



WHEAT GRASS JUICER

Instruction Manual



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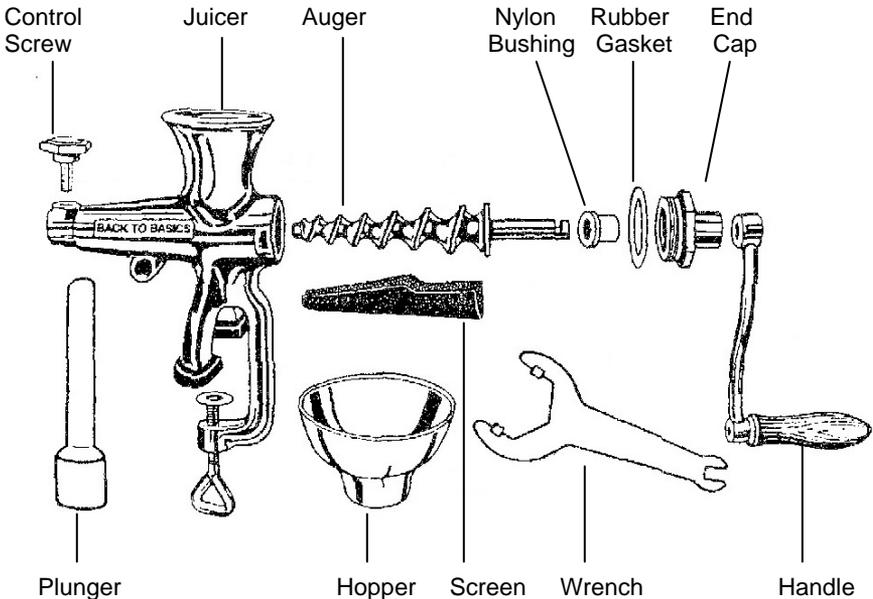
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USING YOUR WHEAT GRASS JUICER

Congratulations on acquiring your new Wheat Grass Juicer. You have invested in a superior health tool that will likely become a family heirloom. The Wheat Grass Juicers' hygienic stainless steel design makes it an exceptional product for those concerned about health and nutrition.

Wheat grass supplies the life-giving nutrients the body needs while at the same time detoxifying and building the blood stream. It is best mixed with other juices or taken alone in 1 to 3 ounce servings. For best results, sip on an empty stomach.



Keep your work area, all equipment and utensils clean. Wash all parts of your new Wheat Grass Juicer in warm, soapy water, rinse and dry thoroughly.

1. Clamp the Wheat Grass Juicer securely to a counter or table top.
2. Tighten the pressure control screw completely into the juicer.
3. Place the screen inside the juicer body so that it seats itself between the two upper ribs.
4. Place the auger inside the juicer body.
5. Slide the nylon bushing onto the shaft end of the auger.
6. Attach the rubber gasket to the end cap by firmly pressing the gasket over the threads.
7. Slide the end cap on to the auger and attach to the body by turning clockwise.

8. Place the handle on the end of the auger and turn clockwise to lock in place. **Note:** The wrench is used to tighten or loosen the end cap however, tightening with your fingers is usually sufficient.
9. Place the small end of the hopper in the top of the juicer.
10. Place a container under the bottom opening to collect juice and a second container under the end opening to collect the waste.
11. Use the plunger to push the grass or fruits and vegetables through the juicer.
12. Turn the handle clockwise and feed the wheat grass through the hopper. Be careful not to pinch your fingers. As the machine fills and the juice flows, open and adjust the control screw so that the pressed waste is ejected after the juice has been extracted. **Note:** The screen can be used when juicing wheat grass or leafy greens but is not necessary. It is included so that you can juice fruits and vegetables more efficiently.
13. After each use, disassemble the juicer, wash all parts in warm, soapy water, rinse and dry thoroughly.

CLEANING YOUR WHEAT GRASS JUICER

After each use, wash all parts in warm, soapy water, rinse and dry thoroughly.

HELPFUL HINTS

The Wheat Grass Juicer can also squeeze juices from most vegetables and fruits including leafy greens, sprouts, squash, cucumbers, celery, pineapple, carrots, beets, apples, watermelon, etc. For best results, cut firm fruits and vegetables into small, bite-sized pieces and use the plunger to push food into the juicer. The waste pulp may be re-strained to retrieve more of the juice.

Measure the wheat grass in "rounds," like spaghetti. A one-inch round of wheat grass, will yield about one ounce of juice. Because wheat grass spoils quickly, juice all other ingredients first, to ensure you are getting the freshest drink possible.



Wheat grass will give the best yield when freshly cut and within a few hours after watering. Pre-cut, store bought grass has begun to dry resulting in a lower yield of juice. The grass should be a dark green color.

RECIPES

SIMPLY GREEN

2	Stalks of celery
4	Large spinach leaves
½ cup	Parsley
2-3 inch rounds	Wheat grass
¼ cup	Water, optional
Wash greens thoroughly, cut up celery, then juice. Dilute with water if desired.	

CARROT GRASS

3	Carrots
¼ cup	Water, optional
2-3 inch rounds	Wheat grass
A nutritious drink that tastes great.	

HAWAIIAN WHEAT GRASS

2 cups	Fresh pineapple
1	Orange
1	Papaya
2-3 inch rounds	Wheat grass
Combine the juices to enjoy this healthy treat.	

WHEAT GRASS SMOOTHIE

2	Oranges
1	Banana
1	Lime
2-3 inch rounds	Wheat grass
12	Ice cubes, crushed
Juice the orange, lime, and wheat grass then place all ingredients in a blender on high speed for 30 seconds.	

APPLE GRASS	
1-2	Apples, cut up
¼ cup	Water, optional
2-3 inch rounds	Wheat grass
A very popular drink among frequent users. The apple slightly sweetens the taste of the wheat grass.	

PURE VEGGIE DELIGHT	
2	Large carrots
3	Stalks of celery
½ cup	Parsley
4	Large spinach leaves
½	Beet root
½ cup	Alfalfa sprouts
Wash vegetables thoroughly and cut to fit the juicer.	

TROPICAL PASSION GRASS	
2	Kiwi
1	Guava or papaya
1 cup	Pineapple
5	Strawberries
1	Orange
3-4 inch rounds	Wheat grass
Combine all juices and serve slightly chilled.	

SWEET GRASS	
2	Apples
1	Orange
2-3 inch rounds	Wheat grass
This tasty drink is sure to satisfy your sweet tooth.	

PRODUCT WARRANTY

Appliance 5 Year Limited Warranty

Focus Electrics, LLC ("Focus Electrics") warrants this appliance from failures in the material and workmanship for five (5) years from the date of original purchase with proof of purchase, provided the appliance is operated and maintained in conformity with the provided Instruction Manual. Any failed part of the appliance will be repaired or replaced without charge at Focus Electrics' discretion. This warranty applies to indoor household use only.

This warranty does not cover any damage, including discoloration, to any non-stick surface of the appliance. This warranty is null and void, as determined solely by Focus Electrics if the appliance is damaged through accident, misuse, abuse, negligence, scratching, or if the appliance is altered in any way.

THIS WARRANTY IS IN LIEU OF ALL IMPLIED WARRANTIES, INCLUDING WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, PERFORMANCE, OR OTHERWISE, WHICH ARE HEREBY EXCLUDED. IN NO EVENT SHALL FOCUS ELECTRICS BE LIABLE FOR ANY DAMAGES, WHETHER DIRECT, INDIRECT, INCIDENTAL, FORSEEABLE, CONSEQUENTIAL, OR SPECIAL, ARISING OUT OF OR IN CONNECTION WITH THIS APPLIANCE.

If you think the appliance has failed or requires service within its warranty period, please contact the Focus Electrics Customer Service Department at (866) 290-1851, or e-mail us at service@focuselectrics.com. A receipt proving the original purchase date will be required for all warranty claims, **hand written receipts are not accepted**. You may also be required to return the appliance for inspection and evaluation. Return shipping costs are not refundable. Focus Electrics is not responsible for returns lost in transit.

Valid only in USA and Canada

REPLACEMENT PARTS

Replacement parts, if available, may be ordered directly from Focus Electrics, LLC several ways. Order online at www.focuselectrics.com, e-mail service@focuselectrics.com, over the phone by calling (866)290-1851, or by writing to:

Focus Electrics, LLC
Attn: Customer Service
P. O. Box 2780
West Bend, WI 53095

To order with a check or money order, please first contact Customer Service for an order total. Mail your payment along with a letter stating the model or catalog number of your appliance, which can be found on the bottom or back of the unit, a description of the part or parts you are ordering, and the quantity you would like. Your check should be made payable to Focus Electrics, LLC.

Your state/province's sales tax and a shipping fee will be added to your total charge. Please allow two weeks for processing and delivery.

This manual contains important and helpful information regarding the safe use and care of your new Focus Electrics product. For future reference, attach dated sales receipt for warranty proof of purchase and record the following information:

Date purchased or received as gift: _____

Where purchased and price, if known: _____

Item number and Date Code (shown bottom/back of product): _____

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