



MY JUICE BLEND FACIAL TREATMENT PROCEDURE

Skin Type

Customised to suit client's skin type and concerns.

A juicy mix, for your unique skin type. After a detailed consultation with your Juicy Mixologist your skin concerns are targeted with a unique combination of treatment peels to gently reset your skin's function.

A personalised mask is then expertly blended and applied to the skin to infuse essential nutrients and aids into the skin. Your custom formulation is then given to you to take home to maintain your glow.

STEP 1 CONSULT

Approximately 10 – 15 mins

Client fills out the Skin Juice consultation form, therapist should then discuss home care and skin care requirements, in addition to any health contraindications they may have.

Contraindications

- Avoid areas if client has cold sores on or around the mouth.
- Client has wounds or broken skin.

Do not

- Add steam, skin needling, dermaplaning or microdermabrasion to this facial.





STEP 2 MIX CUSTOM MASK

Approximately 10 – 15 mins

Dispense 3 x large scoops (60ml) of Mask Blend Base into the Skin Juice mixer bowl.

Follow one of the Juice Bar Recipes or create your own formula by adding Juice Shots into the Mask Blend Base. Using your Mixer Spatula blend Juice Shots and Mask Blend Base until fully combined.

Dispense 10ml of the custom Mask Blend into a small bowl to use during the facial and the remaining 50ml into the Skin Juice mask tin.

Using the white pen, fill out the following details:

Front of tin:

- Write your client's name on the line under 'Mixed for:' e.g. 'UNIQUE MASK BLEND, Mixed for: Sophie'
- Add your business name on the line underneath, e.g. 'by your Juicy Mixologist: JUICY SALON.'
- Add the date the mask was mixed on. e.g. '09/12/19.'

Back of tin:

- Using the white pen, place a dot against each of the Juice Shots used in the Skin Juice Mask Blend.
- Place tin into the box and gift to client at the end of treatment.

STEP 3 EYE + FACE CLEANSER

Approximately 5 mins

Massage 2ml (a blueberry sized amount) of Smudge Budge over the face, eyes and décolletage. Add warm water to fingers and massage again. Use a warm, damp compress to remove.

STEP 4 2ND CLEANSE

Approximately 3 mins

Warm 3ml of the appropriate cleanser in your finger tips and massage over the face, neck and décolletage. Add warm water to fingers and massage again. Use a warm, damp compress to remove.





STEP 5 TONER

Approximately 1 min

Dispense 1 pump (approximately 3ml) of Bio Juice onto finger tips or 2 pumps (approximately 4ml) of Multi Juice onto a cotton pad and massage over the face.

STEP 6 CUSTOM SMOOTHIE PEEL

Approximately 2 mins

Select your Smoothie Peel/s, using the Customised Exfoliant Recipes. Dispense 2ml (6 pumps) of the first Smoothie Peel into a small bowl. You may like to protect the eyes with damp cotton pads. Let the client know that the mask may tingle and to alert you if it becomes uncomfortable.

Apply peel to the face using fingers, starting with the t-zone, jawline, sides of the face then finishing with the cheeks. Continue down the neck to the décolletage if required. Avoiding the eye and lip area. Massage until slightly tacky.

Leave Smoothie Peel on the skin for 2 mins before. Do not leave your client while the peel is on.

STEP 7 HAND MASSAGE

Approximately 2 mins (while peel is on)

While Smoothie Peel is on, apply 5ml of Perfect Paws to the one of the client's hand and arm and perform a massage.

STEP 8 REMOVAL

Approximately 1 min

Using a warm (not hot) towel, gently remove Smoothie Peel.

STEP 9 2ND CUSTOM SMOOTHIE PEEL

Approximately 2 mins

Ensure the skin is dry and repeat the application and removal process with the 2nd Smoothie Peel.

While the 2nd Smoothie Peel is on, apply 5ml of Perfect Paws to the other hand and arm and perform a massage.





STEP 10 TONER

Approximately 1 min

Dispense 1 pump (approximately 3ml) of Bio Juice onto fingers and massage over the face.

STEP 11 MASSAGE

Approximately 20 mins

Warm 2ml of Green Juice in fingers and massage the face, neck and shoulders. Add more Green Juice if required.

STEP 12 CUSTOM MASK

Approximately 15 mins

Take the Skin Juice Mask Blend you created earlier and apply with a brush to the client's face and décolletage, avoiding the eye and lip area.

Leave the mask on for 10 - 15min.

STEP 13 MASSAGE

Approximately 10 mins (while mask is on)

While the mask is on, use 10ml of the Perfect Paws to massage client's feet and lower legs.

STEP 14 MASK REMOVAL

Approximately 1 min

Use a warm compress to remove mask.

STEP 15 FACE CREAM

Approximately 3 mins

Massage 1/2 a pump of Eye Love Juice onto the eye area, followed with 1 pump of a Skin Juice face cream or Sun Juice.





STEP 12 COMPLETION

Timing (use discretion)

Use remaining time to perform a scalp massage to complete the treatment and gift your client their custom made Skin Juice Mask Blend.

TOTAL TREATMENT TIME _____ **90 MINS**

