## PegStilts.com Instructions: Replacing the tread on your Peg Stilts



DANGER: If you notice that your stilt tread is wearing down, it should be replaced ASAP

#### How long does the Stilt tread last?

Your tread should last you at least a year depending on how often you stilt walk, what kind of surfaces you walk on, and what tricks you do while you are stilt walking.

For example: Turning pirouettes (spinning) on hot asphalt everyday is going to wear down your stilt tread faster than walking in grass occasionally would.

#### What do I do if my Stilt tread is worn down?

You can order some from <a href="PegStilts.com">PegStilts.com</a> for \$5.00 plus shipping

OR

You can go to any local bike repair shop and they will often give you an old mountain bike tire for FREE

#### **TOOLS NEEDED:**

- Sturdy workbench or table
- Table Vise (or see clamps below)
- C-Clamps or Squeeze clamps
- Drill/Electric Screwdriver
- Drill Screwdriver Bit
  - (Note: Needs to match screws chosen for the project, see Materials below)
- Straight blade/box cutter
- Sharp scissors
- POSSIBLE: Miter Saw/Chop Saw/Band Saw
- POSSIBLE: Tape measure

#### **MATERIALS NEEDED:**

- (2) 6" pieces of used mountain bike tires
  - (Note: You want to find a tire that still has good tread on it and is not dry rotted or cracked)
- (8) 3/4" screws
- (8) washers
  - (Note: Make sure the screws can not slide through the washers)
- Optional: Staple gun (NOT an office stapler) and 10-12mm staples depending on thickness of tire sidewall rubber

### Prepping the Tires (if you got them yourself):

- Take a straight blade/box cutter, and carefully cut the metal rings out of the edges of the tire. BE CAREFUL!
  - NOTE: Poke next to the ring and then trace the blade around the ring. You don't have to cut through the ring!
- Cut with strong scissors across the tire from one side to the other
- Measure and cut off (2) 6" pieces of tire from the length.
  - (NOTE: Save the rest for the future!)



## Remove Worn Tread AND Inspect Pegs for Damage: (NOTE: Do the following to <u>BOTH</u> legs before proceeding)

- Remove the previous tread and keep all screws and washers for reuse unless they are stripped or broken.
  - (NOTE: Pay attention to how the tread had been put on previously, the replacement is going to go on the same way this one came off.)
- Inspect **both** of the peg ends for significant rounding, mushrooming, or any splintering at all.
- If **ANYTHING** of concern is found it **should be cut off** using a saw that ensures a straight level accurate cut.
  - (Note: If one leg has damage BOTH must be shortened to an equal length.)

# NOTE: DID YOU REMOVE THE TREAD FROM <u>BOTH</u> LEGS AND INSPECT <u>BOTH</u> ENDS FOR DAMAGE?!

If not, go back and finish because if you retread the first one and then find out later that leg 2 is damaged and needs to be shortened to get rid of damage, then you'll have wasted your time.

### **Installing the Replacement Tread:**

Put one of your stilt legs in a table vise, or clamp it to a stable surface, so that the peg end is sticking out off the table, and the triangle of the foot plate is facing up.

(Note: You'll be rotating the stilt as you remove and later attach each side of the tire.)

- Take (1) of the new 6" tire pieces and place it centered on the end of the peg (like a letter "T")
- Cut slots into the tire that will allow it to fold (see previous tire set)
- Make the (4) cuts go all of the way to where the tread starts
- Place the tire flat on the upside of the stilt
- Line up the edge of the cut with the edge of the stilt end
- Screw and washer the tire down (use previous screw holes if possible)
- Flip the stilt over so the exact opposite side is up, and screw and washer the other end of the tire piece down
- Turn the stilt to the 3rd side up: Tuck the middle flap under the outer side flaps, and insert screw with washer.
  - (Note: Place the screw with washer so it will grab all 3 pieces of the tire).
- Turn the stilt to the final side up and do the same as the previous step, for the 3rd side.









## More PegStilts.com FAQs can be found at:

http://shop.pegstilts.com/stiltorderfaqs.aspx