

Golden Cap from Seatown

County/Area - Dorset

Length - 4.0 miles / 6.5 km

Ascent - 1100 feet / 333 metres

Grade - easy/mod

Start - OS grid reference SY420917

Postcode DT6 6JU (approx. location only)

Walk Route Description

This short half day walk starts from the small village of Seatown, which is reached down a minor road from the village of Chideock on the A35 between Lyme Regis and Bridport. There is a small pay and display car park (Grid ref. SY420917) behind the beach with few other places to park.

- From the back of the beach take the South West Coast Path west towards Golden Cap and Charmouth. The path climbs steadily on a clear path with improving retrospective views along the Dorset coast towards Portland.
- Descend from the top passing the memorial to the Earl of Antrim (Grid ref. SY405921) and continue west on the South West Coast Path with views ahead to Charmouth and beyond.
- After losing some height you reach a path junction. Take the right fork and descend past the remains of St Gabriel's Church and a farm on your left to reach a lane (Grid ref SY400924).
- Walk along this lane to a T-junction (Grid ref. SY399930).
- Turn right along Muddyford Lane for about a kilometre.
- At the signed bridleway (Grid ref. SY407931) follow the access road to Filcombe Farm.
- Continue through the farm and continue with Filcombe Wood to your right. Starting to climb you arrive at a gate where the bridleways split (Grid ref. SY408924).
- Take the left fork and continue into Pettycrate Lane, which is followed for a gradual descent back into Seatown
- Reaching the main lane through the village, turn right and the car park is at the end of the lane.