

UK WINTER FESTIVAL '24

INTERMEDIATE SUNDAY HEAT TIMES POOL A

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	1	MARGARET SNATCHER	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
2	1	BLOOD SWEAT & TEARS	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
3	1	6 PACK	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
4	1	A B CHI DEEZ NUTS	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
5	1	REBEL ALLIANCE	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
6	1	SAXON FITNESS SILVER	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
7	1	CROSSFIT PANIC	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
8	1	AIR ASSAULT BURN	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
9	1	THICC AND/OR FAST	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
10	1	ALL SMOKE NO FIRE	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
11	1	RACHS TEAM	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
12	1	RACKS & SACKS	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
13	1	EDC BLUE	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
14	1	RARE BREEDS	9.05	ALL GAS, NO BRAKES	11.10.	LIFT OFF	13.40.	SNOW PATROL	15.45	STRONGMAN SALLY
1	2	ALL THE SNATCH&JERKS	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
2	2	ANSON MADE US DO IT	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
3	2	SEND HELP	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
4	2	CROSSFIT ATARA 2	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
5	2	ARRESTING HEART RATE	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
6	2	ATF x APHOBOS	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
7	2	ATLAS	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
8	2	CROSSFIT MAYHEM UK	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
9	2	TTZ CREW	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
10	2	BARBELLS AND BOOTY	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
11	2	METABOLIC ONE	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
12	2	OH MY QUAD	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
13	2	REDHOT CHILLIREPPERZ	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
14	2	ROPE, SWEAT + TEARS	9.26	ALL GAS, NO BRAKES	11.31	LIFT OFF	14.01	SNOW PATROL	16.06	STRONGMAN SALLY
1	3	BBF CHARLIE'S ANGELS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
2	3	BURPEES AND BEERS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
3	3	BEND & SNATCH	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
4	3	BLACKBROOKS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
5	3	Razzle Blitz Dazzle	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
6	3	CROSSFIT HABITAT	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
7	3	BDE ROUND 2	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
8	3	CATTLE DOG CROSSFIT TEAM 1	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
9	3	CROSSFIT MISFITS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
10	3	BOOTY'S & THE BEASTS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
11	3	UNLEASH	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
12	3	RS3 - HARD TWERKERS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
13	3	SAXON BEAST MODE	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY
14	3	MIDDLE AGED JERKS	9.47	ALL GAS, NO BRAKES	11.52	LIFT OFF	14.22	SNOW PATROL	16.27	STRONGMAN SALLY

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UK WINTER FESTIVAL '24

INTERMEDIATE SUNDAY HEAT TIMES POOL A

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	4	EDC	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
2	4	FOUNDRY BANKERS	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
3	4	BRACK, SACK & CRACK	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
4	4	BRIGADE	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
5	4	BRIGHTON MADE	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
6	4	NEXUS	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
7	4	BUILT BY NOCCO	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
8	4	BUNS GUNS AND HUNS	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
9	4	THE SPARTAN SIX	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
10	4	BURPEES 4 FUN	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
11	4	MOTHER THRUSTERS	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
12	4	ROWING PAINS	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
13	4	SAXONS AVENGERS	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
14	4	SAY NO MORE	10.08	ALL GAS, NO BRAKES	12.13	LIFT OFF	14.43	SNOW PATROL	16.48	STRONGMAN SALLY
1	5	TEAM TITAN	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
2	5	CAMBERLEY GIANTS	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
3	5	5 JERKS AND A SQUIRT	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
4	5	GRAVESEND GLADIATORS	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
5	5	BARBELLES	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
6	5	SISU ECHO	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
7	5	CFL	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
8	5	CLEAN BEFORE YA JERK	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
9	5	CFW 1	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
10	5	NJ CHALK DIRTY TO ME	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
11	5	SCRAMBLED LEGS	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
12	5	AGGRESSIVELY AVERAGE	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
13	5	SINBAD	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY
14	5	SINISTER 6	10.29	ALL GAS, NO BRAKES	12.34	LIFT OFF	15.04	SNOW PATROL	17.09	STRONGMAN SALLY

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INTERMEDIATE SUNDAY HEAT TIMES POOL B

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	1	SS CHALK DIRTY TO ME	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
2	1	WOD SHOTS	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
3	1	CHRIS IS THE KIDDY	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
4	1	WEAPONS OF CHOICE	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
5	1	CLEAN AND TWERK	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
6	1	JUST BE STRONGER	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
7	1	TEAM DENCH	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
8	1	COLD SWEAT	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
9	1	COME ON DAVE	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
10	1	COMPLETE PERFORMANCE	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
11	1	TEAM TVP	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
12	1	SISU MIX	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
13	1	SIX AND STONES	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
14	1	SIX HILLS CROSSFIT	9.05	LIFT OFF	11.10.	SNOW PATROL	13.40.	STRONGMAN SALLY	15.45	ALL GAS, NO BRAKES
1	2	CONFUSED	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
2	2	GET IN MYZONE	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
3	2	THE SHREDDIES	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
4	2	CROSSFIT BFG	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
5	2	CROSSFIT BLACKWATER	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
6	2	NO PAYNE NO GAIN	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
7	2	PEANUT BUTTER FALCON	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
8	2	CROSSFIT COLCHESTER	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
9	2	GRAND FROMAGES	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
10	2	CROSSFIT ISLINGTON	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
11	2	SNATCH AND JERKS	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
12	2	SNATCHTASTIC	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
13	2	SPARTAN CHAMBER	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
14	2	SPPT	9.26	LIFT OFF	11.31	SNOW PATROL	14.01	STRONGMAN SALLY	16.06	ALL GAS, NO BRAKES
1	3	ALL PAIN NO GAIN	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
2	3	CIRQUE DE SORE SHOULDERS	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
3	3	BOX BELL FIT	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
4	3	CROSSFIT TACTICAL	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
5	3	APHOBOS LEGENDS	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
6	3	HORSHAM CROSSFIT OG	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
7	3	CROSSFIT WATFORD	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
8	3	CROSSFIT WEYSIDE	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
9	3	DEADLIFTS FOR DONUTS	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
10	3	DIREWOLF ON TOUR	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
11	3	STATION14 CROSSFIT	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
12	3	SUNBURY LIFT KENOUGH	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
13	3	SWEET CHALKERS	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES
14	3	SWLONDON BOX MASH UP	9.47	LIFT OFF	11.52	SNOW PATROL	14.22	STRONGMAN SALLY	16.27	ALL GAS, NO BRAKES

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INTERMEDIATE SUNDAY HEAT TIMES POOL B

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	4	DMA	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
2	4	DOG SQUAD	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
3	4	DON'T TOUCH THE WORM	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
4	4	DROP IT LIKE A SQUAT	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
5	4	BOXBELL CLEANERS	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
6	4	EAGLES	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
7	4	TEAM MIRAFIT	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
8	4	IN2 6	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
9	4	EDC PURPLE	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
10	4	ELEAT	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
11	4	SWOLE MATES	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
12	4	TANQUERAY BABES	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
13	4	TAP THAT	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
14	4	TBC.	10.08	LIFT OFF	12.13	SNOW PATROL	14.43	STRONGMAN SALLY	16.48	ALL GAS, NO BRAKES
1	5	ESPRIT DE CORPS	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
2	5	F45 EALING VETS	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
3	5	FLEX APPEAL	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
4	5	FMF	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
5	5	FORGE	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
6	5	FULL HAM	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
7	5	TEAM EDC BLACK	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
8	5	FOUNDRY MERRYMIXED	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
9	5	FORT THIS WAS HYROX	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
10	5	FRENCH SNAKES	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
11	5	FRF 2	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
12	5	IN FUREY WE TRUST	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
13	5	TEAM MARCHON	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES
14	5	CROSSFIT TOOTING	10.29	LIFT OFF	12.34	SNOW PATROL	15.04	STRONGMAN SALLY	17.09	ALL GAS, NO BRAKES

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UK WINTER FESTIVAL '24

INTERMEDIATE SUNDAY HEAT TIMES POOL C

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	1	FRIDAY MORNING CLUB	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
2	1	LAS MARGARITAS	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
3	1	CROSSFIT 3D	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
4	1	FULL RANGE FITNESS	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
5	1	GANG GANG	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
6	1	GERI ACTIVES	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
7	1	GUNS N' POSERS	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
8	1	CF PORTSEA ISLAND	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
9	1	GET YOUR SWEAT ON	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
10	1	TEAMWIP	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
11	1	TEAM RS3	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
12	1	TEAM TIGLETS	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
13	1	BOOTIES & THE BEASTS	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
14	1	PHOENIX ADAPT	9.05	SNOW PATROL	11.10.	STRONGMAN SALLY	13.40.	ALL GAS, NO BRAKES	15.45	LIFT OFF
1	2	CROSSFIT WARMINSTER	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
2	2	CLEAN & BIRKS	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
3	2	GYMNASIUM WW	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
4	2	HELLO BARB-ELLS!	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
5	2	HENRY'S ANGELS	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
6	2	HERE FOR THE BEERS	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
7	2	HEXA SQUAD	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
8	2	HOENEN	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
9	2	IN2 FUN	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
10	2	HPC MASSIF	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
11	2	TEAM WAREHOUSE	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
12	2	GET OUT THE WHEY!	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
13	2	THE 6AM SLINGERS	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
14	2	THE APEX BRAVES	9.26	SNOW PATROL	11.31	STRONGMAN SALLY	14.01	ALL GAS, NO BRAKES	16.06	LIFT OFF
1	3	HUB & GLORY	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
2	3	HUBBER HUBBER	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
3	3	GYMNASIUM FACTOR 35+	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
4	3	HUNGRY HIPPOS	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
5	3	Half Rep Heroes	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
6	3	ICE CREAM SO GOOD	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
7	3	HUNS & GUNS	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
8	3	IN WORM WE TRUST	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
9	3	COASTSIDE SIX	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
10	3	IN2 A&E	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
11	3	The Average Athletes	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
12	3	THE BANKERS	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
13	3	RED LIGHT DISTRICT	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF
14	3	IN2 ONYX	9.47	SNOW PATROL	11.52	STRONGMAN SALLY	14.22	ALL GAS, NO BRAKES	16.27	LIFT OFF

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UK WINTER FESTIVAL '24

INTERMEDIATE SUNDAY HEAT TIMES POOL C

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	4	CROSSFIT CASSIOBURY	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
2	4	BRIXTON FLEX APPEAL	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
3	4	BARBELLEDS	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
4	4	IN2 WE GO	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
5	4	INDIA FEAR	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
6	4	INTERMEDIATE FOOLS?	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
7	4	INVICTUS SHIPPERLEY	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
8	4	IT'S CAROLYN'S BDAY	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
9	4	TRAINING SPACE	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
10	4	In2 Fit To Quit	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
11	4	THE WAY	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
12	4	THIRD SPACE ON TOUR	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
13	4	THIS ISN'T EVERYDAY?	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
14	4	TOTAL HOOKERS	10.08	SNOW PATROL	12.13	STRONGMAN SALLY	14.43	ALL GAS, NO BRAKES	16.48	LIFT OFF
1	5	JACKED IN THE BOX	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
2	5	JD MASSIF	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
3	5	JERK THEN CLEAN	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
4	5	JJK JUNKIES	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
5	5	JOE AND THE JUICED	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
6	5	JUST CROSS - NOT FIT	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
7	5	Jesus made us do it	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
8	5	KANE TRAINING	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
9	5	KEBABS NOT ABS	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
10	5	KIPPING IT REAL	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
11	5	IN2 TRAINING	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
12	5	TRAINING SPACE 2	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
13	5	APPLE BOTTOM CLEANS	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF
14	5	TURFMUFFINS	10.29	SNOW PATROL	12.34	STRONGMAN SALLY	15.04	ALL GAS, NO BRAKES	17.09	LIFT OFF

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UK WINTER FESTIVAL '24

INTERMEDIATE SUNDAY HEAT TIMES POOL D

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	1	KNIGHTS WHO SAY NENE	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
2	1	STAY HARD	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
3	1	IN2 THE BREACH	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
4	1	MADISONS	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
5	1	LEGION CF MAIDENHEAD	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
6	1	CF WESSEX BEEFOS	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
7	1	SAXON:DON'T BE CRÊPE	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
8	1	LET'S FUNKING GO	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
9	1	LFM x Farm Fitness	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
10	1	LOOSE CANNONS	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
11	1	TWO TAILS COLLECTIVE	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
12	1	UNIT	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
13	1	THE PINEAPPLE EXPRESS	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
14	1	UNKNOWN	9.05	STRONGMAN SALLY	11.10.	ALL GAS, NO BRAKES	13.40.	LIFT OFF	15.45	SNOW PATROL
1	2	LEGENDS 2.0	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
2	2	MARCHON STRATFORD 1	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
3	2	LEGS MISERABLES	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
4	2	MARGINAL GAINS	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
5	2	AETERNUM & CO	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
6	2	MF LONDON	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
7	2	E-MOTION-AL DAMAGE	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
8	2	MILF, DILF & 4FILTH	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
9	2	MORE OF EVERYTHING!	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
10	2	BLUE CHALK WARRIORS	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
11	2	RESILIENT REBELS	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
12	2	VIOLENTLY AVERAGE	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
13	2	WALL BALLS DEEP	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
14	2	WALLACE & GROMITS	9.26	STRONGMAN SALLY	11.31	ALL GAS, NO BRAKES	14.01	LIFT OFF	16.06	SNOW PATROL
1	3	MOTION	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
2	3	MUNTA	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
3	3	MURPH & TURF	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
4	3	NATIONALHENCHSERVICE	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
5	3	NEWWAVE PURPLE	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
6	3	BUNZ AND GUNZ	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
7	3	NIXINX	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
8	3	LEGS MISERABLE	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
9	3	NO-REP GANG	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
10	3	NOT FAST BUT FURIOUS	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
11	3	WE LIFT HEAVY SH!T	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
12	3	CROSSFIT CHIPPENHAM	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
13	3	WEIGHTS BEFORE DATES	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL
14	3	ONE MORE REP	9.47	STRONGMAN SALLY	11.52	ALL GAS, NO BRAKES	14.22	LIFT OFF	16.27	SNOW PATROL

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UK WINTER FESTIVAL '24

INTERMEDIATE SUNDAY HEAT TIMES POOL D

LANE #	HEAT #	Team Name	ROUND 1	WORKOUT 1	ROUND 2	WORKOUT 2	ROUND 3	WORKOUT 3	ROUND 4	WORKOUT 4
1	4	NWK	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
2	4	3 BIG JERKS	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
3	4	OH MY WOD	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
4	4	OLD MESS	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
5	4	ONE FOR THE ROAD	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
6	4	AK CHALK DIRTY TO ME	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
7	4	ONE TEAM ONE GOAL	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
8	4	ONLY PAINS	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
9	4	OOPS WRONG CATEGORY	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
10	4	ORIGIN GYM	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
11	4	WHAT THE FUNK	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
12	4	WHEY TO GO!	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
13	4	WIZARD OF WODS	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
14	4	SAXON FITNESS WHITE	10.08	STRONGMAN SALLY	12.13	ALL GAS, NO BRAKES	14.43	LIFT OFF	16.48	SNOW PATROL
1	5	OSP	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
2	5	Only Frans	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
3	5	PARK SIDE GYM	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
4	5	PEAK PERFORMANCE1878	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
5	5	BEAUTY & THE BEASTS	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
6	5	PEANUT BUTTER SNATCH	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
7	5	LUMA ROYALTY	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
8	5	PRIME MERIDIAN BEEF	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
9	5	Phoenix Fitness	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
10	5	QUARTERMILE HIGHCLUB	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
11	5	WODLET OF FIRE	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
12	5	WOOF	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
13	5	YEAHHHH BUDDY	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL
14	5	YOU JAVI-ING A LAUGH	10.29	STRONGMAN SALLY	12.34	ALL GAS, NO BRAKES	15.04	LIFT OFF	17.09	SNOW PATROL

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