

JOURNAL CARE GUIDE

Our keepsake books are designed to last a lifetime, so we have put together some tips to keep your journals in the best condition possible.

Truly Amara
KEEPSAKE BOOKS



HOW TO USE YOUR TRULY AMOR JOURNAL

- Write with clean hands.
- Keep food and drinks away from your journal. In addition to the damage that can be caused by stains and spills, any small crumb or organic material left inside the book can attract insects, which may do even further damage.
- Keep the journal away from sunlight and dampness.
- Don't use bulky bookmarks, which can damage the journal when it's closed. Don't dog-ear the page or leave the journal open & face down to save your place. Don't use post-it notes, as they can leave an invisible residue on the page. Use your ribbon to mark your place.
- Avoid opening the journal too widely, as this can cause damage to the spine. Open the journal only as wide as necessary to comfortably write in the book.
- Carefully turn the pages, avoiding wrinkling or dimpling the paper when doing so.
- Try and keep your keepsake journal out of reach of children. As much as we love them, we know that they can ruin your book in a matter of seconds!



HOW TO STORE YOUR TRULY AMOR JOURNAL

Ideally you should use your luxury keepsake book pouch, but you may want to store your book on a bookshelf.

If you do, please follow the tips below:

- Keep your book away from direct light, heat & humidity.
- Shelf books of the same approximate height together; putting a tall book next to a short book can cause uneven stress upon the spine. Keep the spines aligned so that one book isn't pushed back farther than the next.
- Shelf books upright on the shelf, neither too tightly packed nor too loose. Leaning can cause the spine to go out of alignment, as can stacking books on their sides.
- Try not to store books horizontally. If it is absolutely necessary to store a book upon its side, put as little weight upon it as possible.
- When removing a book from the shelf, do not grasp it by the top of the spine or tilt it; this can cause damage to the book's head and foot. Instead, pull it out by grasping it around the middle of the spine.
- Don't keep books in plastic bags. They need to breathe, and plastic may trap moisture, encouraging mold, warping, and pests.
- Keep them clean! Even in a closed bookcase, books and bookshelves gather dust. Over time, they can get really dirty. Periodically, carefully clean the shelves and any bookcase doors.



HOW TO CLEAN YOUR LINEN JOURNAL & REMOVE STAINS

- Begin by removing surface dust and dirt by brushing the cover with soft brush and/or soft cloth.
 - There are horsehair brushes available that work well for removing dirt and dust from creases and crevices. It is gentle enough to use on all surfaces of the book.
 - Once the dust is removed, a document cleaning pad can be used to remove dirt and dust that is on the cover of your journal. Document cleaning pads are filled with a special, absorbent powder that absorbs oils and other dirt so that it can be brushed away.
[You can purchase these online here.](#)
 - Squeeze the pad to release some of the absorbent powder.
 - Gently scrub the surface where the powder was applied.
 - Brush off any remaining powder with the soft brush or soft cloth.
 - Repeat as necessary until the stains are removed or are no longer being lifted by the powder.
 - For additional stains, Absorbene works well. [You can purchase these online here.](#)
- This is a putty that pulls dirt and stains out of the fabric surface. Remove a small amount of the putty from the container and work it with your fingers until it becomes pliable. Roll or rub it over the surface in one direction to remove the stains. Once clean, brush the entire cover with the soft brush to remove any residue from the cleaning products.



THE BEST PEN TO USE WITH YOUR JOURNAL

When it comes to having a seamless and hassle free writing experience, there is no pen that is as good as a ball point pen. We find that using a regular ball point pen works perfectly in our Truly Amor journals.

- Readily available and reasonably priced
- They have a longer life span than some of the other varieties of pens
- They provide a smooth and easy writing experience

Why we love ball point pens:

- The ink of ball pens dries much faster compared to other types of pens
- They rarely smudge or leak through the page



PRINTING PHOTOS FOR YOUR JOURNAL

The most obvious option is to print your images at a standard photo processing shop, but we have found that printing photos this way can cause the book to look bulky as the years pass. Standard photos use thicker photo paper and having too many of these photos in your book can strain the spine (we have found the same issues with Polaroid photos).

We have 3 recommendations for placing images into our journals:



PRINTING PHOTOS FOR YOUR JOURNAL

1. Use an online photo delivery service like PocketPrints

They provide high quality photos printed straight from your social media or your computer. The photo paper they use is not thick like normal photos. They are really easy to use and located in Melbourne so delivery is quick, they print and dispatch orders within 48 hours.

We highly recommend their **Decals**, they are amazing - they stick to nearly every surface, and can be (safely) peeled off and re-stuck up to 100 times! Walls, paper, scrapbooks, screens, computers, kitchen surfaces, fridges and most importantly our journals! They are such a great option as you can peel and move the decal onto your page until you are happy. They are printed with the signature Pocket Prints' white border.

The best sizes to use for our journals are:

- Squares (10x10cm) in standard print or decal prints
 - Mini Squares (7.5 x 7.5cm) in standard print or decal prints
- They fit so beautifully in our journals.

[Click here to visit their website](#)

pocket prints

USE THIS CODE TO GET 20% OFF YOUR
FIRST ORDER:
trulyamor20

OTHER OPTIONS FOR PRINTING

2. Use a HP Sprocket Select Photo Printer

The other option is to use a HP Sprocket Photo Printer. These small printers are so handy as they print stickers – so you can print and stick your image easily into your journal. They can be pricey (starting from \$149) but we think they bare a great little investment for recording your memories. You can print directly from your phone and use images straight from your camera roll, or your social media accounts.

[Click here to visit their website](#)

3. Use a local printer

Another option is to simply lay your photos on an A4 page and take them to a local printing company (like officeworks or snap print) and have them printed on gloss paper (choose 120gsm to 150gsm paper) this will keep the book looking less bulky, and much more cost effective.





PASTING THE PHOTOS IN YOUR JOURNAL

As you put together your keepsake journal, it's important to know how to adhere photos correctly; otherwise, within a few months the photos might become loose or have dark spots from using the wrong kind of glue. This would be disheartening after all the hard work you put into the journal.

**If you are using Pocket print decals, you wont need to paste your images into your book - just simply peel and stick!*

[Click here to see the decals on the Pocket Prints website.](#)

So what are the best types of adhesives to use when pasting your photos into our journals and what should be avoided?

We always recommend using a regular old fashioned glue stick. Make sure it says "Toxic Free", "Archival", or "Acid Free". If you use

other types of glue it may cause your photo to ripple.

Another option we recommend is glue roller tape. Super easy and neat, these glue tapes apply a micro-thin layer of archival adhesive to the back of your photographs. Simply press and roll the applicator on the back of the photo, flip and press in place! Again, the label must say "Toxic Free", "Archival", or "Acid Free".



If you have any other questions, please email us:

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or find us here:

