

TURF GAMES

SFA EXPO 2023 RIYADH, SAUDI ARABIA

FITTEST IN THE CITY

FEMALES TEAMS OF 3

PRAYER BREAK 15.14 - 15.30PM

3:30 PM	SMARTER NOT HARDER	TACHYCARDIO	WARRIORS			FEMALE EVERY
3:48 PM	DONUTS B4 DEADLIFTS	JOY	TEAM FAWDAH "CHAOS"	WOD SQUAD	THICC CHICKS	FEMALE OPEN

MALES TEAMS OF 3

4:06 PM	3 MUSKETEERS	AHA	AIRLINES BOYS	PETER'S FRIENDS	3 2 1	MALE EVERY
4:24 PM	BLUE WING	MOVE FITNESS	LAST PLACE	FALCONS	IRON HAMMER	MALE EVERY
4:42 PM	SPARTANS	VALOR PERFORMANCE	ATOMIC BOMBS	1-PACK		MALE EVERY
5:00 PM	BEAM CROSSFIT 3	HAIL TEAM	WISE WOLF	ROOTS	DROP SHOT	MALE OPEN
5:18 PM	LEAP	MKARRISHEEN	TEAM WISEWOLF	BAD BOYS	FALCONS ELITE	MALE OPEN
PRAYER BREAK 18.31 - 18.50PM						
6:50 PM	BEAM CROSSFIT 1	WHISK	BROS BEFORE ROWS	INTENSE	WISE WOLF MASTERS	MALE OPEN
PRAYER BREAK 20.01 - 20.16PM						
8:16 PM	FALCON	HIGH FLYERS	LAST TALK	POWER SQUARE	BEAM CROSSFIT 2	MALE OPEN
8:34 PM	JEDDAH HEAT	SOLID	TEAM Reverse OREO	3 DAYS GYM	OLD BOYS	MALE OPEN

