

TURFGAMES

SINGAPORE CITY SERIES 2024 - SUNDAY

SUNDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	TOO TURF TO HANDLE	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
2	1	JOHANDSOME N FRIENDS	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
3	1	HMMMMM,	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
4	1	BLOOD, SWEAT & BEERS	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
5	1	TEAM UMMM	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
6	1	NEEDY	Everday Mixed	8.45	ENGINE	3	9.35	LIFT OFF	5	10.25	AMRAP / SPRINT
1	1	HEE HEE HA HA	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
2	1	MIGHTY DUCKS	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
3	1	REST WHEN DED	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
4	1	TURF JJETS	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
5	1	METHOD X HEART	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
6	1	PACE CADETS	Everday Mixed	8.45	LIFT OFF	3	9.35	AMRAP / SPRINT	5	10.25	ENGINE
1	1	BRA IT CAN SING	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
2	1	DARE-VL	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
3	1	PEER PRESSURE	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
4	1	62++	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
5	1	READY TO DIE	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF
6	1	SKIP LEG DAY	Everday Mixed	8.45	AMRAP / SPRINT	3	9.35	ENGINE	5	10.25	LIFT OFF

SUNDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	HOULY MOULY	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
2	2	PART TIME ATHLETES	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
3	2	HAPPY4FRIENDS	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
4	2	FLADULOUS	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
5	2	TURF BAES	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
6	2	TEAM TUBBIES	Everday Mixed	9.10.	ENGINE	4	10.00.	LIFT OFF	6	10.50.	AMRAP / SPRINT
1	2	LPCB	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
2	2	WESTSIDE BESTSIDE	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
3	2	BUNCH OF CORESUCKERS	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
4	2	TAF CLUB AVENGERS	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
5	2	EVERYDAY ATHLETES	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
6	2	THE HOLY SMACK DOWN	Everday Mixed	9.10.	LIFT OFF	4	10.00.	AMRAP / SPRINT	6	10.50.	ENGINE
1	2	FIT-ISH SQUAD	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
2	2	L.E.T.S GO!	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
3	2	SMURFS ON TURF	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
4	2	BABY G?	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
5	2	TEAM AMOTTI FAN CLUB	Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF
6	2		Everday Mixed	9.10.	AMRAP / SPRINT	4	10.00.	ENGINE	6	10.50.	LIFT OFF

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SINGAPORE CITY SERIES 2024 - SUNDAY

SUNDAY HEAT TIMES - LUNCH SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	WAO FIT (ISH) 4	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
2	1	HALF BOILED EGGS	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
3	1	NO NAME NO GAME	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
4	1	GIN & TOXIC	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
5	1	CJ7	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
6	1	OH DAMS	Intermediate Mixed	11.40.	ENGINE	3	12.30.	LIFT OFF	5	13.20.	AMRAP / SPRINT
1	1	SOME CAN SOME CANNOT	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
2	1	WAO BROCCOLI	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
3	1	SLEC	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
4	1	WAO DAWN PATROL	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
5	1	BEER PRESSURE	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
6	1	TEAM JJAY	Intermediate Mixed	11.40.	LIFT OFF	3	12.30.	AMRAP / SPRINT	5	13.20.	ENGINE
1	1	METHOD X SOTO	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
2	1	REVL X-IT	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
3	1	WOUNDED WARRIORS	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
4	1	BURPEES AND RICE	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
5	1	MEADS	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF
6	1	TEAM ACL	Intermediate Mixed	11.40.	AMRAP / SPRINT	3	12.30.	ENGINE	5	13.20.	LIFT OFF

SUNDAY HEAT TIMES - LUNCH SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	AREA +65	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
2	2	UT45	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
3	2	PRO SNACKERS	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
4	2	MONKEY CORP	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
5	2	EXTRIO	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
6	2	Quad Squad	Intermediate Mixed	12.05	ENGINE	4	12.55	LIFT OFF	6	13.45	AMRAP / SPRINT
1	2	ALL PAIN NO GAIN	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
2	2	SHITS & GIGGLES	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
3	2	WHISKEY TEQUILLA	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
4	2	TEAM SEMBAWANG VALOR	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
5	2	SYNERGISTIC HETEROZY	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
6	2	ALL BLACKS	Intermediate Mixed	12.05	LIFT OFF	4	12.55	AMRAP / SPRINT	6	13.45	ENGINE
1	2	REVL MRMISSFITS	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
2	2	WOD WERE WE THINKING	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
3	2	NARCO REPS	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
4	2	BURNANAPANCAKES	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
5	2	NITTY GRITTY WOMBATS	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF
6	2	NOBODY	Intermediate Mixed	12.05	AMRAP / SPRINT	4	12.55	ENGINE	6	13.45	LIFT OFF

TURFGAMES

SINGAPORE CITY SERIES 2024 - SUNDAY

SUNDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	GORENG PENGSAN	Intermediate Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
2	1	DIE ANOTHER DAY	Intermediate Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
3	1	BOOZED & BROKEN	Intermediate Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
4	1	EARLY RISERS	Intermediate Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
5	1	TEAM KILLINEY	Intermediate Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
6	1	AK4LYFE	Intermediate Mixed	14.35	ENGINE	3	15.25	LIFT OFF	5	16.15	AMRAP / SPRINT
1	1	WAO ONG LAI	Elite Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
2	1	THE WAO EFFECT	Elite Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
3	1	YOKOYOKO	Elite Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
4	1	OLD BUT GOLD	Elite Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
5	1	CHAPALANG	Elite Mixed	14.35	LIFT OFF	3	15.25	AMRAP / SPRINT	5	16.15	ENGINE
6	1				LIFT OFF	3		AMRAP / SPRINT	5		ENGINE

SUNDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2		Intermediate Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
2	2		Intermediate Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
3	2		Intermediate Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
4	2		Intermediate Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
5	2	PHYSICAL ZERO	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
6	2	ELVTE & FRIENDS	Elite Mixed	15.00.	ENGINE	4	15.50.	LIFT OFF	6	16.40.	AMRAP / SPRINT
1	2	KOK KOK KAY	Elite Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
2	2	TANK	Elite Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
3	2	IMBA YAPPERS	Elite Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
4	2	WAO PINEAPPLES	Elite Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
5	2	KAYA TOAST & KAREDOK	Elite Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE
6	2		Elite Mixed	15.00.	LIFT OFF	4	15.50.	AMRAP / SPRINT	6	16.40.	ENGINE