

(For the father to complete)

My full name is
My birthday is
I was born in
I was raised in
My occupation is
My favourite quote is
What really matters most to me

When I think about my future, this is what I hope for the most
These are the people I look up to and why
My best piece of advice is

My interests are

The most important values in my life are				
Some of my bucket list ideas are				



Write about your childhood years. Where you grew up, the school you went to, your teachers, your friendships and family, your favourite memories from your childhood and the moments that meant the most to you. Write about what you wish you had known about your parents childhood.



(continued)



Write about your adult years. What did you do when you finished school? Write about your relationships, your friendships and family, your favourite memories from your adult years and the moments that meant the most to you. Write what you wish you had known about your parents adult years.



(continued)



 $Write\ about\ yourself\ and\ where\ you\ are\ in\ your\ life\ at\ this\ present\ moment.\ Write\ about\ your\ work,\ friendships\ and\ family.$ $Write\ about\ what\ brings\ you\ happiness\ and\ what\ you\ look\ forward\ to\ in\ the\ future.$



(continued)