

Cervical Mucus Chart from BabyHopes.com

Month

Year

Cycle Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
Day of Month																					

Cycle Day	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	
Day of Month																					

B = Bleeding D = Dry M = Mucus EW = Egg White Mucus O = Ovulation

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