

# TURFGAMES

## SINGAPORE CITY SERIES 2024 - SATURDAY

### SATURDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	REVL JE	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
2	1	BEASTIE BABES	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
3	1	THE WERMS	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
4	1	BUCK FURPEES	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
5	1	ALT DAY ATHLETES	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
6	1	CHEEKY EGGY	Everyday Female	9.30.	ENGINE	3	10.20.	LIFT OFF	5	11.10.	AMRAP / SPRINT
1	1	TURFY MCTURF FACE	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
2	1	QUADZILLA	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
3	1	MAYDAY	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
4	1	ALL DAY WESTIES	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
5	1	TEAM 0.75	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
6	1	NON-PSYCHO	Everyday Male	9.30.	LIFT OFF	3	10.20.	AMRAP / SPRINT	5	11.10.	ENGINE
1	1	EMPOWER RANGERS	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
2	1	DEEV-ILS & DONUTS	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
3	1	LARSISMORE	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
4	1	SPOT ME	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
5	1	A-DOUGH-ABLE	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF
6	1	BULLETTEARY	Intermediate Female	9.30.	AMRAP / SPRINT	3	10.20.	ENGINE	5	11.10.	LIFT OFF

### SATURDAY HEAT TIMES - MORNING SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	TURF-RIFIC-4	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
2	2	AW4SOME	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
3	2	GLID(E)	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
4	2	CHALATHISA	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
5	2	SHE'S A REVL	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
6	2	TURFTY GALS	Everyday Female	9.55	ENGINE	4	10.45	LIFT OFF	6	11.35	AMRAP / SPRINT
1	2	TEAM KICK	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
2	2	HAKUNA MASQUATA	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
3	2	BABY DON'T HURT ME	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
4	2	PINTS OVER BURPEES	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
5	2	DAD BOD SQUAD	Everyday Male	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
6	2	ELLY	Everyday Female	9.55	LIFT OFF	4	10.45	AMRAP / SPRINT	6	11.35	ENGINE
1	2	HIIT ME BABY OMT	Everyday Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
2	2	TURF GALS	Everyday Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
3	2	TEAM VANS	Everyday Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
4	2	TEAM SWEATIES	Intermediate Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
5	2	LEGS MISERABLES	Intermediate Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF
6	2	I LOVE ABC	Intermediate Female	9.55	AMRAP / SPRINT	4	10.45	ENGINE	6	11.35	LIFT OFF

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## SINGAPORE CITY SERIES 2024 - SATURDAY

### SATURDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	1	Method X KISS	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
2	1	OLD FASHIONED	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
3	1	3 BRITS & A BOET	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
4	1	BB PLUS C	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
5	1	RUGRATS	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
6	1	WAO CATCH MY SNATCH	ELITE MALE	12.50.	ENGINE	3	13.40.	LIFT OFF	5	14.30.	AMRAP / SPRINT
1	1	SANTAMENTAL	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
2	1	THE BOYS	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
3	1	JEDI	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
4	1	Almost Athletes	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
5	1	D 911	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
6	1	DIM SUM BOYS	Intermediate Male	12.50.	LIFT OFF	3	13.40.	AMRAP / SPRINT	5	14.30.	ENGINE
1	1	CIRQUE DE SORE LEGS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
2	1	CROSSQUITTERS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
3	1	JUST TRY LA	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
4	1	CURLS FOR THE GURLS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
5	1	SWEET CHEAKS	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF
6	1	TURF AND TRAIL	Intermediate Female	12.50.	AMRAP / SPRINT	3	13.40.	ENGINE	5	14.30.	LIFT OFF

### SATURDAY HEAT TIMES - AFTERNOON SESSION

LANE #	HEAT #	TEAM NAME	CAT / DIV	TIME	WORKOUT 1	HEAT #	TIME	WORKOUT 2	HEAT #	TIME	WORKOUT 3
1	2	MVRCK™	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
2	2	MOBILUS CLARKE QUAY	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
3	2	URBAN EDGE LEFTOVERS	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
4	2	XIAODIDI	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
5	2	CROSSFIT UNCLE EDGE	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
6	2	TEAM ALPHA	ELITE MALE	13.15	ENGINE	4	14.05	LIFT OFF	6	14.55	AMRAP / SPRINT
1	2	MEN IN THIRTIES	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
2	2	JAWZ	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
3	2	SANJIUBA	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
4	2	ECHO140	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
5	2	BOYSWIFBARBELLS	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
6	2	BRIAN & FRIENDS	Intermediate Male	13.15	LIFT OFF	4	14.05	AMRAP / SPRINT	6	14.55	ENGINE
1	2	SQUAT SQUAD	Intermediate Female	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
2	2	FEARFOOLS	Intermediate Female	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
3	2	FITBUTWANNASTOP	Intermediate Female	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
4	2	ZADDIES & THE SON	Intermediate Male	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
5	2	DON'T FECC IT UP	Intermediate Male	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF
6	2	3.5 DADS CHINATOWN	Intermediate Male	13.15	AMRAP / SPRINT	4	14.05	ENGINE	6	14.55	LIFT OFF