE	BOTTLES PER DAY	WATER (FL OZ)	# OF SCOOPS
First Week	Consult Your Pediatrician		
2 to 4 Weeks	5-7	3	3
Month 2	5-6	4	4
Months 3-4	5-6	5	5
Months 5-6	3-5	6	6

DON'T FORGET

- ONCE YOU HAVE OPENED THE INNER FOIL BAG CONTAINING YOUR FORMULA, YOU SHOULD USE WITHIN 2 WEEKS. AVOID STORING IN AREAS OF HIGH HEAT OR HUMIDITY.
- WE HIGHLY RECOMMEND STORING FORMULA POWDER IN AN AIRTIGHT CONTAINER.
- IF MIXED FORMULA IS NOT CONSUMED WITHIN AN HOUR, YOU SHOULD DISCARD IT.
- DO NOT MICROWAVE BOTTLES OR FORMULA.

INGREDIENTS

Organic skimmed milk, organic whey product (partially demineralized whey powder), organic vegetable oils (organic palm oil, organic rapeseed oil, organic sunflower oil), organic lactose, calcium carbonate, L-tyrosine, potassium chloride, fish oil (as DHA source), magnesium chloride, calcium chloride, calcium hydroxide, choline, sodium chloride, L-tryptophan, inositol, ferrous lactate, vitamin C, zinc sulfate, vitamin E, niacin, pantothenic acid, copper sulfate, vitamin A, vitamin B1, manganese sulfate, vitamin B6, potassium iodate, folic acid, sodium selenite, vitamin K, vitamin D, biotin.

Certified Organic by EU.

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NUTRITION FACTS

	Per 100 ml Formula	Per 100 Calories
Energy (kcal)	67.0	100.0
Protein (g)	1.3	1.9
Fat (g)	3.6	5.4
Of which:		
Saturated Fat (g)	1.0	1.5
Monounsaturated Fat (g)	1.9	2.8
Polyunsaturated Fat (g)	0.6	0.9
Linolenic Acid (mg)	49.0	73.1
DHA (mg)	14.3	21.3
Carbohydrate (g)	7.4	11.0
Of which:		
Sugars (Primarily Lactose) (g)	7.4	11.0
Lactose (g)	7.3	10.9
Starch (g)	0.0	0.0
Water (g)	90.0	134.3
Linoleic Acid (mg)	554.0	826.9
VITAMINS		
Vitamin A (IU)	172.3	257.2
Vitamin D (IU)	64.0	95.5
Vitamin E (IU)	1.7	2.5
Vitamin K (mcg)	8.1	12.1
Thiamine (Vitamin B1) (mcg)	81.0	120.9
Riboflavin (Vitamin B2) (mcg)	200.0	298.5
Vitamin B6 (mcg)	56.0	83.6
Vitamin B12 (mcg)	0.12	0.18
Niacin (mcg)	420.0	626.9
Folic Acid (Folacin) (mcg)	13.9	20.7
Pantothenic Acid (mcg)	610.0	910.4
Biotin (mcg)	1.6	2.4
Vitamin C (Ascorbic Acid) (mg)	7.7	11.5
Choline (mg)	20.0	29.9
Inositol (mg)	7.8	11.6
MINERALS		
Calcium (mg)	65.6	97.9
Phosphorus (mg)	38.9	58.1
Magnesium (mg)	7.9	11.8
Iron (mg)	0.59	0.88
Zinc (mg)	0.44	0.66
Manganese (mcg)	17.0	25.4
Copper (mcg)	50.0	74.6
Iodine (mcg)	13.6	20.3
Selenium (mcg)	3.4	5.1
Sodium (mg)	25.0	37.3
Potassium (mg)	87.1	130.0
Chloride (mg)	50.3	75.1
OTHER ITEMS		
Folate (mcg DFE)	23.1	34.5
L-Carnitine (mg)	2.0	3.0

DILUTED: EACH 149 ML (~5 FL OZ) CONTAINS 100 CALORIES.

Translated from original German labels as of June 12, 2020.

Converted to units and table format/order per US Title 21: Subchapter B. Part 107.

