No Strings Attached Mug Rug

Materials

* Main Fabric 5.5" x 9.5"
* Backing Fabric - 7.5" x 11.5"
* Sashing Fabric - 1.5" x 9.5" (2) and 1.5" x 7.25" (2)
* Cotton Batting - 7.5" x 11. 5"
* Fabric Scraps - 3 different for hands and 2 or 3 different for hearts
* Fusible Web - Steam a Seam 2 Lite or Heat N Bond Lite
* Embroidery floss and needle
* Usual sewing supplies

*I hope you enjoy this free pattern!
Please tag @sewotb with your finished creation.
Please like and subscribe to my YouTube channel for more great sewing videos.
www.sewoutsidethebox.com*

Instructions

1. Print the pattern page and measure the 1" test square to ensure printing is to scale. Print with Adobe Acrobat for best results. Printer should be set at 100%.

2. Trace the heart and hand shapes onto fusible web. Rough cut around the shapes. Use a hot iron to press the fusible web onto the backside of the fabric.

3. Close cut around the shapes, peel the paper off the back and place the shapes on the main fabric. Use the hot iron to hold the shapes in place on the main fabric.

4. Use some hand stitching around each shape and a backstitch to create the balloon strings.

5. Apply the top and bottom borders right sides together and sew with a 1/4" seam allowance. Attach the side border pieces and press all seams toward the border sides.

6. Layer your top piece on the cotton batting and quilt some wavy lines on between the hands and balloons. Pull the front threads to the back and tie them off.

7. Layer the backing fabric and square up the piece, batting, and backing fabric.

8. Place the backing fabric on the main fabric right sides together. Sew around the edge leaving a 2.5" gap for turning. Cut the corners and trim the seam allowance. Then turn right side out through the gap. Push out corners and seams and press flat.

9. Fold the opening in on itself, press again, and sew a topstitch around the outer edge.

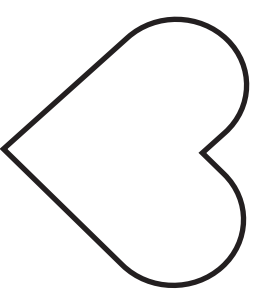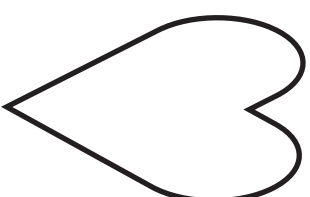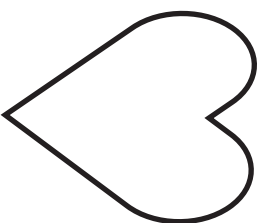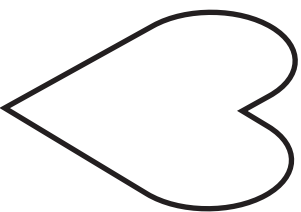Applique Tutorial   Backstitch Video   Running Stitch Video

Sew Outside the Box

1"Test Square

Sew Along Video

Sew Outside the Box
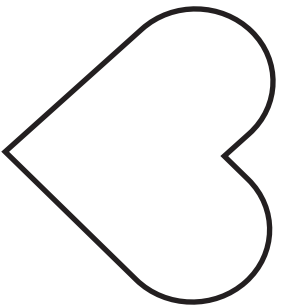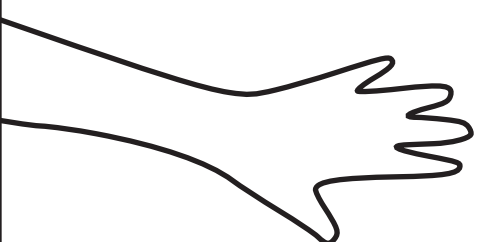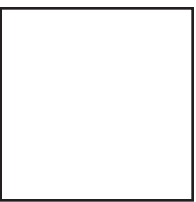
Images are reversed for tracing onto fusible web