



**MENU: CANADA 2024**

Menu	MENU NAME	Entrée	Side	Dessert	Bread	Jam/Spread	Beverage 1	Beverage 2	Vegetarian	Calories
1	CHILI WITH BEANS MEAL KIT	CHILI WITH BEANS	SANTA FE STYLE BROWN RICE AND BEANS	MRE VANILLA POUND CAKE TFF	TORTILLAS	PEANUT BUTTER FORTIFIED	FRUIT PUNCH ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	No	1,320
2	CHILI WITH BEANS MEAL KIT	CHILI WITH BEANS	SANTA FE STYLE BROWN RICE AND BEANS	MRE VANILLA POUND CAKE TFF	TORTILLAS	PEANUT BUTTER FORTIFIED	FRUIT PUNCH ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	No	1,320
3	BEEF RAVIOLI IN MEAT SAUCE MEAL KIT	BEEF RAVIOLI IN MEAT SAUCE	AU GRATIN POTATOES	MRE VANILLA POUND CAKE TFF	MRE CRACKER PACKED	PEANUT BUTTER FORTIFIED	LEMON LIME ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	No	1,260
4	BEEF RAVIOLI IN MEAT SAUCE MEAL KIT	BEEF RAVIOLI IN MEAT SAUCE	AU GRATIN POTATOES	MRE VANILLA POUND CAKE TFF	MRE CRACKER PACKED	PEANUT BUTTER FORTIFIED	LEMON LIME ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	No	1,260
5	CHEESE TORTELLINI IN TOMATO SAUCE MEAL KIT	CHEESE TORTELLINI IN TOMATO SAUCE	SANTA FE STYLE BROWN RICE AND BEANS	SHORTBREAD COOKIE	MRE CRACKER PACKED	CHEESE SPREAD FORTIFIED	FRUIT PUNCH ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	Yes	1,200
6	CHEESE TORTELLINI IN TOMATO SAUCE MEAL KIT	CHEESE TORTELLINI IN TOMATO SAUCE	SANTA FE STYLE BROWN RICE AND BEANS	SHORTBREAD COOKIE	MRE CRACKER PACKED	CHEESE SPREAD FORTIFIED	FRUIT PUNCH ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	Yes	1,200
7	CHILI WITH BEANS MEAL KIT	CHILI WITH BEANS	SANTA FE STYLE BROWN RICE AND BEANS	MRE VANILLA POUND CAKE TFF	TORTILLAS	PEANUT BUTTER FORTIFIED	FRUIT PUNCH ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	No	1,320
8	CHILI WITH BEANS MEAL KIT	CHILI WITH BEANS	SANTA FE STYLE BROWN RICE AND BEANS	MRE VANILLA POUND CAKE TFF	TORTILLAS	PEANUT BUTTER FORTIFIED	FRUIT PUNCH ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	No	1,320
9	HASH BROWNS 5OZ MEAL KIT	HASH BROWNS 5OZ	ZAPPLESAUCE	OATMEAL COOKIE TFF	MRE CRACKER PACKED	PEANUT BUTTER FORTIFIED	CHOCOLATE PROTEIN DRINK POWDER	BEVERAGE 2 NOT INCLUDED	No	1,280
10	HASH BROWNS 5OZ MEAL KIT	HASH BROWNS 5OZ	ZAPPLESAUCE	OATMEAL COOKIE TFF	MRE CRACKER PACKED	PEANUT BUTTER FORTIFIED	CHOCOLATE PROTEIN DRINK POWDER	BEVERAGE 2 NOT INCLUDED	No	1,280
11	GRANOLA WITH MILK & BLUEBERRIES MEAL KIT	GRANOLA WITH MILK & BLUEBERRIES	ZAPPLESAUCE	UNFROSTED STRAWBERRY POP-TARTS	MRE CRACKER PACKED	PEANUT BUTTER FORTIFIED	GRAPE ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	Yes	1,270
12	GRANOLA WITH MILK & BLUEBERRIES MEAL KIT	GRANOLA WITH MILK & BLUEBERRIES	ZAPPLESAUCE	UNFROSTED STRAWBERRY POP-TARTS	MRE CRACKER PACKED	PEANUT BUTTER FORTIFIED	GRAPE ELECTROLYTE	BEVERAGE 2 NOT INCLUDED	Yes	1,270

**COMMENTS**

EACH CASE WILL AVERAGE 1275 CALORIES TOTAL PER MEAL.  
 EACH MEAL CONTAINS 1 X FLAMELESS RATION HEATER (FRH).  
 EACH INDIVIDUAL MEAL COMES WITH A STERILE DINING KIT CONTAINING:  
 - 7 INCH DARK BROWN SPOON  
 - NAPKIN AND WET NAP  
 - SALT & PEPPER PACKETS  
 - INSTANT COFFEE WITH NON DAIRY CREAMER AND SUGAR