# WELCOME TO YOUR SKIN JUICE + JUICE BAR TRAINING MANUAL

The Skin Juice story began in 1996 in a beauty salon in Newcastle NSW. Our founder, Joanne Dampney, didn't believe that her clients should have to choose between natural and performance skin care. The desire was to create a nutrient-rich professional grade skin care range that fed the skin like a healthy diet feeds the body.

The bright colours of the packaging reflect the natural and organic fruits, plants and superfoods that create each product, proving healthy doesn't have to be boring.

Skin Juice products are made without compromise. When designing the unique and innovative formulations it's vital that they fulfil our three essential requirements of safety, purity and effectiveness.

Our commitment is to use the healthiest natural, organic and nutraceutical grade ingredients and to provide you with products that are free from harmful chemicals and not tested on animals.

The aromatic skin care blends are created fresh in our very own Juice Lab in the Hunter Valley NSW, using sustainably and ethically sourced ingredients.

### **UPDATING YOUR MANUAL:**

Innovation and improvement are integral to our business and therefore we often update our products, treatments and resources as new technology and information becomes available to us.

Because of this, occasionally some pages in this manual may need to change and be updated. If this is the case, we will send out a newsletter with the updated pages attached as a downloadable PDF, that you can then print and pop in your manual to replace the outdated pages. They will also be available in the resources section of the Raw Earth co Hub.



### **HOW SKIN JUICE WAS BORN...**

### LESSON #1: Never forget where you came from.

A proud country girl at heart, I have fond memories of growing up on our family property. Hungry for adventure, I would explore the bush and delight in the sensory experience: a fresh breeze, the crisp summer aromas, the warmth of the sun upon the earth. To me, the Australian bush defines beauty!

### LESSON #2: You'll never do a day's work in your life if you do something you love.

An old billabong ran through our property, a great source of entertainment for us as kids. It's fascinating evidence of ancient volcanic eruptions and the ocean that had once covered this land, long ago. Left behind were mineral- rich clays, burnt yellow and red ochre in colour, with the most delightful textures and earthy aromas.

This remarkable location became my childhood playtime laboratory:

I collected and mixed these purifying clays and bottled them as gifts for family and friends, to be used for face and body painting as well as some elaborate type of skin treatment.

### LESSON #3: Learn the rules, then break them!

As I grew up, I realised I wanted to continue and expand my knowledge and fascination with the natural healing powers of the earth. But you know what they say – you have to learn the rules before you can break them!

So it was after my very conventional beauty training that I set about doing things 'my way'.

### LESSON #4: Necessity is the mother of invention.

For 8 years I owned and operated a successful salon with rituals and treatments that focused on holistic and natural choices. I had struggled to find products that reflected the ethos of my life and my business. So I gradually began to utilise my aromatherapy knowledge, combining this with my fascination for fruit and plant oils and their therapeutic effects.

I began researching the function and application of these skin-loving oils on the skin and the results when applied using different methods.

I began researching the function and application of various plant oils on the skin and the results when applied using different methods. For example cleansing oils opposed to suds up style cleansers, which was a very unique concept back when Skin Juice was first born. I learnt more about the nature of plant oils and their skin loving or biocompatible properties, I began using these oils to nourish and balance the skin in a way other cosmetic formulas couldn't. Natural skincare at this time was very, very new!

### LESSON #5: When you're onto a good thing, stick with it.

Thus Skin Juice was founded in 1996 and my loyal clientele became my research group - I'm pleased to say, many of my early 'guinea pigs' still use Skin Juice today. It wasn't long before word spread about this innovative concept which was breaking all the 'rules' of skin care with cleansing oils instead of soapy formulas, and night oils in place of creams.

The support we received was beyond our wildest expectations and we quickly grew with the majority of our business focused on facial treatments and skin care product purchases.

I'm so proud to of each and every product line and delivering new and exciting concepts to the industry. I believe we have maintained the personality of the Skin Juice range throughout 20 years while moving ahead with the very best interests of our customers, business and employees at heart. We've harnessed the lessons we've learnt to bring our dream to fruition.

...and it's a whole lot of juicy fun!

With love,

Joanne Dampney
Skin Juice Creator

### SKIN JUICE DAILY DIET

Imagine if you could feed your skin like you do your body. What would it need to survive and thrive?

Just like the body, the skin needs certain nutrients, proteins, minerals, vitamins and essential fatty acids for it to be healthy and glowing.

The Skin Juice Daily Diet is an easy to perform morning and night time regime, using 4 daily essential products. Free from harmful chemicals, the diet of juicy goodness will help to balance skin conditions such as oiliness and dryness, while reducing sensitivity, dehydration, breakouts and signs of ageing.



















### **JUICE CLEANSE**

Cleansing is the first step to healthy skin.

Juice Cleansers deeply clean without removing the skin's protective oils. Foaming or 'suds up' type cleansers can strip and dry the skin, exposing it to bad bacteria and leaving it red and irritated.

Instead, Skin Juice cleansers melt on contact with the skin to dissolve make-up and impurities, leaving the skin feeling fresh, soft and clean.

The Skin Juice Daily Diet is super easy to follow with no need to cleanse again in the morning.



### Q. Why doesn't Skin Juice have foaming cleansers?

**A.** Foaming cleansers contain detergents that dry and strip the skin of its oils. The skin's natural healthy oils are essential in keeping the skin soft, hydrated and functioning properly.

The loss of lipids due to using a foaming cleanser will expose the skin to irritation and bacterial infections. To compensate for excessive stripping, the skin will produce extra oil to try and make up for what has been lost. This means, it can become oilier and more prone to breakouts. Your skin should never be left feeling tight and dry after you cleanse as this means it has been left unprotected.

Foaming cleansers can also disrupt the skin's natural acidic pH, as soap is alkaline in nature. This can leave the skin more vulnerable to bacteria, making it dirtier and also risking infection.

### **DRENCH**Cleansing Oil

**SUITS:** Dry Skin Types

TARGETS: Dehydration and Ageing

Drench cleanser helps to balance the skin's natural oil flow and melt those hard to shift blockages from pores, maintaining a soft, dewy glow.

Pure plant oils adhere to impurities and makeup to deeply cleanse without drying or stripping precious moisture from the skin.



### **HOW TO JUICE**

Home Care Step 1 at night  $\bigcirc$  when using the Skin Juice Daily Diet.

Gently massage 1 pump onto a dry face using dry hands, splash with warm water and aid removal with a face cloth or sponge if required.

### Salon

Massage onto a dry face, add warm water with fingertips and massage. Warm compress to remove.











### **DEEP CLEANSING**

- Nutrient rich oils melt make-up, polluted oil, dirt and debris to cleanse deeply without stripping precious moisture.
- o Oil attracts oil, therefore cleansing with plant oils helps to dissolve blockages.

### **AGEING SUPPORT**

• Remove polluted oils and repair a damaged barrier by feeding the skin antioxidants and lipid rich biocompatible plant oils to protect the skin from ageing free radicals.

### **NOURISHES**

- Rebuild the skin's barrier to protect the skin's hydration and moisture levels.
- Macadamia oil, which is rich in palmitoleic acid is found naturally in the skin, but decreases as we age. Feeding the skin this essential fatty acid will help to protect the skin against dryness, dehydration and the damaging effects of pollution.

### SQUEEZED FROM



SUNFLOWER Protective Lipid



Nourishing Lipid







AROMA: Sweet & smooth aromas from ylang ylang and lavender essential oils



MACADAMIA Restorative Omega 7 + Essential Fatty Acids



CALENDULA Regenerative Vitamin



VITAMIN E Oil Soluble Antioxidant



Restorative Vitamins

Antioxidant A + E



ARNICA Healing Essential Fatty Acids



CARROT SEED OIL Restorative Provitamin A

### **BERRY FRESH**Cleansing Oil-Gel

**SUITS:** Combination Skin Type

TARGETS: Congestion and Dehydration

A unique oil-gel formula that deeply cleanses and nourishes the skin, leaving it refreshed and clear. Oily blockages are dissolved and skin is nourished and protected against dehydration and irritation with cherry, raspberry and blackcurrant nutrients.



### **HOW TO JUICE**

Home Care -Step 1 at night  $\bigcirc$  when using the Skin Juice Daily Diet.

Massage 2-3 pumps onto a dry face. Wet fingers with water and massage again. Remove with warm water and a damp face cloth or sponge if required.

### Salon

Massage onto a dry face, add warm water with fingertips and massage. Warm compress to remove.











### **DEEP CLEANSING**

- Feels like a refreshing gel and cleanses like an oil, that won't dry the skin out.
- Oils adhere to oils, therefore this oil-gel cleanser melts and dissolves oily blockages and removes excess oil leaving skin clean, clear and fresh.
- Regulates oil flow to balance combination skin types.

### **BALANCING**

- Essential fatty acid rich blackcurrant, cherry kernel and raspberry seed oils reinforce the skin's protective barrier to maintain skin plumping hydration levels.
- Rich in antioxidants carotenoid and tocopherol (Vitamin E), that quench free radicals before they damage the skin's healthy lipids.
- Anti-inflammatory bisabolol, extracted from chamomile, helps to protect the skin from irritation.

### **SQUEEZED FROM**



RASPBERRY Omega 3 + Omega 6 + Antioxidant



BISABOLOL Soothing Mineral **EXTRA SQUEEZE** 







AROMA: Sweet and fresh berry aromas



INDIGO ROOT + ALKANET ROOT POWDERS Minerals + Antioxidants



CHERRY KERNEL Moisturising Essential Fatty Acids + Plant Sterol



BLACKCURRANT SEED OIL Protective Essential Fatty Acids

### PURE EDEN Cleansing Cream

**SUITS:** All Skin Types

TARGETS: Imbalances and Dehydration

This creamy non-irritating cleanser will gently clean the skin from environmental pollutants, leaving it feeling cleansed and moisturised.

These natural fruit acids will help normalise and balance the skin's pH, boosting the skin's immunity to fight off bacteria, breakouts and irritation.



### **HOW TO JUICE**

Home Care Step 1 at night  $\bigcirc$  when using the Skin Juice Daily Diet.

Massage 2-3 pumps onto a dry face. Wet fingers with water and massage again. Remove with warm water and a damp face cloth or sponge if required.

### Salon

Massage onto a dry face, add warm water with fingertips and massage. Warm compress to remove.











### **CLEANSING**

- Naturally occurring AHA's work together to gently refine and exfoliate the skin, leaving it smooth, balanced and cleansed.
- Antibacterial and decongestive lemon myrtle, pink grapefruit and tangerine purify and fight breakout causing bacteria, leaving the skin clear and bright.
- Nutrient rich sesame, avocado and mango nurture the skin while adhering to impurities and makeup pigments.

### **REBALANCING**

- Natural fruit acids make Pure Eden more acidic in nature, meaning it will help normalise the skin's pH, strengthening the acid mantle, and protecting the skin against infection, irritation and dehydration.
- Banana extract is rich in antioxidants, potassium and vitamin A, helping to smooth the skin and balance areas of dryness.

### SQUEEZED FROM



MULTIFRUIT AHA Balancing Fruit Acids



BANANA FRUIT Healing Minerals + Vitamin A + B



MANGO BUTTER Softening Essential Fatty Acids



AVOCADO Nourishing Plant Sterol

### **EXTRA SQUEEZE**









AROMA: Soft fruity and floral aromas from white lotus, lavender, tangerine, pink grapefruit and lemon myrtle essential oils

### PULP DETOX Cleansing Paste

**SUITS:** Oily Skin Types

TARGETS: Breakouts and Acne

Purifying organic clay will help to refine excess oils while tiny beads of bamboo lift and remove congestion without drying the skin.

Australian blue mallee eucalyptus and lemon myrtle help to protect the skin against breakouts and redness while fruit acids leave the skin feeling super smooth and fresh.



### **HOW TO JUICE**

Home Care Step 1 at night  $\bigcirc$  when using the Skin Juice Daily Diet.

Massage a raspberry sized amount onto a dry face. Wet fingers with water and massage again. Remove with warm water and a damp face cloth or sponge if required.

### Salon

Massage onto a dry face, add warm water with fingertips and massage. Warm compress to remove.











### **REFINES OILINESS**

- A healthy alternative to a foaming cleanser. Foaming cleansers contain harsh surfactants that dry and irritate the skin and can lead to an overproduction of sebum.
- Helps to regulate oil flow without stripping or drying the skin.
- Mandelic Acid, derived from bitter almonds, mops up excess oils to help maintain a healthy balance of oil.

### TREATS BREAKOUTS, BLOCKED PORES AND BLACKHEADS

- Exfoliating and absorbent powders from Kaolin Clay, absorbs excess oil and cleanses blockages from within the pores.
- Natural fruit acids are combined with oil soluble BHA's to dissolve trapped oil, cellular debris and surface bacteria that causes breakouts.
- An acidic pH will help balance the skin's natural pH and strengthen the protective acid mantle.
- This antioxidant rich cleanser uses Australian Blue Mallee Eucalyptus and native Lemon Myrtle to help cleanse bacteria and protect the skin against breakouts and congestion.

### **SQUEEZED FROM**

MULTIFRUIT AHA Exfoliating Fruit Acids 123

LEMON MYRTLE Anti-bacterial Mineral **EXTRA SQUEEZE** 

AROMA: Clean and fresh aromas from lemongrass, lemon myrtle and blue mallee eucalyptus



MANDELIC ACID Anti-Inflammatory Fruit Acids

BLUE MALLEE EUCALYPTUS Anti-bacterial Mineral



MANGO BUTTER Protective Plant Sterol



SAFFLOWER Anti-Inflammatory Essential Fatty Acids



SUPERJUICE BLEND Purifying Antioxidants



INDIGO ROOT +
ALKANET
ROOT POWDERS
Protective
Antioxidants

### SMUDGE BUDGE Calming Cleansing Balm

**SUITS:** All Skin Types

TARGETS: Sensitivity, Irritation and Dehydration

Smudge Budge will help to melt the day away, letting you hit the pillow with a clean face and a calm, dewy glow. This comforting cleansing balm dissolves impurities and makeup, including mascara and eyeliner, without drying the skin. Natural vegetable emulsifiers mean this silky cleansing balm easily washes away with the help of water, but you can give it an extra nudge with the aid of a Smudge Budger, face cloth or sponge.



### **HOW TO JUICE**

### Home Care Step 1 at night $\bigcirc$ when using the Skin Juice Daily Diet.

Massage onto a dry face, including lips and around the eyes. Wet fingers and continue to massage. Remove with warm water and a dampened Smudge Budger, face cloth or sponge until the face is smudge free.

### Salon

Massage onto a dry face, add warm water with fingertips and massage. Warm compress to remove.

### Retail Tip:

Give your client that little extra luxury when they come to visit your salon by gently cleansing the eye area after a lash tint using Smudge Budge.





PREGNANCY SAFE





### **DEEP CLEANSING**

- This cleansing balm removes make-up, including waterproof mascara. Not suitable to use with false lashes.
- This balm melts into a biocompatible oil that dissolves impurities and blockages without irritating or drying the skin.
- o Organic coconut and sweet fennel help detoxify and purify.

### **CALMING**

- o Soothing cucumber calms sensitivity.
- Essential fatty acids and plant sterols rebuild the skin's barrier to reduce irritation and inflammation.
- This balmy cleanser won't irritate the eyes.
- Nourishes dry skin and can help provide relief from the effects of eczema and psoriasis.

### **PROTECTIVE**

- o Plant sterol rich mango butter nourishes dry skin and helps lock in hydration.
- Antioxidant rich pomegranate, carrot, berries, tomato and pumpkin juices feed the skin to fight oxidative damage.

### **SQUEEZED FROM**



SUNFLOWER Healing Lipid



COCONUT Protective Plant Sterol



CARROT SEED OIL Regenerative Vitamin









AROMA: Earthy and sweet aromas from tomato, fennel and sweet orange



MANGO BUTTER Soothing Plant Sterol



PUMPKIN SEED OIL Moisturising Essential Fatty Acid



SWEET FENNEL
Detoxifying Essential



VITAMIN E Protective Antioxidant



TOMATO Purifying Antioxidant



CUCUMBER Soothing Essential Fatty Acid



POMEGRANATE Strengthening Essential Fatty Acids

### **SKIN DRINK**

Water is a vital component in maintaining the skin's natural, healthy functions. Throughout the day, water can be lost from the skin. Lack of water can cause the skin to age faster, creating lines, a dull complexion and to feel rough in texture.

Antioxidant charged Skin Drinks have been designed to instantly replace water loss for an immediate hydration boost.

When using the Daily Diet, there is no need to cleanse in the morning, as your skin will go through a natural balancing process at night. Instead, start the morning with a refreshing Skin Drink to keep your skin plump and hydrated for the day ahead.



### Q. What is the difference between a Skin Juice Skin Drink and a traditional toner?

**A.** Traditional toners are used to correct the skin's pH after cleansing. All Skin Juice cleansers are pH balancing and therefore will not require an astringent or drying toner.

Instead, Skin Juice skin drinks replace water that can be lost during the cleansing process and feed the skin potent antioxidants, antibacterial and anti inflammatory nutrients. They are also used as cleansing tonics of a morning when following the Skin Juice Daily Diet.

Skin Juice skin drinks are free from alcohols or harsh drying ingredients and nasty irritating chemicals. Instead they will cleanse, balance and hydrate the skin.

### **BIO JUICE**Hydrating Skin Drink

SUITS: Combination, Sensitive and Dry Skin Types

TARGETS: Dehydration, Ageing and Irritation

Puts the bounce back into dehydrated skin, making it feel plump, soft and smooth.

Formulated without drying astringents like traditional toners, this healthy skin drink should be used in place of a toner after cleansing at night and as a leave on purifying tonic in the morning.



### **HOW TO JUICE**

### Home Care

Step 2 at night  $\bigcirc$  and Step 1 in the morning  $\otimes$  when using the Skin Juice Daily Diet.

Using fingers, press 1-2 pumps onto the face, neck and chest and allow to absorb. Follow with a Skin Juice moisture product like a Day Quencher, Night Nutrition, or Sun Juice SPF.

### Salon

Using fingers, massage Bio Juice onto the skin after cleansing or mask removal.











### **HYDRATING**

- Nutrient rich pink droplets restore the skin's hydrolipid layer and regulate the moisture content in the stratum corneum to provide long-lasting hydration.
- Bio Juice contains an ingredient similar to Hyaluronic Acid called Fucogel, a moisture magnet that immediately increases the level of water within the skin.
- Water is an essential part of the skin's health. Increasing the skin's water hold will aid healthy cell functions, such as the skin's natural exfoliating and cell renewal process.
- This skin drink is perfect for skin dehydrated from air-conditioning, sun exposure, flights etc.

### **SOOTHING**

- Contains Fucogel, a polysaccharide derived from maize and soya, and will protect the skin from irritants by creating a protective moisture barrier.
- Fucogel is rich in Fucose (33%) which relieves the spread of inflammation and/or allergic reactions. Think of it like a shock absorber, preventing the spread of inflammation between cells
- This soothing tonic contains anti-inflammatory chamomile and healing allantoin to help calm redness or irritation for sensitive skin.
- Bio Juice contains the super fruits of cranberry and pomegranate which are rich in ellagic acid, and also contains ellagitannins to protect collagen by scavenging free radicals that stimulate the damaging enzymes causing collagen breakdown.

### SQUEEZED FROM

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FUCOGEL Hydrating Polysaccharide 90

ALLANTOIN Healing Mineral **EXTRA SQUEEZE** 







AROMA: Fruity berry fruit aromas from bergamot, sweet orange, and chamomile



POMEGRANATE Protective Essential Fatty Acid + Antioxidant



ALOE VERA Soothing Polysaccharide



CHAMOMILE Soothing Mineral

### MULTI JUICE Skin Drink

SUITS: Oily and Combination

TARGETS: Dehydration, Breakouts and Congestion

Micro oil droplets from coconut and fruit dissolve makeup, excess oil and dirt to thoroughly cleanse the skin, while fruit acids, superfoods and hydrating extracts feed the skin all the nutrients it requires for a bright, fresh and healthy glow.



### **HOW TO JUICE**

### Home Care

Step 2 at night  $\bigcirc$  and Step 1 in the morning  $\otimes$  when using the Skin Juice Daily Diet.

Place cotton pad over pump and push down 2-3 times, or until cotton pad is fully soaked.

Gently wipe over face, do not rinse. Repeat process if necessary.

Multi Juice can be used as a pre-cleanse, cleanser or in place of a toner.

### Salon

Using cotton pads gently wipe over the face after cleansing or mask removal.





VEGAN & CRUELTY FREE



PREGNANCY SAFE



HEALTHY NUT OIL FREE FORMULATION



AUSTRALIAN MADE & SQUEEZED

### **CLEANSING**

- o Multi Juice cleanses and hydrates the skin in one step.
- o Coconut oil latches onto makeup and dirt while naturally occurring AHA's gently exfoliate the skin.
- o Lemon myrtle, lime and pink grapefruit contain anti-bacterial and anti-microbial benefits that further cleanse the skin and fight breakouts.

### **BALANCES HYDRATION**

- Hyaluronic acid and aloe vera work together to hydrate the skin after cleansing.
- o Multi Juice's more acidic formulation genty rebalances pH and strengthens an impaired acid mantle, further protecting the skin against irritation and bacteria.

### **SQUEEZED FROM**



**MULTI FRUIT** Exfoliating AHA Fruit Acids



HYALURONIC ACID Hydrating Polysaccharide



ALOE VERA

Polysaccharide

Soothing

**CUCUMBER** Calming Essential Fatty Acids + Vitamins B1 + C

### **EXTRA SQUEEZE**







AROMA: Clean aromas from super fruity lime, lemon myrtle, sweet orange, pink grapefruit and mandarin essential oils



SPIRULINA + KALE Vitamins A, C + K + Detoxifying Minerals



**RASPBERRY** Moisturising Omega 3 + Omega 6

### **DAY QUENCHERS**

Skin Juice face creams are non-greasy and are naturally metabolised and absorbed as the skin warms throughout the day. They are designed to target specifc skin concerns while providing hydration for soft, silky, smooth skin.

Nutrient dense plant butters and oils melt into the skin to feed and strengthen the natural barrier function, protecting the skin against pollutants and daily moisture loss.



### Q. Are Skin Juice products made in Australia?

**A.** Skin Juice is 100% Australian owned and squeezed, and products are made fresh in our very own Juice Lab in the Hunter Valley, NSW.

We manufacture and produce all of our own formulations, which means we are involved at every touch point of the products journey and know exactly what goes into them.

### FLOWER JUICE Face Cream

**SUITS:** Dry

TARGETS: Dehydration and Ageing

This ultra-rich cream is bursting with goodness and high performing plant based ingredients to nourish dry skin for a soft, dewy glow.



### **HOW TO JUICE**

### Home Care

Step 2 in the morning & when using the Skin Juice Daily Diet.

Warm a pea sized amount in the fingertips and massage into the skin, allowing to absorb naturally.

### Salon

Use as the final moisture treatment and can be layered over a serum.











### **NOURISHES**

- Essential fatty acid rich watermelon and kiwi fruit seed oils deeply moisturise and comfort the skin.
- Shea butter and coconut oils are rich plant sterols that offer the skin nourishment and protection against dehydration.

### **HYDRATES**

- Restores healthy lipids that are required to protect hydration levels and keeps skin soft, plump and firm.
- Flower Juice contains an ingredient similar to Hyaluronic Acid called Fucogel, that immediately increases the level of water within the skin.

### **SQUEEZED FROM**



FUCO-GEL Hydrating Polysaccharide



SUNFLOWER Hydrating Lipid





**EXTRA SQUEEZE** 



AROMA: Sandalwood, roses and crushed vanilla pods



ALOE VERA Soothing Polysaccharide



COCONUT Nourishing Plant Sterols



SHEA BUTTER Moisturising Plant Sterols



MACADEMIA OIL Restorative Essential Fatty Acid



ROSEHIP Healing Essential Fatty Acid

### GOOD JUICE Face Cream

**SUITS:** Combination

TARGETS: Dehydration, Ageing and Breakouts

Bursting with potent anti-ageing and protective superfoods and probiotics, this moisture enriched cream will help to strengthen the skin's natural immunity and restore the skin's natural balance.



### **HOW TO JUICE**

### Home Care

Step 2 in the morning & when using the Skin Juice Daily Diet.

Warm a pea sized amount in your fingertips and massage into the skin, allowing to absorb naturally.

### Salon

Use as the final moisture treatment and can be layered over a serum.





CRUELTY FREE







### **PROTECTIVE**

- A probiotic blend supports healthy bacteria to strengthen the skin's immunity, protecting the skin against damage and ageing.
- Tomato is a rich source of carotenoid antioxidants and helps combat oxidative stress.
- o Hyaluronic acid acts as a moisture magnet and locks in water for hydrated skin.

### FIGHTS INFECTION AND BREAKOUTS

Maintains the heathy bacteria that is found within the skin's barrier, strengthening the skin's protection against infection.

### **MOISTURISING**

o Broccoli, basil and avocado oils along with shea butter provide the skin with essential fatty acids, helping to enhance moisture from the inside out.

### **SQUEEZED FROM**



COLLOIDAL OATMEAL Protective Mineral



**BROCCOLI** Vitamins A + C



**SEABUCKTHORN BERRIES** Omega 7 + Antioxidant



lime and basil



**EXTRA SQUEEZE** 

AROMA: Fresh

supergreens, cucumber,



**ALFALFA** Purifying Mineral



**AVOCADO** Essential Fatty Acid and Vitamins A, D + E



ALOE VERA Soothing Polysaccharide



HYALURONIC ACID SHEA BUTTER Hydrating Nourishing Plant Polysaccharide



**PROBIOBALANCE** Probiotic Mineral



MEADOWFOAM Moisturising Essential Fatty Acids



Sterol

**TOMATO** Antioxidant

### **QUENCH JUICE**Face Cream

**SUITS:** Normal and Sensitive

TARGETS: Dehydration and Irritation

This 3 in 1 mid-weight face cream will soothe, hydrate and firm normal or sensitive skin to leave it feeling calm, hydrated and soft.



### **HOW TO JUICE**

### Home Care

Step 2 in the morning  $\otimes$  when using the Skin Juice Daily Diet.

Warm a pea sized amount in fingertips and massage into the skin, allowing to absorb naturally.

### Salon

Use as the final moisture treatment and can be layered over a serum.











### SOOTHING AND CALMING

- o Prickly pear visibly reduces redness and binds moisture to keep the skin hydrated.
- o Mandarin and roman chamomile help calm inflammation.
- o Calming aloe vera and healing allantoin work together with aquacacteen, to calm, hydrate and firm the skin.

### **PROTECTIVE**

- Raspberry, cranberry and pomegranate are rich in EFA's, helping to strengthen the skin's barrier, offering protection against dehydration and irritation.
- o Macademia oil contains EFA Omega 7, an essential nutrient that helps calm.

### **HYDRATING**

o Aquacacteen, a natural active derived from the prickly pear, contains a high content of water-binding compounds that help to increase the skin's ability to retain water, and offers immediate and long-lasting hydration.

### SQUEEZED FROM



PRICKLY PEAR Hydrating Lipid



**ROSEHIP** Restorative Essential Fatty Acid



**AQUACACTEEN** Hydrating Polysaccharide



**ALLANOTIN** Healing Mineral



MACADEMIA OIL Protective Essential Fatty Acid





POMEGRANATE, RASPBERRY, **CRANBERRY** Anti-Inflammatory **Antioxidants** 



ALOE VERA Soothing Polysaccharide



APRICOT Healing Vitamin A + E









AROMA: Freshly cut herbs and squeezed citrus

juice

### PINEAPPLE PUNCH

### MATTIFYING FACE CREAM

Start the day bright and clear with this lightweight moisturiser, infused with pineapple juice to help clarify skin and combat breakouts.

# Experience

Creamy and sweet tropical aromas.

# Suitable for

Sensitive, oily and combination skin.



# SENEFITS



Vegar



Pregnancy safe



Nut oil free



Lightweight



Clarifyin



Mattifying



Hydrating

# Recipe for Glowing Skin

## Pineapple Juice

The juice from Australian grown pineapples are a healthy source of skin brightening Vitamin C.

### Matilook

Obtained from the quince tree. Reduces shine and visibility of pores.

# Pineapple Extract

Rich in glutanthlone, a powerful antioxidant that helps with cellular detoxification to keep skin glowing.

# Papaya Enzymes

Exfoliates and dissolves dead skin cells to smooth and brighten the skin.

# Pineapple Enzymes

Enzymes exfoliate skin and unclog pores, antioxidants provide a super skin detox.

### Zinc

Refines excess oil, antiseptic properties help heal and prevent infection.

### Aquacacteen

Squeezed from organic prickly pear; helps the skin hold onto water to keep it hydrated and plump, while irritation will be calmed through blocking the release of stress markers.

See **skinjuice.com.au** for the full ingredient list.

# **Description**

A sweet skin quencher to start the day bright, clear and fresh. This lightweight face cream is quickly absorbed to help mattify skin and regulate oil flow.

# How to Juice

Warm 1-2 pumps in fingers and massage onto the skin.

# Banned from the Blender

Polyethylene glycol (PEGS), silicones, artificial colours, artificial fragrances, mineral oil, parabens, phenoxyethanol, drying alcohols.

### **NIGHT NUTRITION**

Skin Juice Night Nutrition replaces the need for a night cream, which contain emulsifiers that can block the skin's natural oil flow

Night Nutrition feeds the skin while you sleep by infusing biocompatible and nutrient rich oils that can be safely digested and absorbed by the skin's natural pathways to boost the production of heathy cells.

Oiliness can be sedated or balanced while dry, ageing or irritated skin is nourished with protective essential fatty acids.

Night Nutrition does all of its work while you sleep so you wake up to a clear, soft, dewy glow.



### Q. Will I become oilier if I use a face oil?

A. Oils or lipids, play a very important role in the skin's health. They protect the skin from water loss and from the entry of bacteria and irritants. The skin becomes oily as a result of too much oil, or sebum production.

It is important not to strip healthy oils from the skin and to replenish lost oils. Feeding the skin a molecularly compatible face oil or balm, will balance the amount of oil produced naturally by an overactive oily skin.

For a very oily skin you can dampen the fingertips before applying oils or balms, as this will help with the feel and absorption into the skin.

In summary, supplying the skin with natural bio-compatible oils means the skin will respond accordingly and balance oiliness for a soft, fresh and clean glow.

### SUPERFOOD Face Oil

**SUITS:** All Skin Types

TARGETS: Dryness, Dehydration and Ageing Concerns

This ultra nutritious fast-absorbing face oil nourishes dry skin and plumps out the signs of ageing.

To be used at night in place of a face cream.



### **HOW TO JUICE**

Home Care Step 3 at night  $\subseteq$  when using the Skin Juice Daily Diet.

Press 1-3 drops of this nutritious oil onto the face, neck and chest, allowing to absorb naturally. This night oil replaces a night cream.

### Salon

Superfood Face Oil can be applied to the skin within the facial massage, before applying an Infusive Peel Mask or used as the final moisture product application.











#### **NOURISHES AND HYDRATES**

- A potent mix of 21 nutrient dense plant oils travel deep into the skin via intercellular pathways.
- Moisturises and hydrates from the inside with essential fatty acid rich chia, blueberry, kiwi, raspberry and Omega 7 rich sea buckthorn berries.
- o Enhances hydration levels and leaves the skin feeling nourished.

#### PLUMPS SIGNS OF AGEING

- Natural active commipheroline converts essential fatty acids into fats that feed and plump cells within the adipose tissue layer, giving the skin fullness and bounce.
- Padinami, a form of micronized algae, helps increase the production of skin supportive collagen.
- Antioxidant and vitamin rich pomegranate and red raspberry protect healthy skin cells against free radical damage.
- Skin compatible oils feed the the dermal layer and trigger stronger cell production, for a healthier and more youthful looking skin.

EXTRA SQUEEZE

bergamot, mandarin and

AROMA: Tomato,

jasmine essential oils

## **SQUEEZED FROM**



KIWI FRUIT SEED Moisturising Omega 3 + Omega 6



PADINAMI Firming Mineral



TURMERIC Anti-inflammatory Mineral



SUNFLOWER Nourishing Lipid



COMMIPHEROLINE Plumping Lipid



JOJOBA Nourishing Lipid



SEABUCKTHORN
BERRIES
Restorative Omega 7 +
Antioxidant



CHIA SEED Protective Omega 3

# RE JUICE Face Oil

**SUITS:** Oily and Sensitive

TARGETS: Redness, Breakouts and Inflammation

This face oil is a concentrated mix of ultra calming, immune boosting ingredients that will help relieve redness and regulate oil flow for healthy glowing skin.

To be used at night in place of a face cream.



# **HOW TO JUICE**

Home Care

Step 3 at night  $\bigcirc$  when using the Skin Juice Daily Diet.

Press 1-3 drops of this nutritious oil onto the face, neck and chest, allowing to absorb naturally.

This night oil replaces a night cream.

#### Salon

Re Juice Face Oil can be applied to the skin for facial massage or used in conjunction with Green Juice Balm or Vanilla + Honey massage mask.

Can also be used at the end of your facial as the final moisture product application.





VEGAN + CRUELTY FREE



PREGNANCY SAFE



HEALTHY NUT OIL FREE FORMULATION



AUSTRALIAN MADE & SQUEEZED

#### **CALMING**

- o Chamomile helps soothe inflammation and redness for irritated skin or breakouts.
- Anti-inflammatory chamomile helps treat symptoms related to rosacea, eczema and psoriasis.

#### **BALANCING**

• Finer molecular structured plant oils absorb quickly to help normalise oil production for an oily skin type.

#### **PROTECTIVE**

• Plant oils such as prickly pear, blueberry, evening primrose and kiwi fruit oils contain essential fatty acids that protect the skin against irritation, dehydration and breakouts.

# SQUEEZED FROM



BLUEBERRY Protective Essential Fatty Acid



PRICKLY PEAR Hydrating Vitamin K + Lipid



CARROT Healing Antioxidant + Pro Vitamin A



EVENING PRIMROSE Anti-Inflammatory Essential Fatty Acid





AROMA: Sweet herbaceous chamomile



CHAMOMILE Soothing Mineral



KIWI FRUIT SEED Moisturising Omega 3 + Omega 6

# GREEN JUICE Skin Balm

**SUITS:** All Skin Types

TARGETS: Dehydration, Redness, Irritation, Wounds, Broken Skin, Eczema, Dermatitis,

Psoriasis, Inflammation, Infection, Itchy Skin, Congestion

100% natural, Green Juice balm is made from natural, organic, nutrient rich oils and butters. This super concentrated skin fix is the perfect emergency go-to product. Green Juice is pregnancy safe, nut oil free and can be used on babies from 4 weeks old.



# **HOW TO JUICE**

## Home Care

Step 3 at night  $\bigcirc$  when using the Skin Juice Daily Diet.

Warm a small amount on finger tips and massage onto any area requiring protection, healing and moisture. For extra night time nourishment, layer over Superfood face oil or Re Juice face oil.

#### Salor

Perfect nourishing massage medium for both the body and the face.





CRUELTY FREE



HEALTHY NUT OIL FREE FORMULATION



AUSTRALIAN MADE & SQUEEZED

#### **MULTI TASKER**

Green Juice can be used as:

- Facial moisturising product.
- o Lip balm.
- o Soothing balm for itchy bites and rashes.
- o Treat skin in need of healing.
- o Treatment for sensitivity, eczema, dermatitis or skin trauma including post laser and tattooing.
- Moisture boost for anywhere on the body.

#### SKIN HEALING

- Essential fatty acids boost cell nutrition to help stimulate the skin's healing process.
- Blueberries, respberries and cranberries provide the skin with an antioxidant power punch. These hard working antioxidants help nourish the skin after time in the sun.
- Antibacterial coconut oil and purifying chlorophyll from alfalfa, help to keep the skin clear, fresh and blemish free.

#### **CALMING**

- o Calms allergic reactions and soothes overstimulated skin.
- Suitable for use during cancer treatments.
- This plant sterol packed balm contains oils from sunflowers, shea and mango to help treat symptoms related to eczema and dermatitis.

#### **MOISTURISING**

- o Sunflower oil provides a breathable protective barrier, helping to nourish dry skin.
- o Organic coconut, mango and shea butter provide plant sterols that work on strengthening the barrier function.
- Barrier re-enforcement helps improve cell communication, boost moisture retention and offers anti-wrinkle, repairing and skin firming benefits.

## SQUEEZED FROM



VITAMIN E Oil-Soluble Antioxidant



CUCUMBER Soothing Essential Fatty Acid



SUNFLOWER Protective Lipid





Ø

AROMA: Freshly cut cucumber and coconut iuice







POMEGRANATE, RASPBERRY, CRANBERRY Healing Antioxidants 6

COCONUT Moisturising Plant Sterol B

MANGO BUTTER Comforting Essential Fatty Acid



ALFALFA Purifying Mineral



SHEA BUTTER Nourishing Plant Sterol



BLUEBERRY Anti-Inflammatory Essential Fatty Acid



ROSEHIP Regenerative Essential Fatty Acid

# **GLOW BOOSTERS**

Like any diet, there are times when your health requires supplementary care.

The Skin Juice range includes superfood serums, exfoliants, eye care and body care designed to super charge your skin's diet for safe, sustainable results.



**A.** Our packing chips are made from Australian-grown potato waste (not styrofoam) and will dissolve in water!

When your order arrives, you can tip your packing chips into your compost, on the garden, or simply dissolve them.

This allows us to take the waste from another industry - the food industry - repurpose and reuse it.

# **SUN JUICE**Moisturising SPF 15

**SUITS:** All Skin Types

TARGETS: Dehydration and Ageing

This moisturising physical SPF is available in an untinted or tinted version. The tinted version is a self-regulating tint that will suit most skin tones.

Sun Juice can be used alone or layered with a Skin Juice moisturiser. Superfood ingredients help to boost the skin's natural protection against the sun's damaging effects, providing healthy protection against harmful UVA and UVB rays.



# **HOW TO JUICE**

## Home Care

Step 3 in the morning & when using the Skin Juice Daily Diet.

Warm 1-2 pumps in fingertips before spreading onto the face.

For ongoing protection, reapply throughout the day. Sun Juice will give you approximately 3 hours of protection, or 2 hours in direct, strong sun light.

Sun Juice is not waterproof, for extra protection please wear a hat and protective clothing.

# Salon

Use as the final moisture treatment and can be layered over a serum.











#### PHYSICAL SPF 15

- Uncoated zinc oxide and non-nano particle titanium dioxide naturally reflects the sun's damaging rays before they touch the skin, providing immediate, non-irritating SPF protection against both UVA and UVB rays.
- o Free from irritating chemical UV filters.

#### **TINTED SPF**

• Earth minerals in wam and cool tones create a self-regulating tint to diffuse redness and can be used in place of a foundation or makeup primer.

#### **MOISTURISING**

• Skin softening essential fatty acids from kiwi fruit and avocado help to naturally strengthen the skin's defense against burning and sun induced pigmentation.

#### **ANTIOXIDANT RICH**

• Help to fight ageing and UV damage with powerful antioxidants resveratrol, kakadu plum and green tea.

#### **WON'T CLOG OR IRRITATE**

- Help keep the face blemish free and healthy with totarol extract, which is active against acne bacteria.
- o Mineral rich and healing zinc assists in healing breakouts.

#### PROTECTS AGAINST PIGMENTATION

• Kiwi seed oil and avocado naturally strengthen the skin's defence against harmful UV damage and sun-induced pigmentation.

## SQUEEZED FROM

ZINC OXIDE

Defensive Protective Mineral 900

IOIAROL

Clearing Antioxidant

**EXTRA SQUEEZE** 





AROMA: Geranium and ylang ylang essential oils



RESVERATROL Protective Antioxidant



GREEN TEA
Protective Antioxidant



KIWI FRUIT Strengthening Essential Fatty Acid

# FACIAL IN A JAR Exfoliating Mask

**SUITS:** All Skin Types

TARGETS: Uneven Skin Tone, Dehydration, Ageing, Redness, Blocked Pores

This exfoliating mask is infused with resurfacing malic and mandelic acid, which work together with pomegranate and pumpkin enzymes, to visibly smooth and refine the skin, revealing a fresh, healthy and youthful glow.



# **HOW TO JUICE**

#### Home Care

After cleansing at night, smooth two pumps of the mask over the face and neck, avoiding the eye area, to create a thin layer. Leave on for 1 - 5 minutes and then gently rinse off with warm water, ensuring all the mask is removed.

Use up to twice a week on clean, dry skin and allow a minimum of 24 hours between treatments or the use of alternative scrubs or peels.

It is normal to feel a tingling sensation with this product. Not to be used in conjunction with any skin thinning treatments.

#### Salon

Use as an exfoliation alternative during a facial.











#### **EXFOLIATING**

- Lactic, mandelic and malic acid work together to exfoliate skin cells, unveiling fresher and younger looking skin while metabolising new, healthier cell production.
- Pomegranate and pumpkin enzymes smooth and digest dead skin cells.

#### **ANTI AGEING**

- Fruit acids and enzymes work together to promote the skin's natural renewal process and when combined with this powerful blend of active ingredients, provides the skin with age defying benefits.
- Vit-A-Like is a botanical alternative to retinol and accelerates epidermal turnover with anti-wrinkle benefits, while uniquely supporting cell renewal by promoting the growth of healthy new cells.
- Sea buckthorn berries deliver cell protective EFA's.

#### **SOOTHES REDNESS AND HYDRATES**

- Antioxidants from elderberry and essential fatty acid rich seabuckthorn berries moisturise and protect the skin from inflammation and sensitivity, along with the calming benefits from bisabolol and chamomile.
- This acidic formulation can assist in balancing or rebooting the skin's pH, which in turn will repair and strengthen the protective acid mantle.
- Anti-inflammatory ingredients such as trealix and the combination of sea plant marimoist also help to calm and soothe while boosting hydrating water reserves within the skin.
- Restores natural moisturising factors to help reinforce a fully functioning stratum corneum, while lactic acid maintains moisture, as it's found naturally in the acid mantle layer.

#### BRIGHTENS AND EVENS SKIN TONE

• Skin brightening bio-actives work together to help even out skin tone. The combination of alpha hydroxy acids and enzymes used over time will help resurface sun damaged skin and improve discolouration or epidermal pigmentation.

# **SQUEEZED FROM**



VIT-A-LIKE Regenerative Vitamin



TREALIX Hydrating Polysaccharide





AROMA: Geranium and peru balsam essential oils



MARIMOIST Hydrating Polysaccharide



FRUIT ACIDS Exfoliating AHAs



SYMCARE-O Moisturising + Soothing Minerals





ENZYMES Smoothing Fruit Enzymes

# **REVIVAL**Face Scrub

**SUITS:** Oily and Combination

**TARGETS:** Congestion

This refining face scrub deeply exfoliates using a combination of naturally occurring fruit acids and jojoba and bamboo granules. This skin smoothing combination helps to expose fresh, vibrant and glowing skin.



# **HOW TO JUICE**

## Home Care

After cleansing, using damp fingertips, apply a small amount to a dampened face. Very gently massage over the skin using circular movements and rinse to remove.

Use once a week only.

#### Salon

Apply using mask brush or damp fingertips, to a damp face. Add warm water to lubricate and VERY gently massage to exfoliate.

Do NOT use Revival with any peel procedure.











#### **EXFOLIATING**

- A skin smoothing blend of naturally occuring fruit acids and jojoba beads work together to exfoliate the skin.
- Natural jojoba and bamboo beads clean the skin's pores, no plastic microbreads are used.
- This resurfacing action helps to cleanse blockages from pores and balance the skin's natural oil flow, clearing bacteria and congestion.

#### **DETOXIFYING**

- Detoxifying white clay draws on excess oil blockages, impurities and toxins within the skin.
- Tangerine and orange essential oils cleanse and purify the skin, helping to clear breakout causing bacteria.

# SQUEEZED FROM



KAOLIN CLAY
Detoxifying Mineral



SHEA BUTTER Softening Plant Sterols **EXTRA SQUEEZE** 





AROMA: Mandarin essential oil with subtle earth clay undertones







# VANILLA + HONEY Whipped Moisture Mask

**SUITS:** Dry

TARGETS: Dehydration and Ageing

This skin comforting mask is the ultimate nourishing treatment for skin experiencing extreme dryness and dehydration.

Infused with healing honey, this creamy moisture mask is rich in skin smoothing plant butters and antioxidant rich berry juices.





Spread a generous amount over clean dry skin, avoiding the eye and lip area. Massage onto the skin for one minute then leave for an additional 15 minutes. Gently remove with warm face cloth. Leave overnight for additional moisture.

#### Salon

Use as a massage medium or mask treatment.

Use a liberal amount for facial massage. Can layer over Green Juice or a night oil.







**CRUELTY FREE** 







#### **DRYNESS**

- Shea, mango and cocoa butters are rich in plant sterols. These are the skin's good fats that help to rebuild and repair the skin's barrier.
- o Restorative lipids and essential fatty acids nourish and smooth dry skin.
- Raspberry and cranberry both have a high content of omega 3. Research has shown a high concentration of omega 3 feeds the skin and protects it against inflammation and dryness.

#### **AGEING**

- Kakadu plum's powerful antioxidants will help protect the skin against environmental damage.
- Skin will be left clearer and brighter with anti-inflammatory honey and antioxidant vanilla.

# SQUEEZED FROM



SHEA BUTTER
Protective Plant Sterol



RASPBERRY, CRANBERRY, POMEGRANATE Antioxidants + Essential Fatty Acids







AROMA: Sweet and gentle aromas of real vanilla and creamy honey



MANGO BUTTER Restorative Essential Fatty Acid



KAKADU PLUM Protective Antioxidant



HONEY Healing Vitamins

# LIQUID Clearing Serum

**SUITS:** Oily and Combination

**TARGETS:** Breakouts

This healthy serum works with the skin to exfoliate, unblock pores and fight breakout causing bacteria.



# **HOW TO JUICE**

## Home Care

Apply a small amount as a spot treatment or apply to entire face daily.

Can be used of a day under moisture product if not in direct sun.

Can be used at night alone or layered with moisture product.

#### Salon

Can be layered under moisture product at the end of facial treatment and followed with sun protection.











#### **EXFOLIATES**

• Mandelic acid gently exfoliates dead skin cells and pore blocking cellular debris.

## **UNBLOCKS PORES**

• Mandelic and salicylic acids both have beta hydroxyl actions and work together to help to dissolve trapped oil within pores, while refining excess oil on the skin's surface.

## FIGHTS ACNE / BREAKOUT CAUSING BACTERIA

- Totarol, is a natural active extracted from recycled New Zealand totaral wood which is clinically proven to fight acne causing bacteria with antioxidants to prevent lipid oxidation and reduce inflammation.
- Lavender and manuka oil have antimicrobial benefits, while allantoin helps to heal and calm problem areas.
- Antioxidant rich extracts, from green tea and pomegranate help to further protect against damage.

# SQUEEZED FROM

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MANDELIC ACID Exfoliating Fruit Acid <del>g</del>o

ALLANOTIN Healing Mineral **EXTRA SQUEEZE** 





AROMA: Medicinal orange and lavender essential oils



SALICYLIC ACID
Oil Soluble Fruit Acid



TOTAROL Anti-bacterial Mineral



GREEN IEA
Cleansing Antioxidant

# JUICE C Vitamin C Powder

**SUITS:** All Skin Types

TARGETS: Ageing and Pigmentation

This Vitamin C powder will help slow down the signs of ageing, boost collagen production, even skin tone and repair the skin from environmental damage.

# **HOW TO JUICE**

# Home Care

Add 1- 2 scoops every second day to your Skin Juice day quencher, excluding Sun Juice. Mix both products in hand until dissolved before applying immediately. Start with half a pea size of Juice C and increase dosage over time to a full pea size.

You may experience a very mild tingly sensation the first few times of application. This is quite normal as it is acidic in nature.

Sensitive skin types may only need half, or a quarter, of a pea size once a week to start with and then gradually increase over a period of time as the skin strengthens.

#### Salon

1 - 2 small scoops can be added to masks or day quenchers.



JUICE C





HEALTHY NUT OIL FREE FORMULATION



## REPLENISHING THE SKIN'S VITAMIN C LEVELS

- Vitamin C is a potent, naturally occuring antioxidant that is essential for the formation of the amino acids that make collagen, and help prevent dry skin, wrinkles and collagen degradation. However, it is readily depleted with exposure to UV light.
- Replenishing the skin's vitamin C levels will help to brighten the skin for an all over healthy glow.
- Vitamin C helps to inhibit the enzyme tyrosinase, which helps to prevent melanin production.

# **SQUEEZED FROM**



L-ABSORBIC ACID Skin Brightening Antioxidant + Vitamin C

# **EXTRA SQUEEZE**



FEEL: Experience a fruit tingle sensation.

# COCONUT SPLASH Hair + Scalp Moisture Treatment

**SUITS:** All Skin Types

Soothe an irritated scalp and dry hair with this nutritious leave-in moisture treatment.



# **HOW TO JUICE**

#### Home Care

Place the Coconut Juice Splash bottle into a cup of hot, not boiling, water and wait until oil has melted and flows easily from nozzle. As you squeeze the bottle to release oils, run the applicator onto scalp and massage onto hair until drenched in oil.

Leave to absorb for 30minutes or leave overnight for intense moisture.

Double cleanse with an SLS free shampoo.

#### Salor

Warm the Coconut Juice Splash in a small bowl of hot water until fully melted. Squeeze the Coconut Juice Splash bottle and dispense oil using the nozzle through the hair and onto the scalp. Drizzle the oil around the hair line and through the hair until hair is covered with oil.

Reserve a small amount of oil for the shoulder massage. Use one bottle for each client - give any remaining oil to the client to take home.







HEALTHY FORMULATION



#### DFFP CONDITIONING TREATMENT

- o Coconut oil helps to reduce protein loss and repair damaged hair.
- o Natural oils cleanse hair follicles to stimulate healthy hair growth.

#### **NOURISHES SCALP**

- o Nourishes dryness and calms irritated scalp with by repairing the skin's protective oils.
- Essential fatty acid rich kiwi fruit seed oil helps the skin maintain moisture in the skin.

# **SQUEEZED FROM**



COCONUT OIL Healing Plant Sterol **EXTRA SQUEEZE** 

AROMA: Experience a smooth and creamy comforting aroma.



Fatty Acid

# **EYE LOVE JUICE**Smoothing Eye Cream

**SUITS:** All Skin Types

TARGETS: Dehydration and Ageing

This nutritious spread is packed with a delicious blend of youth enhancing ingredients that unite to help protect and prevent the early signs of ageing.



# **HOW TO JUICE**

#### Home Care

Warm a pump of this cream in your fingertips and gently massage onto the skin around the eyes.

This protective formula can be used day and night and is perfect for smoothing the skin before make-up application.

#### Salor

Massage onto the eyes at the end of a facial treatment.





**CRUELTY FREE** 







#### AGE DEFYING

- o Cobiolift, which comes from guinoa seeds, helps to smooth lines and firm wrinkles.
- Micro algae from padinami helps to boost the formation of youthful collagen and restores elasticity and moisture for plumper skin.
- Olive lipids and moisturising essential fatty acids from coconut oil protect against environmental damage.

#### **HYDRATING**

- Fine delicate skin around the eyes loses water easily.
- Polysaccharide rich aloe vera provides long lasting hydration while hyaluronic acid increases water to plump the skin around the eyes.

#### **CALMING**

• A non-irritating blend of allantoin, cucumber and bisabolol (from chamomile) calms and soothes tired eyes.

# **SQUEEZED FROM**



PADINAMI Age Defying Mineral







AROMA: Clean, fresh and fruity aromas from mandarin and cucumber essential oils



COBIOLIFT Firming Polysaccharide



OLIVE Nourishing Lipid



# BRIGHT EYES Infusive Eye Oil

**SUITS:** All Skin Types

TARGETS: Dehydration and Ageing

Help plump the skin around the eyes and restore skin quenching moisture with this penetrative oil.



# **HOW TO JUICE**

## Home Care

Press 1 drop in fingertips and apply to the socket line only. Allow to absorb naturally.

# Salon

Massage onto the eyes at the end of a facial treatment.











#### **DECONGESTIVE**

• Sweet fennel stimulates healthy circulation and lymphatic drainage, aiding in the removal of toxins to help with puffiness and dark circles.

#### **NOURISHES / HYDRATES**

- This fast penetrating oil is blended with olive lipids to reinforce the skin's barrier to protect against dryness.
- Jojoba oil has a composition very similar to sebum and helps to nourish and protect this delicate area.
- Nutritious oils from prickly pear, berries, fruit and vegetables work together to nourish and soften delicate skin.

#### **PLUMPING**

- Purified extract of brown algae helps to stimulate the synthesis of collagen, that is responsible for hydration and firmness.
- o Commipheroline helps plump and smooth out wrinkles.

# **SQUEEZED FROM**



PADINAMI Age Defying Mineral **EXTRA SQUEEZE** 



AROMA: Sweet aromas from cucumber and liquorice







# **BODY**

The Skin Juice range also includes luxurious spreads and toppings for the body to make sure you maintain that all over glow.

From body creams, oils and scrubs to hand and feet care there is something for everyone to nourish the body's largest organ, our skin.

Our award winning Mummy's Tummy cream and wash have been satisfying pregnancy skin cravings for over 23 years, helping to quench itchy and irritated stretching skin.



Q. Does Skin Juice test on animals?

**A.** No. All Skin Juice products are completely cruelty free and are not tested on animals.

# PERFECT PAWS Hand and Foot Cream

**SUITS:** All Skin Types

TARGETS: Dryness and Irritation

This all natural, non-greasy hand and foot cream is a delicious blend of omega rich oils that will protect and nourish the hands and feet.



# **HOW TO JUICE**

# Home Care

Massage a small squeeze onto the hands and feet whenever the skin feels thirsty. Apply to hands and feet at bedtime and let the nourishing oils work while you sleep.

## Salon

Massage onto hands and feet during facial, massage, manicure or pedicure services.

# Retail Tip

Offer your client a hand massage during a lash tint service.











#### **NOURISHING**

- Help repair dry, cracked and rough hands and feet with essential fatty acid-rich chia, pumpkin and kiwi fruit oils.
- o Protect the skin from environmental drying with this barrier rebuilding formula.

#### **RESTORATIVE**

- Sunflower oil helps restore the skin's protective barrier to calm symptoms related to eczema and dermatitis.
- Calm irritation and inflammation with essential fatty acid rich kiwi fruit and raspberry seed oils.

# **CUTICLE AND NAIL CONDITIONING**

- Keep cuticles soft and smooth with moisturising kiwi, pumpkin and chia oils.
- Strengthen and encourage healthy nail growth with stimulating rosemary.

# **SQUEEZED FROM**



CHIA SEED Healing Essential Fatty Acids



RASPBERRY Anti Inflammatory Antioxidants





AROMA: Crisp, clean, energising aromas from lemongrass and rosemary



SUNFLOWER Protective Plant Sterols



KIWI FRUIT SEED Moisturising Essential Fatty Acids



# NAIL NECTAR Strengthening Nail + Cuticle Oil Drops

**SUITS:** All Skin Types

TARGETS: Dry Cuticles + Brittle Nails

This super strengthening nail and cuticle conditioning oil uses fast absorbing superfood ingredients to soften the cuticle area while stimulating healthy nail growth.



# **HOW TO JUICE**

#### Home Care

Apply 1 drop of Nail Nectar to the nail and massage around cuticle to soften. Allow to absorb or for greater penetration, use a soft satin buffer to gently infuse for a healthy sheen.

#### Salor

Apply 1 drop of Nail Nectar to the nail and massage around cuticle to soften. Use a cuticle implement to assist in pushing back cuticles.

For a greater infusion of moisture, gently buff the nail plate with soft satin buffer to give a natural and healthy sheen to complete the treatment.











#### MOISTURISES AND CONDITIONS

- o Infusive and nourishing camellia oil conditions dry cuticles.
- Nutritious omega 3 rich kiwi fruit seed oil treats dryness, including brittle or lifting nails and dry cuticles.

#### STIMULATES HEALTHY NAIL GROWTH

- Kiwi fruit seed oil is a rich source of essential fatty acids and when blended with the juices of lemongrass and rosemary will help stimulate healthy and strong nails.
- Regular application of Nail Nectar will help to condition nails to prevent splitting and flaking.
- o Camellia oil helps to strengthen keratin, the protein that makes up nails.
- o Stimulating essential oils from rosemary and lemongrass promote healthy nail growth.

## **SQUEEZED FROM**



KIWI FRUIT Moisturising Essential Fatty Acids



ROSEMARY Stimulating Essential 0 8



**EXTRA SQUEEZE** 

AROMA: Experience herbaceous, potent lemon aromas



CAMELLIA Strengthening Lipid



JOJOBA Protective Lipid



BERRY OILS Antioxidant + Essential Fatty Acids

# **LEMON SORBET CREAM**Refreshing Body Cream

**SUITS:** All Skin Types

**TARGETS:** Dehydration

This light and creamy blend is perfect for daytime application. Silky in texture, it will soften the skin and leave it smelling crisp with uplifting aromas.



# **HOW TO JUICE**

# Home Care

Warm in hands and smooth all over the body, concentrating on any area in need of special attention.

Best used in the morning when skin is clean to maintain maximum freshness.

Chill before use for a refreshing summer treat.

## Salon

Warm in hands and apply to areas after any hot waxing service or body exfoliation as the final moisture product in other body treatments.











# **MOISTURISING**

o This refreshing moisture treatment maintains soft skin thorughout the day.

## **REFRESHING**

• Combines antibacterial essential oils of lemon myrtle and decongestive sweet fennel with purifying tomato, to maintain fresh and soft skin throughout the day.

# **SQUEEZED FROM**



LEMON Cleansing Essential



TOMATO
Antioxidant Essential





SHEA BUTTER Nourishing Plant Sterols

# **EXTRA SQUEEZE**



AROMA: Experience crisp and uplifting citrus aromas.

# **LEMON SORBET WASH** Creamy Body Wash

**SUITS:** All Skin Types

TARGETS: Dehydration and Irritation

This creamy body wash is a refreshing, nurturing, soap free blend. Free from harsh sulphate detergents, this detoxifying and refreshing body wash will gently clean the skin without stripping precious oils.



# **HOW TO JUICE**

## Home Care

Before going into the shower or bath, apply a couple of pumps to hands and massage over dry body and rinse away in the shower.

Massage onto dry skin, add warm water and massage again. Warm compress or shower to remove.





CRUELTY FREE









#### **SOAP FREE**

- Lemon Sorbet wash is free from SLS (sodium laurel sulphate) and other harsh and drying detergents.
- o Contains a PEG-free all natural emulsifier from olive oil.

#### **CLEANSES**

- o Contains antibacterial lemon myrtle, de-congestive sweet fennel and purifying lemon.
- Antioxidant rich white tea, pomegranate, raspberries and cranberries will keep protect against free radicals.

# **MOISTURISES AND PROTECTS**

- This creamy formula is blended with nourishing shea butter that cleanses while moisturising the skin.
- Contains safflower oil; this oil is rich in essential fatty acid omega 6 and maintains healthy levels of hydration in the skin after showering.

# **SQUEEZED FROM**



LEMON Antimicrobial Essential Oil



SWEET FENNEL Detoxifying Essential Oil



SHEA BUTTER Nourishing Plant Sterols + Essential Fatty Acids **EXTRA SQUEEZE** 



AROMA: Experience fresh lemon zest aromas

# SUPER FRUIT Indulgently Rich Body Cream

**SUITS:** Dry Skin Types

TARGETS: Dehydration and Irritation

Bursting with Australian native fruits, this luxurious body spread unleashes essential fatty acid rich butters to comfort skin looking for deep nourishment.



# **HOW TO JUICE**

#### Home Care

Warm in fingertips before massaging onto skin and leave on as an intense conditioning treatment.

#### Salor

Massage onto skin after any body treatment for intense moisture

#### Retail Tin

Perfect to be used post leg waxing for smoother skin.











- This decadent, rich moisturiser melts into the skin, leaving it feeling soft without any greasy residue
- Perfect for dry skin that has been exposed to sun, winter winds, air-conditioning, hot showers or swimming.

#### **SOOTHES IRRITATION**

- Apricot kernel oil assists in the healing process for irritated skin.
- Essential fatty acids from sunflower seed oil and shea butter act as a barrier to protect skin from dehydration and irritation.
- Kakadu Plum is rich in vitamin C, a powerful antioxidant that will help reduce skin damage caused by free radicals, reducing collagen breakdown and cell damage.

#### **SQUEEZED FROM**



SHEA BUTTER
Plant Sterols +
Essential Fatty Acids



WATTLE Anti-inflammatory Antioxidant





### **EXTRA SQUEEZE**



AROMA: Deliciously fresh, sweet and crisp aromas from the Australian bush.

# **BERRY BODY OIL**Refreshing Body Oil

**SUITS:** All Skin Types

TARGETS: Dehydration

This silky smooth fruit oil nectar is easily absorbed to deeply nourish the skin and will leave it feeling super soft, smooth and refreshed.

Berry Body Oil is also perfect for supporting the skin's elasticity during pregnancy.



## **HOW TO JUICE**

#### Home Care

Massage oil onto the skin daily. For best results, use on damp skin to improve the skin's ability to absorb these antioxidant rich droplets. Pat away any excess with a towel if required. Can also be used for massage.

#### Salon

Use oil as a massage medium or moisture burst after body exfoliation.

# Retail Tip

Use Berry Body Oil to spoil your client with a quick leg massage post leg waxing. Warm towel away any excess if required.











HEALTHY NUT OIL FREE FORMULATION



- Protective lipids can be flushed away during bathing or showering, the loss of these oils can lead to dry and dehydrated skin.
- Olive lipids work with the skin to reinforce a protective barrier, nourishing and protecting it against dryness.

#### PROTECTS SKIN AGAINST IRRITATION + SENSITIVITY

- Sunflower oil provides a protective, breathable barrier against irritation.
- Watermelon, kiwi fruit and berry oils are excellent sources of essential fatty acids and will help soothe inflammation and redness.

#### **HYDRATING**

• Skin compatible lipids and natural fats from plant sterol rich fruit and vegetable oils mimic the effects of 'good' cholesterol in the skin to prevent dehydration.

#### **PREGNANCY SAFE**

- o Berry Body Oil is also safe to use during pregnancy.
- Essential fatty acid rich fruit-infused oils penetrate to support stretching skin.
- Pregnancy safe essential oils help to promote the skin's natural healing process and help prevent unwanted stretch marks.

### **SQUEEZED FROM**



SUNFLOWER Hydrating Lipid



WATERMELON Anti-inflammatory Essential Fatty Acid





**EXTRA SQUEEZE** 

AROMA: Sweet, fresh, fruit and berry aromas



RASPBERRY Anti-inflammatory Antioxidants



BLUEBERRY Healing Essential Fatty Acid



KIWI FRUIT Moisturising Essential Fatty Acid



SEABUCKTHORN Protective Omega 7 + Antioxidant



OLIVE Nourishing Lipid

# JUICE DROPS Nurturing Body Oil

**SUITS:** All Skin Types

TARGETS: Ageing and Dehydration

This super nourishing body oil with anti-ageing and hydrating benefits will have you experiencing nourished, soft skin with a healthy, youthful glow.



## **HOW TO JUICE**

#### Home Care

Massage oil onto the skin after a shower or bath. For best result, use on damp skin to improve the skin's ability to absorb these nutritious oils. Pat any excess oil away with a towel if required.

#### Salon

Use oil as a massage medium or moisture product after body exfoliation.











- Jojoba oil replaces lost lipids as protective oils can be lost from the skin during bathing or showering. The loss of these nourishing lipids can lead to dry and dehydrated skin.
- Essential fatty acids rich oils from sunflower and avocado will protect and deeply moisturise.

#### **AGEING**

- Biocompatible and oil-soluble antioxidants from raspberry, pomegranate, kakadu plum and vitamin E penetrate lipid pathways to protect cells from free radicals.
- These antioxidants help reduce inflammation, repair DNA damage, restore the skin's barrier and collagen production, while improving the skin's ability to heal.
- Avocado is a highly nourishing oil with vitamins A and E, as well as collagen-boosting plant sterols.

#### **RELAXING**

• Therapeutic essential oils such as rose geranium help to balance the nervous system, while lifting the spirits. These relaxing oils will help promote deep and rejuvenating sleep.

#### **SQUEEZED FROM**



ROSE Nurturing Essential Oil



LEMON MYRTLE Anti-bacterial Mineral







AROMA: Experience sweet and fresh fruit and berry aromas



VANILLA Balancing Essential Oil



JOJOBA OIL Protective Lipids



GERANIUM Balancing Essential Oil



RASPBERRY Moisturising Omega 3

# BERRY BUFF Body Smoothie Scrub

**SUITS:** All Skin Types

TARGETS: Dullness and Congestion

This detoxifying creamy superfood smoothie deeply exfoliates the body using potent, natural fruit acids and crushed walnuts, while preparing the skin for intense hydration.

Dead, dry skin cells are polished away leaving the skin smoother with a bright and glowing complexion.

# **HOW TO JUICE**

# Home Care

Warm a generous amount in hands and apply to dry body, massage onto skin using firm circular motion.

Warm shower off and follow with Skin Juice moisture treatment.

#### Salon

Warm a generous amount in hands and apply to dry body, hands or feet. Massage onto skin using firm circular movements and use a warm, wet compress or shower off to remove.

Follow with a dry towel to dust away any remaining granules, and a Skin Juice moisture product.











#### **DETOXIFYING EXFOLIATOR**

- Uses a dual exfoliating action, lactic acid gently breaks down the skin while crushed walnuts physically lift them away, leaving smooth and silky skin.
- o Prepares the skin for hydration.
- The perfect treatment for pre and post tanning services.
- The skin won't be left feeling stripped or dry as nourishing almond oil will keep the skin hydrated and moisturised after exfoliating.

#### **CLEANSING**

- Walnut granules lifts away dead skin cells from the skin's pores to release blockages.
- Kaolin clay absorbs impurities.
- Antioxidant dense nutrients from cranberry, raspberry, beetroot, macqui and goji berries will help to neutralise free radicals to maintain healthier and younger looking skin.

#### SQUEEZED FROM

H

CRANBERRY
Protective Antioxidant

BEETROOT

ive Antioxidant Protective Antioxidant

**EXTRA SQUEEZE** 





AROMA: Experience sweet berry fruit aromas



RASPBERRY Moisturising Essential Fatty Acids



WALNUT Exfoliating Mineral



LACTIC ACID Exfoliating AHA

# JUICE DETOX Natural Deodorant Paste

**SUITS:** Most Skin Types

This natural deodorant paste is made from Australian superfoods and will keep you clean and fresh all day, while allowing your body to naturally eliminate toxins.

This aluminum free, all natural and vegan deodorant is safe for everyone to use.



#### **HOW TO JUICE**

#### Home Care

Take a pea sized amount and warm in fingers before massaging onto clean underarms.

**Please note:** Juice Detox contains Sodium Bicarbonate to help neutralise the odour causing bacteria. However, in a small percentage of people it may cause some skin sensitivity. If this does occur, please contact us directly and discontinue using the product.











#### NATURAL DEODORANT

- Antiperspirants contain harmful chemicals that are absorbed into the body and disrupt the body's natural functions.
- Allows the body to maintain the healthy function of sweating while working on the skin's surface to kill the odour causing bacteria with antibacterial ingredients.
- This natural formulation won't block the pores. Instead, toxins and sweat are absorbed by natural clay and vegetable powders, while antibacterial ingredients keep odour causing bacteria away. This dual action keeps armpits smelling and feeling fresh.
- Antimicrobial coconut oil and antibacterial essential oils from lemon myrtle and lime keep the skin fresh and clean.
- o Organic shea butter and candelilla wax protect the skin.

#### **SQUEEZED FROM**



CLAY
Detoxifying Mineral

**EXTRA SQUEEZE** 



AROMA: Experience fresh zingy lemon and lime aromas



LEMON MYRTLE Anti-bacterial Mineral



SHEA BUTTER Nourishing Plant Sterol



# MUMMY'S TUMMY Stretch Mark Prevention Cream

**SUITS:** All Skin Types

**TARGETS:** Irritation and Stretch Marks

Quench pregnant bellies' moisture cravings and nourish stretching skin, while reducing itchiness and irritation.

## **HOW TO JUICE**



#### Home Care

Massage in this buttery cream every night to support and comfort skin prone to stretching, including the bust, hips and thighs, allowing a few moments each day to connect with your growing baby and body.

Mummy's Tummy can continue to be used after baby is born while the skin is readjusting and long after as a body conditioning cream if you have become addicted to the delicious smell and texture.

We recommend to start using Mummy's Tummy as early as possible to keep the skin supple and ready for stretching.











#### PROTECTS AND PROMOTES HEALING

- Super nourishing plant butters melt into a skin loving oil to nourish the skin's connective tissues.
- Omega 3 & 6 essential fatty acid rich berry oils support the skin's elasticity and prevent irritation.
- Kakadu plum is the richest plant source of vitamin C in the world; this vitamin is required for the production of healthy skin strengthening collagen.
- Apricot and rosehip oils provide the skin with protective vitamins and antioxidants that are essential for the skin's natural healing process.

#### SOOTHING

- Essential fatty acids protect inflammation spreading within the skin.
- Nourishing oils and butters keep the skin supple and able to stretch comfortably, and will help nurture the skin and prevent the itchiness associated with stretching.

#### **SQUEEZED FROM**



SHEA BUTTER Nourishing Plant Sterol



KAKADU PLUM Collagen Rebuilding Vitamin



POMEGRANATE & RASPBERRY OILS Healing Essential Fatty Acids

#### **EXTRA SQUEEZE**







AROMA: Experience the decadent aromas of shea butter and mandarin blended softly with grapefruit

# MUMMY'S TUMMY WASH Creamy Body Cleanser

**SUITS:** All Skin Types

TARGETS: Dryness and Irritation

A pregnancy safe body cleanser for a healthy and happy mummy and baby! Free from SLS and other harsh sulphate detergents, this superfood dense, moisturising and refreshing creamy body wash will gently clean the skin without stripping precious oils and irritating or drying the skin.



### **HOW TO JUICE**

#### Home Care

Apply cleanser to dry skin with dry hands and massage over a dry body and rinse away in the shower or bath.

#### Salon

Massage onto dry skin then add warm water and massage again. Remove with warm towel.

## Retail Tip:

Add a Mummy's Tummy body wash in the bathroom for your clients to use. Have a display with POS + pricing and available to purchase here.





**CRUELTY FREE** 







- Blended with conditioning fatty acid-rich Shea Butter, this natural wash cleanses while leaving the skin moisturised.
- This soap free moisture rich formula won't strip protective oils from the skin.
- Restores the skin's barrier, helping to maintain healthy levels of hydration after showering.

#### **CALMING**

- Soapy or detergent surfactants can dry or irritate skin.
- This Sodium Laureate Sulphate (SLS) free body cleanser will help support the skin's protective barrier to lock in moisture and protect the skin against irritation.
- o Soothing aloe vera calms inflammation and hydrates the skin.
- Antioxidant rich pomegranate, raspberries and cranberries will keep the skin healthy and protected against free radicals.
- Mummy's Tummy wash is infused with the pregnancy-safe and calming essential oils from mandarin and purifying pink grapefruit, which will leave the skin feeling refreshed and soft to the touch.

#### SUPPORTS ELASTICITY

• Essential fatty acid rich oils from rosehip, shea butter and safflower help support the skin's elasticity and firmness.

#### **SQUEEZED FROM**



SHEA BUTTER Nourishing Plant Sterol







AROMA: Experience calming and subtle citrus fruit aromas



ROSEHIP Healing Essential Fatty Acid







POMEGRANATE, RASPBERRY, CRANBERRY Healing Essential Fatty Acids



PINK GRAPEFRUIT Cleansing Essential Oil

# NOD OFF Calming Essential Oil Blend

SUITS: Anyone looking for relaxation

Calm the body and mind with this concentrated blend of fruit, herb and flower essential oils.

These potent drops will help to relax the mind and body and switch off worrying thoughts for a peaceful night of sleep.

Cold pressed from pure essential oils.



# **HOW TO JUICE**

#### Home Care

Place 5 to 6 drops into the water of an oil burner.

For a more direct use, mix 4 to 6 drops with milk and add to bath water. The milk will help the essential oil to dissolve and disperse.

#### Salon

Place 5 to 6 drops into the water of an oil burner.

For massage, blend 5 drops of Nod Off to approx 20ml of Skin Juice's Green Juice balm.

#### **SQUEEZED FROM**



ROSE GERANIUM Balancing Essential Oil



SANDALWOOD Uplifting Essential Oil



VANILLA
Comforting Essential
Oil



LAVENDER Relaxing Essential Oil



MAJORAM Sedative Essential Oil



ORANGE Soothing Essential Oil



NO ARTIFICIAL SWEETNERS



CRUELTY FREE



NATURAL INGREDIENTS



HEALTHY NUT OIL FREE FORMULATION



AUSTRALIAN MADE & SQUEEZED

# ZINGY ZEST Energising Essential Oil Blend

SUITS: Anyone looking for an uplifting boost.

Recharge a weary mind and body.

Zingy Zest is a concentrated blend of fruit, herb and flower essential oils. These potent drops will help to refresh a weary mind, revive a tried body and reduce infections.

Cold pressed from pure essential oils.



# **HOW TO JUICE**

#### Home Care

Place 5 to 6 drops into the water of an oil burner.

For a more direct use, mix 4 to 6 drops with milk and add to bath water. The milk will help the essential oil to dissolve and disperse.

#### Salon

Place 5 to 6 drops into the water of an oil burner.

For massage, blend 5 drops of Zingy Zest to approx 20ml of Skin Juice's Green Juice balm.

### **SQUEEZED FROM**



ROSEMARY Energising Essential Oil



PATCHOULI Uplifting Essential Oil



ROSE GERANIUM Calming Essential Oil



CLARY SAGE Relaxing Essential Oil





CRUELTY FREE



NATURAL INGREDIENTS



HEALTHY NUT OIL FREE FORMULATION



AUSTRALIAN MADE & SQUEEZED