

Charmouth from Lyme Regis

County/Area - Dorset

Length - 6.0 miles / 9.8 km

Ascent - 900 feet / 273 metres

Grade - easy/mod

Start - OS grid reference SY337916

Postcode DT7 3JY (approx. location only)

Walk Route Description

This walk starts from the popular seaside resort of Lyme Regis and using a section of the South West Coast Path follows the coast east to Charmouth. The coast path on this section has been diverted due to a significant landslip and is not as attractive as the original route. The return is along the beach.

- The start is the car park by the harbour in Lyme Regis (grid ref. SY337916).
- From the car park walk east along the promenade.
- Reaching the clock tower, leave the front and bear right to follow the main road uphill towards Charmouth.
- The South West Coast Path is clearly signed and after passing a coach park you leave the main road and head across fields to reach a wood. The path is clearly signed and although rather convoluted it leads you out onto a side road (grid ref. SY344932).
- Bear right onto this road and continue to reach the main road. Shortly after this junction the path continues across a golf course leading down at the other side to another road (grid ref. SY350941).
- Turn right along this road to a roundabout. Bear right and walk into Charmouth. The route is clearly signed right down to the seafront.
- The remainder of the route follows the beach. All that is required is to turn right when you reach the sea.
- Reaching the end of the beach the path leads up onto the main promenade at Lyme Regis. Walk the full length of the promenade and all that remains is to continue along the Cobb to get a wide ranging panorama of the walk you have just completed.