

## **Our Story - Meeting the Tribe**

As you may have already discovered our story is quite complex. When we finally got together, we soon learnt it wasn't just about our relationship and gaining understanding about how we knew we were meant to be together, it was learning about each other's life experiences in this lifetime but also other lifetimes too. As we gradually got to know each other again, the trust developed. We were learning to help each other to heal from traumatic experiences which were not just of our childhood and early adulthood but also of those other lifetimes spent apart and together, which we were to discover more about over the period of the past 8 years of our relationship.

These discoveries began on the night of my 50<sup>th</sup> birthday and have continued since, initially only being experienced during hours of sleep but then gradually over time, occurring at any time of day, and quickly becoming a way of life for us.

What I am about to describe will explain so much, yet will truly open your mind, if you are willing, to ultimate possibilities.

Perhaps I will first start with a taster to the information I will be sharing.

When Mike and I first met at our training course in Scarborough in 1992, Mike already knew me as soon as he looked into my eyes. He had seen my eyes in his wallpaper when he was a small child, at the same time when his 'special friend' Jamel first appeared to him. Jamel, most people may describe to be a spirit guide, but he is so much more than that. He was always there to guide and support Mike from that time onwards. More will be explained about Jamel throughout this story, and within our short stories and books.

Going back to the night of my 50<sup>th</sup> birthday in 2011; as we were sleeping, Mike became restless and started speaking to me differently than if he was awake. I naturally thought he was dreaming. There were words I could not understand, and there was a distinct charge of energy in the atmosphere around us. I wondered if perhaps it was an angel, and asked what and who it was, if it wasn't Mike himself, which by this time I knew it wasn't, although it was still his body in the bed.

The 'energy' as I will call it for now, began to speak more clearly to me, using words I could understand but seemed like old English. When he explained who he was it was quite a shock, but I remained open minded and accepted the information I was told.

He did not give the name he is known by now, but gave the name I would have given to him. He was the baby that I never had who would have been born in 1981 and who I had grieved for. The name I had given him was Michael. He explained why he wasn't meant to be born and told me to now let go of the guilt and sadness I carried.

Many of you will now imagine this to be the spirit of Michael the baby that came back to talk to me. However, it wasn't.

This is where your ability to remain open minded is vital. The being who introduced himself to me as Michael was actually a member of our tribe, a collective of light beings and tribal members I will be telling you about in great detail from here on in, although I didn't know any of this at the time.

My time talking to Michael was a beautiful experience. He brought much love and peace of mind to me. He told me he only entered the foetus within me to draw close so that the connection was made once again between me and the tribe. He loved me unconditionally and even though he was never meant to have a physical existence with me in this time, he was to play a big role in my life and had already done so.

Michael told me a little about his life as a warrior within the tribe, however, this was the first I knew about the tribe, albeit on a conscious level. I sensed, even though he told me who he was, that he was Archangel Michael, as his energy was so pure, and at that time all I was aware of was an energy that was different to Mike. To this day I am still unsure whether there is a connection between this warrior and Archangel Michael.

When Mike woke up the next morning I told him all that had happened. He was surprised and had no recollection of it, however, he was pleased about the experience I had and acknowledged all that I told him. He could see that the 'visitation' as I thought it to be, had come at a time that was needed and had given me comfort.

## Beings of Light

After that first visit with Michael, I would recognise as time went on and as more visits from the tribe occurred, that these were not purely spirit or angel guides visiting me, they were actually tribal members from a different time and place. To add further confusion they were not purely tribal members but were also beings of light or 'star people' as they called themselves.

Over the last 8 years we have got to know many of these tribal members/light beings. Many of them have been female and younger people although sometimes the elders visit too. Over a period of a few years there was one young girl, we called Jheneeka who taught us so much, and we as well also helped her in her development which ultimately led her to become the tribal leader. Jheneeka is the narrator of our series of books and has helped us to know much about who we are, discovering that we are also members of the tribe, as well as beings of light.

As far as the tribe is concerned they are mainly governed by the beings of light among them and live in harmony and unity. The tribe people are mainly Blackfoot, but also have ancient connections with the Oneida, and more recent connects with the Sac & Fox and the Sioux. They are a unique band because of the journeys they have taken together and their integration with the light beings. They have remained instrumental in the way of the Peacemaker who created the Iroquois 5 nations of peaceful warriors.

*You will learn more about the tribe and particularly the members who are light beings throughout our stories and the historical accounts within the series of books, if you choose to subscribe on the website to be a 'supporter' on our journey.*

As regards how they work with us in this present time, I feel a more detailed explanation is now needed.

A process called '**Episodic Ethereal Symbiosis' (EES)** is used to create a merging or union between a light being and a physical being. **This process of EES is used particularly by our race of light beings.**

Within the universe(s) there are many races of light beings as there are many races of organic beings such as human beings. A form of **EES** may also be used by some other races, sometimes not as successfully, and at times may be misused and abused as a form of communication, which could also become a form of control, which is something as a human race we need to be aware of. As on earth there is vast difference between races and between groups of people and individuals, many with good intentions bringing in light and others with bad intentions bringing in darkness. ***This is something we discuss at length within our other writings, stories and videos on spiritual and scientific matters.***

I wish to reassure at this point that our race of light beings do not control or manipulate but use the process of 'EES' to assist us in our growth and development as a human race as well as assist themselves in their own growth and development. It is a mutual sharing of information and experience, and if there any signs of harm then it is stopped or altered in a way to bring benefit and healing.

It becomes more complicated for our tribe as the light beings are actually merging with the tribal members on a more permanent basis so that they are working in unison with and both gaining fully from the experience. The episodic nature comes in when they then merge with Mike, as they bring the essence of the light being and the native (human) being with them into the body of Mike.

Is it getting complicated now? Guess you're wondering how on earth this works with Mike?

As I quickly began to learn more from our tribe, it became clear that Mike had agreed in this lifetime to be the person the light beings would merge with in order to communicate directly with me. Mike had been prepared for this during his childhood with his mentor Jamel, who I spoke about earlier. Jamel is one of the elders of the tribe and has also always been involved with both Mike and I in previous existences. The connection between the three of us is very strong, which I have gradually discovered during the last few years. Jamel and all the others who work with us bring vast amounts of learning which are now helping both of us to discover who we truly are, something we are still working on!

The process of 'EES' has at times been very difficult for Mike, especially as he is working directly with and in different ways with the tribe as well as within our lives in the present. The difficulties have at times verged on harmful and life threatening to him when working with highly evolved light beings with much stronger energies which are difficult for a physical body to contain, especially when Mike has struggled with managing emotions connected to earthly life experiences. Our light being family have however always provided the nurturing, healing and wisdom needed to enable us to both deal with these difficulties. For instance, in the tribe, as most tribes would have, there is a medicine man. He is also one of the more evolved light beings, who knows and understands us extremely well. He constantly assesses our physical, mental and emotional states and gives us healing and guidance when needed. He has intervened alongside Jamel when Mike's health has been extremely at risk, in fact life threatening, and has stabilised him.

There is so much more that could be said about our varied experiences with our tribe family, but there is ample time for us to provide different accounts and anecdotes as our journey progresses, as we will continue to be sharing our present and future adventures. All these records will be made available for those that wish to join us on this journey of discovery.

Much love,  
Cathryn