

# 2019 Smartwatch User Manual

Version 1.0



# SPADE & CO

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# Getting Started

## Install the Da Fit app on your smartphone

On your Android smartphone or iPhone, visit [spadeandco.com/app](https://spadeandco.com/app) to download the Da Fit app. You will need this app to sync data with your smartwatch.

## Connect your smartwatch to your smartphone

Make sure Bluetooth is turned on on your smartphone.

Launch the Da Fit app on your smartphone. Tap on the watch icon and select your smartwatch to connect it. It typically appears as "SN60-Plus". Tap on the name to connect your watch to your phone. There is no password needed. You will see "Connected" on top of the screen, along with the battery level of your smartwatch.

The time, steps, heart rate, etc. will automatically sync.

## Turn OFF your watch

To turn off your watch, **long press** while in the main screen (where you see the time). You will see a battery level along with the OS version and other information. From that screen, **long press** one more time. You will see 3 options: **Power Off**, **Reset** and **Cancel**. **Long press** on **Power Off**.

## Turn ON your watch

When your watch is OFF, simply **long press** the **home button** at the bottom of the screen for a few seconds. If the screen does not turn on after a few seconds while pressing, charge your watch using the USB charger provided.

## Charge your watch

Wrap the charging adaptor around your watch as shown on the left picture. Plug the USB port into a computer or your smartphone outlet adaptor.

Note: Make sure the pins on the charger are properly placed. You should see the charging animation when the watch is charging correctly.



## Reset your watch

To reset your watch and go back to default settings, **long press** while in the main screen (where you see the time). You will see a battery level along with the OS version and other information. From that screen, **long press** one more time. You will see 3 options: **Power Off**, **Reset** and **Cancel**. **Long press** on **Power Off**. **Quick tap** to select **Reset** then **long press** to apply.

Note: Resetting your watch will delete all your data on it and will disconnect it from your smartphone.

## How to Navigate

In order to navigate the menu on your watch, simply tap on the front facing bottom located at the bottom of the screen. A small tap takes you to the next menu item. A long tap takes you inside this menu item. For example, a long tap on the messages menu will show you your text messages.

# Settings

## Language

To change the language, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then **Language**. You can select among English, Chinese, French, Spanish, Italian, Portuguese and others.

## Time Formats (12-hour or 24-hour)

To display the time in either 12-hour or 24-hour format, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then **Time Formats**. You can then switch between **12-hour Time** and **24-Hour Time**.

## Unit Format (feet or meters)

To switch between metric and imperial unit formats, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then **Unit format**. You can then switch between **metric** and **imperial**.

## Temperatures (Fahrenheit or Celsius)

To switch between Fahrenheit or Celsius, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then **Temperature format** under Weather. You can then switch between **Fahrenheit** and **Celsius**.

## Screen Brightness

To select the brightness on your watch, **long press** on **Others**, then quick tap multiple times until you see **Brightness**. **Long press** to select **Brightness**, and quick tap to select the brightness level you desire. To apply, **long press**.

# Watch Faces

You can choose among a digital watch face (by default), an analog watch face or a custom watch face with your own photo. To change your watch face, open the Da Fit app on your smartphone, tap on the **watch icon** and select **Watch Faces**. Simply select the watch face you want and your watch face will automatically update.

To customize your watch face with your own photo, select the top option in the Watch Faces screen, then tap on **Edit**. Tap on **Select picture** to pick a photo from your native photo app. You will have the option to move or crop your photo. Select the text color you want, as well as what data you would like to display. You can choose among Date, Sleep, Heart Rate and Steps.

Note: You can only select among these 3 watch faces. If you would like to show a specific style, we recommend using the custom option and selecting a photo of your choice.

# Alarms

You can set up to top 3 alarms on your watch. To set an alarm, open the Da Fit app on your smartphone, tap on the **watch icon** and select **Alarms**. Tap on any alarm to change the time, then **Save**. You can choose to repeat the alarm on specific days by selecting among the days of the week under Repeat.

## Track your Sleep

In order to track your sleep, simply wear your watch at night. Your sleep data will show on your watch as well as on your Da Fit app on your smartphone.

Note: the sleep tracking is only enabled during the night.

## Track your Heart Rate

In order to track your heart rate, **long press** on **Measure HR** on your watch. You can release your finger as soon as you see “loading...” along with a small vibration. Your BPM will show after a few seconds. Your heart rate data will automatically sync with your Da Fit app on your smartphone.

You can also monitor your heart rate throughout the day. To do so, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then turn on **Full-day Heart Rate**. A new section called “Full-day Heart Rate” will appear in Today’s screen of the app.

## Track your Activity

By default, your watch tracks your activity such as steps you take and estimate distance based on the personal information you enter such as step length. You can also track specific sports: Walking, Running, Cycling, Skipping (Jumping Rope), Badminton, Basketball, Football (Soccer).

In order to track your training, **long press** on **Training** on your watch. **Quick tap** to switch among sports and **long press** to validate.

Note: The default screen shows burned calories (flame icon), heart rate (heart icon) and steps (step icon).

## Weather

To enable weather on your watch, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then turn on **Weather**. Make sure to grant the app access to your location.

## Location

To select the location to display the weather information, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then **Location** under Weather. Type the name of the location you would like to see weather information on your watch. You can also search by zip code.

## Text Messages

You can read your messages (SMS, etc.) from your watch. Just **long press** on **Messages**, then **quick tap** to navigate among messages.

Note: Your watch will display the last couple of text messages. New incoming messages will replace older ones.

# Notifications

In addition to incoming messages, your watch can notify you every time you receive a phone call, and other notifications on your smartphone such as iMessage, Whatsapp, Facebook, Messenger, Twitter, Instagram, Skype, etc.

To control which notification to receive on your watch, open the Da Fit app on your smartphone, tap on the **watch icon** and select **Notifications**. You can then turn on or turn off notifications from specific apps.

## Find Device

To help you locate your watch, you can generate a long vibration from your smartphone. To do so, open the Da Fit app on your smartphone, tap on the **watch icon**, select **Others**, then **Find Device**.

Note: your watch will need to be within the Bluetooth range.

## Music Remote

You can control your smartphone's music remotely from your watch. To play, pause and change tracks remotely, **long press** on **Player** on your watch.

## Camera Remote

You can control your smartphone's camera to take photos remotely from your watch. To take photos remotely, open the camera app on your smartphone, **long press** on **Shutter** on your watch.

# Troubleshooting

## Watch lost connection with the Da Fit app

If your watch lost connection with your smartphone, follow these steps:

- Make sure your watch is fully charged
- Open the Da Fit app on your smartphone
- Select the **watch icon**
- Select **Remove Device**
- Open your Settings in your smartphone, select Bluetooth, then your watch. Select “forget this device”.
- Kill the Da Fit app. If you don’t know how to kill an app on your smartphone, reboot your phone.
- Launch the Da Fit on your smartphone.
- Select the **watch icon** then Connect Device

Note: If you are still unable to reconnect your watch after following these steps, uninstall the Da Fit app from your smartphone, forget the watch in your Bluetooth settings, reboot your phone and re-download the app. You can follow the steps under Getting Started.

## Battery lasts for less than a day

Make sure your battery is fully charged. To check your battery level, **long press** on the main screen (with time). If your battery is fully charged and drains entirely within less than a day, email us at [support@spadeandco.com](mailto:support@spadeandco.com).

## Watch is not charging

Make sure the USB or power outlet has power. To check, simply connect your phone or any other device to the USB or power outlet. Also, check if the charger is positioned correctly. The two connectors must align with the watch connectors on the back. When charging correctly, the watch should display an animation like the one on the right:



## Unable to pair with phone

If you are unable to pair your watch with your smartphone, follow these steps:

- Make sure your watch is fully charged
- Open your Settings in your smartphone, select Bluetooth, then your watch. Select “forget this device”.
- Kill the Da Fit app. If you don’t know how to kill an app on your smartphone, reboot your phone.
- Launch the Da Fit on your smartphone.
- Select the **watch icon** then Connect Device
- Follow the instructions under Getting Started

## Watch does not turn ON

Make sure your watch is fully charged. If you are not sure, simply charge your watch using the charger as provided. **Long press** on the home button at the bottom of the screen for several seconds. If the watch still does not turn ON, email us at [support@spadeandco.com](mailto:support@spadeandco.com).

## Slow touch response

If the menu is slow to navigate, power off then power on your watch.

To turn off your watch, **long press** in the main screen (where you see the time). You will see a battery level along with some serial numbers. From that screen, **long press** one more time. You will see 3 options: **Power Off**, **Reset** and **Cancel**. **Long press** on **Power Off**.

To turn your watch back ON, simply **long press** the **home button** at the bottom of the screen for a few seconds. If the screen does not turn on after a few seconds while pressing, charge your watch using the USB charger provided.

## Inaccurate measurement

Your watch tracks data such as steps and heart rate. Please keep in mind that steps may be counted inaccurately if you move your wrist in a similar way than you do while walking. Please note that all information presented is intended to be used for personal educational or informational purposes only. Please refer to our [Terms and Services](#) for more information. If you have any questions, email us at [support@spadeandco.com](mailto:support@spadeandco.com).

## Screen not bright enough

Make sure the brightness of your screen is set to the max. To select the brightness on your watch, long press on **Others**, then **quick tap** multiple times until you see **Brightness**. **Long press** to select **Brightness**, and **quick tap** to select the brightness level you desire. To apply, long press.

Note: Keep in mind that the watch's brightness consumes more battery life.

## Not consistently receiving text and call notifications

If you are not receiving text and call notifications, your watch might be disconnected, out of range or out of power. Please refer to the other troubleshooting sections to resolve any of these issues.

## Da Fit app shows too many ads

Da Fit is developed by a third party different from Spade & Co. If you have any complaint or suggestion about the app, please email them directly at [support@mofit.me](mailto:support@mofit.me).