

# TURFGAMES

## SINGAPORE CITY SERIES 2024 - SATURDAY

### SATURDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	REVL JE	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
2	1	BEASTIE BABES	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
3	1	THE WERMS	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
4	1	BUCK FURPEES	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
5	1	ALT DAY ATHLETES	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
6	1	CHEEKY EGGY	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
1	1	TURFY MCTURF FACE	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
2	1	QUADZILLA	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
3	1	MAYDAY	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
4	1	ALL DAY WESTIES	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
5	1	TEAM 0.75	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
6	1	NON-PSYCHO	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
1	1	EMPOWER RANGERS	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
2	1	DEEV-ILS & DONUTS	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
3	1	LARSISMORE	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
4	1	SPOT ME	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
5	1	A-DOUGH-ABLE	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
6	1	BULLETTEARY	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF

### SATURDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	TURF-RIFIC-4	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
2	2	AW4SOME	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
3	2	GLID(E)	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
4	2	CHALATHISA	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
5	2	SHE'S A REVL	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
6	2	TURFTY GALS	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
1	2	TEAM KICK	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
2	2	HAKUNA MASQUATA	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
3	2	BABY DON'T HURT ME	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
4	2	PINTS OVER BURPEES	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
5	2	DAD BOD SQUAD	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
6	2	ELLY	Everyday Female	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
1	2	HIIT ME BABY OMT	Everyday Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
2	2	TURF GALS	Everyday Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
3	2	TEAM VANS	Everyday Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
4	2	TEAM SWEATIES	Intermediate Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
5	2	LEGS MISERABLES	Intermediate Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
6	2	I LOVE ABC	Intermediate Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF

# TURFGAMES

## SINGAPORE CITY SERIES 2024 - SATURDAY

### SATURDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	Method X KISS	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
2	1	OLD FASHIONED	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
3	1	3 BRITS & A BOET	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
4	1	BB PLUS C	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
5	1	RUGRATS	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
6	1	WAO CATCH MY SNATCH	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
1	1	SANTAMENTAL	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
2	1	THE BOYS	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
3	1	JEDI	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
4	1	Almost Athletes	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
5	1	D 911	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
6	1	DIM SUM BOYS	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
1	1	CIRQUE DE SORE LEGS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
2	1	CROSSQUITTERS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
3	1	JUST TRY LA	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
4	1	CURLS FOR THE GURLS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
5	1	SWEET CHEAKS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
6	1	TURF AND TRAIL	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF

### SATURDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	MVRCK™	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
2	2	MOBILUS CLARKE QUAY	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
3	2	URBAN EDGE LEFTOVERS	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
4	2	XIAODIDI	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
5	2	CROSSFIT UNCLE EDGE	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
6	2	TEAM ALPHA	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
1	2	MEN IN THIRTIES	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
2	2	JAWZ	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
3	2	SANJIUBA	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
4	2	ECHO140	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
5	2	BOYSWIFBARBELLS	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
6	2	BRIAN & FRIENDS	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
1	2	SQUAT SQUAD	Intermediate Female	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
2	2	FEARFOOLS	Intermediate Female	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
3	2	FITBUTWANNASTOP	Intermediate Female	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
4	2	ZADDIES & THE SON	Intermediate Male	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
5	2	DON'T FECC IT UP	Intermediate Male	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
6	2	3.5 DADS CHINATOWN	Intermediate Male	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF

# TURFGAMES

## SINGAPORE CITY SERIES 2024 - SUNDAY

### SUNDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	TOO TURF TO HANDLE	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
2	1	JOHANDSOME N FRIENDS	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
3	1	HMMMMM,	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
4	1	BLOOD, SWEAT & BEERS	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
5	1	TEAM UMMM	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
6	1	NEEDY	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
1	1	HEE HEE HA HA	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
2	1	MIGHTY DUCKS	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
3	1	REST WHEN DED	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
4	1	TURF JJETS	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
5	1	METHOD X HEART	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
6	1	PACE CADETS	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
1	1	BRA IT CAN SING	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
2	1	DARE-VL	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
3	1	PEER PRESSURE	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
4	1	62++	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
5	1	READY TO DIE	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
6	1	SKIP LEG DAY	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF

### SUNDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	HOULY MOULY	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
2	2	PART TIME ATHLETES	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
3	2	HAPPY4FRIENDS	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
4	2	FLADULOUS	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
5	2	TURF BAES	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
6	2	TEAM TUBBIES	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
1	2	LPCB	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
2	2	WESTSIDE BESTSIDE	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
3	2	BUNCH OF CORESUCKERS	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
4	2	TAF CLUB AVENGERS	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
5	2	EVERYDAY ATHLETES	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
6	2	THE HOLY SMACK DOWN	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
1	2	FIT-ISH SQUAD	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
2	2	L.E.T.S GO!	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
3	2	SMURFS ON TURF	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
4	2	BABY G?	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
5	2	TEAM AMOTTI FAN CLUB	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
6	2		Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF

# TURFGAMES

## SINGAPORE CITY SERIES 2024 - SUNDAY

### SUNDAY HEAT TIMES - LUNCH SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	WAO FIT (ISH) 4	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
2	1	HALF BOILED EGGS	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
3	1	NO NAME NO GAME	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
4	1	GIN & TOXIC	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
5	1	CJ7	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
6	1	OH DAMS	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
1	1	SOME CAN SOME CANNOT	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
2	1	WAO BROCCOLI	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
3	1	SLEC	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
4	1	WAO DAWN PATROL	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
5	1	BEER PRESSURE	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
6	1	TEAM JJAY	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
1	1	METHOD X SOTO	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
2	1	REVL X-IT	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
3	1	WOUNDED WARRIORS	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
4	1	BURPEES AND RICE	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
5	1	MEADS	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
6	1	TEAM ACL	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF

### SUNDAY HEAT TIMES - LUNCH SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	AREA +65	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
2	2	UT45	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
3	2	PRO SNACKERS	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
4	2	MONKEY CORP	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
5	2	EXTRIO	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
6	2	Quad Squad	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
1	2	ALL PAIN NO GAIN	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
2	2	SHITS & GIGGLES	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
3	2	WHISKEY TEQUILLA	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
4	2	TEAM SEMBAWANG VALOR	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
5	2	SYNERGISTIC HETEROZY	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
6	2	ALL BLACKS	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
1	2	REVL MRMISSFITS	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
2	2	WOD WERE WE THINKING	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
3	2	NARCO REPS	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
4	2	BURNANAPANCAKES	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
5	2	NITTY GRITTY WOMBATS	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
6	2	NOBODY	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF

# TURFGAMES

## SINGAPORE CITY SERIES 2024 - SUNDAY

### SUNDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	WAO ONG LAI	Elite Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
2	1	THE WAO EFFECT	Elite Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
3	1	YOKOYOKO	Elite Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
4	1	OLD BUT GOLD	Elite Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
5	1	CHAPALANG	Elite Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
6	1	PHYSICAL ZERO	Elite Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
1	1	GORENG PENGSAN	Intermediate Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
2	1	DIE ANOTHER DAY	Intermediate Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
3	1	BOOZED & BROKEN	Intermediate Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
4	1	EARLY RISERS	Intermediate Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
5	1	TEAM KILLINEY	Intermediate Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
6	1	AK4LYFE	Intermediate Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE

### SUNDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	KOK KOK KAY	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
2	2	TANK	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
3	2	IMBA YAPPERS	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
4	2	WAO PINEAPPLES	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
5	2	KAYA TOAST & KAREDOK	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
6	2	ELVTE & FRIENDS	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
1	2	AMPLIFY FITNESS	Intermediate Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
2	2	YOUNG AND BEAUTIFUL	Intermediate Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
3	2	WOD THE FOCK	Intermediate Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
4	2	ELVTE 9-TO-5S	Intermediate Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
5	2	URBAN LEGEND	Intermediate Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
6	2			15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE