

CHEMICAL. PEEL MANUAL



SKIN LAB MEDICAL
—ACADEMY—

Your Name:

Introduction

Today as with any other training course you will learn about chemical peel application during the course please feel free to ask questions so that fully understand the process and application of chemical peel. There will be several elements to the course in addition to the chemical peel which will include the legislation e.g. Health and Safety, anatomy and physiology.

During this training course you will be provided with a manual and this will be used in conjunction with the lecture to facilitate your understanding of the chemical peel process. At the end of the course you will have an understanding relating to the background of the treatment, the benefits, contra-indications, contra-action the equipment used and the products required. This will assist in explaining to your client the aftercare required thus providing a first class customer experience.

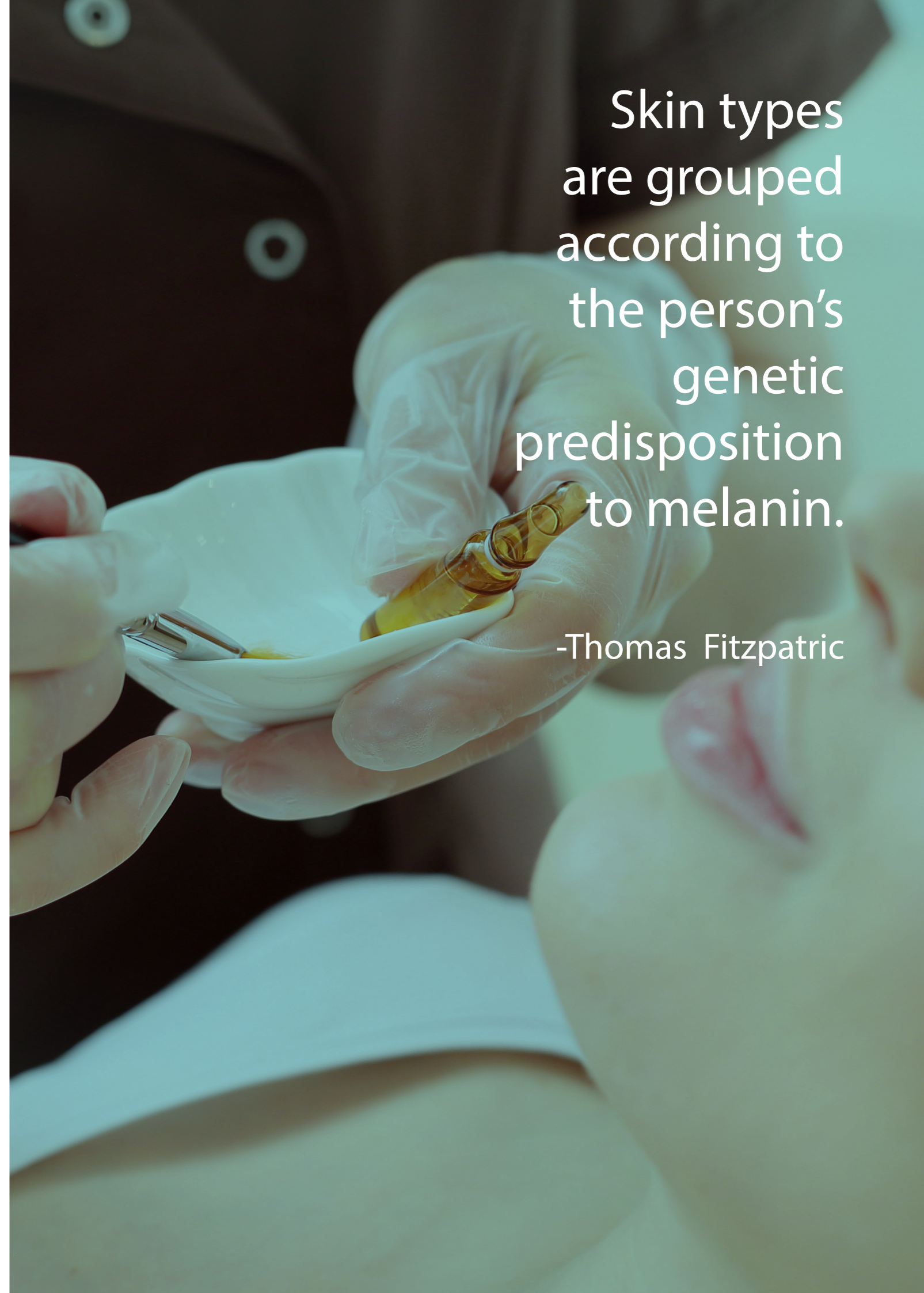
This **course** will provide you both an understanding of the theory and practical application of the **chemical peel**.



- **Type 1** is the fairest and is often freckled with a naturally reddish undertone. People with Type 1 skin are likely to have blonde or red hair with porcelain or very pale skin. They are very likely to burn after sun exposure but have a low potential for scarring.
- **Type 2** skin is fair or cream coloured. People with Type 2 skin tend to have light hair and blue or brown eyes and are more likely to burn than tan. The risk of scarring is low unless the wound is slow to heal.
- **Type 3** skin is slightly darker than Type 2 but still fair with golden skin tones. People with Type 3 skin may have brown or green eyes and tan easily, however may burn with long exposure to the sun. Type 3 skin has a higher scarring potential than Type 1 or 2.
- **Type 4** skin is described as olive or caramel toned, typically with hazel or brown eyes and dark hair. Type 4 skin tans very easily and may still burn with long sun exposure. Type 4 skin scars easily.
- **Type 5** skin ranges from olive to a rich brown. People with Type 5 usually have brown eyes, dark hair and tan very easily. Type 3 skin very rarely burns but has a high risk of scarring.
- **Type 6** skin ranges from deep mahogany to very dark brown. People with Type 6 skin usually have dark brown eyes and black hair, tan quickly and easily but are at very high risk of abnormal scarring.

Skin types are grouped according to the person's genetic predisposition to melanin.

-Thomas Fitzpatrick



Scabies

Looks like tiny insect bites or spots. It can be extremely itchy and is caused by small mites burrowing under the skin. Scabies can be caught very easily.



Cold Sores

Small blisters usually around the mouth on the lips. They are caused by the herpes simplex virus. Highly contagious by close contact



Ringworm

A fungal skin infection. Itchy red raised scaly patches in the characteristic ring shape. Spreads easily from one person to another.



Conjunctivitis

Bacterial infection of the tissue that covers the front of the eye (conjunctiva). Itchiness, redness, swelling and weeping. Easily spread.



Head Lice

Wingless insects that are grayish brown in colour. They grow to approx 3mm in length. They are spread by head to head contact.



Eczema

Causes dry, red, itchy and sometimes flaky skin. Common behind the knees, elbows, side of the neck and around the eyes. The condition may be irritated by some products.



Impetigo

A bacterial skin infection of the surface skin layers causing blistering and scabbing. Highly contagious.



Dermatitis

Inflammation of the skin that occurs when it comes into contact with certain substances. It can be Allergic or Irritant.





Storage & Insurance

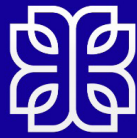
Storage

All products require a copy of Material Safety Data Sheet (MSDS) these can be obtained from your supplier. Store all products correctly following the guidance of the MSDS, carry out a risk assessment on each product or COSHH report if required. Keep all products in original containers where possible and ensure any decanted products are fully labelled in smaller, purpose-built containers.

Keep all flammable products out of direct sunlight and at room temperature or below. Mobile therapists must make suitable travel arrangements to avoid spillage and ensure safe working practice and be professional in appearance.

Insurance

There are several types of insurance that are potentially relevant to you as a therapist. The most important are the 'professional indemnity insurance' and 'public liability insurance' both of these are required in the unlikely event that a client decided to sue you.



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