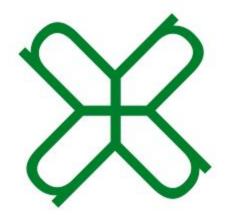
## **Active Ingredients**



## Tension Relief Oil

**Prunus Armeniaca Kernel Oil (Apricot) -** "Apricot kernels have been used for cancer treatment"

Ref:

https://www.drugs.com/npp/apricot.html

**Vitis Vinifera Seed Oil (Grape)-** Has anti-proliferative effect on cancer cells. "grape cane extract contains oligostilbenoids with potential health benefits. This underexploited viticultural residue has the potential to produce valuable phytochemicals or ingredients in functional foods."

Ref: https://www.ncbi.nlm.nih.gov/pubmed/29884360, Food Chem. 2018 Nov 1;265:101-110. doi: 10.1016/j.foodchem.2018.05.050. Epub 2018 May 10. "Oligostilbenoids in Vitis vinifera L. Pinot Noir grape cane extract: Isolation, characterization, in vitro antioxidant capacity and anti-proliferative effect on cancer cells.", Sáez V, Pastene E, Vergara C, Mardones C, Hermosín-Gutiérrez I, Gómez-Alonso S, Gómez MV, Theoduloz C, Riquelme S, von Baer D.

**Angelica Dahurica Extract-** "In this study, we analyzed the potential roles of Angelica dahurica ethanolic extract (ADEE) in correcting impaired angiogenesis and delayed wound healing in diabetes by using streptozotocin-induced diabetic rats. ADEE treatment accelerated

diabetic wound healing through inducing angiogenesis and granulation tissue formation." "Our findings highlight an angiogenic role of ADEE and its ability to protect against impaired wound healing, which may be developed as a promising therapy for impaired angiogenesis and delayed wound healing in diabetes."

Ref: https://www.ncbi.nlm.nih.gov/pubmed/28542422 "Angelica Dahurica ethanolic extract improves impaired wound healing by activating angiogenesis in diabetes.', PLoS One. 2017 May 24;12(5):e0177862. doi: 10.1371/journal.pone.0177862. eCollection 2017. Zhang XN, Ma ZJ, Wang Y,Sun B, Guo X, Pan CQ, Chen LM.

**Angelica Japonica Extract-** "Angelica extracts can be applied directly on the skin for treating nerve pain and joint pain."

Ref:

https://www.webmd.com/vitamins/ai/ingredientmono-281/angelica

**Commiphora Myrrha Oil-** "In more recent history, products derived from Commiphora myrrha and various other species of Commiphora are becoming recognized to possess significant antiseptic, anesthetic, and antitumor properties. Traditional practice and evidence-based research have supported that these properties are directly attributable to terpenoids (especially furanosesquiterpenes), the active compounds present in myrrh essential oil. More recently, current studies have focused on

applying clinical trial methodologies to validate its use as an antineoplastic, an antiparasitic agent, and as an adjunct in healing wounds."

Ref: https://www.ncbi.nlm.nih.gov/pubmed/17978635 , "Myrrh: medical marvel or myth of the Magi?", Holist Nurs Pract. 2007 Nov-Dec;21(6):308-23., Nomicos EY.

**Angelica Polymorpha Sinensis Root Extract-** "Angelica sinensis root extracts, known as dang gui in TCM, have traditionally been used to treat a variety of blood-related ailments including menstrual cramps, blood deficiencies, uterine disorders, as well as ischemias of both the heart and brain (Li et al., 2008; Zhou et al., 2007)."

## Ref:

https://www.sciencedirect.com/topics/agricultural-and-biological-sciences/angelica-sinensis, " Interactions between Chinese Nutraceuticals and Western Medicines", Noel Chan, ... Evette Perez, in Nutraceuticals, 2016

**Saposhnikovia Divaricata Root Extract-** "Saposhnikovia divaricata Schischkin has been used in traditional medicine to treat pain, inflammation, and arthritis."

Ref: https://www.ncbi.nlm.nih.gov/pubmed/27042186, Evid Based Complement Alternat Med. 2016;2016:1984238. doi: 10.1155/2016/1984238. Epub 2016 Mar 2. "Anti-Inflammatory and Antiosteoarthritis Effects of Saposhnikovia divaricata ethanol Extract: In Vitro and In Vivo Studies.", Chun JM, Kim HS, Lee AY, Kim SH, Kim HK.

**Carthamus Tinctorius Oleosomes (Safflower)**- "According to the modern pharmacologicaland clinical examinations, safflower provides promising opportunities for the amelioration of myocardialischemia, coagulation, thrombosis, inflammation, toxicity, cancer, and so forth."

Ref: https://www.ncbi.nlm.nih.gov/pubmed/29881530, "Medical uses of Carthamus tinctorius L. (Safflower): a comprehensive review from Traditional Medicine to Modern Medicine.", Electron Physician. 2018 Apr 25;10(4):6672-6681. doi: 10.19082/6672. eCollection 2018 Apr., Delshad E, YousefiM, Sasannezhad P, Rakhshandeh H, Ayati Z.

**Rheum Palmatum Root-** "Rheum palmatum is a potential candidate to be explored for the treatment of hepatocellular carcinoma."

## Ref:

https://www.researchgate.net/publication/323662420\_Rheum\_palmatum\_root\_extract\_inhibits\_hepat ocellular\_carcinoma\_in\_rats\_treated\_with\_diethylnitrosamine, "Rheum palmatum root extract inhibits hepatocellular carcinoma in rats treated with diethylnitrosamine", Article (PDF Available) in Journal of Pharmacy and Pharmacology 70(6) · March 2018

**Eucalyptus Globulus Leaf Oil**- "the oils can be used for skin care, the respiratory system, the immune system, the nervous system, the urino-genital system and the musculo-skeletal system."

Ref: https://www.sciencedirect.com/topics/medicine-and-dentistry/eucalyptus-globulus, "Composition of essential oils and other materials", Sue Clarke BSc (Hons) PhD, in Essential Chemistry for Aromatherapy (Second Edition), 2008

**Vetivera Zizanoides Root Oil-** "The health benefits of Vetiver Essential Oil can be attributed to its properties like anti inflammatory, anti septic, aphrodisiac, cicatrisant, nervine, sedative, tonic and vulnerary."

Ref: http://www.plantsjournal.com/vol1lssue1/lssue\_may\_2013/6.pdf "Traditional and Medicinal Uses of Vetiver', D. Balasankar, K. Vanilarasu, P. Selva Preetha, S.Rajeswari M.Umadevi, Debjit Bhowmik