GWPL sizing is true to size. All of our items have comparable sizing to most other athletic brands. Our women's cut tops are meant to be form fitting and shorter in length. Unisex sizes are meant to be a looser fit, like a men's sized shirt.

We recommend measuring garments that you already own and comparing the measurements. Please keep in mind that since this is your favorite items they are probably a little stretched out and worn. Most of our tops are cotton blends so they will stretch with time as well.

Additionally, all of the measurements are taken on a flat surface so we recommend taking your comparison measurements the same way. Comparing your body measurement and the flat measurement of a garment is misleading. The garment is going to seem huge!

Need more help? Check out the photos below.

## T-SHIRT

|  | CHEST/BUST <br> INCH/CM | WAIST* <br> INCH/CM | LENGTH <br> INCH/CM | Added Crop <br> Option Length* |
| :--- | :---: | :---: | :---: | :---: |
| UNISEX XS | $16 / 40.64$ | $17.5 / 44.45$ | $28 / 71.12$ | $21 / 53.34$ |
| UNISEX SmalI | $17.5 / 44.45$ | $18 / 45.72$ | $28 / 71.12$ | $21 / 53.34$ |
| UNISEX Med. | $19 / 48.26$ | $19 / 48.26$ | $29.5 / 74.93$ | $21 / 53.34$ |
| UNISEX Large | $22 / 55.88$ | $22 / 55.88$ | $30 / 76.2$ | $22 / 55.88$ |
| UNISEX XL | $23.5 / 59.69$ | $23.5 / 59.69$ | $31 / 78.74$ | $22 / 55.88$ |
| UNISEX 2X | $25 / 63.5$ | $25 / 63.5$ | $32 / 81.28$ | $22 / 55.88$ |

* Waist measurement begins 7 inches below armpit
*All crops are cut in-house
CROP

|  | CHEST/BUST <br> INCH/CM | WAIST* <br> INCH/CM | LENGTH <br> INCH/CM |
| :--- | :---: | :---: | :---: |
| WOMEN'S SMALL | $15.5 / 39.7$ | $15 / 38.1$ | $19 / 48.26$ |
| WOMEN'S MEDIUM | $16 / 40.64$ | $15.5 / 39.7$ | $19 / 48.26$ |
| WOMEN'S LARGE | $17 / 43.18$ | $16.25 / 41.28$ | $21 / 53.34$ |
| WOMEN'S XL | $19 / 48.26$ | $18 / 45.72$ | $21 / 53.34$ |
| WOMEN'S 2X | $20 / 50.8$ | $19 / 48.26$ | $22 / 55.88$ |

## SHORTS

|  | WAIST <br> INCHES/CM | HIP <br> INCHES/CM |
| :--- | :---: | :---: |
| SMALL | $11 / 27.94$ | $13.5 / 34.29$ |
| MEDIUM | $12 / 30.48$ | $14 / 35.56$ |
| LARGE | $13 / 33.02$ | $15 / 38.1$ |
| XL | $14 / 35.56$ | $16 / 40.64$ |
| $\mathbf{2 X}$ | $15 / 38.1$ | $17 / 43.18$ |

Inseam length for shorts is located in the description of the item.

## LEGGINGS

|  | A. WAIST <br> INCHES/CM | B. HIPS <br> INCHES/CM | C. FULL <br> LENGTH <br> INCHES/CM | D. INSEAM <br> INCHES/CM | E. ANKLE <br> INCHES/CM |
| :--- | :---: | :---: | :---: | :---: | :---: |
| SMALL | $12 / 30.48$ | $14 / 35.56$ | $34 / 86.36$ | $25 / 63.5$ | $4 / 10.16$ |
| MEDIUM | $13.5 / 34.39$ | $15 / 38.1$ | $34.5 / 87.63$ | $25 / 63.5$ | $4 / 10.16$ |
| LARGE | $14 / 35.56$ | $16 / 40.64$ | $35 / 88.9$ | $25 / 63.5$ | $4.5 / 11.43$ |
| $\mathbf{X L}$ | $15.5 / 39.37$ | $17 / 43.18$ | $35 / 88.9$ | $25 / 63.5$ | $4.5 / 11.43$ |
| $\mathbf{2 X}$ | $17.5 / 44.45$ | $18 / 45.72$ | $36 / 91.44$ | $25 / 63.5$ | $4.5 / 11.43$ |
| $\mathbf{3 X}$ | $18.5 / 46.99$ | $19.5 / 49.53$ | $36 / 91.44$ | $25 / 63.5$ | $5 / 12.7$ |

## HOW TO MEASURE TOPS

STEP 1: Lay garment flat


STEP 2: Measure from the outermost point


STEP 3: Measure Chest from armpit to armpit


STEP 4: Measure Waist 7 inches below armpit seam


STEP 5: Measure length from the highest point of the shirt to the lowest point of tee


## HOW TO MEASURE BOTTOMS

STEP 1: Measure waist straight across


STEP 2: Measure hips seam. Take the measuring tape from the left edge of the seam to the middle. Then hold the measuring tape at the middle and measure from there to the right edge.


STEP 3: To measure the inseam, find the gusset and measure down the leg of the garment.


