

240i

Discovery™ Series Benches and Racks

Stretch Trainer



Stretching is so important in a proper warm-up and cool-down for every workout. With the 240i Stretch Trainer, exercisers are effectively positioned to deeply stretch their lower back, glutes, quads and hamstrings without having to lay on the floor.

It's easy to slide into position on the cushioned seat and knee pads. The padded handlebars offer a comfortable grip as exercisers lean into each stretch.

The large instructional placard is illustrated with eight key stretches to help exercisers target a tight area or develop a stretching routine.

Its compact size makes the Stretch Trainer the perfect addition to cardio and strength training areas where it can be that friendly reminder to stretch before and after a workout. And like all Precor products, it's built to last, with durable construction and high-quality components.



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Stretch Trainer III

Instructional Placard

Instructional placard featuring eight key stretches guide users.

Frame and Finish

Heavy-duty steel tubing is welded in all structural areas.
Powder coated frame.

Padded Handlebars

Padded handlebars allow the user to control the intensity and duration of each stretch.

Low Maintenance

Built to last, with durable construction and high-quality components.

Specifications

Dimensions (L x W x H): 52 x 26 x 37 in / 132 x 66 x 94 cm

Product Weight: 55 lb / 25 kg

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Gloss Metallic Silver

Upholstery



Black

*Colors may vary.

