

GWPL sizing is true to size. All of our items have comparable sizing to most other athletic brands. Our women's cut tops are meant to be form-fitting and shorter in length. Unisex sizes are meant to be a looser fit, like a men's sized shirt.

We recommend measuring garments that you already own and comparing the measurements. Please keep in mind that since this is your favorite items they are probably a little stretched out and worn. Most of our tops are cotton blends so they will stretch with time as well.

Additionally, all of the measurements are taken on a flat surface so we recommend taking your comparison measurements the same way. Comparing your body measurement and the flat measurement of a garment is misleading. The garment is going to seem huge!

Need more help? Check out the photos below.

### T-SHIRT

	Width (IN)	Length (IN)	Sleeve Center Back (IN)	Packaging
S	18.25	26.625	16.25	5
M	20.25	28	17.75	5
L	22	29.375	19	5
XL	24	30.75	20.5	5
2XL	26	31.625	21.75	5
3XL	27.75	32.5	23.25	3
4XL	29.75	33.5	24.625	3

### CROP

	CHEST/BUST INCH/CM	WAIST* INCH/CM	LENGTH INCH/CM
WOMEN'S SMALL	15.5/ 39.7	15/ 38.1	19/ 48.26
WOMEN'S MEDIUM	16/ 40.64	15.5/ 39.7	19/ 48.26
WOMEN'S LARGE	17/ 43.18	16.25/ 41.28	21/ 53.34
WOMEN'S XL	19/ 48.26	18/ 45.72	21/ 53.34
WOMEN'S 2X	20/ 50.8	19/ 48.26	22/ 55.88

## SHORTS

	<b>WAIST INCHES/CM</b>	<b>HIP INCHES/CM</b>
<b>SMALL</b>	11/ 27.94	13.5/ 34.29
<b>MEDIUM</b>	12/ 30.48	14/ 35.56
<b>LARGE</b>	13/ 33.02	15/ 38.1
<b>XL</b>	14/ 35.56	16/ 40.64
<b>2X</b>	15/ 38.1	17/ 43.18

**Inseam length for shorts is located in the description of the item.**

## LEGGINGS

	<b>A. WAIST INCHES/CM</b>	<b>B. HIPS INCHES/CM</b>	<b>C. FULL LENGTH INCHES/CM</b>	<b>D. INSEAM INCHES/CM</b>	<b>E. ANKLE INCHES/CM</b>
<b>SMALL</b>	12 / 30.48	14/ 35.56	34/86.36	25 / 63.5	4 /10.16
<b>MEDIUM</b>	13.5 / 34.39	15/ 38.1	34.5 / 87.63	25 / 63.5	4 /10.16
<b>LARGE</b>	14/ 35.56	16/ 40.64	35 / 88.9	25 / 63.5	4.5 / 11.43
<b>XL</b>	15.5 / 39.37	17/ 43.18	35 / 88.9	25 / 63.5	4.5 / 11.43
<b>2X</b>	17.5 / 44.45	18/ 45.72	36 / 91.44	25 / 63.5	4.5 / 11.43
<b>3X</b>	18.5 / 46.99	19.5 / 49.53	36 / 91.44	25 / 63.5	5 / 12.7

## HOW TO MEASURE TOPS

STEP 1: Lay garment flat



STEP 2: Measure from the outermost point



STEP 3: Measure Chest from armpit to armpit



STEP 4: Measure Waist 7 inches below armpit seam

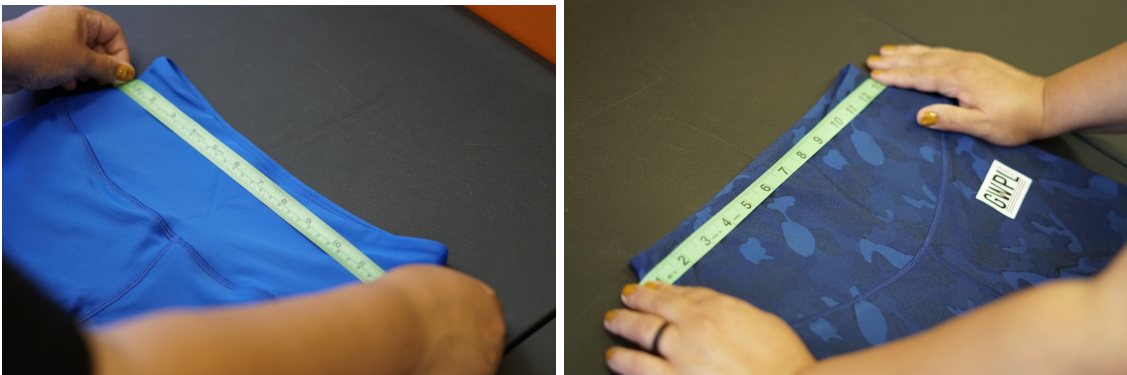


STEP 5: Measure length from the highest point of the shirt to the lowest point of tee



## HOW TO MEASURE BOTTOMS

STEP 1: Measure waist straight across



STEP 2: Measure hips seam. Take the measuring tape from the left edge of the seam to the middle. Then hold the measuring tape at the middle and measure from there to the right edge.





STEP 3: To measure the inseam, find the gusset and measure down the leg of the garment.

