

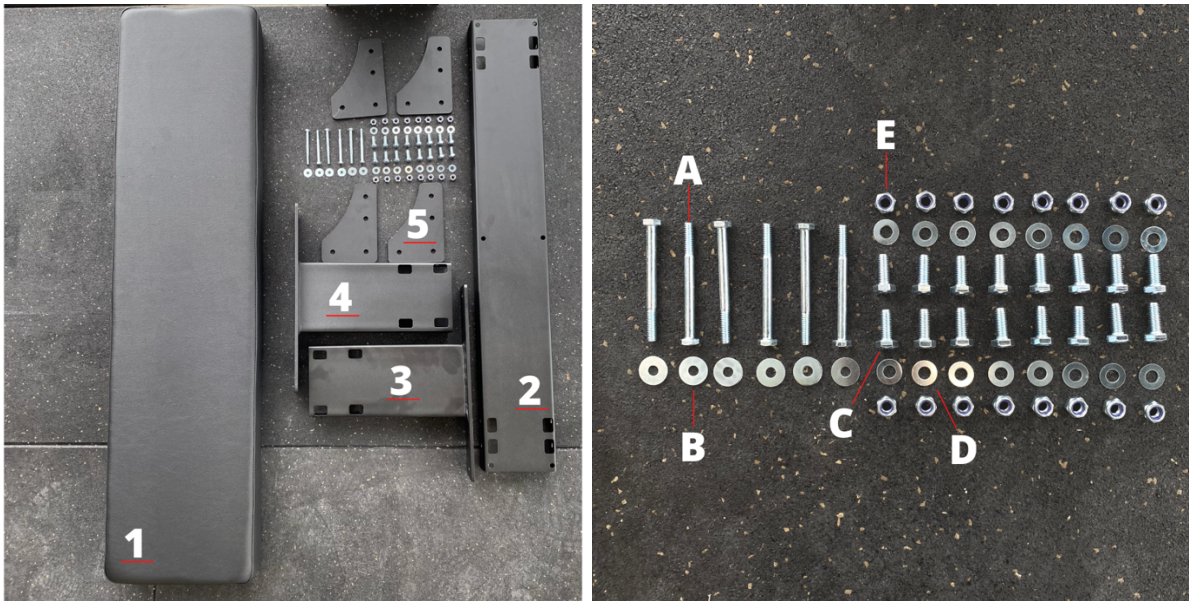


**AUSTRALIAN 🇦🇺 MADE VERVE IPF Flat Bench  
with Fat Pad**



**ASSEMBLY INSTRUCTIONS**

# PARTS LIST

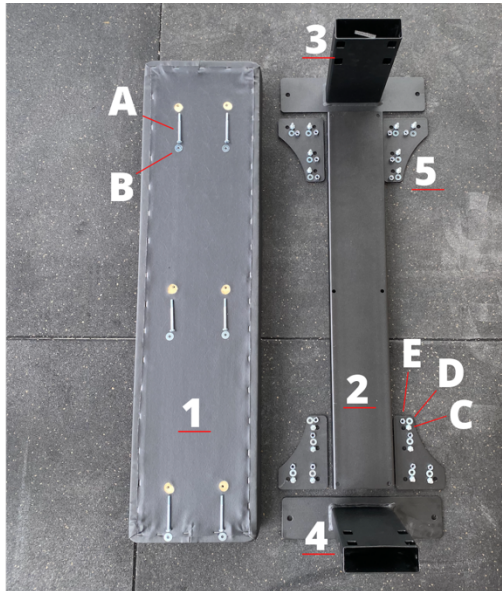


ITEM NO.	ITEM NAME	QTY
1	Pad	1
2	Central Frame	1
3	Leg Piece	1
4	Logo leg piece	1
5	Connector	4
A	M6x75mm Hex Bolt	6
B	M6 Washer	6
C	M8x20 Hex Bolt	16
D	M8 Washer	16
E	M8 Nut	16



# INSTRUCTIONS

1. Using M8x20 Hex bolt, matching nut and washer, attach the connector to the legs and central frame.



2. Using M6x75mm Hex Bolt and matching washer attach the pad to the frame.

