

READY. SET.

Fill in the Love.[®]

A FEW FILL-IN POINTERS:

- People crave specifics. They want to be told precisely what you love about them. So if you're not a poet, or even a good speller, don't sweat it. Just be detailed and real.
- Seemingly banal choices can be surprisingly effective. ("I love your nose.")
- Write out your fill-ins on a separate piece of paper first. It's less pressure.
- If you're stuck, cross out and rewrite the prompts to make them work for you.

SPECIFICS TO CONSIDER:

- Unexpected physical aspects (ears, voice, scent)
- Little things you secretly enjoy (the way they say hello, brush their hair, twitch in their sleep)
- Qualities you admire that the person may be unaware of (adventurous spirit, a desire to be happy, a facility with power tools)
- Positive ways this person has affected you (teaching you to cook, helping you deal, upping your chess game)

OH, AND ALSO:

- Don't overthink it.
- Don't judge.
- Just relax.
- They're going to love it.

I am kind of obsessed
with your

dimples

Your

lasagna

is legendary.

I dig the way you

jingle your keys

If we could bottle your

sense of justice

and sell it, we'd make a fortune.

I love that you taught me
to appreciate

bossa nova music