

A Love Story

A chance meeting or was it 'Fate', was the hand of the creator guiding them to a time and place where they would finally meet. A newly found direction and passion for learning for both of them, joining a training course in Hypnotherapy; re-discovering skills and the ability to heal and change lives with words and voice. They both knew they were naturals and this was what they had been born to do.

They were strangers at first, but their eyes met and each sensed a familiarity, a knowing of each other, which brought light into their hearts and a need to understand more in their minds. Was it just the thirst for learning and discovering a new working life path, having something in common? Yet there was an attraction and a deeper connection than with any others on that course!

Michael knew instantly, whereas for Cathryn it took a little longer to realise what, in a short space of time, became so evident, they were meant to be, but there were so many reasons why it shouldn't happen. They were both married with two children each, both a boy and girl of similar ages, and with the girls, even the same name. As they talked, there became so much more that they had in common; it was almost as if they fitted together, two peas in a pod! Yet they had lived separate lives not knowing of each others existence until this day, or had they?

Looking back and since the history they have had together since that day, an early spring day in 1992, it is now evident that they have known each other for a very long time, but more will be said about that at a later time.

Their friendship and closeness quickly blossomed. It became obvious that they could not physically be together, yet they met briefly when they were able to, although both were concerned about hurting those they loved if they did find a way to be together.

For Cathryn, now she realised her heart was with another, the end of her marriage came quickly, and upset for her children ensued. She also suffered much hurt as the aftermath rippled around her home and family life, resulting in her losing everything for a while, yet she went on to study at University and work within the voluntary sector. Her children

were her main focus, whilst supporting their upbringing and especially their emotional and mental stability through it all.

For Michael, his work and family life had to take precedence, and there were other factors which prevented them from meeting, which remains private to them both.

Letters became the only form of contact and after some years they petered out. Each kept the other in their hearts, but life had to go on, reasons then unknown to the other, but which yet meant separation, not knowing if they would ever meet again.

After several more years, intermittent meetings began, which often left despondency in their wake, but there was one brief meeting in 2002 that brought hope of change. Memories and life stories were shared with some reigniting of feelings and realisation of common goals and achievements, yet sadly, this was not the time for a long term reunion and again their paths diverted, with sadness and frustration in their wake. A couple of years later, what seemed at the time to be a last ditch attempt, they met up again, but it didn't go well, and they wondered if they were destined to remain apart.

In 2011 life had moved on a pace for both, each however desperate for love and compassion, understanding and support that perhaps could only be sourced from each other. One reached out to the other tentatively during a prolonged time of turmoil and grief. The other was hungry for that contact, had been waiting and at times searching for the other.

Finally they had been brought back together, a re-acquaintance at first, then a blossoming friendship; and within several months a relationship was developing with mutual love and respect, a growing trust despite adversity, and a sharing of histories and occurrences that had previously kept them apart, which had resulted in hurt and mistrust during those past times for one of them.

Pure love and belief, a deeper knowing that they were always meant to be, helped them to overcome the things that may have resulted in their relationship failing; whereas for many people the obstacles may have been too great. Over time, they had to work through the realities of

each others histories, supporting each other throughout all the highs and lows, and they succeeded in staying together.

They have continued to grow together and remain strong and loyal whilst both having to deal with their own past traumas, mutually supporting each other along the way.

There is so much more to this story, which was alluded to earlier on. Was it fate, was it the hand of the creator that brought them together, but left them waiting patiently for the right time? Were there other forces or influences at hand? Did they already know each other from a long time ago, perhaps many lifetimes, even many eons of time?

If you wish to follow this story further, to understand why they were always meant to be together, and how it may touch the lives of many others and perhaps you, please read their other true life stories, listen to the audio recordings, watch the videos and read the books; then it will all become so much clearer. However, you will need to keep an open mind, and it may take some time for you to fully understand and know in your heart why they were always meant to be!