FORMULATING FACIAL PRODUCTS

INTRODUCTION	12
SKIN CHEMISTRY: AN OVERVIEW	13
SKIN CHEMISTRY: DESQUAMATION	16
SKIN CHEMISTRY: NATURAL MOISTURIZING FACTOR	16
SKIN CHEMISTRY: STRATUM CORNEUM LIPIDS	18
SKIN CHEMISTRY: TRANSEPIDERMAL WATER LOSS (TEWL)	19
SKIN CHEMISTRY: SEBUM	20
SKIN CHEMISTRY: pH OF OUR SKIN	22
SKIN CHEMISTRY: AQUAGLYCEROPORINS	25
SKIN CHEMISTRY: COMEDOGENICITY	26
SKIN CHEMISTRY: ACNEGENICITY, PUSTULOGENICITY, AND SENSITIVE SKIN	27
QUESTION: WHAT'S THE DIFFERENCE BETWEEN MOISTURIZING AND HYDRATING?	29
SKIN TYPES: DRY SKIN DRY SKIN: IMPAIRED SKIN BARRIER DRY SKIN: LOWER HYDRATION LEVELS DRY SKIN: SOME SUGGESTED INGREDIENTS SKIN TYPES: OILY SKIN SKIN TYPE: RESISTANT (R) SKIN TYPE: SENSITIVE (S) SKIN ACNE TYPE ROSACEA PRONE STINGING TYPE ALLERGIC TYPE SKIN TYPE: PIGMENTED (P) OR NON-PIGMENTED (N) SKIN TYPE: WRINKLED (W) OR TIGHT (T) WORKING WITH YOUR SKIN TYPE AN ASIDE: WHAT DOES SPF MEAN?	31 33 35 36 37 38 38 40 41 42 43 44 46
SURFACTANTS! INCORPORATING MILDNESS INTO SURFACTANT BASED PRODUCTS	48 <i>50</i>
THICKENERS FOR SURFACTANTS CROTHIX GLYCOL DISTEARATE RITATHIX DOE	52 52 53 53
BOTANICAL EXTRACTS AND HYDROSOLS WHAT IS AN EXTRACT? HOW DO WE USE EXTRACTS IN OUR PRODUCTS? ALLANTOIN APPLE EXTRACT BANANA EXTRACT CHAMOMILE EXTRACT CHRYSTANTHEMUM OR FEVERFEW EXTRACT COMFREY ROOT CUCUMBER EXTRACT	55 56 57 57 59 61 62 63

GINSENG EXTRACT	65
GRAPESEED EXTRACT	66
GREEN TEA EXTRACT	67
HONEYSUCKLE EXTRACT	71
HORSETAIL EXTRACT	73
LIQUORICE EXTRACT	74
MARSHMALLOW EXTRACT	75
MALLOW EXTRACT	76
ORCHID EXTRACT	76
PAPAYA EXTRACT	77
PINEAPPLE EXTRACT	78
ROSEMARY EXTRACT	80
ST. JOHN'S WORT	83
STRAWBERRY EXTRACT	84
WHITE WILLOW BARK	85
WITCH HAZEL	86
ALOE VERA	89
HUMECTANTS	93
GLYCERIN	93
SODIUM LACTATE	94
SODIUM PCA (salt of pyrrolidone carboxylic acid)	94
HYDROVANCE	94
COCMECEUTICALC	0.0
COSMECEUTICALS THINGS TO CONSIDER WHEN CHOOSING COSMECEUTICALS	96
THINGS TO CONSIDER WHEN CHOOSING COSMECEUTICALS	97
ALPHA HYDROXY ACIDS	98
BETA GLUCAN	99
COPPER PEPTIDE (GHK-Cu)	100
DMAE	101
FERULIC ACID	102
GABA	103
MSM	104
MATRIXYL 3000	105
Multifruit BSC (aka Fruit Acid Complex)	106
NIACINAMIDE	107
PALMITOYL TETRAPEPTIDE-7	108
PEPHA-TIGHT	108
PHYTONADIONE	109
RESVERATROL	110
REVITAL-EYES	111
CAFFEINE	111
LACTOBACILLUS	111
SALICYLIC ACID OR BHA	113
SEA KELP BIOFERMENT	114
VITAMIN C	115
EMULSIFIERS	117
EMULSIFYING WAX (OR E-WAX)	117
INCROQUAT BTMS-50	118
LOTIONPRO 165	119
POLAWAX	120
RITAMULSE SCG	121
SUCRAGEL AOF	123
THICKENERS	126

STEARIC ACID CETYL ALCOHOL	126 126
CETYL ESTERS CETEARYL ALCOHOL	127 128
BEHENYL ALCOHOL	128
PRESERVATIVES	129
WHAT CAN CONTAMINATE OUR PRODUCTS?	129
HOW PRESERVATIVES WORK	130
HOW TO CHOOSE A PRESERVATIVE? COSMOCIL CQ	131 132
GEOGARD ULTRA	132
GERMABEN II	132
LIQUID GERMALL PLUS	132
LIQUIPAR OIL	132
LIQUIPAR OPTIMA	133
LIQUIPAR PE MIKROKILL COS	133 133
OPTIPHEN	133
OPTIPHEN ND	133
OPTIPHEN PLUS	134
PHENONIP	134
SUTTOCIDE A	134
ADVANCED ALOE LEUCIDAL LIQUID LEUCIDAL	134 135
NATAPRES	135
ANTI-OXIDANTS	135
What is rancidity?	135
How does rancidity differ from contamination?	136
How can we avoid rancidity?	136
What can we use as an anti-oxidant?	136
Anti-oxidants are not preservatives.	136
ESSENTIAL OILS	137
HOW ARE ESSENTIAL OILS PROCESSED? PHYSICAL METHODS	<i>137</i> 137
WATER BASED METHODS	137
ESSENTIAL OILS: ORANGE ESSENTIAL OIL	139
FOLDED ESSENTIAL OILS AND PHOTOTOXICITY	139
AN ASIDE: USING ESSENTIAL OILS IN FACIAL PRODUCTS	141
ESSENTIAL OILS: LAVENDER ESSENTIAL OILS: EUCALYPTUS	142 144
ESSENTIAL OILS: EUCALIPTUS ESSENTIAL OILS: ROSEMARY	145
ESSENTIAL OILS: TEA TREE	149
AN ASIDE: PROCEDURES WHILE MAKING PRODUCTS	152
FORMULATING SURFACTANT BASED FACIAL CLEANSERS	153
ADJUSTING THE pH OF OUR PRODUCTS	153
AN ASIDE: WHAT CAUSES SKIN TIGHTNESS AFTER WASHING?	154
BASIC FACIAL CLEANSER RECIPE	155
MODIFYING THE BASIC RECIPE FOR DRY SKIN MODIFYING THE BASIC RECIPE FOR DRY SKIN – LOWER SURFACTANT LEVELS	156 157
BANANA & GINSENG FOAMING FACIAL CLEANSER FOR DRY SKIN	157
HONEY CHAMOMILE FACIAL CLEANSER FOR DRY SKIN (LOWER SURFACTANT LEVELS)	

AN ASIDE: SOLUBILIZING OILS INTO WATER BASED PRODUCTS	159
MARSHMALLOW & PUMPKIN SEED CLEANSER FOR DRY SKIN	160
MODIFYING THE BASIC RECIPE FOR OILY SKIN	161
MODIFYING THE BASIC RECIPE FOR OILY SKIN	161
ROSEMARY & GREEN TEA FACIAL CLEANSER FOR OILY SKIN	162
CHRYSANTHEMUM & CHAMOMILE FACIAL CLEANSER FOR OILY SKIN	162
GRAPESEED & WITCH HAZEL FACIAL CLEANSER FOR OILY SKIN	163
MODIFYING THE BASIC CLEANSER FOR ACNE PRONE SKIN	163
ROSEMARY & WILLOW BARK CLEANSER FOR ACNE PRONE SKIN	164
MODIFYING THE BASIC CLEANSER FOR NORMAL SKIN	165
GREEN TEA & COCONUT FACIAL CLEANSER FOR NORMAL-DRY SKIN	165
ROSEMARY & WITCH HAZEL CLEANSER FOR NORMAL-OILY SKIN	166
AN ASIDE: YOU CAN MAKE SURFACTANT BASED FACIAL CLEANSERS WITHOUT HEATING AN	ND
HOLDING	167
	167
FACIAL CLEANSER FOR FOAMER BOTTLES - very oily skin	167
FACIAL CLEANSER FOR FOAMER BOTTLES - more conditioning and moisturizing for any skin type	рe
168	
FOAMING FACIAL WASH WITH SCI SUITABLE FOR NORMAL TO DRY SKIN	169
FOAMING FACIAL WASH WITH SCI FOR DRY TO NORMAL SKIN TYPES	170
FORMULATING A FOAMER BOTTLE RECIPE WITH TONS OF EXTRACTS	172
FACIAL WASH WITH A TON OF EXTRACTS IN A FOAMER BOTTLE	172
FORMULATING A FOAMING FACIAL CLEANSER WITH WHITE WILLOW BARK	173
FOAMING FACIAL CLEANSER FOR NORMAL TO OILY SKIN CONTAINING WHITE WILLOW	
BARK	174
CREATING LOW SURFACTANT FOAMING BOTTLE CLEANSERS WITH HYDROLYZED PROTEIN	٧
BASED SURFACTANTS	175
FOAMING SILK FACIAL CLEANSER SUITABLE FOR ALL SKIN TYPES	176
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT	177
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - VARIATION #1 -	
different surfactants, no foaming oat surfactant	181
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - different extracts, me	ore
powder	181
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - no ginger root extra	ct,
added hydrolyzed protein	182
LOW SURFACTANT FACIAL CLEANSER WITH FOAMING OAT SURFACTANT - lots and lots of chang	ges!
	182
FORMULATING A FOAMING RICE PROTEIN CLEANSER	183
FOAMING FACIAL CLEANSER WITH RICE CLEANSER	184
FORMULATING CREAMY SURFACTANT BASED CLEANSERS	185
CREAMY EXFOLIATING CLEANSER WITH JOJOBA BEADS	185
CREAMY EXFOLIATING FACIAL CLEANSER WITH JOJOBA ESTERS AND JOJOBA BEADS	185
CREAMY EXPOLIATING FACIAL CLEANSER FOR DRY SKIN	187
CREAMY EXPOLIATING FACIAL CLEANSER FOR WRINKLED SKIN	187
CREAMY EXPOLIATING FACIAL CLEANSER FOR OILY, RESISTANT SKIN	188
CREAMY EXPOLIATING FACIAL CLEANSER FOR ACNE OR ROSACEA PRONE SKIN	189
CREATING THICKENED SURFACTANT BASED CLEANSERS	190
CREAM CLEANSER FOR DRY SKIN	190
CREAM CLEANSER FOR DRY SKIN CREAM CLEANSER FOR NORMAL SKIN - FOR PEOPLE WHO LIKE OILS	190
	191
FORMILLATING OIL RASED FACIAL CLEANSERS	194

POTENTIAL OIL CLEANSING METHOD OIL FOR DRY SKIN POTENTIAL OIL CLEANSING METHOD CLEANSER FOR OILY SKIN	195 196
AN ASIDE ON USING LOTIONS AS CLEANSERS	197
AN ASIDE: CAN GLYCERIN PULL WATER FROM YOUR SKIN WHEN THE HUMIDITY IS LOW?	198
AN ASIDE: WHAT DOES "ACTIVE" MEAN FOR OUR INGREDIENTS?	201
FORMULATING FACIAL SCRUBS	202
CHEMICAL EXFOLIANTS	202
ALPHA HYDROXY ACIDS	202
MULTIFRUIT BSC (aka Fruit Acid Complex)	203
SALICYLIC ACID	203
WHITE WILLOW BARK	204
PAPAYA EXTRACT	204
PINEAPPLE EXTRACT	204
HONEYSUCKLE EXTRACT	205
PHYSICAL EXFOLIANTS	205
Jojoba beads	205
Loofah	205
Pumice Salt	205 206
Sugar	206
Seeds	206
Shells	206
Clay	206
Baking soda	206
Aluminum Oxide - Dermabrasion Crystals	207
Bamboo exfoliating powder	207
Vanilla bean specks	207
HOW TO USE EXFOLIANTS IN OUR PRODUCTS	207
FORMULATING AN OIL BASED FACIAL SCRUB	208
FACIAL SCRUB BASE	208
FORMULATING OIL BASED SCRUBS FOR DRY SKIN	209
DRY SKIN BLEND #1	210
DRY SKIN BLEND #2.	211
DRY SKIN BLEND #3 DRY SKIN BLEND #4	211 211
FORMULATING OIL BASED SCRUBS FOR OILY OR ACNE PRONE SKIN	213
OILY SKIN BLEND #1	214
OILY SKIN BLEND #2	214
OILY SKIN BLEND #3	214
OILY SKIN BLEND #4 WITH CASTOR OIL	215
ADDING THE EXFOLIANTS TO YOUR BASE	215
ADDING OIL BASED EXTRACTS TO OUR SCRUBS	216
BASE OIL WITH OIL SOLUBLE GREEN TEA EXTRACT	216
BODY OR FACIAL OIL WITH OIL SOLUBLE ALOE VERA EXTRACT	216
FORMULATING A SURFACTANT BASED SCRUB	218
INSTRUCTIONS FOR ALL THE SURFACTANT BASED SCRUBS	221
SAMPLE BASE FOR A FACIAL CLEANSER FOR OILY SKIN WITH PHYSICAL EXFOLIANTS	222
SAMPLE BASE modified to include glycerin	223
SAMPLE BASE modified to include glycerin and honeyquat	223
SAMPLE BASE modified to include glycerin, honeyquat, panthenol, and AHA SAMPLE BASE modified to include glycerin and polyquat 7	224 225
SAPIT LL DASE MOUNTEU TO METURE GLYCETHI UNU POLYYUUT /	223

	SAMPLE BASE modified to include glycerin, polyquat 7, and PEG-7 olivate	225
	SAMPLE BASE modified to include glycerin, polyquat 7, and Caprol Micro Express	226
	SAMPLE BASE modified to include glycerin, honeyquat, panthenol, and glycol distearate	226
	THICKENING YOUR FACIAL SCRUB	227
	SAMPLE BASE modified to include glycerin, polyquat 7, Caprol Micro Express, and liquid Crothix	227
	SAMPLE BASE modified to include glycerin, polyquat 7, Caprol Micro Express, and Amaze XT	228
	SURFACTANT BASE FOR DRY SKIN TO WHICH WE'LL ADD PHYSICAL EXFOLIANTS	229
	SURFACTANT BASE FOR OILY SKIN TO WHICH WE'LL ADD PHYSICAL EXFOLIANTS	230
	SAMPLE SURFACTANT BASE FOR OILY SKIN TO WHICH WE'LL ADD PHYSICAL EXFOLIANTS WIT	
	LOADS OF CHAMOMILE, ALOE VERA, AND WITCH HAZEL	231
	SURFACTANT BASE FOR DRY SKIN WITH CHEMICAL EXFOLIANTS, OIL SOLUBLE EXTRACTS, GLY	
	DISTEARATE, AND CATIONIC POLYMERS	232
	ADDING PHYSICAL EXFOLIANTS TO THE SURFACTANT BASE	232
	ADDING EXFOLIANTS TO OUR SURFACTANT BASE	234
	FINAL MODIFICATIONS OF SURFACTANT BASE FOR OILY SKIN TO WHICH WE'LL ADD PHYSICAL	
	EXFOLIANTS	234
	AN ASIDE: CAN WE USE A PHYSICAL AND CHEMICAL EXFOLIANT TOGETHER?	237
	FACIAL SCRUB RECIPE: FOAMING CLAY CLEANSER	237
	FOAMING CLAY CLEANSER	237
	AUSTRALIAN PINK CLAY MILD FACIAL SCRUB	238
F(239
	EMULSIFIED SUGAR SCRUB	239
	EMULSIFIED FACIAL SCRUB #1 - OCCLUSIVE, dry feeling	240
	EMULSIFIED FACIAL SCRUB #2 - FANCY OIL VERSION, DRIER FEELING	241
	EMULSIFIED FACIAL SCRUB #3 - BUDGET CONSCIOUS	242
	MODIFYING EMULSIFIED SCRUBS FOR YOUR SKIN TYPE	242
	EMULSIFIED SUGAR SCRUB FOR DRY SKIN	242
	EMULSIFIED SUGAR SCRUB FOR OILY SKIN	242
	EMULSIFIED SUGAR SCRUB FOR ROSACEA PRONE SKIN	243
	EMULSIFIED SUGAR SCRUB FOR WRINKLED OR PIGMENTED SKIN	243
A	N ASIDE: WHAT IS THE SHELF LIFE OF OUR PRODUCTS?	245
	BASIC LOTION RECIPE	245
w	HAT'S AN INCI NAME?	248
		250
W	ORKING WITH RECIPES: HOW TO CONVERT FROM PERCENTAGES TO WEIGHT	250
F	DRMULATING TONERS	252
	SWIFT'S BASIC TONER RECIPE	253
	FORMULATING A TONER FOR THE OILY SKIN TYPE	253
	ROSEMARY AND GREEN TEA TONER FOR OILY, RESISTANT SKIN	255
	TONER FOR ACNE PRONE SKIN	256
	TONER FOR OILY, WRINKLED SKIN	257
	FORMULATING TONERS FOR DRY SKIN TYPES	258
	TONER SUITABLE FOR DRY, SENSITIVE OR WRINKLED SKIN	260
	FORMULATING FOR DRY, RESISTANT OR WRINKLED SKIN	260
	TONER SUITABLE FOR DRY, RESISTANT SKIN WITH WRINKLES	261
	FORMULATING FOR DRY SKIN IN GENERAL	261
	MINIMALIST TONER FOR DRY SKIN	262
	IN BETWEEN TONER FOR DRY SKIN	262
	MAXED OUT TONER FOR DRY SKIN	263
	A FEW OTHER TONER IDEAS	263
	TONER FIT FOR A BEST FRIEND WITH NORMAL SKIN	263

LAVENDER & CHAMOMILE TONER MIN-MAXING YOUR TONER MIN-MAXED TONER USING COSMECEUTICALS IN A TONER MIN-MAXED TONER WITH COSMECEUTICALS INCLUDING WATER SOLUBLE OILS IN A TONER ROSEMARY AND GREEN TEA TONER WITH WATER SOLUBLE OILS	264 265 266 267 267 267 267
FORMULATING WATER SOLUBLE GELS FOR UNDER EYE GELS CREATING A GEL WITH CARBOPOL ULTREZ 20 (THICK GEL) FORMULATING AN EYE GEL FORMULATING AN EYE GEL - VERSION 1 UNDER EYE GEL #1 FORMULATING AN EYE GEL, VERSION 2 UNDER EYE GEL #2 FORMULATING AN EYE GEL - MAKING MODIFICATIONS UNDER EYE GEL - ASTRINGENT, COOLING, ANTI-INFLAMMATORY UNDER EYE GEL - KERATOLYTIC, SOFTENING, MOISTURIZING, OCCLUSIVE UNDER EYE GEL - CHAMOMILE, OATS & SODIUM LACTATE UNDER EYE GEL - WITCH HAZEL, HONEYQUAT, GREEN TEA EXTRACT, AND DARK EYE COMPLEX	269 270 271 272 273 273 274 275 276 277 277
FORMULATING OIL SOLUBLE GELS TO MAKE UNDER EYE GELS FORMULATING OIL SOLUBLE GELS WITH CERA BELLINA RECIPE FOR OILY GEL WITH CERA BELLINA ANHYDROUS EYE SERUM WITH CERA BELLINA	279 279 280 280
MAKING AN EMULSIFIED EYE CREAM FORMULATING THE OIL PHASE FORMULATING THE WATER PHASE ADDING COSMECEUTICALS EYE CREAM WITH RITAMULSE SCG TWEAKING THE EYE CREAM WITH DIFFERENT EMULSIFIERS TWEAKING THE OILS IN THE EYE CREAM	283 283 285 286 287 289 291
CREATING AN ANHYDROUS EYE SHADOW PRIMER ANHYDROUS EYE SHADOW PRIMER	293 <i>293</i>
FORMULATING A FACIAL SERUM GENERAL RECIPE FOR MAKING A SERUM FORMULATING FOR THE OILY SKIN TYPE FACIAL SERUM FOR OILY, BREAK OUT PRONE SKIN THINGS TO THINK ABOUT WHEN FORMULATING A SERUM FORMULATING FOR THE DRY SKIN TYPE FACIAL SERUM FOR DRY SKIN SHANNON'S FACIAL SERUM FOR DRY SKIN	295 296 297 297 297 298 298
AN ASIDE: HOW DO OILS IN A SERUM STAY MIXED?	299
FORMULATING A FACIAL SERUM WITH SEA BUCKTHORN OIL FACIAL SERUM FOR DRY SKIN WITH SEA BUCKTHORN OIL FACIAL SERUM FOR OILY SKIN WITH SEA BUCKTHORN OIL	300 300 300
FORMULATING A SERUM WITH OIL SOLUBLE EXTRACTS FACIAL SERUM WITH OIL SOLUBLE GREEN TEA EXTRACT FACIAL SERUM WITH OIL SOLUBLE MALLOW EXTRACT	301 <i>301</i> <i>302</i>
FORMULATING A SERUM WITH ESTERS	302

FACIAL SERUM FOR DRY SKIN USING ESTERS	302
FORMULATING A FACIAL SERUM WITH SUPER STEROL ESTERS	303
FACIAL SERUM FOR DRY SKIN USING SUPER STEROL	303
FORMULATING A FACIAL SERUM WITH SILICONES	304
FACIAL SERUM FOR ALL SKIN TYPES USING SILICONES	304
FORMULATING A FACIAL LOTION BAR	304
FACIAL LOTION BAR FOR THE WINTER MONTHS	307
LOTION BAR WITH OIL SOLUBLE GREEN TEA EXTRACT	307
FORMULATING FACIAL MOISTURIZERS	308
BASIC FACIAL MOISTURIZER RECIPE – 80% WATER	309
BASIC FACIAL MOISTURIZER RECIPE – 85% WATER	311
A FEW NOTES ON MAKING LOTIONS	311
THE HEATED WATER PHASE	311
THE HEATED OIL PHASE	312
THE COOL DOWN PHASE	314
AN ASIDE: HOW DO YOU KNOW WHEN TO ADD AN INGREDIENT?	314
MODIFYING THE BASIC RECIPE FOR NORMAL SKIN	315
BASIC FACIAL MOISTURIZER RECIPE FOR NORMAL SKIN	316
MODIFYING THE BASIC RECIPE FOR DRY SKIN	317
MODIFIED FACIAL MOISTURIZER FOR DRY SKIN	319
MODIFIED BASIC RECIPE FOR WRINKLED SKIN	320
MODIFIED MOISTURIZER FOR DRY, WRINKLED SKIN	321
MODIFYING THE BASIC RECIPE FOR OILY SKIN	322
MODIFIED CATIONIC OIL-FREE FACIAL MOISTURIZER FOR OILY, RESISTANT SKIN	324
MODIFIED CATIONIC OIL-FREE MOISTURIZER FOR ACNE PRONE OR ROSACEA TYPE SKIN	
MODIFIED CATIONIC OIL-FREE MOISTURIZER FOR OILY, AGING OR WRINKLED SKIN	324
FORMULATING SILICONE BASED FACIAL MOISTURIZERS	326
SILICONE BASED MOISTURIZER FOR DRY, WRINKLED SKIN	327
SILICONE BASED MOISTURIZER WITH EXOTIC OILS FORMULATING A FACIAL MOISTURIZER WITH HEMP SEED OIL	327 329
FACIAL MOISTURIZER WITH HEMP SEED OIL FACIAL MOISTURIZER WITH HEMP SEED AND MACADAMIA NUT OIL	330
FACIAL MOISTORIZER WITH HEMP SEED AND MACADAMIA NOT OIL FORMULATING WITH SEA BUCKTHORN OIL	331
FACIAL MOISTURIZER WITH SEA BUCKTHORN OIL	331
FORMULATING A FACIAL MOISTURIZER WITH SUNFLOWER OIL	332
FACIAL MOISTURIZER WITH SUNFLOWER OIL	333
MODIFYING THE BASIC MOISTURIZER WITH COSMECEUTICALS	334
MODIFIED FACIAL MOISTURIZER WITH NIACINAMIDE, BETA GLUCAN, AND DMAE	334
MODIFIED 85% WATER FACIAL MOISTURIZER RECIPE TWEAKED TO INCLUDE SOME	334
COSMECEUTICALS	335
FACIAL MOISTURIZER TWEAKED TO INCLUDE EVEN MORE COSMECEUTICALS	335
MAKING FACIAL MOISTURIZERS WITH BTMS-50	337
BASIC FACIAL MOISTURIZER RECIPE WITH BTMS-50	338
SAMPLE BTMS-50 RECIPE WITH MODIFIED WATER PHASE	339
FACIAL MOISTURIZER WITH BTMS-50 WITH LOADS OF COSMECEUTICALS	340
FORMULATING OIL FREE MOISTURIZERS	341
CATIONIC OIL FREE FACIAL MOISTURIZER	343
MODIFYING THE OIL FREE MOISTURIZERS TO INCLUDE COSMECEUTICALS	344
MODIFIED CATIONIC OIL-FREE MOISTURIZER FOR ACNE PRONE OR ROSACEA TYPE SKIN WITH	
COSMECEUTICALS	345
FORMULATING AN OIL FREE MOISTURIZER WITH ESTERS	346
OIL FREE FACIAL MOISTURIZER WITH ESTERS	346

FORMULATING MOISTURIZERS WITH LIQUID CRYSTAL EMULSIFIERS EMULSIFIER: OLIVEM 1000 EMULSIFIERS: MONTANOV 68 BASIC MONTANOV 68 MOISTURIZER	349 350 351
HEATED WATER PHASE CHAMOMILE & BETA GLUCAN MONTANOV 68 MOISTURIZER HORSETAIL & SILK PROTEIN MONTANOV 68 MOISTURIZER	351 352 353
APPENDIX: OIL AND BUTTER PROFILES INGREDIENTS: EMOLLIENTS - CARRIER OIL PROFILES APRICOT KERNEL OIL AVOCADO OIL CASTOR OIL COCONUT OIL FRACTIONATED COCONUT OIL GRAPESEED OIL HAZELNUT OIL HEMP SEED OIL JOJOBA OIL MACADAMIA NUT OIL MEADOWFOAM SEED OIL OLIVE OIL RICE BRAN OIL SESAME OIL SOY BEAN OIL SUNFLOWER OIL SWEET ALMOND OIL VIRGIN COCONUT OIL WHEAT GERM OIL	355 356 356 357 359 360 361 362 364 366 367 368 369 370 371 372 372 373
INGREDIENTS: EMOLLIENTS - BUTTER PROFILES COCOA BUTTER MANGO BUTTER SHEA BUTTER	376 376 377 378
AN ASIDE: CAN I USE GROCERY STORE OILS IN MY PRODUCTS?	380
AN ASIDE: WHY USE MORE THAN ONE OIL IN A LOTION?	380
INGREDIENTS: EMOLLIENTS - EXOTIC BUTTERS ILLIPE BUTTER MOWRAH BUTTER KOKUM BUTTER SAL BUTTER MURUMURU BUTTER BABASSU OIL	381 381 381 381 381 382 382
INGREDIENTS: EMOLLIENTS - EXOTIC OILS ARGAN OIL BLACKBERRY SEED OIL BLUEBERRY SEED OIL BORAGE OIL CALENDULA OIL CAMELLIA OIL CARROT TISSUE OIL CRANBERRY OIL EMU OIL	384 384 385 386 387 388 389 390 391

EVENING PRIMROSE OIL	392
KUKUI NUT OIL	393
POMEGRANATE OIL	394
PUMPKIN OIL	395
RASPBERRY SEED OIL	396
ROSEHIP OIL	<i>397</i>
SEA BUCKTHORN OIL	398
A LITTLE INFORMATION ON OUR YOUTH PROGRAMS	401
ABOUT THE AUTHOR	401