



# Your Place <sup>OR</sup> MINE.

## PREPARED MEALS MENU

Order prepared meals by 5pm Monday for Thursday pick-up or delivery.  
Delivery fee is \$10. Order through our website or call Judi directly on 0409 801 847.

### SMALL

**Single \$7.00 / Family (4-6) \$30.00**

- Chargrilled Vegetable & Bocconcini Pizza
- Meatlovers Pizza W Onion Jam
- Sausage Roll (4)
- Chicken & Leek or Traditional Beef Pie
- Quiche
- Cottage Pie W Sweet Potato Crust

### PASTA

**Single \$10.00 / Family \$35.00**

- Chicken, Spinach, Pumpkin-  
Pine Nut & Penne
- Beef & Bacon Lasagne W Cheese Sauce
- Pumpkin, Spinach, Tomato Lasagne W  
Cheese & Nutmeg Sauce
- Beef & Lentil Spaghetti Bolognese
- Fettuccine Carbonara
- Risotto Of The Week

### DESSERT - \$15.00

- Seasonal Fruit Crumble ( 4 )
- Apple & Pear Cake with Caramel Sauce ( 6 in  
round )
- Carrot Cake ( 6 in round )
- Chocolate Brownie ( 4 )

### SALAD

**Single \$12.00 / Family \$40.00**

- Caesar Salad
- Chicken Sate Salad W Mango & Lime Dressing
- Ancient Grains Salad W Pomegranate & Mint  
Yoghurt
- Kale Tabouli w Kimchi Chicken & Yogurt Tahini
- Quinoa Salad W Roast Beetroot Pumpkin &  
Persian Fetta
- Thai Beef Noodle Salad
- Garbanzo Bean Salad W Smoked Salmon & Dill  
Dressing

### MEAT & 3 VEG

**Single \$12.00 / Family \$40.00**

- Roast Of The Week
- Panko Crumbed Fish W Tartare
- Honey Sesame Chicken
- Corned Beef
- Meatloaf in Jude's Rich Tomato Sauce
- Lamb Rogan Josh W Basmati Rice
- Beef Casserole
- Chicken Nasi Goreng
- Beef Enchilada W Sour Cream