

St David's Head & Carn Llidi Circular Walk

Region – Pembrokeshire Coast

County/Area – Pembrokeshire

Length – 4.9 miles / 7.9 kms

Duration – 2 – 3 hours

Ascent – 300 feet/ 91 metres

Grade – Easy/Moderate

Start – Car Park at Whitesands Bay

Postcode SA62 6PS (approx. location only)

Walk Route Description

An impressively rugged coastal walk lying within the Pembrokeshire National Park with perhaps the finest seaboard hill in South Wales, Carn Llidi, as the climax. The walk goes around the rocky and rugged headland, then turns inland over the shoulder and around the base of Carn Llidi, with an option of climbing to the summit for the magnificent view. Although the coastal part of the route is rockier than most, there are no particularly strenuous sections.

Route

- Exit the Whitesands Car Park (Start Point)., Facing the beach, take the signposted coast path to the right of a telephone box.
- Proceed between fences; after 150yds fork right (left goes to Trwynhwrddyn promontory).
- Continue heading steadily uphill, following the coast path along the top of rugged cliffs, past a National Trust sign and over a footbridge.
- Continue along to end of St. David's Head.
- At the end of the headland the path turns right to continue in a north easterly direction
- Continue along the coast path, between rocks and heather.
- Leaving the coast path, along a grassy track that heads up to the enclosure and continue passing to the right of it heading uphill. At the top of the shoulder, where the view ahead opens, a wall joins on the left.
- **Optional summit climb:** Turn right up to the rocky summit of Carn Llidi.
- **Main route:** Descend gently from the shoulder along a well-defined path, keeping the wall on your left.
- The path curves to the right around the base of the hill.
- The path descends to a stile; do not climb it but turn right for a few yards and then bear left to continue below Carn Llidi, still keeping the wall on your left.
- Turn left and continue along the track, climb a stile beside a metal gate and head down to a farm.
- Keep forward as signposted in the centre of the farm buildings (ignoring left fork).
- Continue down a curving hedge lined track, later tarmacked, to reach a road
- Turn right for the short distance along this road (the B4583), back to the car park start point.