

Harding's Down & Rhossili Down from Rhossili

Region - Gower Peninsula

County/Area - Swansea

Length - 9.0 miles / 14.6 km

Ascent - 1400 feet / 424 metres

Grade - moderate

Start - OS grid reference SS415879

Postcode SA3 1PN (approx. location only)



Walk Route Description

The start is the car park behind the sea front at Rhossili (grid ref. SS415879). After parking walk towards the sea and turn left and follow the Wales Coast Path in a westerly direction.

- Ahead you soon enjoy fine views to Worms Head. It is worthwhile continuing to the Lookout Station (grid ref. SS403874)
- Keeping the sea on your right follow the path along the shore climbing up to meet the cliff top path. Continue along the coast past Fall Bay towards Mewslade Bay.
- You can take the higher path and continue to the lane in Pitton (grid ref. SS426876) or take the lower path and before continuing into Pitton.
- Reaching the lane, turn left. Reaching the B4247, go straight across and follow the lane ahead.
- Ignore the first track to your left and continue ahead bearing left to follow a track initially through trees that heads north. The track becomes more of a path as you walk and after 600 metres or so you reach a junction with another track (grid ref. SS430885).
- Take the footpath opposite and continue following the path initially north-east but then north to reach a track at Kingshall (grid ref. SS434891).
- From Kingshall the path heads across fields in a northerly direction with the field boundary on your left.
- Reaching a lane just past Cathan at grid ref. SS433903, turn right towards Harding's Down.

Note: There are many paths and tracks on this hill and its best to choose your own route to the summit.

- From the hill top walk northeast passing a large earthwork and clear track beyond. Careful navigation here will help you locate the onward path at grid ref. SS432908.
- Follow the path across fields past Ravens Well to the village of Llangennith.
- From the village centre take the lane heading south and in 150 metres turn right onto a footpath (grid ref. SS428913).
- Cross the fields to College Mill.
- Cross the stream and take the path to Hillend.
- Reaching the lane at Hillend turn left and follow the clear path heading south up the main ridge of Rhossili Down. All that remains is to descend back to Rhossili village and the start.