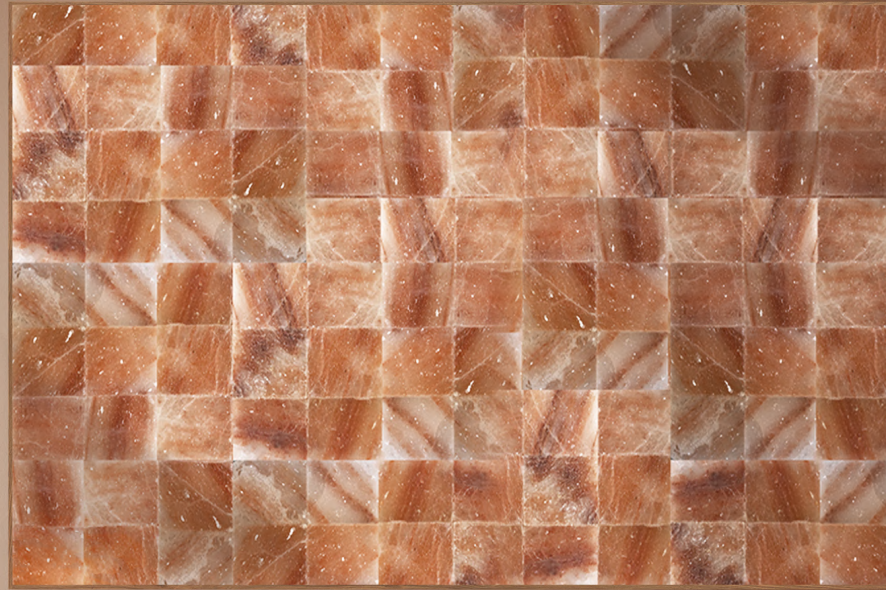


HIMALAYAN SALT PANELS HEALTH BENEFITS



saunas.com



info@saunas.com
1-888-503-8157

saunas

HIMALAYAN SALT PANELS HEALTH BENEFITS

The use of Himalayan Pink Salt for constructing salt walls is one of the hottest wellness trends, thanks to the plethora of health benefits it has to offer, they:

- **Create a sense of deep relaxation**
Generates negative ions, which are shown to help create a sense of peace and relaxation.
- **Purify and neutralize the air**
Salt Panels attract the water molecules from the air and pollutants, pollens, bacteria, and allergens, making the air in the surroundings clean and fresh to breathe in.
- **Promote deep sleep and helps to reduce insomnia**
- **Help Fight EMF Radiation**
Salt Panels will counteract the harmful electronic vibrations caused by your electronic devices.
- **Help relieve respiratory problems.**
- **Restore the body equilibrium**
By balancing the body's central nervous system, leaving your body and mind energized and centered.



saunas