

INTRODUCTION	4
GENERAL NOTES ON MAKING PRODUCTS	5
LET'S TALK ABOUT ANTI-OXIDANTS & PRESERVATIVES	6
HURDLE TECHNOLOGY	7
A FEW IDEAS FOR NATURALLY COMPLIANT PRESERVATIVES	8
PACKAGING OF GREEN PRODUCTS	9
AN ASIDE: A NOTE ON USING FOODSTUFFS IN OUR PRODUCTS	9
AN ASIDE: THE COLOUR OF YOUR PRODUCTS	9
TESTING & ADJUSTING THE pH	10
CERTIFICATIONS FOR MAKING NATURALLY COMPLIANT COSMETICS	12
WHAT DOES IT MEAN IF YOUR INGREDIENT IS ECOCERT?	12
WHAT DOES IT MEAN IF YOUR INGREDIENT IS COSMOS APPROVED?	16
WHAT DOES IT MEAN IF YOUR INGREDIENT IS NATRUE CERTIFIED?	19
WHAT DOES IT MEAN IF AN INGREDIENT IS ISO 16128 CERTIFIED?	21
LET'S TALK ABOUT PALM OIL, RSPO, AND MASS BALANCE	24
CREATING CLEANSING GRAINS	27
POWDERED SURFACTANTS	27
HUMECTANTS	27
POWDERED EXTRACTS	29
POWDERED EXTRACT REFERENCE CHART	29
VITAMINS & OTHER THINGS	31
EXFOLIANTS & CLAYS	32
OTHER COOL INGREDIENTS!	32
FOAMY, BUBBLY, LATHERY CLEANSING GRAINS	33
A QUICK POINT OF INTEREST ABOUT USING THIS FORMULA AS A MASK	35
CREATING ECOCERT FACIAL CLEANSERS	36
MEET THE GREEN LIQUID SURFACTANTS!	36
CREATING FOAMING FACIAL CLEANSERS WITH ECOCERT INGREDIENTS	37
SULFATE-FREE, ECOCERT FOAMING FACIAL CLEANSER USING DECYL GLUCOSIDE - VERY LIGHT CLEANSING	38
MICELLAR WATER	40

CREATING A MICELLAR WATER WITH CAPRYLYL/CAPRYL GLUCOSIDE	40
MICELLAR WATER WITH CAPRYLYL/CAPRYL GLUCOSIDE	41
CREATING A MICELLAR WATER WITH POLY SUGA MULSE D9	42
CREATING A MICELLAR WATER WITH SYMBIO®SOLV CLEAR PLUS MB	43
“NATURAL FRESH MICELLAR WATER” BY EVONIK AND MY MODIFICATIONS.....	44
CREATING A BOTANICAL, VITAMIN PACKED TONER AND TARGETED	
TREATMENT GEL!.....	45
VITAMIN PACKED BOTANICAL TONER FOR ALL SKIN TYPES	46
FOR ALL SKIN TYPES, HOW TO USE THIS TONER AS A SHEET MASK	47
FOR ALL SKIN TYPES, HOW TO USE THIS TONER AS A CLAY MASK.....	47
HOW TO MODIFY THIS TONER INTO A GEL.....	47
FOR ALL SKIN TYPES, HOW TO USE THIS GEL AS A TARGETED TREATMENT.....	47
FOR ALL SKIN TYPES, HOW TO USE The TONER-GEL AS A SCRUB	48
HOW TO GET YOUR GLITTER ON AND BE ENVIRONMENTALLY FRIENDLY!	49
CONCLUSION	51
MY BLOG, POINT OF INTEREST	51
THANK YOU TO MY AMAZING SUBSCRIBERS.....	51
HOW TO CONTACT ME	51
SUPPLIERS' INFORMATION	52

Written by Susan Barclay Nichols, better known as SwiftCraftyMonkey, blogger and formulator for the blog Point of Interest (<http://swiftcraftymonkey.blog>).

© 2019 by Susan Barclay Nichols. All rights reserved. This e-zine or any portion thereof may not be reproduced in any form without the express written permission of the author, except as permitted by Canadian copyright law.

The products you make from formulas contained in this e-zine can be used by you for personal or commercial purposes, but please don't copy and paste the text or share this entire e-zine on sites like Scribd or forward to your friends who aren't subscribers to the blog. Have fun formulating!