

Alto Recorder Resource Student Book

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All About The Recorder

The recorder is a very old instrument. The recorder was popular during the 16th and 17th centuries. Many famous composers of that time, including Bach, Handel, and Telemann, wrote music for the recorder. The recorder is made in different sizes. The smallest is a garklein recorder that is only six inches long! It is difficult to play because of the tiny holes, so the descant or soprano recorder is used more often for the highest notes. There is also an alto, tenor and a bass recorder. These five recorders can play five part music, just like a choir can sing in four or five parts. A recorder choir is called a consort.

All the recorders have eight holes. The LEFT hand covers the thumb hole at the back of the recorder and the first three holes. The RIGHT hand covers the four holes at the bottom of the recorder. (Some recorders have divided holes at the bottom.)

Sound is made by blowing softly into the recorder mouthpiece. It is very easy to overblow the recorder and make a harsh ugly sound. Blowing softly and steadily makes the best sound. Each note should be started with the syllable 'doo' or 'too.' This is called tonguing the note. The air should be continuous, interrupted only briefly by the tongue when a new note is begun.

How to Care For the Recorder

1. Recorders all look alike. Put your name on your recorder and on your case with a permanent marker. If you forget your recorder in the music room, your teacher will know it is yours.
2. Be careful not to bang the recorder against anything. Plastic can chip or crack.
3. Keep the mouthpiece clean. You can use a small brush or a pipe cleaner and water to wash out your mouthpiece.
4. Plastic recorders can be washed once in a while in warm, soapy water.
5. If your recorder is hard to put together, you can put a little Vaseline on the joints. If the joints are clean, they shouldn't need anything.
6. Keep your recorder in its case when you are not using it.
7. After playing, clean out the inside of your recorder with a narrow piece of cloth wound around the cleaning rod.

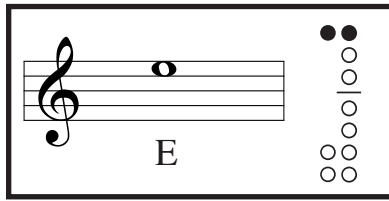
Supplies Needed to Care for the Recorder:

- * A cleaning rod and a narrow piece of cloth
- * A small mouthpiece brush or a pipe cleaner



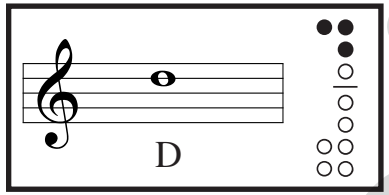
1. Learn to Play E

intro 4 beats



2. Learn to Play D

intro 4 beats

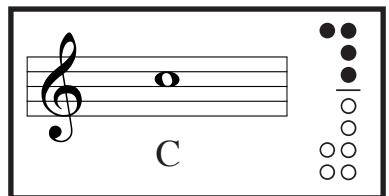


3. Play E and D

intro 4 beats

4. Learn to Play C

intro 4 beats



5. Nabe, Nabe

intro 4 beats

Japan

Musical notation for 'Nabe, Nabe' in 2/4 time. The melody is written on a treble clef staff. The first line contains four measures with chords Dm, Am, Dm, Am, Dm above. The lyrics are 'Na - be, na - be, so - ko - nu - ke.' The second line contains four measures with chords Am, Dm above. The lyrics are 'So - ko - ga nu - ke - ta - ra ka - e - ri - ma - sho.' The piece ends with a double bar line and repeat dots.

6. Play C, D, E

intro 4 beats

Musical notation for 'Play C, D, E' in 2/4 time. The melody is written on a treble clef staff. The first line contains five measures with chords C, G7, C, G7, C, G7 above. The second line contains five measures with chords C, G7, C, G7, C above. The piece ends with a double bar line and repeat dots.

7. Sasara

intro 4 beats

Musical notation for 'Sasara' in 2/4 time. The melody is written on a treble clef staff. The first line contains five measures with chords C, Am, F, G7, C above. The second line contains five measures with chords C, Am, F, G7, C above. The piece ends with a double bar line and repeat dots.

8. Suo Gan

intro 8 beats

Musical notation for 'Suo Gan' in 4/4 time. The melody is written on a treble clef staff. The first line contains eight measures with chords C, Am, F, G, C, Am, F, G, C above. The lyrics are 'Su - o gan, East - ern star, su - o gan, from a - far. Su - o gan, shep - herd sing, su - o gan, new - born king.' The piece ends with a double bar line and repeat dots.

9. Bought Me a Cat

intro 8 beats

Traditional

Musical notation for 'Bought Me a Cat' in 4/4 time. The melody is written on a treble clef staff. The first line contains eight measures with chords C, G, C above. The lyrics are 'Bought me a cat, the cat pleased me. Fed my cat un-der yon-der tree.' The second line contains five measures with chords C, G, C, G, C above. The lyrics are 'Cat went fid - dle - i - fee, fid - dle - i - fee.' The piece ends with a double bar line and repeat dots.

10. There Was a Bullfrog

intro 4 beats

C G7 C American

There was a bull - frog liv - ing in the spring. Sing song pol - ly won't you
 ky - me - o. Had such a cold that he could not sing.
 Sing song pol - ly won't you ky - me - o.

Detailed description: This block contains the musical score for 'There Was a Bullfrog'. It is written in 2/4 time and consists of three staves of music. The first staff begins with a C major chord and contains the lyrics 'There was a bull - frog liv - ing in the spring. Sing song pol - ly won't you'. The second staff continues with 'ky - me - o. Had such a cold that he could not sing.' and includes a G7 chord. The third staff concludes with 'Sing song pol - ly won't you ky - me - o.' and a C major chord. The piece ends with a double bar line and repeat dots.

11. Hot Cross Buns

intro 4 beats

C G C C G C C Dm C G C

Hot cross buns! Hot cross buns! One a pen-ny, two a pen-ny, Hot cross buns!

Variation 1

Variation 2

Detailed description: This block contains the musical score for 'Hot Cross Buns'. It is written in 4/4 time and consists of three staves of music. The first staff begins with a C major chord and contains the lyrics 'Hot cross buns! Hot cross buns! One a pen-ny, two a pen-ny, Hot cross buns!'. The second staff is labeled 'Variation 1' and shows a different melodic line. The third staff is labeled 'Variation 2' and is currently empty. The piece ends with a double bar line.

12. Grandma Grunts

intro 8 beats

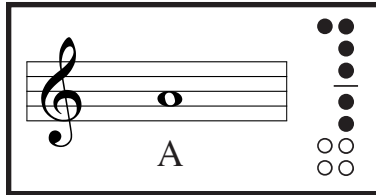
C C G C American

Grand - ma Grunts said a cur - i - ous thing. I can whis tle and I can sing.
 That is what I heard her say. 'Twas no lon - ger than yes - ter - day!
 I can whis tle. (whistle) I can sing, "Tra - la la la la."

Detailed description: This block contains the musical score for 'Grandma Grunts'. It is written in 4/4 time and consists of three staves of music. The first staff begins with a C major chord and contains the lyrics 'Grand - ma Grunts said a cur - i - ous thing. I can whis tle and I can sing.'. The second staff continues with 'That is what I heard her say. 'Twas no lon - ger than yes - ter - day!'. The third staff concludes with 'I can whis tle. (whistle) I can sing, "Tra - la la la la."'. The piece ends with a double bar line.

13. Learn to Play A

intro 4 beats



14. Play A, C, E, D

intro 8 beats

Slur

A slur is the curved line that connects different notes in a slur. This means to play without tonguing. Tongue the first note, then move your fingers to the next note(s) without tonguing.

15. Skin and Bones

intro 5 beats

Traditional

2. She lived down by the old graveyard. Ooo.
3. One night she thought she'd take a walk. Ooo.
4. She walked down by the old graveyard. Ooo.
5. She saw the bones a layin' around. Ooo.
6. She went to the closet to get a broom. Ooo.
7. She opened the door and BOO!

16. The Train's Off the Track

intro 3 beats

Am Dm Am Virginia folk song

Oh, the train's off the track, And I can't get it back. And I
 can't get a let - ter to my home, to my home, to my
 home, And I can't get a let - ter to my home.

G

17. Learn to Play Low G

intro 4 beats

C Am F G

C Am F G C

18. Canoe Song

intro 8 beats

Am Canadian Folk Song

My pad-dle's keen and bright, flash-ing with sil-ver. Fol-low the wild goose flight, dip, dip and swing.
 Dip, dip and swing her back, flash-ing with sil-ver. Fol-low the wild goose flight, dip, dip and swing.

19. Here We Go to Baltimore

intro 4 beats

C G American

Here we go to Bal - ti - more Two be - hind and two be - fore.
 How much fur - ther must we go un - til we get to Bal - ti - more?

20. Cotton Eyed Joe

intro 4 beats

American Folk Song

Musical score for 'Cotton Eyed Joe' in 2/4 time. The score consists of three staves of music with lyrics underneath. Chord symbols are placed above the notes: C, F, G7, C, F, G7, C.

Where did you come from, where did you go? Where did you come from,
 Cot - ton eyed Joe? Come for to see you, Come for to sing,
 Come for to show you, my dia - mond ring.

Tie

A tie is the curved line that connects two notes on the same line or space. This means to hold the note for the full value of each note in the tie. Tongue the first note, and hold the note until the end of the tie.

21. Angel Band

intro 7 beats

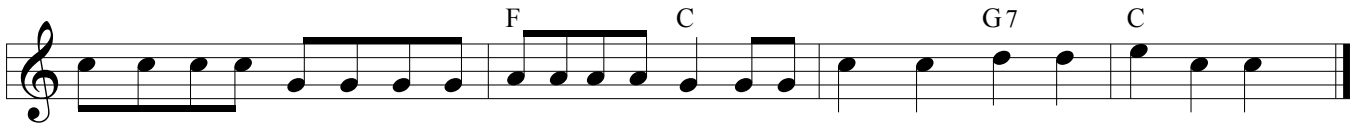
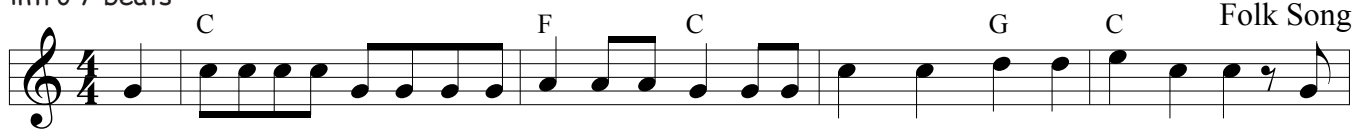
Traditional

Musical score for 'Angel Band' in 2/4 time. The score consists of five staves of music with lyrics underneath. Chord symbols are placed above the notes: C, G7, C, G7, C, G7, C, Dm, G7, C, Dm, G7, C.

There was one, there were two, there were three lit - tle an - gels. There were
 four, there were five, there were six lit - tle an - gels. There were seven, there were
 eight, there were nine lit - tle an - gels, Ten lit - tle an - gels in the band. _____
 Was - n't that a band Sun - day morn - ing, Sun - day morn - ing, Sun - day morn - ing?
 Was - n't that a band Sun - day morn - ing, Sun - day morn - ing soon? _____

22. Jolly Miller

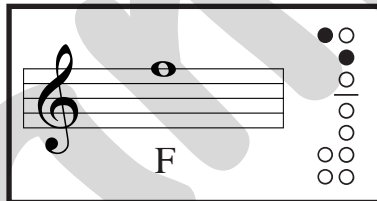
intro 7 beats



23. I Want to Rise

intro 9 beats

African American Spiritual



24. Learn to Play High F

intro 4 beats



25. Hush Little Baby

intro 8 beats

American Folk Song



26. Bouffons

intro 4 beats

Traditional France

Musical notation for Bouffons, featuring two staves of music in 2/4 time. The first staff has a treble clef and a key signature of one flat (B-flat). The second staff has a bass clef and a key signature of one flat. Chords are indicated above the notes: C, F, C, G, C, G, C.

27. Miss Mary Mac

intro 3 beats

Traditional American Song

Musical notation for Miss Mary Mac, featuring two staves of music in 4/4 time. The first staff has a treble clef and a key signature of one flat (B-flat). The second staff has a bass clef and a key signature of one flat. Chords are indicated above the notes: F, C, G, C. Lyrics are written below the notes.

Miss Ma - ry Mac, Mac, Mac all dressed in black, black, black with sil - ver
but - tons, but - tons, but - tons all down her back, back, back.

28. Carousel

intro 12 beats

English

Musical notation for Carousel, featuring three staves of music in 3/4 time. The first staff has a treble clef and a key signature of one flat (B-flat). The second and third staves have a bass clef and a key signature of one flat. Chords are indicated above the notes: C, G, C, C, G, C, Dm, C, F, G7, C.

29. Who Built the Ark?

intro 5 beats

Traditional

Musical notation for Who Built the Ark?, featuring three staves of music in 4/4 time. The first staff has a treble clef and a key signature of one flat (B-flat). The second and third staves have a bass clef and a key signature of one flat. Chords are indicated above the notes: C, F, G7, C, C, G7, C, C, G7, C. Lyrics are written below the notes. The piece ends with a double bar line and repeat dots.

Who built the ark? No - ah, No - ah! Who built the ark? Broth - er No - ah built the ark.
Old Mis - ter No - ah built the ark, — He built it out of hick - or - y bark. He
built it long and wide and tall. Plen - ty of room for the large — and small.