

UNDER ARMOUR **UK FITTEST IN THE CITY PAIRS COMBINE** **2022 FINAL**

OPEN MEN				
2:00 PM	Athlete Movement	Robust fitmob	David and Goliath	FORM360
2:18 PM	CrossFit colchester	Piccadils	Shit or bust	
2:36 PM	Snatch & Grab	Trojan	Low Fat Milk	
OPEN WOMEN				
2:54 PM	Chalk n cheese	Team Optimum	Snatch Us Up	Ellie & Amelia
3:12 PM	Team ATLAS	Clean me	Team Train	
OPEN MIXED				
3:30 PM	Averagely Aggressive	Blackwater	Digbeth rascals	
3:48 PM	Revival G's	Tash and Gash	Where's the bar?	
4:06 PM	Chafing the dream	Fork Handles	Fully Comet-ed	CCC
4:24 PM	Metabolic London	Mighty Fitness DHM	Training Space	CF Blackwater A
4:42 PM	BREAK			

ELITE WOMEN				
5:00 PM	Fuel X	Your Pace or Mine?	Hangry Birds	Team Optimum
ELITE MEN				
5:18 PM	Day release	Hustle and Muscle	Little big men	Imperial WDF
5:36 PM		Matrix Performance	Phoenix fitness	Wod Powders
5:54 PM	Puresport Cobras	Sysm	Method Massive	Your Pace or Mine?
ELITE MIXED				
6:12 PM	Booty and the Beast		H&M	Kennet & Emma
6:30 PM	CrossFit Heathrow	Hive R&J	Nicole & Baz	Farm Fitness

HECK

BLK BOX

NOCCO
NO CARBS COMPANY


UNDER ARMOUR

ON OPTIMUM
NUTRITION

Puresport