

JUICY MIXOLOGIST'S INGREDIENTS + EQUIPMENT

TOOLS



- ♥ Your exceptional therapist expertise
- ♥ Cotton pads
- ♥ Bowl of water
- ♥ Warm compresses
- ♥ Spatula
- ♥ Mixing bowl

ADDITIONAL FLAVOURS



**Consult your product graph to help choose for your client's skin type.*

- ♥ Moisturiser/SPF
- ♥ Face Oil
- ♥ 2 x Customised Smoothie Peel
- ♥ Toner
- ♥ Cleanser

FROM THE PANTRY



- ♥ Green Juice
- ♥ Intusive Peel Mask
- ♥ Perfect Paws
- ♥ Smudge Budge
- ♥ Bio Juice
- ♥ Berry Buff
- ♥ 3 x Room Sprays

SCRUMPTIOUS SKIN

The ultimate Skin Juice experience

Prep & Consult: 15 mins
Treatment time: 75 mins

DIETARY ADVICE + METHOD NOTES

CONTRAINDICATIONS

- Client is on Roaccutane or any skin thinning medications or treatments.
- Client has been in direct sun within 24 hours.
- Client has exfoliated their skin within 48 hours prior to facial.
- Client has a Rosacea flare-up or excessive redness or inflammation.
- Avoid areas if client has cold sores on or around the mouth.
- Client has wounds or broken skin.

DO NOT

- ✗ Steam the skin
- ✗ Use a physical exfoliant such as Revival.
- ✗ Add skin needling, dermaplaning or microdermabrasion to this facial.

POST PEEL ADVICE

- ♥ Avoid AHA based skin care or exfoliation for 48 hours post treatment.
- ♥ No direct sun exposure for 48 hours after the treatment.
- ♥ Always prescribe Skin Juice home-care products to maintain results.

SKIN JUICE.

METHOD

STEP 1 Consult

You're about to guide your client through not just a treatment but a facial feast, a release from the ordinary. But all epic escapes require planning, so it's time to really delve into what your client and their skin needs so they feel confident and at ease, but so you can also of course select the best products for them. A mixologist needs to know the skin dietary restrictions so be sure to check the contraindication and any allergies.

Consider this your chance to cleanse their palate, set the scene for what's to come and get them fully engaged and ready for the next course. And then it's time to create magic.

JUICY MIXOLOGIST'S NOTE:

The experience description mentions 7 courses and as you can see there are more steps than that. The 7 courses we identify are: Hand scrub • Cleanse (x 2) • Tone • Exfoliate (x 2 peels) • Infusive Peel Mask • Massage • Moisturise

STEP 2 Spark

Use your 'Spark' Aroma Mist to spray the treatment room and allow the aroma to fill the air. This is like an appetiser, creating ambience and building anticipation for the client's experience.

STEP 3 Hand Exfoliation

Using a strawberry sized amount of Berry Buff, exfoliate the back of your client's hands and lower arms. Remove with a warm compress and follow with a splash of Bio Juice.

STEP 4 First Cleanse

Use your Smudge Budge to cleanse the skin, focusing on the eyes. Massage approximately 2ml (a blueberry sized amount) of Smudge Budge over the face, eyes and décolletage. Add warm water to fingers and massage again to emulsify. Use a warm, damp compress to remove.

STEP 5 Second Cleanse

Select a suitable Juice Cleanser to compliment your client's skin type. Warm 3ml of your chosen cleanser in your fingertips and massage over the face, neck and décolletage. Add warm water to fingers and massage again. Use a warm, damp compress to remove.

STEP 6 Tone

Select a Skin Drink toner and apply to the face. Use fingertips for Bio Juice and cotton pads for Multi-Juice. Allow to absorb.

STEP 7 Exfoliate (part 1)

Consult your Product Selection Guide and select your Smoothie Peels. Dispense 2ml (6 pumps) of the first Smoothie Peel. You may like to protect the eyes with damp cotton pads. Let the client know that the mask may tingle and to alert you if it becomes uncomfortable.

Apply peel to the face using fingers, starting with the t-zone, jawline, sides of the face then finishing with the cheeks. Continue down the neck to the décolletage if required. Avoid the eye and lip area. Massage until slightly tacky.

Leave Smoothie Peel on the skin for 2 mins before. Do not leave your client while the peel is on.

Using a warm (not hot) towel, gently remove the Smoothie Peel.

STEP 8 Exfoliate (part 2)

Ensure the skin is dry and repeat the application and removal process with the 2nd Smoothie Peel.

STEP 9 Tone + Nourish

Using fingers, massage Bio Juice over the skin followed by 2 drops of a Skin Juice face oil.

STEP 10 Mask

Prepare your Infusive Peel Mask.

Dispense 4 large scoops (80ml) of Infusive Peel Mask* into your Skin Juice silicon bowl. Add room temperature water (approx. 100-130ml). Using your white spatula, work quickly to mix the Infusive Peel until a paste is formed.

*This is a guide only. Refer to troubleshooting guide if you need help.

Starting at the forehead, apply the paste onto the face, including over the eye area and mouth if client is comfortable, ensuring the nostrils are left free. Leave a thickened edge of the mask for easy removal. Leave the mask on for 15mins.

STEP 11 Hand Massage

Apply Perfect Paws to the hands and arms and perform a massage.

STEP 12 Mask Removal

Lift the edges from around the forehead and peel downwards. Remove any residue with damp cotton pads or sponges and use fingertips to massage 1 pump (approximately 3ml) of Bio Juice onto the skin.

STEP 13 Tone

Using fingers, massage Bio Juice over the skin. Allow to absorb.

STEP 14 Melt

Standing behind your client, use your 'Melt' Aroma Mist to spray your treatment room and allow the aroma to fill the air. This spray is a succulent dreamy and warming aroma, designed to encourage your client to relax into the treatment bed for the main massage component.

STEP 15 Massage

Using Green Juice, perform a face, neck, décolletage and shoulder massage. This massage should be hearty and warm, an escape for your client, leaving them not just relaxed but inspired and primed for life. Keep a keen eye on your pressure and your movements making sure they are long and flowing strokes on the body but circular and soothing for the face.

STEP 16 Moisturise

Select a moisture product suitable for your client's skin and the time of day and apply to face and eye area.

STEP 17 Awaken

Standing behind the client, take your 'Awaken' Aroma Mist and spray the treatment room, allowing the aroma to fill the air. This spray is like a zingy, vibrant and refreshing dessert, igniting your client's awareness and signalling the end of the experience.

STEP 18 Completion

Use the remaining time to perform a scalp massage to complete the treatment and advise your client of post peel advice.

TIME
STARTS
NOW

AT
15 MIN

AT
25 MIN

AT
50 MIN

AT
70 MIN

AT
75 MIN