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2021

T100 Steamer Control Operating Instructions



Amerec T100 Steamer Control For use with AT and 3T steam Generators

FOR THE SAFETY OF YOU AND YOUR FAMILY PLEASE READ THE WARNINGS TO THE RIGHT AND ALL INSTRUC-TIONS BEFORE USING YOUR STEAMBATH.

POST "WARNING" LABEL OUTSIDE STEAM BATH FOR SAFETY WARNINGS. POSTING IS REQUIRED ON OR AD-JACENT TO STEAM ROOM DOOR FOR ALL COMMERCIAL INSTALLATIONS.

WARNING

The T100 control operates on 12VDC and does not present a shock hazard. Electric Shock Hazard - High voltage exists within the steam equipment. There are no user serviceable parts in this equipment. All installation and service to this equipment should be performed by qualified licensed personnel.

Do not exceed 30 minutes in a steam bath. Excessive exposure can be harmful to your health. Excessive exposure can produce a rapid pulse, light-headedness, weakness or fainting. If you become uncomfortable or experience any of the above conditions exit the steam bath immediately.

Steam baths can put stress on the body. Therefore a steam bath should be used only under a doctor's direction if you:

Are pregnant Have a heart condition Have high blood pressure Have circulatory problems Are under the influence of alcohol Are under the influence of drugs Have diabetes Are under the care of a physician Are in generally poor health

Children should only use the steam bath under close adult supervision.

Scald Hazard: Do Not Touch the steam head or trim during operation as they are HOT. Stay at least 12 inches away from the hot steam escaping from the steam head.

Be careful when entering a steam bath. Escaping steam from an overheated steam room may cause injury.



SAVE THIS MANUAL

Thank you for purchasing your new Amerec steam generator. If we can be of any assistance do not hesitate to call our Technical Support at 1-800-363-0251.

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IMPORTANT SAFETY INSTRUCTIONS

- 1. READ AND FOLLOW ALL INSTRUCTIONS.
- 2. WARNING To reduce the risk of injury, do not permit children to use this product unless they are closely supervised at all times.
- 3. WARNING To reduce the risk of injury:

a. The wet surfaces of steam enclosures may be slippery. Use care when entering or leaving.

b. The steam head is hot. Do not touch the steam head and avoid the steam near the steam head.

c. Prolonged use of the steam system can raise excessively the internal human body temperature and impair the body's ability to regulate its internal temperature (hyperthermia). Limit your use of steam to 10 - 15 minutes until you are certain of your body's reaction.

d. Excessive temperatures have a high potential for causing fetal damage during the early months of pregnancy. Pregnant or possibly pregnant women should consult a physician regarding correct exposure.

e. Obese persons and persons with a history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician before using a steam bath.

f. Persons using medication should consult a physician before using a steam bath since some medication may induce drowsiness while other medications may affect heart rate, blood pressure and circulation.

- 4. WARNING Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F. The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness and fainting. The effect of hyperthermia include:
 - a. Failure to perceive heat:
 - b. Failure to recognize the need to exit the steam bath:
 - c. Unawareness of impending risk:
 - d. Fetal damage in pregnant women:
 - e. Physical inability to exit the steam bath: and
 - f. Unconsciousness.

WARNING - The use of alcohol, drugs or medication can greatly increase the risk of hyperthermia.

SAVE THESE INSTRUCTIONS



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T100 CONTROL OVERVIEW

The T100 control is a low voltage wired control for use with Amerec's AT and 3T series steam generators. The control requires a shielded cable to connect to the steam generator. *Failure to use a properly shielded cable may result in poor performance!* A temperature sensor (required) mounts inside the steam room and connects to the steam generator.

The T100 uses touch screen switches to move through various menu screens to:

start and stop the steam bath set or display the bath temperature choose between °F and °C temperature displays set the bath run time set a delayed start time for the steam bath set and display the time of day choose the displayed language control a low voltage room light

Note: The T100 will vibrate gently and a buzzing noise may be heard when a switch is pressed. This helps the user know that the switch was successfully pressed. This may be turned off if desired -- see the Settings menu instructions on page 8.



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T100 CONTROL: OPERATION

To view the T100 display, simply touch the lower half of the glass screen. When you are used to using your control, you'll find that movement near the switches will light the display without touching it in most circumstances. Be careful not to touch the control near the OK switch - this may start or stop a steam bath before you are ready.

To navigate through the menus and their options:

Use the up \land and \checkmark down arrow navigation keys to move through the menu items to highlight the one you want, then press **OK** to select it.

To back up one step, press the \leftarrow key.

To return to the Main Menu from any menu, press the home for key.

Note: at any time, pressing the \hat{V} switch will turn a low voltage room light on or off.

MAIN MENU



OPERATION DISPLAY Located at the bottom of the menu screen, this display shows when certain functions are on or off.



Press the Back key to go back one step while in any menu.

Press the Back key while in the Main Menu to show the Room Status display. When the steam bath is turned off, the the Status screen shows the current temperature in the steam room, the time of day and the bath time setting. When the steam bath is on, the bath time counts down while showing the time remaining before the bath is automatically turned off.



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TEMPERATURE MENU



TIME MENU Select the Time icon to adjust the desired steam bath run time or to controll a delayed start.



Select Bathtime Limit to adjust the desired steam bath run time.

The current steam bath run time setting is displayed.

Use the navigation keys to change each digit to its desired setting, then press OK to go to the next digit.

Default is 1 hour and adjustable up to 24 hours.



Time
Bathtime Limit
Start Time
Activate
12:00 am

The T100 may be set to automatically start the steam bath at a later time, for example if you should want the steam bath ready to use when you get up in the morning.

Select Start Time to adjust the time of day you want the steam bath to start.

Use the navigation keys to change each digit to its desired setting, then press **OK** to go to the next digit. Remember to set am/pm correctly. Start Time 06:30 pm

Once the time is set, the delayed start is automatically activated.



Start Time Deactivate 06:30 am $\overline{(}$

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SETTINGS MENU Select the Settings icon to adjust the to your personal preferrences.



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15.

Autolock

Time

Off

SETTINGS MENU (continued)



Select Automatic Keylock to prevent others from using the T100. When Autolock is on, the display will light but the T100 will not respond to key presses.

To set Autolock, first select Time, then adjust the desired delay time, then press OK. The delay is 15 seconds by default, adjustable from 15 to 60 seconds.

Next select OFF and press OK. Autolock is now enabled. After the selected delay time has passed, the keyboard will be locked and the key --- symbol will be displayed. Repeat to

Autolock

turn Autolock off again. To access the T100 when locked: press the Home \triangle and Back \backsim keys at the same time and hold for about 3 seconds. These two keys may also



Settings

Set Clock

Language

Vibration

Service

Automatic Kevl

Display

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SERVICE MENU (continued)

Settings
Status
Set Clock
Language
Display
Autolock
Vibration
Service



Service

Temperature Limit

Temperature Scale

Time Format

Cleanup **Factory Reset**

Test

Select Temperature Scale to choose the temperature display units you prefer. Use the navigation keys to select Celcius or Fahrenheit then press OK.

Select Time Format to choose the way you want the time of day clock to display, either from 1 to 12 am and 1 to 12 pm or from 1 to 24 hours. (ex. 10:00pm = 22:00)

Select time format 24 hour 12 hour

Temperature Scale

Celsius °C

Fahrenheit °F

by an an with the advice ten the state of a second sector.	Cleanup
In areas with hard water, the steam generator	Clean un times
may require decalcification periodically. The T100	Cleanup time
may be set to remind you when it is time to do	Run time

may be set to remind you when it is time to do this. Select Cleanup then select Cleanup Time to set the the run time before the T100 notifies you that decalcification is scheduled. The run time may be set from 0 (off) to 100 hours of operation.

When the steam generator has been used for the

number of hours set in Cleanup Time, you will be asked if decalification has been done each time a steam bath is turned on until you respond with yes.



To determine how many hours the steam generator has run since the last decalcification, go to the Decalcification menu and select Run time. The run time will reset when you respond yes to the decalcification reminder.





Two additional items are available in the Service menu: Factory Set and Test.

Factory Set is used as part of the initial T100 set up and is not available for the user.

Test is used during troubleshooting and should not be used without factory assistance. Contact Technical Support at 1-800-363-0251 for more information or assistance.

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TROUBLESHOOTING

There are no user serviceable parts in the T100. If your T100 is not operating properly:

Check the cable between the control and the steam generaor.

- Make sure it is a shielded cable (plugs on both ends are covered with metal shells.)
- Make sure it is conected firmly at both ends.
- Make sure there are no staples through the cable or other damage.
- Check for corrosion on the connectors.

Check the steam Generator

• Is a green light blinking on the steamer's circuit board?

• If not make sure the generator's power is on and refer to the steamer's Installation Instructions for a troubleshooting guide.

Contact Technical Support for assistance.



Technical Support PO Box 2258 Woodinville, WA 98072 Phone 1-800-363-0251 FAX 425-951-1130 email: support@amerec.com