

## Table of Contents

<b>CREATING AN ALOE VERA GEL WITH CARBOPOL ULTREZ 20 .....</b>	<b>4</b>
CREATING A GEL WITH CARBOPOL ULTREZ 20 (THICK GEL) .....	5
ALOE VERA, CUCUMBER, AND CHAMOMILE GEL WITH ULTREZ 20 .....	6
<b>MAKING AN ALOE VERA GEL WITH XANTHAN GUM .....</b>	<b>7</b>
ALOE VERA, PEPPERMINT, AND CHAMOMILE GEL WITH XANTHAN GUM .....	7
<b>MAKING A GEL WITH SEPIMAX ZEN .....</b>	<b>8</b>
ALOE VERA, ALLANTOIN, AND PEPPERMINT GEL WITH SEPIMAX ZEN .....	8
<b>CREATING A MINTY SUMMER COOLING SPRAY.....</b>	<b>9</b>
PEPPERMINT & GREEN TEA COOLING SPRAY .....	9
<b>CREATING A LIGHT SUMMERY LOTION WITH ARISTOFLEX AVC .....</b>	<b>11</b>
LIGHT SUMMERY LOTION WITH CHAMOMILE & ALLANTOIN .....	11
<b>CREATING A LIGHT SUMMERY LOTION WITH POLAWAX.....</b>	<b>12</b>
LIGHT SUMMERY LOTION WITH OAT PROTEIN & JOJOBA OIL.....	13
<b>CREATING A LIGHT LOTION WITH INCROQUAT BTMS-50 .....</b>	<b>15</b>
LIGHT ALOE & KUKUI NUT OIL LOTION .....	16
<b>CREATING A SUMMER BODY BUTTER .....</b>	<b>17</b>
BASIC BODY BUTTER WITH LOTIONPRO 165.....	17
RICE BRAN & ROSE LIGHT BODY BUTTER .....	19
<b>SUMMER FOOT CARE PRODUCTS .....</b>	<b>20</b>
EXFOLIATING SCRUB BARS .....	20
FOOT SCRUB BAR WITH MENTHOL & PUMICE .....	21
TINGLY FOOT LOTION.....	21
SUPER HYDRATING FOOT LOTION RECIPE WITH MENTHOL.....	22
EXFOLIATING FOOT CREAM WITH MACADAMIA NUT OIL & MANGO BUTTER .....	23
MINTY FOOT GEL.....	24
BASIC MINTY FOOT GEL.....	24
MINTY FIZZING FOOT SALTS .....	25
<b>SUMMER LOTION BAR.....</b>	<b>26</b>
MIXED BERRIES & MANGO SUMMERY LOTION BAR .....	28
<b>BEACHY SUMMER TEXTURIZING SPRAY .....</b>	<b>29</b>
BASIC SALT WATER HAIR SPRAY.....	29
MOISTURIZING BEACHY SALT SPRAY .....	29
CONDITIONING BEACHY SALT SPRAY .....	30
CONDITIONING AND HYDRATING BEACHY SALT SPRAY .....	30
CONDITIONING, MOISTURIZING, AND HYDRATING BEACHY SALT SPRAY .....	30
<b>DRY SHAMPOO.....</b>	<b>32</b>
DRY SHAMPOO .....	32
<b>COOL TIE PATTERN.....</b>	<b>33</b>
<b>WHERE CAN YOU FIND SUPPLIES? .....</b>	<b>33</b>
<b>HAVE ANY QUESTIONS, COMMENTS, SUGGESTIONS, OR IDEAS FOR OTHER E-ZINES? .....</b>	<b>33</b>