Bed Levers—BLF3, BLF3-600, BL3, BL3-600, BLB, BLFW & BLBW.

Note: Flat bottom Bed Lever used in diagrams, but procedure is the same for all models.

The Bed Lever is designed to assist someone into a sitting position, and getting in and out of bed. They are not to be used to prevent a fall from a bed, or for restraint. The flat bottom means the Bed Lever can slide between the mattress and base and not damage any furniture and is sleek and discrete in its design.

Position the Bed Lever between the mattress and base. The user should end up lying on the bed with their head on the pillow; there should be no need to shuffle up or down the bed or over-stretch to reach the Bed Lever.

Is it important to secure the Bed Lever and avoid any gap occurring that could cause entrapment: -

- Between Bed Lever and bed—always fit the cleat with cord and block.
- Between bar of Bed Lever and headboard—ensure a minimum gap of 318mm.
- Between edge of mattress and Bed Lever or pillow—use forearm to push down on edge of mattress, should be firm enough so any gap created is less than 100mm.

Assessment for Suitability

A Bed Lever can be extremely helpful and are suitable for a wide range of users with varying degrees of reduced function. The following factors must be considered prior to use and regularly reviewed. Use the checklist below to help decide if a Bed Lever is suitable for the user, compatible with their bed and environment; it can identify potential contraindications and risks but may not cover every situation. Consultation with the user, carer and your Occupational Therapist or health professional is advised.

Risk Assessment Guidelines & Checklist

☐ 1. Client weight does not exceed 150kgs for standard Bed Levers, and 210kgs for Bariatric Bed Levers.
☐ 2. Bed Lever will not carry full weight of user i.e. only used for balance and support whilst moving from sitting, standing, or lying.
☐ 3. Bar of the Bed Lever will be positioned more than 318mm away from wall / headboard / footboard, so any entrapment risk is reduced as gap is large enough to pass through.
☐ 4. Fitted onto a suitably stable and firm mattress that will not squash excessively and create a gap between Bed Lever and mattress e.g. some older or alternating air pressure mattresses can have soft edges.
☐ 5. Cord and block will be securely fitted at time of issue and regularly checked and refitted e.g. by carer each time bed is made; this is to prevent gap forming between Bed Lever and mattress that is wider than 100mm.
☐ 6. Not being used as a restraint i.e. to stop someone falling out of bed.
☐ 7. Not for a restless sleeper, or someone with erratic, repetitive or violent movements.
☐ 8. Not being fitted on a powered profiling / hospital style bed.
☐ 9. Client is deemed to be alert and orientated e.g. even if getting up in the night to access the toilet.
☐ 10. User is deemed at low risk of being unbalanced or disorientated e.g. from medication or a pre-existing health condition such as a diabetic state or cardiac arrest.
☐ 11. Pillows, sheets, or bed covers are suitable and not going to create an issue of entrapment.
Installation Instructions—please read below. Refer to Video and Checklist.

Attach cord to small square wooden block by threading through the two holes and tying a knot at the loose end.
1. Position block on opposite side of bed to where Bed Lever will be positioned. Walk cord around bed so it slides under mattress or, using the Bed Lever, lift mattress and pass block underneath. Pull cord tight so small block is firmly against side of the bed.
2. Thread cord through hole in Bed Lever; from underside to top side.
3. Hold cord tight and at same time push Bed Lever inwards, between mattress and bed base.
4. Thread cord through hole in the black plastic cleat, found on the base of the metal loop.
5. Hold cord tight and finish pushing Bed Lever between the mattress and base. Ensure Bed Lever is firm against mattress with no gap. Check the bar of the Bed Lever is positioned at least 318mm from wall/headboard.
6. Secure the cord by pulling it forwards and upwards so the cord catches in the V of the cleat “locking it off.”
7. Bundle the excess cord up with a rubber band or supplied yellow twist tie. Place excess cord under the mattress to avoid any hazards.

Once installed, Bed Lever can aid mobility and transfers in and out of bed.

To change bedding easily, slide Bed Lever away from bed by pulling downwards on cord and releasing cord from cleat. Ensure Bed Lever is always refitted securely and monitored for ongoing safe use.

*Visit our website for an Installation Video*

Cleaning
Clean in a suitable well-ventilated area, and wear gloves and apron. Using a soft cloth, clean any dirt and grime with a household cleaner and hot water. A soft bristle brush may be used on harder to clean areas. Let Bed Lever stand for 2 minutes, then remove any excess fluid with a soft dry cloth. Let Bed Lever air dry.

Warranty & Disclaimer
Our Bed Lever hoops are guaranteed for 2 years so we will unconditionally replace it. Tas-Tech Services Ltd cannot be liable for any harm or injury resulting from the improper installation or use of the Bed Lever, or unsuitability of the Bed Lever for the user. Tas-Tech warrants to the original purchaser that this product will be free from defects for 2 years from the date of purchase. During this warranty period, defects in material or workmanship will be fixed free of charge. However, shipping costs will need to be prepaid by the original purchaser. The warranty is not transferable and covers only normal use. The warranty does not cover damage caused by unauthorised attachments, alterations, or modifications. Moreover, damage caused by use of this product for purposes other than those which product is designed / intended for will not be covered. Shipping costs are not refundable.

Wishing you all the best,
Tas-Tech Services Ltd.

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