# **FEEDING GUIDE**



When scooping food, make sure to thoroughly pack food into a standard 8-oz measuring cup for an accurate serving size.

Dog's Weight	Cups per Day*
利 Up to 10 lbs	Up to 1
💉 10-20 lbs	1 - 1.5
🞺 20 - 30 lbs	1.5 - 2
🎢 30 - 40 lbs	2 - 2.5
🛒 40 - 60 lbs	2.5 - 3.5
60 - 80 lbs	3.5 - 4
80 - 100 lbs	4 - 5

\*Use a standard 8 oz measuring cup + add 1/2 cup for every 10 lbs of weight over 100 lbs

Bibim Paws Dog Food is formulated to meet the nutritional levels established by the AAFCO Dog Food Nutrient Profiles for Adult Maintenance.

Cat's Weight	Cups per Day*
😽 Up to 11 lbs	3/4 - 1
11 - 25 lbs	1.25 - 2.5

\*Use a standard 8 oz measuring cup

Bibim Paws Cat Food is formulated to meet the nutritional levels established by the AAFCO Cat Food Nutrient Profiles for Adult Maintenance.

\*Note: These recommendations are for guidance only and should be used as a starting point. Dogs and cats are individuals and some may have higher or lower caloric requirements in order to maintain an ideal, trim body weight. Please consult your veterinarian for breed specific nutritional guidance. Always introduce a new food diet by slowly adding small amounts of the new food to the old food and gradually make the full transition to the new food. For full nutritional info + calories, visit: www.bibimpaws.com

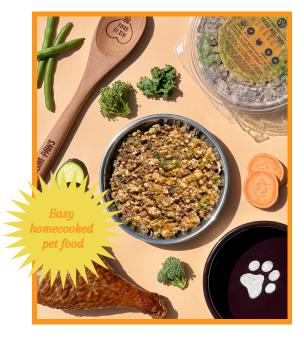
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THE





# RECIPE

BOOK



## Grocery List

Make your own fresh pet food at home with ease. \*Organic is not mandatory but recommended! (Use a standard 8 oz measuring cup when serving)

#### FRESH DOG FOOD

Makes about **8 cups of fresh dog food.** Double recipe for about 16 cups.

### CHICKEN RECIPE

2 tablespoons organic sunflower oil 3 pounds organic ground chicken or boneless, skinless chicken thighs 2 1/2 ounces of organic chicken liver 2 ounces of organic chicken heart 2 ounces of organic zucchini 2 ounces of organic broccoli 2 ounces of organic green beans 1 SUPAW Sauce for Dogs\*

#### TURKEY RECIPE

2 tablespoons organic sunflower oil 3 pounds of organic ground turkey (85% lean)

2 1/2 ounces of organic chicken liver
2 ounces of organic chicken heart
2 ounces of organic zucchini
2 ounces of organic broccoli
2 ounces of organic green beans
1 SUPAW Sauce for Dogs\*

#### BEEF RECIPE

2 tablespoons organic sunflower oil 3 pounds of organic ground beef (85% lean)

2 1/2 ounces of organic beef liver
 2 ounces of organic beef heart
 2 ounces of organic zucchini
 2 ounces of organic broccoli
 2 ounces of organic green beans
 1 SUPAW Sauce for Dogs\*

### FRESH CAT FOOD

Makes about **6 cups of fresh cat food.** Double recipe for about 12 cups.

### CHICKEN RECIPE

2 tablespoons organic sunflower oil 3 pounds organic ground chicken or boneless, skinless chicken thighs 2 1/2 ounces of organic chicken liver 2 ounces of organic chicken heart 2 ounces of organic green beans 1 ounce of organic zucchini (about half of a medium zucchini) 1/2 ounce of organic kale (about one leaf - stem removed) 1 SUPAW Sauce for Cats\*

(Optional: replace chicken with dark meat turkey - 85% lean)



\*Supaw Sauce can be replaced with our DIY Powder. Follow these additional steps:

#### For dogs (8 cup recipe): Add 1 packet of DIY Powder for Dogs instead of Supaw Sauce after cooling and mix.

For cats (6 cup recipe): Add 1 packet of DIY Powder for Cats instead of Supaw Sauce after cooling and mix.

#### DIRECTIONS

#### Prep:

- Squeeze and drain any excess liquid from thawed, raw meat.
- Chop poultry thighs (if not ground), liver, heart + veggies into bite-size pieces for your dog or cat.
   \*for cat recipe, dice very finely.

Place a large non-stick wide pot, skillet or dutch oven over medium-high heat on stove top. Add sunflower oil to pot.

Add ground meat (excess liquid removed) to pot. Cook evenly until meat is slightly pink and broken up into small pieces.

Add chopped liver and chopped hearts to pot. Continue cooking for about 5 minutes or until meat is fully cooked (no longer pink).

Add chopped veggies to pot. Continue cooking until veggies are still firm but slightly tender (about 1-2 min). **Do not overcook veggies.** 

Carefully remove pot from heat and **drain any excess liquid.** Then let cool and add Supaw Sauce or DIY Powder to food and mix thoroughly. Portion food into containers and store in freezer until ready to use.

#### Important Notes:

- Draining excess liquid helps keep food fresh.
- Store cooked food in fridge for up to 2-3 days.
- Frozen food and raw meat should always be thawed in the fridge.
- Keep cooked food frozen for up to 4 months.





